



**MUSIC FOR THE LITURGY**

**Sunday, March 2, 2025**

**Eighth Sunday In Ordinary Time**

Gathering: God, We Praise You BB 218

Responsorial Psalm (Psalm 34)

*Taste and see the goodness of the Lord;  
Oh, taste and see the goodness of the Lord.*

Preparation: Hosea BB 654

Mass Parts: Mass of Creation

Communion: The Body Of Christ (Cantor)

Recessional: All Creatures Of Our God And King BB 537

**✠ PARISH TITHING ✠**

Our Parish needs to take in **\$9700.00** each week in order to make ends meet. This amount represents an adjusted budget offertory of \$8500.00 per week plus the combination of budgeted Property and Fuel second collections (\$4800.00 per month divided into 4 weeks or \$1200.00 weekly). Especially in these trying times, your Parish depends on your responsible stewardship and support!

**February 16, 2025**

**Offertory \$5,334.10**  
**Fuel \$ 961.74**

**February 23, 2025**

**Offertory \$7,214.38**



**UPCOMING SECOND COLLECTIONS**

March 2 Property Management  
March 9 Storm Relief Offering  
March 16 Fuel

Saint Luke the Evangelist Parish uses **Parish Giving** to provide parishioners with an opportunity to make your offertory and other contributions through Electronic Funds Transfer (EFT). Parish Giving is a simple, secure, and convenient way to manage your stewardship without weekly envelopes and without worries. This program is available to parishioners at no cost. Log on to the St. Luke the Evangelist Parish website at <http://stlukenh.org>, click on the Parish Giving logo, and follow the easy registration instructions.

You can also use your smart phone to scan the QR code below. The link will take you directly to Parish Giving so you can donate.



Out of respect for the Lord and in consideration of fellow parishioners, please remember to silence or turn off your cell phones during Mass. Thank you.

**PLEASE HELP US!**

As you leave church, kindly take your Bulletin with you - or return it to the basket at the entrance of the Church, return your music book and Mass card to their proper place, and pick up after yourself as you leave. Thanks for being attentive and respectful!

**Suggested Weekly Contribution Based on Income**

Annual Income	5% Commitment annually/ weekly	3% Commitment annually/ weekly
\$100,000	\$5,000/ <b>\$100</b>	\$3,000/ <b>\$60</b>
\$75,000	\$3,750/ <b>\$75</b>	\$2,250/ <b>\$45</b>
\$60,000	\$3,000/ <b>\$60</b>	\$1,800/ <b>\$36</b>
\$50,000	\$2,500/ <b>\$50</b>	\$1,500/ <b>\$30</b>
\$40,000	\$2,000/ <b>\$40</b>	\$1,200/ <b>\$24</b>
\$30,000	\$1,500/ <b>\$30</b>	\$900/ <b>\$18</b>
\$25,000	\$1,250/ <b>\$25</b>	\$750/ <b>\$15</b>
\$15,000	\$750/ <b>\$15</b>	\$450/ <b>\$9</b>

**Suggested Weekly Contribution Based on a Percentage Increase**

Your Current Offertory Contribution	25% Increase	30% Increase	40% Increase
\$75.00	\$93.75	\$97.50	\$105.00
\$50.00	\$62.50	\$65.00	\$70.00
\$40.00	\$50.00	\$52.00	\$56.00
\$35.00	\$43.75	\$45.50	\$49.00
\$30.00	\$37.50	\$39.00	\$42.00
\$25.00	\$31.25	\$32.50	\$35.00
\$20.00	\$25.00	\$26.00	\$28.00
\$15.00	\$18.75	\$19.50	\$21.00
\$10.00	\$12.50	\$13.00	\$14.00
\$5.00	\$6.25	\$6.50	\$7.00

**TAX TIME SUGGESTION**

Did you know? If you are 72 or older and need to take a “required minimum distribution (RMD)” from an IRA retirement account, a direct distribution to a qualified charitable organization, such as Saint Luke the Evangelist Parish, can save you money on your taxes. Such a donation will count toward your required minimum distribution but will be excluded from taxable income. Ask your tax preparer or IRA trustee for more details.

**FINANCIAL CONTRIBUTION STATEMENT**

If you would like an “end of year” financial statement of your contributions to the parish for 2024, **please call Jackie** at the Parish Office at 603-382-8324. **Financial Statements are issued on a request only basis.**

**HELP WANTED TO PUT AWAY TREES**

With Lent fast approaching, volunteers are welcome to help prepare the churches on **Sunday, March 2 following the 8:00 AM Liturgy in Newton and the 10:00 AM Liturgy in Plaistow.** Our tasks include taking down our green trees and some light cleanup of the churches in preparation for the Lenten season. All are welcome to lend a hand – our work usually lasts just over an hour if we have all the help we can muster! Please contact the Parish Office for more information – or just stay after Mass!

**MEN OF ST. JOSEPH BREAKFAST**

Bishop Libasci invites men of the Diocese of Manchester to Holy Mass and breakfast at St. Joseph Cathedral to celebrate the Feast of St. Joseph, patron of our diocese on **Saturday, March 22, 2025.** Open seating for Holy Mass. Seating for breakfast is limited to the first 240 registrants. Cost is only \$14. To register for the event go to [www.catholicnh.org/mosj](http://www.catholicnh.org/mosj).

**HOLY ANGELS CEMETERY CLOSED**

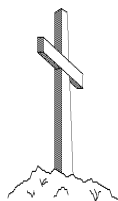
**Holy Angels Cemetery in Plaistow is closed from December 2024 until Spring 2025.** This decision comes as result of the real dangers of snow and ice in the Cemetery and the costs to Parishioners to inter during the winter months. Please contact the Parish Office with any questions.

