



MUSIC FOR THE LITURGY

Sunday, June 2, 2024

**The Most Holy Body
And Blood Of Christ**

Gathering: At The Lamb's High Feast BB 179

Responsorial Psalm (Psalm 103)

*Loving and forgiving are you, O Lord;
slow to anger, rich in kindness, loving
and forgiving are you.*

Preparation: Let All Mortal Flesh Keep Silence
BB 197

Mass Parts Mass Of Creation

Communion: Bread For The World BB 325

Recessional: Lord, You Give The Great Commission
BB 392

✠ PARISH TITHING ✠

Our Parish needs to take in \$9700.00 each week in order to make ends meet. This amount represents an adjusted budget offertory of \$8500.00 per week plus the combination of budgeted Property and Fuel second collections (\$4800.00 per month divided into 4 weeks or \$1200.00 weekly). Your weekly contribution helps ensure that the Parish remains a vibrant community. Please remember to submit your weekly gift even if you will be away. Consider signing up for electronic giving (see below). Especially in these trying times, your Parish depends on your responsible stewardship and support!

**COLLECTION AMOUNTS FOR
MAY 26, 2024
WILL APPEAR IN NEXT WEEK'S BULLETIN**



Saint Luke the Evangelist Parish uses **Parish Giving** to provide parishioners with an opportunity to make your offertory and other contributions through Electronic Funds Transfer (EFT). Parish Giving is a simple, secure, and convenient way to manage your stewardship without weekly envelopes and without worries. This program is available to parishioners at no cost. Log on to the St. Luke the Evangelist Parish website at <http://stlukenh.org>, click on the Parish Giving logo, and follow the easy registration instructions.

You can also use your smart phone to scan the QR code below. The link will take you directly to Parish Giving so you can donate.



UPCOMING SECOND & SPECIAL COLLECTIONS

June 2 Property Management
June 9 No Second Collection
June 16 Fuel



Out of respect for the Lord and in consideration of fellow parishioners, please remember to silence or turn off your cell phones during Mass. Thank you.

PLEASE HELP US!

As you leave church, kindly take your Bulletin with you - or return it to the basket at the entrance of the Church, return your music book and Mass card to their proper place, and pick up after yourself as you leave. Thanks for being attentive and respectful! F. Albert.

Suggested Weekly Contribution Based on Income

Annual Income	5% Commitment annually/ weekly	3% Commitment annually/ weekly
\$100,000	\$5,000/\$100	\$3,000/\$60
\$75,000	\$3,750/\$75	\$2,250/\$45
\$60,000	\$3,000/\$60	\$1,800/\$36
\$50,000	\$2,500/\$50	\$1,500/\$30
\$40,000	\$2,000/\$40	\$1,200/\$24
\$30,000	\$1,500/\$30	\$900/\$18
\$25,000	\$1,250/\$25	\$750/\$15
\$15,000	\$750/\$15	\$450/\$9

Suggested Weekly Contribution Based on a Percentage Increase

Your Current Offertory Contribution	25% Increase	30% Increase	40% Increase
\$75.00	\$93.75	\$97.50	\$105.00
\$50.00	\$62.50	\$65.00	\$70.00
\$40.00	\$50.00	\$52.00	\$56.00
\$35.00	\$43.75	\$45.50	\$49.00
\$30.00	\$37.50	\$39.00	\$42.00
\$25.00	\$31.25	\$32.50	\$35.00
\$20.00	\$25.00	\$26.00	\$28.00
\$15.00	\$18.75	\$19.50	\$21.00
\$10.00	\$12.50	\$13.00	\$14.00
\$5.00	\$6.25	\$6.50	\$7.00

2024 NEW HAMPSHIRE CATHOLIC APPEAL
FUTURE OF OUR FAITH II

*One Bread,
One Body*

We thank all who made their gift to the *New Hampshire Catholic Appeal: Future of our Faith II* this weekend. Your gift will enable the Catholic Church in New Hampshire to meet the increasing needs of parishes, Catholic schools, retired clergy, seminarians and much more.

If you were not able to make your gift yet, please visit the website at www.catholicnh.org/nhca or bring your gift an drop it in the collection basket at Mass next weekend using the special envelopes provided in the pews and at the church entrances. We thank you on behalf of all who will come to know the loving hand of Christ and our Church through your generosity.

