

#### MUSIC FOR THE LITURGY

Sunday, January 28, 2024

## Fourth Sunday In Ordinary Time

Gathering: Let Us Go To The Altar BB 320

Responsorial Psalm (Psalm 27)

The Lord is my light and my salvation; of whom should I be afraid; of whom

should I be afraid.

Preparation: Christians, Let Us Love One Another

BB 487

Mass Parts Mass Of Creation

Communion: Eat This Bread BB 330

Recessional: The Spirit Sends Us Forth BB 390



Out of respect for the Lord and in consideration of fellow parishioners, please remember to silence or turn off your cell phones during Mass. Thank you!

#### **PLEASE HELP US!**

As you leave church, kindly take your Bulletin with youor return it to the basket at the entrance of the Church, return your music book and Mass card to their proper place, and pick up after yourself as you leave. Thanks for being attentive and respectful! F. Albert.



St. Luke the Evangelist is now on Facebook! Go to www.facebook.com/stlukenh.org/ or St. Luke the Evangelist Parish – Newton/Plaistow and give us a Like! Please invite fellow parishioners & friends to do the same.

#### **№ PARISH TITHING**

Our Parish needs to take in \$9700.00 each week in order to make ends meet. This amount represents an adjusted budget offertory of \$8500.00 per week plus the combination of budgeted Property and Fuel second collections (\$4800.00 per month divided into 4 weeks or \$1200.00 weekly). Your weekly contribution helps ensure that the Parish remains a vibrant community. Please remember to submit your weekly gift even if you will be away. Consider signing up for electronic giving (see below). Especially in these trying times, your Parish depends on your responsible stewardship and support!

January 14, 2024

Offertory \$12,207.23

**January 21, 2024** 

Offertory \$6,719.17 Fuel \$1,629.65



Saint Luke the Evangelist Parish uses *Parish Giving* to provide parishioners with an opportunity to make your offertory and other contributions through Electronic Funds Transfer (EFT). Parish Giving is a simple, secure, and convenient way to manage your stewardship without weekly envelopes and without worries. This program is available to parishioners at no cost. Log on to the St. Luke the Evangelist Parish website at <a href="http://stlukenh.org">http://stlukenh.org</a>, click on the Parish Giving logo, and follow the easy registration instructions.

#### **UPCOMING SECOND & SPECIAL COLLECTIONS**

January 28 No Second Collection February 4 Property Management February 11 Catholic Schools

February 14 Aid Churches in Europe/Africa

Suggested Weekly Contribution				
Based on Inco	ome			
E 0/	20/			

Annual Income	5% Commitment annually/ weekly	3% Commitment annually/ weekly
\$100,000	\$5,000/ <i>\$100</i>	\$3,000/ <i>\$60</i>
\$75,000	\$3,750/\$75	\$2,250/\$45
\$60,000	\$3,000/\$60	\$1,800/\$36
\$50,000	\$2,500/ <i>\$50</i>	\$1,500/\$30
\$40,000	\$2,000/\$40	\$1,200/\$24
\$30,000	\$1,500/\$30	\$900/\$18
\$25,000	\$1,250/ <b>\$25</b>	\$750/\$15
\$15,000	\$750/\$15	\$450/\$9

Suggested Weekly Contribution Based on a Percentage Increase					
Your Current Offertory Contribution	25% Increase	30% Increase	40% Increase		
\$75.00	\$93.75	\$97.50	\$105.00		
\$50.00	\$62.50	\$65.00	\$70.00		
\$40.00	\$50.00	\$52.00	\$56.00		
\$35.00	\$43.75	\$45.50	\$49.00		
\$30.00	\$37.50	\$39.00	\$42.00		
\$25.00	\$31.25	\$32.50	\$35.00		
\$20.00	\$25.00	\$26.00	\$28.00		
\$15.00	\$18.70	\$19.50	\$21.00		
\$10.00	\$12.50	\$13.00	\$14.00		
\$5.00	\$6.25	\$6.50	\$7.00		

#### TAX TIME SUGGESTION

Did you know? If you are 72 or older and need to take a "required minimum distribution (RMD)" from an IRA retirement account, a direct distribution to a qualified charitable organization, such as Saint Luke the Evangelist Parish, can save you money on your taxes. Such a donation will count toward your required minimum distribution but will be excluded from taxable income. Ask your tax preparer or IRA trustee for more details.