**ASH WEDNESDAY LITURGIES**

**8:00 AM Liturgy in Newton**

**12:15 PM Liturgy of the Word and Distribution of Ashes in Plaistow**

**6:30 PM Liturgy in Plaistow**



**STATIONS OF THE CROSS**

Stations of the Cross will take place each Friday evening during Lent at 6:30 PM in **Plaistow.** **A Soup Supper will follow Stations on April 11.**

**LENTEN EVENING PRAYER**

**Evening Prayer** is sung at Newton at 6:00 PM on all Sundays of Lent. Join us for a quiet time of prayer and reflection. The **Sacrament of Reconciliation** is available immediately after Evening Prayer each Sunday of the Lenten Season.



**BEST LENT EVER!**

**EXPERIENCE DIVINE MERCY LIKE NEVER BEFORE**

When was the last time you had a profound encounter with God’s mercy? The kind of encounter that radically reorients the way you see yourself, your relationships, and your faith. Now is your time. *33 Days to Divine Mercy* is an unprecedented spiritual resource. It will guide you through a life-changing journey to discover the very heart of God and His extraordinary plan for your life. Each day of BEST LENT EVER, you’ll receive a short, FREE video from Matthew Kelly full of profound spiritual insight and intensely practical ways to apply the consecration to your life. This Lent, join Matthew Kelly and nearly one million Catholics for a brand new consecration journey. Are you ready to encounter God’s mercy like never before? For more information and to sign up, visit: [www.dynamiccatholic.com/lent](http://www.dynamiccatholic.com/lent).

**WHILE AWAY THIS WINTER...**

**We appreciate all of you who remember to send in your Parish Offertory during the Winter even when on vacation or visiting other parishes. Thank you for remembering that our expenses also continue through the Winter months. We invite others to consider doing the same before or even after you return home.**

✠ WEEKLY CALENDAR ✠

<b>Sunday, March 2</b>		
<b>PREPARE CHURCHES FOR LENT</b>		
<b>10:00 AM</b>	Religious Ed – Gr. K to 6	<i>Plaistow</i>
<b>Monday, March 3</b>		
<b>7:00 PM</b>	Knights of Columbus Meeting	<i>Plaistow</i>
<b>Wednesday, March 5</b>		
<b>Holy Angels Church Open All Day for Prayer</b>		
<b>7:00 PM</b>	Lenten Journey	<i>Plaistow</i>
<b>Thursday, March 6</b>		
<b>8:30 AM – 8:30 PM</b>	Eucharistic Adoration	<i>Newton</i>
<b>10:00 AM</b>	Prayer Shawl Ministry Meeting	<i>Plaistow</i>
<b>1:30 PM</b>	Lenten Journey	<i>Plaistow</i>
<b>Friday, March 7</b>		
<b>6:30 PM</b>	Stations of the Cross	<i>Plaistow</i>
<b>Saturday, March 8</b>		
<b>3:00 PM</b>	Sacrament of Reconciliation	<i>Plaistow</i>
<b>Sunday, March 9</b>		
<b>10:00 AM</b>	Religious Ed – Gr. K to 6	<i>Plaistow</i>
<b>11:00 AM</b>	Grade 2 Sacrament of Reconciliation	<i>Plaistow</i>
<b>6:00 PM</b>	Evening Prayer	<i>Newton</i>
<b>6:30 PM</b>	Sacrament of Reconciliation	<i>Newton</i>

**SPRING AHEAD**

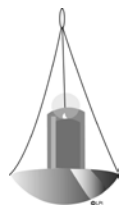
Daylight Savings Time begins next **Sunday, March 9**. Don't forget to turn your clock ahead 1 hour before going to bed on Saturday, March 8!



**RESTROOM BREAKS DURING MASS**

**Attention Parents**

Please be sure to accompany your young children when they need to use the restroom during Mass. This is for their safety and your peace of mind!



The Sanctuary Candle in Mary, Mother of the Church will burn this week in loving memory of **Lucy McGrath** by the Burge family

**PRAYER LINE**

St. Luke's offers a prayer line as a resource for those seeking prayer assistance. To submit your prayer request please call Cathy Smith at 603-382-8324, ext. 314 or email her at [csmith@stluketheevangelist.net](mailto:csmith@stluketheevangelist.net).

✠ MASS INTENTIONS ✠

**Saturday, March 1 ~ 8<sup>th</sup> Sunday In Ordinary Time**

*Sir 27:4-7; 1 Cor 15:54-58; Lk 6:39-45 (Vigil)*  
**4:00 PM** John Tamaro (1<sup>st</sup> Anniversary) by his family  
*Plaistow*

**Sunday, March 2 ~ 8<sup>th</sup> Sunday In Ordinary Time**

*Sir 27:4-7; 1 Cor 15:54-58; Lk 6:39-45*  
**8:00 AM** Lucy McGrath by the Burge family  
*Newton*  
**10:00 AM** Carl Jesionowski by his wife  
*Plaistow*

**Monday, March 3 ~ Katharine Drexel, Virgin**

*Sir 17:20-24; Mk 10:17-27*  
**8:00 AM** Frank J. Bukowski (20<sup>th</sup> Anniversary) by his family  
*Newton*

**Tuesday, March 4 ~ Casimir**

*Sir 35:1-12; Mk 10:28-31*  
**8:00 AM** All Souls Intentions  
*Plaistow*

**Wednesday, March 5 ~ Ash Wednesday**

*Jl 2:12-18; 2 Cor 5:20—6:2; Mt 6:1-6, 16-18*  
**8:00 AM** People of the Parish  
*Newton*  
**12:15 PM** Liturgy of the Word and Distribution of Ashes  
*Plaistow*  
**6:30 PM** Jesselyn and Donald Driscoll by their family  
*Plaistow*

**Thursday, March 6 ~ Thursday after Ash Wednesday**

*Dt 30:15-20; Lk 9:22-25*  
**8:00 AM** People of the Parish  
*Newton*

**Friday, March 7 ~ Perpetua and Felicity, Martyrs**

*Is 58:1-9a; Mt 9:14-15*  
*No Mass*

**Saturday, March 8 ~ John of God, Religious**

*Is 58:9b-14; Lk 5:27-32 (Day)*  
*Dt 26:4-10; Rom 10:8-13; Lk 4:1-13 (Vigil)*  
**4:00 PM** Joseph Sheehan by Ray and Beverley Vigilione  
*Plaistow*