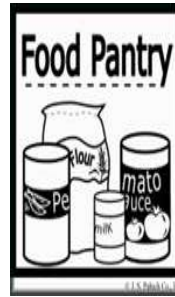


FOR OUR RECORDS

We need your help to keep our records current. If there are any births, deaths, marriages, moves, or address changes in your family, please notify the Parish Office at 603-382-8324 or by email at jtremblay@stluketheevangelist.net. If you're new to our parish, registration forms are available at the entrances of both churches.

SUPPORT OUR ADVERTISERS

We appreciate the support of our bulletin by our Advertisers. Please be sure to support our advertisers by calling them first! If you have a business and would like to place an ad in our bulletin, call 1-800-333-3166.



SAINT LUKE THE EVANGELIST FOOD PANTRY

Thank you for your support of our Food Pantry!

Items most needed in the Food Pantry at the moment:

Pasta	Hot and cold cereal
Pasta sauce	Crackers & snack items
Ramen noodles	Cookies & treats for kids
Peanut butter	Pancake mix and syrup
Jam and Jelly	Canned meats
Canned soup	Tuna fish
Canned fruit	Shelf stable milk
Canned vegetables	

Consider donating personal care products (shampoo, toothpaste, toothbrushes, etc.) or household cleaning products, paper towels, toilet tissue, or facial tissue. Pet food is always welcome!

Checks made out to *St. Luke Food Pantry* are always useful and welcome. Our Pantry spends upwards of \$1,000.00 per month to help the hungry!

VACATION BIBLE SCHOOL

Parents – Please mark your calendars and save these dates!

St. Luke the Evangelist Parish in Plaistow, NH invites children to attend **SCUBA Vacation Bible Camp from June 17 to June 21, 2024.**

Kids will participate in memorable Bible-learning activities, sing catchy songs, play teamwork-building game, engage in fun snack eating experiences, take part in one-of-a-kind Bible Adventures, collect Bible Memory Buddies to remind them to trust Jesus, and each day make a craft to take home and play with all summer.

SCUBA Vacation Bible Camp is for kids from age 4 to 12 and will run from 9:00 AM to 12:00 Noon each day. For more information, call Joyce at 603-382-8324, ext. 303.

WHILE AWAY THIS SPRING...

We appreciate all of you who remember to send in your Parish Offertory during the Spring even when on vacation or visiting other parishes. Thank you for remembering that our expenses also continue through the Spring months. We invite others to consider doing the same before or even after you return home.

✠ WEEKLY CALENDAR ✠

Sunday, June 2

11:00 AM VBS Volunteer Meeting *Plaistow*

Monday, June 3

7:00 PM Knights of Columbus Meeting *Plaistow*

Wednesday, June 5

Holy Angels Church Open
All Day For Prayer

Thursday, June 6

8:30 AM – 8:30 PM Eucharistic Adoration *Newton*

10:00 AM Prayer Shawl Ministry Meeting *Plaistow*

Saturday, June 8

3:00 PM Sacrament of Reconciliation *Plaistow*

Sunday, June 9

11:00 AM VBS Volunteer Meeting *Plaistow*

PARISH OFFICE CLOSED

The Parish Office will be **closed on Tuesday, June 11, 2024**. The office will reopen on Wednesday, June 12 at 8:30 AM.

Our regular office hours are 8:30 AM to 12:00 Noon and 1:00 to 4:30 PM on Monday through Thursday. We are closed on Fridays.



The Vigil Light in front of the
Blessed Mother icon
at Mary Mother of the Church
will burn this week in loving memory of

Thomas Antczak
by the Burge family

PRAYER LINE

St. Luke's offers a prayer line as a resource for those seeking prayer assistance. To submit your prayer request please call Cathy Smith at 603-382-8324, ext. 314 or email her at csmith@stluketheevangelist.net.

RADIO CATÓLICA

Escuche Radio Católica WGUA 98.1 FM con una programación 24 horas al día. Música, oraciones, Misas, información y formación en la fe. Teléfono en cabina 978-683-1030. Oficina y línea de oración 978-688-9811. Descargue nuestra aplicación en su celular."