#### FINANCIAL CONTRIBUTION STATEMENT

If you would like an "end of year" financial statement of your contributions to the parish for 2023, **please call Jackie** at the Parish Office at 603-382-8324. Financial Statements are issued on a request only basis.

#### **HELP WANTED TO PUT AWAY TREES**

With Lent fast approaching, volunteers are welcome to help prepare the churches on **Sunday**, **February 11 following the 8:00 AM Liturgy in Newton and the 10:00 AM Liturgy in Plaistow**. Our tasks include taking down our green trees and some light cleanup of the churches in preparation for the Lenten season. All are welcome to lend a hand – our work usually lasts just over an hour if we have all the help we can muster! Please contact the Parish Office for more information – or just stay after Mass!

#### **BLESSING OF COUPLES**

There will be a special blessing of couples at the conclusion of all Liturgies on the weekend of **February 10-11**. Please pray for those married among us and remember those preparing to be married as well.

#### MARRIAGE IN THE CHURCH

Did you know that all Catholics are required to be married in the Church as a condition of the validity of their marriage?

Any Catholic married in a civil ceremony (JP) or in any religious ceremony other than a Catholic one (unless specifically excepted by the Bishop) is not living out the Sacrament of Marriage in its fullness according to the teaching of the Church. Contact Father Albert in the Parish Office for more information and assistance – there are ways in which your situation may be resolved!

#### **END OF LIFE PLANNING**

Three Beliefs is a document from the Diocese of Manchester that gives valuable assistance to Catholics and others on end-of-life issues. Three Beliefs explains Catholic teaching on life-sustaining treatment and care and includes the New Hampshire Advance Directive form modified in such a way to make it consistent with both Catholic teaching and New Hampshire law. Three Beliefs contains a helpful FAQ section and wallet cards that include important information for healthcare providers.

The New Hampshire Advance Directive form was revised by a law that is consistent with Catholic teaching and the changes to the New Hampshire form. If you completed an advance directive before 2021 and your intentions for your end-of-life care have not changed, you do not need to complete a new form as long as your advance directive was valid when it was executed. For example, if you completed the October 2007 version of *Three Beliefs* and signed the document before two witnesses or a notary public or justice of the peace, you do not need to complete a new advance directive form.

Copies of *Three Beliefs* are available at the church entrance. También están disponibles ediciones en Español.

#### **CREMATION?**

While burial or entombment of the body remains the preference and is encouraged by the Church, cremation may be chosen for sufficient reason. The Revised Code of Canon Law states: "The Church earnestly recommends the pious custom of burial be retained but it does not forbid cremation, unless this is chose for reasons which are contrary to Christian teaching. (CIC, c. 1176.3)

Cremated remains are to be buried or inurned. They should not be buried on private land, but are to be buried in a cemetery or entombed in a mausoleum or columbarium. The practice of scattering cremated remains on the sea, from the air, or on the ground is not permitted. If burial takes place at sea, according to local custom, the cremated remains are to be kept intact in a solid and durable container and not scattered.

Keeping the cremated remains in a private home, funeral home, or any other place is not considered to be the reverent disposition that the Church requires. The integrity of the cremated remains is always to be respected.

#### WHILE AWAY THIS WINTER...

We appreciate all of you who remember to send in your Parish Offertory during the Winter even when on vacation or visiting other parishes. Thank you for remembering that our expenses also continue through the Winter months. We invite others to consider doing the same before or even after you return home.