**Sunday, March 9 ~ First Sunday of Lent**

*Dt 26:4-10; Rom 10:8-13; Lk 4:1-13*  
**8:00 AM** Vincent Early, Sr. by Dan and Kathy Sullivan  
*Newton*  
**10:00 AM** Tess White (1<sup>st</sup> Anniversary) by the Parish  
*Plaistow*



**CENTERING PRAYER FOR LENT**

Lent is a time to follow Jesus more closely and learn from him how to pray in silence, spending time placing God at the center of your life, opening yourself to a loving Father, surrendering your will, and in trust allowing God to transform you. This interior prayer is how we pray as we Center. Centering Prayer is an ancient Christian practice available to all who seek transformation through a more intimate relationship with God. This daily practice deepens our faith as we come to better know our God as one who loves us unconditionally, just as we are, and trust God has plans to give us a future of hope. Centering Prayer helps us say to the Father, "Not my will but yours be done" (Lk. 22: 42). Please consider joining us and let God move you closer to him. All are welcome as we gather **Wednesday evenings from 6:00–7:00 p.m. via Zoom**. Following 30 minutes of Centering Prayer, we practice Lectio Divina. We listen to God's words in scripture, ponder, and share what we hear the Lord saying to us here and now and contemplate for the following week God's message to us and let it guide our choices and actions. Both practices strengthen our faith and reliance on God and deepen our personal relationship with God.

If you are interested in joining us or learning more about these practices, please contact Elizabeth McCarthy 978-462-7483 at Immaculate Conception Parish, Newburyport.

**ASSISTED SUICIDE LEGISLATION RETURNS**

A new bill to legalize assisted suicide has been filed in the New Hampshire Legislature for 2025 (HB 254). The Diocese of Manchester will be working alongside a coalition of advocates for people with disabilities, veterans, young people, and seniors to prevent the ghastly practice of assisted suicide from ever being allowed in New Hampshire. We are once again asking for your help because this year's campaign, like last year's, will demand a strong grassroots effort. Visit [www.catholicnh.org/nosuicide](http://www.catholicnh.org/nosuicide) to learn what you can do.

**INCLEMENT WEATHER CLOSINGS**

Saint Luke the Evangelist Parish Office, Holy Angels Cemetery Office, Saint Luke Food Pantry, and the Parish Liturgical schedule complies with the longstanding inclement weather policy of Saint Luke Religious Education Program and Holy Angels Pre-School-Kindergarten: **If the Timberlane and/or Sanborn regional school districts close because of inclement weather, ALL Parish Offices and Parish programs will be closed or suspended. All activities by any Parish or non-Parish groups will be cancelled for that day/evening on both campuses.**

In the event of a weather related closing, the scheduled weekday Liturgy will not be held and the intention (if any) will be moved to a conveniently available date.

**Sunday (or Saturday evening) liturgies can never be cancelled, but all are advised to use prudence when deciding to travel to Church during winter storms.**

**ADORERS NEEDED AT ADORATION**

We are truly blessed to have times for Adoration of Our Lord in our Parish. This time of prayer and intercession is not only a source of great grace for the individual but is a great source of grace for us as a parish family. We have many who have made the commitment to spend an hour each week with our Eucharistic Lord. Adoration takes place each Thursday in Newton from 8:30 AM to 8:30 PM. We also need people at all times so we can have 2 people at each hour. If you can commit to one hour a week in Adoration of our Lord, or if you can be a substitute, please contact Cathy Smith at 603-382-8324, ext. 305, or email her at [csmith@stluketheevangelist.net](mailto:csmith@stluketheevangelist.net).

**The Church in Plaistow is open all day on Wednesdays for people to stop by and pray before the presence of Jesus in the tabernacle.**

**✠ PARISH DIRECTORY ✠**

Parish Office 603-382-8324  
Parish Prayer Line 603-382-8324 x 314  
St. Luke's Outreach Ministry 603-382-8324 x 315  
St. Luke's Food Pantry 603-819-4949  
Preschool 603-382-9783

Fr. Albert Tremblay [fr.albert@stluketheevangelist.net](mailto:fr.albert@stluketheevangelist.net)  
Cathy Smith [csmith@stluketheevangelist.net](mailto:csmith@stluketheevangelist.net)  
Joyce Szczapa [jszczapa@stluketheevangelist.net](mailto:jszczapa@stluketheevangelist.net)  
Jackie Tremblay [jtremblay@stluketheevangelist.net](mailto:jtremblay@stluketheevangelist.net)  
Val Barczak [mvmbarczak@comcast.net](mailto:mvmbarczak@comcast.net)



**MONTHLY FOOD DRIVE**

**Sponsored by the Knights of Columbus  
St. Jude Council #6617**

The Knights of Columbus and Saint Luke the Evangelist Food Pantry would like to thank our parishioners for the ongoing support to feed those in need. Shopping lists and bags are provided on the 3<sup>rd</sup> week of every month with the general collection of non-perishable items happening the following (4<sup>th</sup>) weekend. Food donations can also be left in the plastic totes at the rear of either church or brought to the Parish Office any time they are open. Prefer not to shop? Gift cards or checks can be made out to Saint Luke Food Pantry anytime. Your generosity and support are greatly appreciated!

**KNIGHTS OF COLUMBUS  
HAPPENINGS**

**Knights' Weekly Rosary**

Every Thursday evening, starting at 7:00 PM at Mary, Mother of the Church in Newton, the Knights and other parishioners pray the Rosary. We pray for world peace and for special intentions, including those added the night of the Rosary by people attending. On the third Thursday of each month, the Rosary intention is for the Respect of Life.

Please consider joining us. It is a very spiritually fulfilling ½ hour.