✠ MASS INTENTIONS ✠

Saturday, June 1 ~ The Most Holy Body & Blood of Christ

Ex 24:3-8; Heb 9:11-15; Mk 14:12-16, 22-26 (Vigil)

4:00 PM Michael Lyons (7th Anniversary) and
Bryan Lyons (4th Anniversary)
Gerard Lyons
Plaistow

Sunday, June 2 ~ The Most Holy Body & Blood of Christ

Ex 24:3-8; Heb 9:11-15; Mk 14:12-16, 22-26

8:00 AM Thomas Antczak by the Burge family
Newton

10:00 AM Jim Glendye by the Knights of Columbus
Plaistow

Monday, June 3 ~ Charles Lwanga and Companions,

Martyrs

2 Pt 1:2-7; Mk 12:1-12

8:00 AM Linda Poire by her husband
Newton

Tuesday, June 4 ~ Weekday

2 Pt 3:12-15a, 17-18; Mk 12:13-17

8:00 AM Gordon Lewis (Month's Mind)
Plaistow

Wednesday, June 5 ~ Boniface, Bishop and Martyr

2 Tm 1:1-3, 6-12; Mk 12:18-27

6:30 PM Sr. Kathleen Walsh, SNDdeN
by Jodi Consentino
Plaistow

Thursday, June 6 ~ Norbert, Bishop

2 Tm 2:8-15; Mk 12:28-34

8:00 AM The Intentions of Paul Fournier
by Daniel and Jean Lloyd
Newton

Friday, June 7 ~ The Most Sacred Heart of Jesus

Hos 11:1, 3-4, 8c-9; Eph 3:8-12, 14-19; Jn 19:31-37
No Mass

Saturday, June 8 ~ The Immaculate Heart of the

Blessed Virgin Mary

2 Tm 4:1-8; Lk 2:41-51 (Day)

Gn 3:9-15; 2 Cor 4:13—5:1; Mk 3:20-35 (Vigil)

4:00 PM Bob and Theresa Tremblay by Jackie Tremblay
Plaistow

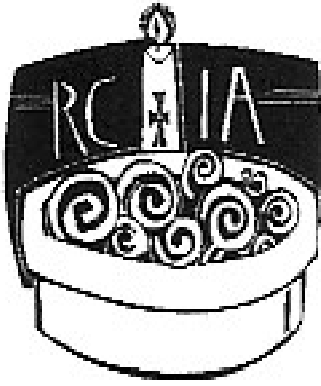
Sunday, June 9 ~ Tenth Sunday in Ordinary Time

Gn 3:9-15; 2 Cor 4:13—5:1; Mk 3:20-35

8:00 AM Doreen Burge by the Burge family
Newton

10:00 AM In Honor of Charlie and Lisa Angwin's
40th Wedding Anniversary
Plaistow





WELCOME IN CHRIST!

Saint Luke the Evangelist Parish invites all to a deeper love of Jesus and to a fullness of communion with the Church. The **RCIA** is a process where adults and older children are welcomed into the Catholic Church. Some have never been Baptized, others never received Eucharist or Confirmation and others arrive at our door after a long faith journey.

Do you know someone who is thinking about becoming part of our Catholic community? Are you the non-Catholic spouse of a parishioner who is wondering about full communion with the Church? Are you an adult Catholic who for whatever reason, "missed" one or more of the sacraments of initiation while growing up? Do you have children over 7 years of age who were never Baptized, or older children who "missed" sacraments?

The Rite of Christian Initiation for Adults (and its adapted form for children) welcomes all kinds of people into the Catholic family. The RCIA is for any adult who is: unbaptized and recognizes a need for spirituality in their life, or Baptized and raised in another Christian tradition but interested in learning about the Catholic faith, or Baptized in the Catholic faith, but never received any formal religious training.

Children of all ages are welcome and participate in age appropriate meetings for their RCIA experience.

Contact Father Albert or Cathy Smith in the Parish Office at 603.382.8324 for more information.

CONFIRMATION

MAYBE IT'S TIME

To **re-connect** with your Church, to **re-new** yourself and others through the unique power of the Holy Spirit who guides us in Love and Truth. If you are a baptized Catholic, have received your First Communion, but decided against Confirmation as a teen, maybe NOW IS THE TIME for you to re-consider **Confirmation**.