#### **₩ WEEKLY CALENDAR №**

Sunday, January 28

**10:00 AM** Religious Ed – Grades K to 6 *Plaistow* **12:00 PM** Parish Council Meeting *Plaistow* 

Tuesday, January 30

6:30 PM The Gospel of Mark Plaistow

Wednesday, January 31
Holy Angels Church Open
All Day For Prayer

Thursday, February 1

8:30 AM – 8:30 PM Eucharistic Adoration Newton

Saturday, February 3

3:00 PM Sacrament of Reconciliation Plaistow

Sunday, February 4

**10:00 AM** Religious Ed – Grades K to 6 *Plaistow* **11:00 PM** Meeting for Grade 3 Parents and

Students and ALL who need

Sacraments Plaistow

#### **PRAYER LINE**

St. Luke's offers a prayer line as a resource for those seeking prayer assistance. To submit your prayer request please call Cathy Smith at 603-382-8324, ext. 314 or email her at csmith@stluketheevangelist.net.

#### FOR OUR RECORDS

We need your help to keep our records current. If there are any births, deaths, marriages, moves, or address changes in your family, please notify the parish office at <a href="mailto:tremblay@stluketheevangelist.net">tremblay@stluketheevangelist.net</a> or call 603-382-8324. If you are new to our parish, registration forms are available at the entrances of both churches. You can also find a registration form on our website at <a href="http://stlukenh.org">http://stlukenh.org</a>.

#### **HOLY ANGELS CEMETERY CLOSED**

Holy Angels Cemetery in Plaistow is closed from December 2023 until Spring 2024. This decision comes as result of the real dangers of snow and ice in the Cemetery and the costs to Parishioners to inter during the winter months. Please contact the Parish Office with any questions.

#### PROJECT RACHEL MINISTRY

If you or someone you know is suffering after abortion, confidential, non-judgmental help is available. Call 6034-663-0192 or email <a href="mailto:ProjectRachel@rcbm.org">ProjectRachel@rcbm.org</a>.

#### **▼ MASS INTENTIONS ▼**

#### Saturday, January 27 ~ Fourth Sunday in Ordinary Time

Dt 18:15-20; 1 Cor 7:32-35; Mk 1:21-28 (Vigil)

**4:00 PM** Robert Hoppler by Rachel Lanseigne *Plaistow* 

#### Sunday, January 28 ~ Fourth Sunday in Ordinary Time

Dt 18:15-20; 1 Cor 7:32-35; Mk 1:21-28

8:00 AM Eileen Meader by Joan Meader

Newton

**10:00 AM** Gail A. Collins by Charles and Mary Corsetto

Plaistow

#### Monday, January 29 ~ Weekday

2 Sm 15:13-14, 30, 16:5-13; Mk 5:1-20

8:00 AM In Thanksgiving for Blessing Received

by Bonnie Lajoie

Newton

#### Tuesday, January 30 ~ Weekday

2 Sm 18:9-10, 14b, 24-25a, 30—19:3; Mk 5:21-43

8:00 AM All Souls Intentions

**Plaistow** 

#### Wednesday, January 31 ~ John Bosco, Priest

2 Sm 24:2, 9-17; Mk 6:1-6

**6:30 PM** Barbara Metcalf

by Ann Marie and Joe Sheehan

**Plaistow** 

#### Thursday, February 1 ~ Weekday

1 Kgs 2:1-4, 10-12; Mk 6:7-13

**8:00 AM** Peter Taraborelli (Month's Mind)

Newton

#### Friday, February 2 ~ The Presentation of the Lord

Mal 3:1-4; Heb 2:14-18; Lk 2:22-40

No Mass

### Saturday, February 3 ~ Blaise, Bishop and Martyr; Ansgar, Bishop

1 Kgs 3:4-13; Mk 6:30-34 (Day)

Jb 7:1-4, 6-7; 1 Cor 9:16-19, 22-23; Mk 1:29-39 (Vigil)