**THE KNIGHTS OF  
COLUMBUS  
ST. JUDE COUNCIL  
#6617**



**ALCOHOLICS ANONYMOUS**

A Men's AA Step Meeting is held on Sunday mornings from 7:00 to 8:00 AM at the St. Luke the Evangelist Parish Hall (Holy Angels.) Bring your own coffee. For more information, call Joe at 617-921-9899.

**PROJECT RACHEL**

Are you looking for renewal and freedom after abortion? Help and healing are available for mothers and fathers who have experienced abortion. Contact Project Rachel for confidential, compassionate care. Call 603-663-0192 or email [ProjectRachel@rcbm.org](mailto:ProjectRachel@rcbm.org).

**MASS ATTENDANCE WHILE SICK**

Anyone who has been recently exposed to COVID 19 or any other communicable disease should not attend public services of any kind. **Those sick should remain at home until such time as they are healthy.**

**Liturgy online or on TV...**

**Boston Catholic Television** [catholicstv.org](http://catholicstv.org)  
Sunday Mass from Notre Dame  
[catholicstv.org/masses/notre-dame-mass](http://catholicstv.org/masses/notre-dame-mass)  
Salt & Light TV [saltandlighttv.org](http://saltandlighttv.org)  
Eternal Word Television [ewtn.com](http://ewtn.com)



**Saint Luke the Evangelist  
OUTREACH MINISTRY**

**Your "Dropped Dollar" Hard At Work**

Thank you for your continued support of the St. Luke Outreach Ministry! Please know that your "dropped dollars" are being used wisely to help the poor in our area. Your generosity does not go unnoticed.

Drop-a-Dollar in the St. Luke Outreach Ministry box on your way out of church. Remember ~ 100% of your donation is used to help those who need a hand up, not a handout.

Our next meeting is on **Wednesday, March 19 at 7:00 PM**. We meet downstairs in the Church Hall in Plaistow. New members are always welcome!

If you seek assistance or need information about St. Luke's Outreach Ministry, call 603-382-8324 x315.

**Hear, O LORD, and answer me  
for I am poor and needy.**

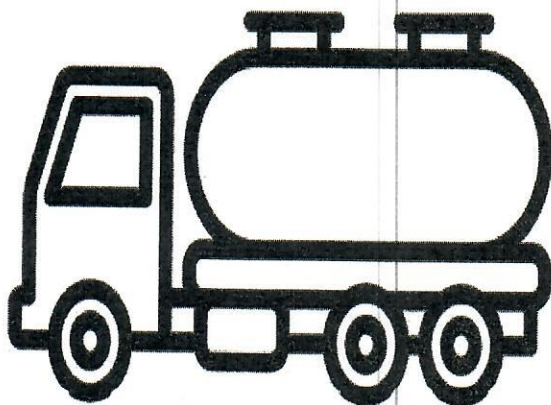
# STORM RELIEF OFFERING



Two weeks of reduced collections have left our Parish with well over \$16,000.00 in plowing bills and fuel charges. This situation has stretched the Parish's checkbook to the absolute limit. We already have scheduled **Property (March 2)** and **Fuel (March 16)** collections coming up, and we have added a **special collection on the weekend of March 9** to help defray the expenses of the winter storms and weather.

Please note that the special offering on March 9 will not have an envelope or an option on the Parish Giving system. You can make checks payable to Saint Luke Parish, or put cash into an envelope and write your name or envelope number for financial reporting.

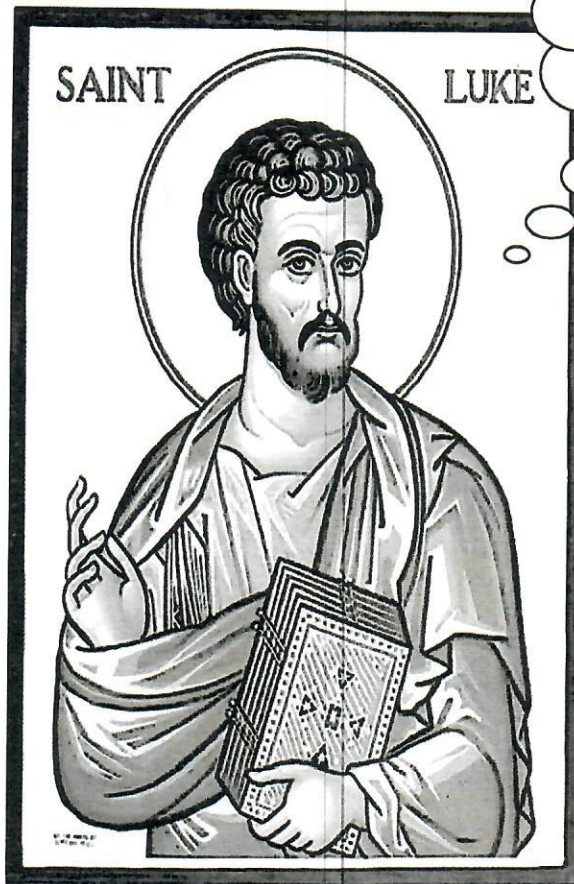
**Please be generous...** winter is not over and we are counting on the whole community to help.