Maybe you weren't ready. Maybe you didn't want to be pressured into it by your family and peers. Maybe you weren't sure that Catholic is who you wanted to be. Maybe you were just beginning to doubt that what you were taught as a child -- about God, Jesus, the Holy Spirit, the Virgin Mary, the Eucharist, the saints, eternal life -- was all too good to be true. Maybe you were overwhelmed with school commitments, personal disappointments, and feeling that God really didn't care if you were Catholic anyway.

God *does* care about you. *For some reason*, God chose you to be born into a family that would bring you to the Catholic Church for Baptism. So maybe -- just maybe -- now...it's time....to make your own choice. **Confirmation**.

If you want to talk about the Sacrament of Confirmation, contact the Parish Office. With a little time and reflection, practicing Catholic can be prepared to celebrate the gift of the Spirit in their lives.

Maybe it's your time. Call 603 382 8324.

ADORERS NEEDED AT ADORATION

We are truly blessed to have times for Adoration of Our Lord in our Parish. This time of prayer and intercession is not only a source of great grace for the individual but is a great source of grace for us as a parish family. We have many who have made the commitment to spend an hour each week with our Eucharistic Lord. Adoration takes place each Thursday in Newton from 8:30 AM to 8:30 PM. We also need people at all times so we can have 2 people at each hour. If you can commit to one hour a week in Adoration of our Lord, or if you can be a substitute, please contact Cathy Smith at 603-382-8324, ext. 305, or email her at csmith@stluketheevangelist.net.

The Church in Plaistow is open all day on Wednesdays for people to stop by and pray before the presence of Jesus in the tabernacle.

✦ PARISH DIRECTORY ✦

Parish Office	603-382-8324
Parish Prayer Line	603-382-8324 x 314
St. Luke's Outreach Ministry	603-382-8324 x 315
St. Luke's Food Pantry	603-819-4949
Preschool	603-382-9783
Presentation of Mary Convent	603-382-2744

Fr. Albert Tremblay	fr.albert@stluketheevangelist.net
Cathy Smith	csmith@stluketheevangelist.net
Joyce Szczapa	jszczapa@stluketheevangelist.net
Jackie Tremblay	jtremblay@stluketheevangelist.net
Val Barczak	mvmbarczak@comcast.net



MONTHLY FOOD DRIVE

**Sponsored by the Knights of Columbus
St. Jude Council #6617**

The Knights of Columbus and Saint Luke the Evangelist Food Pantry would like to thank our parishioners for the ongoing support to feed those in need. Shopping lists and bags are provided on the 3rd week of every month with the general collection of non-perishable items happening the following (4th) weekend. Food donations can also be left in the plastic totes at the rear of either church or brought to the Parish Office any time they are open. Prefer not to shop? Gift cards or checks can be made out to Saint Luke Food Pantry anytime. Your generosity and support are greatly appreciated!

KNIGHTS OF COLUMBUS HAPPENINGS

The Knights were informed that the kitchen and eating area at the Huasta House of Hope, located in Huasta, Peru, was destroyed by fire. Huasta House of Hope was started by a Knight from Laconia, NH. Huasta House's mission is to provide food, clothing, supplies, education, and hope to the children of Huasta, Peru. The St. Jude Council was able to make a \$700 donation to assist in the rebuilding effort. We were informed that our funds would be used to help purchase appliances for the kitchen.

We are always looking for help. If you would like to help or want more information on the Knights, contact Peter Richards at 603-382-4315.

**THE KNIGHTS OF
COLUMBUS
ST. JUDE COUNCIL
#6617**



ALCOHOLICS ANONYMOUS

A Men's AA Step Meeting is held on Sunday mornings from 7:00 to 8:00 AM at the St. Luke the Evangelist Parish Hall (Holy Angels.) Masks are required. Bring your own coffee. For more information, call Joe at 617-921-9899.

CARING FOR LOVED ONES WITH DEMENTIA ONLINE SUPPORT GROUP

Are you caring for a family member or friend with memory loss? You don't have to face it alone. Join Catholic Charities for a five-week online support group starting **June 11**. All sessions are on Tuesdays and run from 1:30 to 2:30 PM. You will discover a deeper understanding of dementia and practical resources to support your loved one's well-being. Contact Louise Morneau at lmorneau@nh-cc.org if you are interested but cannot attend at the times listed above. The program will run again at different times. Register at: <https://www.cc-ch.org/events/dementia-support-group/>.