**PROPERTY - MARCH 2**

**SPECIAL ADDED OFFERING - MARCH 9**

**FUEL - MARCH 16**



*Our patron saint is  
thinking about  
electronic giving...*

## **Why don't you think about it too?**

**Parish Giving is a simple,  
secure and convenient way to  
manage your stewardship  
without weekly envelopes and  
without worries.**

- **Parish Giving allows you to select contribution amounts and special collections right from your own computer or smartphone**
- **You can be a good steward for the Parish even when you are away from the area on a weekend**
- **Parish Giving allows you to print out a report detailing your contributions for the year.**
- **Log on to the St. Luke the Evangelist Parish website <http://stlukenh.org>, click on the Parish Giving logo and follow the easy registration instructions.**

*Parish Giving*



# LENT 2025

Daily Mass Readings  
and Reflections for  
the Sacred Season

He himself bore our sins in his body on the cross, so that, having died to sins, we might live for righteousness. – 1 PETER 2:24

## Sunday

**9 Proven**  
Jesus is the Son of God—always resisting the temptations of the devil and always trusting in God alone.  
Luke 4:1-13

## Monday

**10 Least of These**  
By offering love to the least of these among us, we show the world that Jesus shows his love to each one of us.  
Matthew 25:31-46

## Tuesday

**11 Pray to Him**  
Pray to God, Our Father, from the heart, not out of obligation or what you think is expected. Be yourself.  
Matthew 6:7-15

**16 Sacrifice**  
Abraham sacrificed animals to the Lord. God sacrificed his Son on the Cross to satisfy the sentence for sin.  
Genesis 15:5-12, 17-18

**17 Covenant**  
Though we often rebel against him, God continues to keep his covenant with us, out of sheer love for us.  
Daniel 9:4b-10

**18 White as Snow**  
Sins as red as scarlet and crimson as blood will become white as snow and wool, through Jesus' blood.  
Isaiah 1:10, 16-20

**23 Spring Up**  
The water that Jesus gives springs up and gushes forth to quench our thirst for righteousness.  
John 4:5-45

**24 Cleansed**  
We are washed clean of the "leprosy" of sin in our lives through the waters of Baptism which flow over us.  
2 Kings 5:1-15b

**25 God With Us**  
The Father sent Jesus to be with us in the flesh so that we might be free from sin, death and the devil.  
Isaiah 7:10-14; 8:10

## Wednesday

**5 Ash Wed.**  
Never be afraid to turn back to God in confession. His grace and merciful love offer forgiveness, blessings and new life.  
Joel 2:12-18

**12 Our Turn**  
The Ninevites turned from their evil ways, and God turned from his anger toward them. It is our turn to love all.  
Jonah 3:1-10

**19 Faithful Joseph**  
By faith, we hope against all hope and believe that every word spoken by our God is true.  
Romans 4:13, 16-18, 22

**26 Fulfillment**  
The Law cannot be glossed over. It must be fulfilled in Christ, the Lord. It is him we must obey.  
Matthew 5:17-19

## Thursday

**6 Finding Life**  
Are you searching for the meaning of life? Your life is found in loving, obeying and holding fast to God.  
Deuteronomy 30:15-20

**13 God Is Generous**  
Ask God, and he will answer. Seek him, and he will be there. Knock, and he will open the door for you.  
Matthew 7:7-12

**20 Stay Rooted**  
We must trust in God, like a tree planted by a stream...rooted in God's promises. We are not to be anxious or afraid.  
Jeremiah 17:5-10

**27 No Division**  
A house divided against itself will not stand. We must work together in the Lord's house to do his will.  
Luke 11:14-23

## Friday

**7 Be Humble**  
Humble yourself in what you do in the name of the Lord, not seeking recognition for your alms or fasting.  
Isaiah 58:1-9a

**14 Repent**  
Anyone who comes to God and repents is granted forgiveness in Christ. There are no exceptions.  
Ezekiel 18:21-28

**21 Rejected**  
Jacob sent Joseph to his brothers, who sent him away. God sent his Son to his own people, who rejected him.  
Genesis 37:3-4, 12-13a

**28 Love Wins**  
Love is more powerful than any burnt offerings or sacrifices. So love fully with all your heart and strength.  
Mark 12:28-34

## Saturday

**8 Well Watered**  
With God, you are like a watered garden, flourishing and growing with good things that nourish the soul.  
Isaiah 58:9b-14

**15 Love All**  
Never be stingy with your love. Let it flow to all, just as Christ's love flowed to all in word and deed.  
Matthew 5:43-48

**22 Cast Out**  
Our God casts out our sins and tramples them underfoot so that they are never seen again.  
Micah 7:14-15, 18-20

**29 Have Mercy**  
Seek mercy from the Lord and show mercy toward one another. Never lord over others what the Lord has given you.  
Luke 18:9-14



**SAINT LUKE THE EVANGELIST**  
Lent- Easter Liturgical Schedule  
2025

THE BEGINNING OF THE LENTEN FAST MARCH 5  
ASH WEDNESDAY LITURGY 8 am (N)  
DISTRIBUTION OF ASHES SERVICE 12:15 PM (P)  
ASH WEDNESDAY LITURGY 6:30 pm (P)

**LENTEN SEASON**

DAILY LITURGIES: M 8 am Newton  
T 8 am Plaistow  
W 6:30 pm Plaistow  
Th 8 am Newton

**RECONCILIATION:** Plaistow: Saturdays 3:00 pm  
(except Holy Saturday)  
Newton: Sundays of Lent 6:30 pm  
Monday of Holy Week - Plaistow 11:00am - 1:00 PM  
Newton 5:00-7:00 PM

**RECONCILIATION SERVICE** March 30 - 3 PM  
Mary, Queen of Peace, Salem

**RECONCILIATION SERVICE** April 6 - 3 PM  
Saint Michael, Exeter

**LENTEN EVENING PRAYER:** Sunday evenings of Lent  
at Newton, 6 pm

**STATIONS OF THE CROSS:**

Fridays of Lent - 6:30 pm - Plaistow  
Lenten Soup Supper April 11

**HOLY WEEK**

Monday of Holy Week - Liturgy at 8 am - Newton  
Tuesday of Holy Week - Liturgy at 8 am - Plaistow  
Wednesday of Holy Week - Liturgy at 6:30 pm - Plaistow  
Tenebrae at 7:30 PM

**PASCHAL TRIDUUM**

**HOLY THURSDAY APRIL 17** - Morning prayer 8 am - Newton  
Mid-day prayer 12 noon - Newton

✠ **LITURGY OF THE LORD'S SUPPER 6:30 PM** - Newton  
-Eucharistic Adoration follows-  
Night Prayer 9:00 pm - Newton

**GOOD FRIDAY APRIL 18** - Morning prayer 8 am - Plaistow  
Mid-day prayer 12 noon - Plaistow  
Stations of the Cross 3 pm - Newton

✠ **PASSION SERVICE & HOLY COMMUNION**  
6:30 PM - Plaistow

**HOLY SATURDAY APRIL 19** - Morning Prayer 8 am - Plaistow  
Mid-day Prayer 12 noon - Plaistow

✠ **EASTER GREAT VIGIL AT 8 PM** - Plaistow

✠ **APRIL 20** Easter Sunday Liturgies  
8 AM - Newton  
10 AM - Plaistow

Easter Solemn Vespers with Benediction at 6 pm - Newton

Holy Angels Church 8 Atkinson Depot Rd. Plaistow  
Mary, Mother of the Church 12 Amesbury Rd. Newton  
603 382-8324 www.stlukenh.org

**Sunday**

**30 New Life**

We are made new in Christ to do new things for him, serving as his ambassadors.

2 Cor. 5:17-21

**6 Come Out**

Lazarus came out of his tomb alive at the command of Christ. And so shall we.

John 11:1-45

**13 Blessed Is He**

Jesus enters Jerusalem amid shouts of blessing. Shouts of "Crucify!" will soon be heard.

Luke 19:28-40

**Monday**

**31 Healing**

Jesus said the word, and a young boy was healed. His words continue to heal us.

John 4:43-54

**7 Light**

Jesus takes us out of the darkness of sin and takes us to the light of his grace.

John 8:12-20

**14 Offering**

Live your life as a fragrant offering to Jesus. Be extravagant in your devotion and service.

John 12:1-11

**Tuesday**

**1 Stir Up**

Better than the pool of Bethesda, Jesus stirred his healing power. God, stir my soul!

John 5:1-16

**8 I Am He**

Jesus reveals himself as the Promised One of God by being lifted up on the Cross for us.

John 8:21-30

**15 Ready**

God made Jesus ready for his ultimate call. God makes us ready to do his will through him.

Isaiah 49:1-6

**Wednesday**

**2 Father to Son**

God the Father gave us God the Son to grant us redemption. The two always work together.

John 5:17-30

**9 Children of God**

No longer slaves to sin, we are made children of God through the death of Christ.

John 8:31-42

**16 Betrayed**

Judas betrayed Jesus for thirty pieces of silver. Jesus saved us through his precious blood.

Matthew 26:14-25

**Thursday**

**3 Love**

We were dead in our sins, but God's love through Jesus Christ was stronger.

John 5:31-47

**10 The Word**

Jesus kept his word by dying for our sins. We keep his word by glorifying him.

John 8:51-59

**Friday**

**4 Who Is He?**

Some people wonder who Jesus is. But we know the truth: He is the Messiah.

John 7:1-2, 10, 25-30

**11 Baptism**

Jesus returned to the place of his Baptism for rest. Return to your Baptism to find rest as well.

John 10:31-42

**Saturday**

**5 Listen Up**

Listen closely to Jesus. Hear him speak of what he is doing. Believe and trust in him.

John 7:40-53

**12 Peace**

Jesus is at the heart of the covenant of peace God established with his people long ago.

Ezekiel 37:21-28

APRIL

**The Paschal Triduum**

from Holy Thursday evening  
through Easter Vigil Mass

**HOLY THURSDAY Washed**

Jesus humbly washed the feet of his disciples in the Upper Room. He washed our sins away on the Cross.

John 13:1-15

**GOOD FRIDAY Behold**

We behold our Savior on the Cross, witnessing his compassion even with his dying breaths.

John 18:1—19:42

**EASTER VIGIL In the Tomb**

Jesus is dead and buried on this day. End of story, it might seem. But a surprise finale is one day away.

Romans 6:3-11

**EASTER SUNDAY Remember His Words**

With the women at the empty tomb, we remember the words of Jesus: "The Son of Man must...rise again."

Luke 24:1-12

**Traditional Lenten Disciplines**

**Fasting & Abstinence:** Catholics aged 14 and older abstain from meat on Ash Wednesday, Good Friday and all the Fridays of Lent. In addition, on Ash Wednesday and Good Friday, Catholics from age 18-59 fast, limiting themselves to one full meal and two smaller meals each day.

**Prayer:** Catholics are encouraged to pray more during Lent, especially with Scripture. Lent is also an ideal time to receive the Sacrament of Penance and Reconciliation in preparation for celebrating Easter.

**Almsgiving:** Moved by the sacrifice of Christ, many Christians combine almsgiving with fasting, giving to the poor the money they saved by eating, drinking or buying less as they rely more on God's abundant grace.

# Attende, Domine

*“Hear us, O Lord”*

With Ash Wednesday upon us, it is a good time to think and pray about the Lenten Season - the “Springtime” of the Church. The word “Lent” means spring, and comes from the same root as the word “lengthen,” since the days do get longer as winter wanes. The whole northern hemisphere turns toward the sun, the source of life, and winter gives way to spring. In Hebrew, the language of the Old Testament, the word for “repentance” is “to turn.” As the earth turns to the sun, as the earth turns from winter cold to the new life of spring, so do we turn our lives towards our loving God and seek the Way of the Lord Jesus anew.

*“Even now, return to me, says the Lord.”* (Joel 2:12). The word “sin” means separation. We are called to turn from our separate selves, from our sins; and to come together in community. Self denial is another way we express our repentance. We turn away from sin and death and toward God as our source of life by disciplining our wills and desires.



Self-denial is three-fold, according to Matthew’s Gospel (chap. 6). We **PRAY**: “Go to your room, close your door and pray to your Father in private.” We **FAST**: “No one may see you are fasting but your Father in heaven.” We give **ALMS**: “Keep your deeds of mercy secret, and your Father, who sees in secret will repay you.” Self-denial is an exercise, a work-out, getting our lives and spirits into shape. Through the Lenten exercise of **PRAYER, FASTING and ALMSGIVING**, we spring clean our lives, sharpen our senses, put tomorrow in its place and treasure the day at hand.