THE CURSILLO WEEKEND

Cursillo is an invitation for you to experience the love of Jesus Christ on a personal level and to bring this love and joy into your daily life. The next 2024 dates for the men's weekends will be October 3 to 6 and December 5 to 8. The next women's weekends will be June 6 to 9 and November 7 to 10. For more information, contact Rick or Kathy Garon at 603-490-5522 or 603-490-8090.



**Saint Luke the Evangelist
OUTREACH MINISTRY**

Your "Dropped Dollar" Hard At Work

Thank you for your continued support of the St. Luke Outreach Ministry! Please know that your "dropped dollars" are being used wisely to help the poor in our area. Your generosity does not go unnoticed.

Drop-a-Dollar in the St. Luke Outreach Ministry box on your way out of church.

Remember ~ 100% of your donation is used to help those who need a hand up, not a handout.

Our next meeting on **Wednesday, June 19 at 7:00 PM**. We meet downstairs in the Church Hall in Plaistow. **New members are always welcome!**

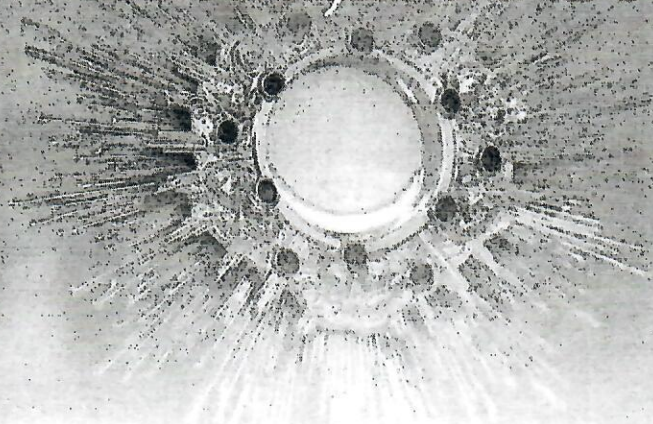
If you seek assistance or need information about St. Luke's Outreach Ministry, call 603-382-8324 x315.

**Hear, O LORD, and answer me
for I am poor and needy.**

2024 NEW HAMPSHIRE CATHOLIC APPEAL

FUTURE OF OUR FAITH II

One Bread, One Body



Our Church. Your Impact!

WWW.CATHOLICNH.ORG/NHCA

Please support the 2024 New Hampshire Catholic Appeal to allow us to continue to work toward a more sustainable and collaborative Church in New Hampshire! Your gift supports these vital ministries that keep our faith thriving in New Hampshire:

- Community Services program at Catholic Charities New Hampshire which provides transformative change through case management and compassionate guidance
- Seminarian education and formation and support of the permanent diaconate
- Catholic education
- Care for our retired clergy
- Vibrant parishes
- Evangelization and catechesis at home with *Parable Magazine*
- Faith formation through campus ministry and Totus Tuus
- Multicultural Ministry
- Catholic cemeteries



"I am again so very grateful for your past support of all our New Hampshire Catholic ministries and services over the years. Your gifts have made a tremendous difference in our faith tradition throughout our diocese. Thanks to you, we are working to establish a stable future for the Catholic Church in New Hampshire. A future where we all grow our shared faith together in One Bread, One Body."

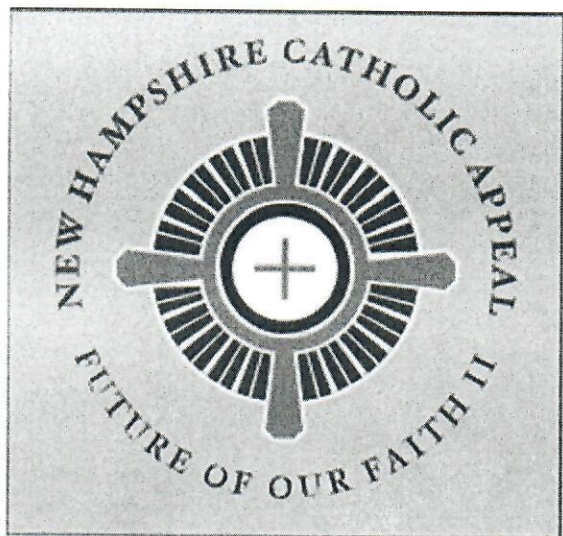
The New Hampshire Catholic Appeal (NHCA) funds imperative Community Services of Catholic Charities NH – enabling them to serve immediate needs at the local level, seminarians, *Parable Magazine*, parishes, Catholic formation – especially for youth and young adults, caring for our retired clergy, Catholic cemeteries, Catholic education, and missionaries abroad and multicultural ministry. The NHCA will provide these ministries with the resources needed to carry out their important missions – but only with your continued help."