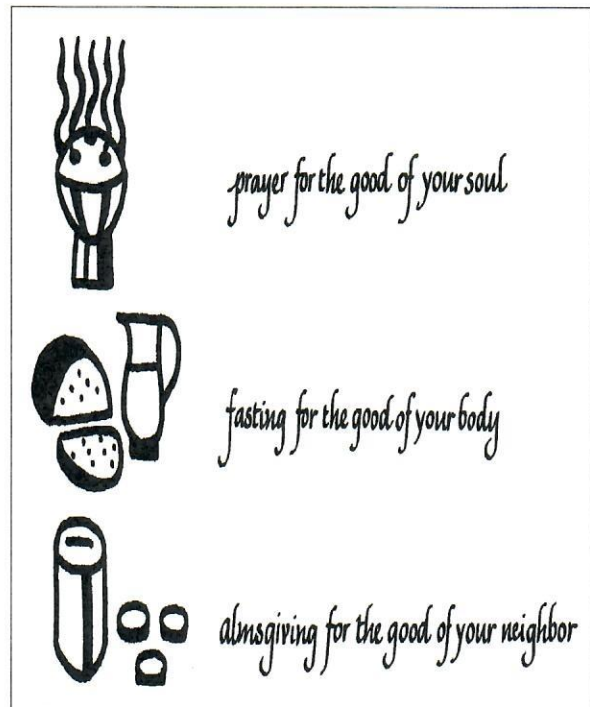
For Forty Days we are conscious of how we must sharpen our senses and focus mind and heart on the reign of God. We are, above all, aware of those waters in which we were baptized into Christ’s death. That is, death to sin and evil; it is life in Christ that we began in those waters of baptism. These waters wait at Lent’s end for the Catechumens of the Church. The entire Lenten season turns, it seems, on Baptism, renewal and reception into the Church.

We, too, wait for the opportunity to renew our own Baptismal Promises, and to feel the splash of Easter water on our faces after the dryness of our Lenten desert journey.

From Father Albert  
*Lent, 2025*

**T**he Church asks us to give ourselves to prayer and to the reading of Scripture, to fasting and to giving of alms during the Lenten season. The fasting that all do together on Fridays is but a sign of the daily Lenten discipline of individuals and households: fasting for certain periods of time, fasting from certain foods, but also fasting from other things and activities. Likewise, the giving of alms is some effort to share this world equally not only through the distribution of money, but through the sharing of our time and possessions and through work of many kinds for a just world.

**FASTING** means that anyone between the ages of 18 and 59 may eat only one full meal (with the other 2 meals being distinctly smaller). One may, however, enter more into the spiritual element of fasting and not partake of any meals at all. One fasts for a spiritual reason - (an end to sin, a reconciliation in one's life or family, an end to war or other disturbance, or for the spread of the Gospel or personal/corporate conversion) than for a personal dietary goal. **The Church requires all between the ages of 18 and 59 to observe the fast on Ash Wednesday and Good Friday. Fridays and Wednesdays are also traditional fast days, but are not mandatory.**



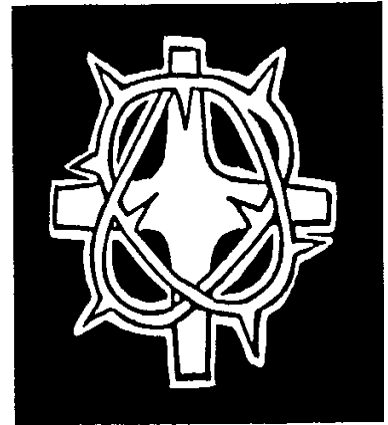
**ABSTINENCE** is the discipline for those age 14 or older to **forego the eating of any meat on Ash Wednesday, Good Friday and all Fridays of Lent.**

The **EASTER DUTY** is the **obligation to receive Holy Eucharist** between the First Sunday of Lent and Trinity Sunday.

The **Sacrament of Reconciliation** is an **obligation** for all those who are conscious of grave sin. A frequent celebration of Reconciliation is encouraged for all, especially during the Lenten Season.

Reconciliation is celebrated at Saint Luke the Evangelist Parish on Saturdays at 3:00 at Plaistow, and on the Sundays of Lent following 6:00 PM Evening Prayer at Newton. There are communal Lenten Reconciliation Services at **Mary, Queen of Peace, Salem on Sunday, March 30 at 3 PM** and at **St. Michael, Exeter on Sunday, April 6 at 3 PM.**

# Do Something for Lent. Renew your faith.



What is the **Lenten Journey** all about? Prayer, fasting and almsgiving are called the “three pillars” of the Christian way of life. They help support a full and healthy life. During Lent we try to repair and strengthen these three pillars, which also are called the “three disciplines” because they help people become better disciples of the Lord. Our **Lenten Journey** program helps Discipleship!

**Lenten Journey. . . IT'S NOT TOO LATE TO SIGN-UP!** We continue to welcome sign-ups for small groups. **Meetings begin this week!** Groups meet six times during the Lenten season to discuss the Lenten Sunday Lectionary readings. You will learn more about Scripture through the resource book provided, participate in interesting discussions, meet some wonderful people and have the opportunity to build up the Body of Christ.

**PRAY!** We continue to pray together as our 2025 **Lenten Journey** program gets underway. Please continue to pray that our Parish experiences the fullest blessings of the Lenten season.

**WHAT ELSE?** During Lent, special inserts in the weekly bulletin will focus on Lenten discipleship in the real world.

**All group members will pick up their resource booklets  
at the first meeting.**

**Groups begin meeting THIS WEEK!**

**Wednesday, March 5, 7:00 p.m. after the 6:30 p.m. Mass**

**Thursday, March 6, at 1:30 p.m.**

**Both groups meet downstairs in the Church Hall**

**Ash Wednesday is This Wednesday, March 5!**

# LENTEN JOURNEY

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_

E-Mail \_\_\_\_\_ Cell Phone \_\_\_\_\_

**Please check the time and day you prefer**

Wednesday Evenings at 7:00 p.m. \_\_\_\_  
(March 5 – April 9)

Thursday Afternoons at 1:30 p.m. \_\_\_\_  
(March 6 – April 10)

**GROUP MEETINGS BEGIN  
THE WEEK OF MARCH 2  
GROUPS WILL MEET IN THE CHURCH  
HALL**

**(Please return this form in the collection basket or bring  
to the parish office)**



# Bringing Home the Word

*Eighth Sunday in Ordinary Time (C)*  
March 2, 2025

## Who Are You? Really!

*Sr. Dianne Bergant, CSA*

**L**ike it or not, we often get our sense of who we are from others. Some people either make us feel worthwhile or treat us like we have little value. We all want to be accepted, to be part of the crowd, to look like we have made it. This is one reason we fall for so many fads of the day: “Everyone has one.” “Everyone is doing it.” Teenagers aren’t the only ones who think like this. It may take a long time before we can move beyond the opinions of others. Many never do.

So, who are you? Really! Are you hiding behind something, some

pretense? Are you trying to look like someone you’re not? Today’s readings remind us, as many have said, “Actions speak louder than words,” and as Christ said, “By their fruits you will know them” (Matthew 7:16). What is deepest within us eventually shows itself.

Sirach offers several examples of this. He claims that sometimes the dark side of our personalities comes out when we least expect it. But then there are times when we surprise even ourselves with our own goodness. Luke offers similar examples from both nature and human experience. Try as we might, we cannot completely hide who we truly are. And why should we? The last phrase of today’s gospel is profound: “From the fullness of the heart the mouth speaks” (Luke 6:45). That is where we find who we are. Really! †

### *A Word from Pope Francis*

Jesus invites us to look at others as he does—this is the secret, to...not look at evil first but at goodness. God looks at us in this way: he does not see irredeemable errors in us, but rather he sees children who make mistakes.... God always distinguishes the person from his errors.

ANGELUS, ROME, FEBRUARY 27, 2022



## Sunday Readings

### **Sirach 27:4–7**

Speech discloses the bent of a person’s heart.

### **1 Corinthians 15:54–58**

“Death is swallowed up in victory. / Where, O death, is your victory? / Where, O death, is your sting?”

### **Luke 6:39–45**

[Jesus asked], “Why do you notice the splinter in your brother’s eye, but do not perceive the wooden beam in your own?”



***Christ said, “By their fruits you will know them.”  
What is deepest within us eventually shows itself.***

### REFLECTION QUESTIONS **QUESTIONS** REFLECTION

- In what ways do I expect more of others than I do of myself?
- What will happen if I praise instead of criticize?



# Migration Ministry Does Not Begin at the Border

Fr. Michael McAndrew, CSsR

Every day on news channels across the United States, there are images of refugees and asylum seekers at crossings on the United States and Mexico border. The images are of desperate people fleeing some crisis in their own nation or in their own lives. It may be a war, criminal activity, terrorism, a natural disaster, or desperate poverty that moves people to decide to leave their country of origin. Many come from countries with governments failing to provide security, justice, liberty, education, health care, and economic stability. The overwhelming image of migration depicts masses of people at a border, not only in America but also at the borders of nations around the world.

As tragic as these international border crises are, there is more to the story of migration ministry than merely an emotional response to troubling border images on

television. Pope Benedict XVI identifies migration as a “social phenomenon of epoch-making proportions.” Pope Francis also notes that migration “will play a pivotal role in the future of our world.”

This book is an invitation for all people to recognize, understand, and appreciate migration not as a problem to solve, but as an opportunity to consider all aspects of our relationships with migrants, international workers, emigrants, immigrants, and their families. If we only consider the problems, challenges, and tragedies of migration as seen at international borders, our acts of charity and compassion will not be enough. Migration ministry begins when we recognize migrants as family, neighbor, coworker, friend, and believer. †

From *Walk With My People: A Life in Migration Ministry* by Fr. Michael McAndrew, CSsR, Liguori Publications (828720). Available from Liguori Publications. To order, call 800-325-9521 or visit [Liguori.org](http://Liguori.org).

## Wisdom from Catholic Update

From “*Your Spiritual Biography: To Build a Richer Faith, Write About You*”  
by Richard B. Patterson, PhD

Writing your spiritual autobiography is a form of spiritual discipline, or prayer. As such, it is private—between you and God. Do not write about what you think you are supposed to believe. A spiritual autobiography that is less than 100 percent honest is of little value. Write about your actual beliefs as well as your struggles and doubts.... Approached in such a manner, your spiritual autobiography becomes a tool for accountability. For example, how well do your actions reflect what you say you believe? How much of what you say you believe do you actually think about and how much is simply lip service?...Your journal is a private place—like a garden or a chapel within—where you can go for reflection, for growth, even for shedding some tears.

*Catholic Update*—a subscription newsletter published eleven times a year—explores Church tradition and teaching on contemporary topics. For more information, call 800-325-9521 or visit [Liguori.org](http://Liguori.org).



Compassionate God,  
grant us the grace  
to treat each person  
as someone you love  
deeply, someone you  
entrust to our care.  
Amen.

The Redemptorists

## WEEKDAY READINGS

March 3–8

**Monday, Weekday:** Sir 17:20–24 /  
Mk 10:17–27

**Tuesday, Weekday:** Sir 35:1–12 /  
Mk 10:28–31

**Wednesday, Ash Wednesday:** Jl 2:12–18 /  
2 Cor 5:20—6:2 / Mt 6:1–6, 16–18

**Thursday** after Ash Wednesday: Dt 30:15–20 /  
Lk 9:22–25

**Friday** after Ash Wednesday: Is 58:1–9a /  
Mt 9:14–15

**Saturday** after Ash Wednesday: Is 58:9b–14 /  
Lk 5:27–32

Bringing Home  
the **Word** 

March 2, 2025

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