+Most Reverend Peter A. Libasci, D.D.
Tenth Bishop of Manchester



Each parish has an NHCA goal, and every dollar raised above that goal will be rebated to the parish for any needs of the parish.

To learn more or donate online, please scan this QR code or go to www.catholicnh.org/nhca



A gift to the New Hampshire Catholic Appeal: Future of Our Faith II will enable the Catholic Church in New Hampshire to meet the increasing needs of parishes, Catholic schools, retired clergy, seminarians and much more. Each dollar is carefully stewarded to provide the maximum cost effectiveness for our ministries.

Your gift supports these essential ministries that keep our faith thriving in New Hampshire.

- Increasing and supporting vocations (seminarian education, formation, and support of the permanent diaconate)
- Making Catholic education affordable, accessible, and available to all who desire it
- Catholic Charities New Hampshire
- Caring for our retired clergy
- Vibrant parishes
- Evangelization and catechesis at home with *Parable* magazine
- Missionaries abroad and multicultural ministry in New Hampshire

WAYS TO GIVE

Make Your Gift Online

www.catholicnh.org/NHCA

Make a one-time gift, pledge, or give a monthly recurring gift using a credit or debit card.

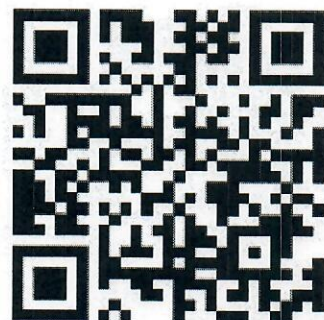
Pay by Cash or Check

Make your check payable to the **New Hampshire Catholic Appeal** and mail to:
New Hampshire Catholic Appeal
P.O. Box 5456 Manchester, NH 03108

Check pledges will receive monthly reminders.
All pledges will be a maximum of 10 months and should be paid in full by March 31, 2024.

Securities/Stocks, IRAs, Donor Advised Funds and Bequests

We are grateful for your consideration of these types of important gifts. Please call the Development Office for more information on how to plan your gift at 603-663-0136. Please consult your legal representative or tax advisor first to maximize your benefit.



➔ **Saint Luke the Evangelist Parish goal is \$46,979.00**

➔ **Gifts to Catholic Charities NH separately do not count toward the Catholic Appeal Parish Goal.**



Bringing Home the Word

The Most Holy Body and Blood of Christ (B)

June 2, 2024

Take This: Eat and Drink

Sr. Dianne Bergant, CSA

We are a people who ritualize life's important events. We insist on birthday cakes; we dream about ostentatious weddings; we go over the top on Super Bowl Sunday. If certain rituals are not included in these celebrations, the profound meaning of the event seems compromised.

Today's readings speak of blood rituals. Since life is in the blood (see Leviticus 17:11), the meaning of the ritual is contained in the meaning of the blood. In the reading from Exodus, young bulls are sacrificed at the height of their virility. In this way, not only the life of the bulls, but

their future of youthful strength, is offered to God, who is the source of life. A visible sign of this offering—sacrificial blood—is sprinkled on the people signifying that, joined to the bulls through this blood, they too are offered to God. Furthermore, the sacrificial blood seals the covenant bond that joins the people to God.

All of these elements are new in the Letter to the Hebrews. There is a new sacrificial victim, Christ. There's a new power in the blood—the ability to obtain eternal redemption, a New Covenant that promises an eternal inheritance. The Gospel reading describes how we might participate in this ritual and benefit from its wondrous power.

The feast we celebrate today invites us to participate in the ritual it commemorates. Its sacrificial elements are rudimentary nourishments of life, bread and wine. They become the Body and Blood of Christ. All we have to do is draw near with faith, eat, and drink. †

Sunday Readings

Exodus 24:3–8

[Moses] took the blood and sprinkled it on the people, saying, "This is the blood of the covenant that the LORD has made with you."

Hebrews 9:11–15

He entered once for all into the sanctuary, not with the blood of goats and calves but with his own blood, thus obtaining eternal redemption.

Mark 14:12–16, 22–26

[Jesus said,] "This is my blood of the covenant, which will be shed for many."

There is a new sacrificial victim, Christ. There's a new power in the blood—the ability to obtain eternal redemption, a New Covenant that promises an eternal inheritance.

A Word from Pope Francis

As we are nourished by the Body and Blood of Christ, we are assimilated with him; we receive his love within us, not to hold it back selfishly, but rather to share it with others. This logic is inscribed in the Eucharist: we receive his love within us and we share it with others. This is the Eucharistic logic.

ANGELUS, ROME, JUNE 3, 2018



REFLECTION QUESTIONS

QUESTIONS FOR REFLECTION

- Do you know that the word "Eucharist" means "giving thanks"?
- How grateful are you for the privilege to receive holy Communion?

The Gift of Christ's Love for Us

David Werthmann

Think of a close friend or relative who has moved to a different city. How has that loss felt? Before the move, perhaps you exchanged small gifts by which to remember each other. Similarly, Jesus did not want to leave us alone after his ascension to heaven because he realized we would need his frequent help, so he left behind the Eucharist by which we could recall him, saying, "Do this in remembrance of me" (1 Corinthians 11:24). We should also feel blessed by his continual presence here because he affirmed, "I am with you always, until the end of the age" (Matthew 28:20).



Those who travel to the Holy Land and visit places like the cave of the

Nativity or the hill of Calvary where Jesus was crucified are often overcome with emotion as they imagine being present at the very sites where Jesus is believed to have lived. We can visit him today, still alive and present, in the Blessed Sacrament. We can spend time in the Real Presence of God whenever we stop by, even briefly, wherever the Eucharist is reserved. Christ still lives among us today.

What does belief in the Real Presence of Christ in the Eucharist mean for you? How does your life witness the true presence of Christ to those you encounter each day? †

Wisdom from Catholic UPDATE

From "The Real Presence: Jesus' Gift to the Church" by John Feister

Why does it still look like bread and wine? This is perhaps the greatest stumbling block for belief in the Real Presence. The Church teaches that the transformation into the Body and Blood of Christ is taking place "below the surface"—that is, in the "substance" of the bread and wine. What can be seen, tasted, touched, and smelled is indeed the same as the bread and wine. But there has been a real change that requires faith to accept. Medieval theologians, following the inspired genius of St. Thomas Aquinas, talked of this transformation using the word "transubstantiation," a technical theological term of that era. The *Catechism of the Catholic Church* discusses this term in section 1376. In brief, we Catholics believe that, at their deepest reality, although not in physical characteristics, the bread and wine become the Body and Blood of Christ when they are consecrated. After consecration, they are no longer bread and wine: they are the Body and Blood of Christ. "As St. Thomas Aquinas observed, Christ is not quoted as saying, 'This bread is my body,' but 'This is my body.'" †

Catholic Update—a subscription newsletter published eleven times a year—explores Church teaching and tradition on contemporary topics. To subscribe, visit Liguori.org or call 800-325-9526.



*God of abundance,
as we are fed at the
banquet of the Eucharist,
may we be attentive to
the hungers of those
we encounter today.
We pray in Jesus' name.
Amen.*

The Redemptorists

WEEKDAY READINGS

June 3–8

Monday, St. Charles Lwanga and Companions: 2 Pt 1:2–7 / Mk 12:1–12

Tuesday, Weekday:
2 Pt 3:12–15a, 17–18 / Mk 12:13–17

Wednesday, St. Boniface:
2 Tm 1:1–3, 6–12 / Mk 12:18–27

Thursday, Weekday:
2 Tm 2:8–15 / Mk 12:28–34

Friday, Most Sacred Heart of Jesus: Hos 11:1, 3–4, 8c–9 / Eph 3:8–12, 14–19 / Jn 19:31–37

Saturday, Immaculate Heart of the Blessed Virgin Mary: 2 Tm 4:1–8 / Lk 2:41–51

Bringing Home
the Word 

June 2, 2024

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