4:00 PM Bonnie Jean Surowiec

by Ellen and James Lavoie

Plaistow

#### Sunday, February 4 ~ Fifth Sunday in Ordinary Time

Jb 7:1-4, 6-7; 1 Cor 9:16-19, 22-23; Mk 1:29-39

8:00 AM Suzanne Busch by Barbara and Jack Brotz

Newton

10:00 AM In Honor of St. Benedict and Our Lady of

Lourdes by George Giraldo

Plaistow





#### **WELCOME IN CHRIST!**

Saint Luke the Evangelist Parish invites all to a deeper love of Jesus and to a fullness of communion with the Church. The RITES OF CHRISTIAN INITIATION FOR ADULTS (RCIA) is a process where adults and older children are welcomed into the Catholic Church. Some have never been Baptized, others never received Eucharist or

Confirmation, and others arrive at our door after a long faith journey.

Do you know someone who is thinking about becoming part of our Catholic community? Are you the non-Catholic spouse of a parishioner who is wondering about full communion with the Church? Are you an adult Catholic who for whatever reason, "missed" one or more of the sacraments of initiation while growing up? Do you have children over 7 years of age who were never Baptized, or older children who "missed" sacraments?

The Rite of Christian Initiation for Adults (and its adapted form for children) welcomes all kinds of people into the Catholic family. The RCIA is for any adult who is: unbaptized and recognizes a need for spirituality in their life, or Baptized and raised in another Christian tradition but interested in learning about the Catholic faith, or Baptized in the Catholic faith, but never received any formal religious training.

Children of all ages are welcome and participate in age appropriate meetings for their RCIA experience.

Contact Father Albert or Cathy Smith in the Parish Office at 603.382.8324 for more information.

#### **NEED A SACRAMENT?**

There will be a meeting for all ages for anyone needing one or more of the Sacraments (Baptism, Confirmation, Eucharist). This meeting will include the parents of the children who will receive Confirmation/Eucharist this Spring. The meeting will be on **Sunday, February 4 after the 10:00 AM Mass**, downstairs in the church hall. Any questions? Call Cathy Smith at (603) 382-8324, Ext. 305 or email her at csmith@stluketheevangelist.net.

#### THE COMPASSIONATE FRIENDS

The Compassionate Friends provide support for bereaved families after the loss of a child, grandchild, or sibling—any age, any cause. Visit our website at <a href="https://www.tcfnewburyport.org">www.tcfnewburyport.org</a>.

#### **NEED MARRIAGE HELP?**

WE HAVE WEEKENDS COMING UP



Feb 2-4, 2024 Alton Bay on Lake Winnipesaukee, NH

More Than Just a Retreat, We are a 3-Phase Marriage Help Program

Retrouvaille: A Lifeline For Married Couples

HelpOurMarriage.org 508-271-7155



#### **ADORERS NEEDED AT ADORATION**

We are truly blessed to have times for Adoration of Our Lord in our Parish. This time of prayer and intercession is not only a source of great grace for the individual but is a great source of grace for us as a parish family. We have many who have made the commitment to spend an hour each week with our Eucharistic Lord. Adoration takes place each Thursday in Newton from 8:30 AM to 8:30 PM. We also need people at all times so we can have 2 people at each hour. If you can commit to one hour a week in Adoration of our Lord, or if you can be a substitute, please contact Cathy Smith at 603-382-8324, ext. 305, or email her a csmith@stluketheevangelist.net.

The Church in Plaistow is open all day on Wednesdays for people to stop by and pray before the presence of Jesus in the tabernacle.

#### ■ PARISH DIRECTORY ■

 Parish Office
 603-382-8324

 Parish Prayer Line
 603-382-8324 x 314

 St. Vincent de Paul Society
 603-382-8324 x 315

 St. Luke's Food Pantry
 603-819-4949

 Preschool
 603-382-9783

 Presentation of Mary Convent
 603-382-2744

Fr. Albert Tremblay Cathy Smith Joyce Szczapa Jackie Tremblay Val Barczak Parish Council fr.albert@stluketheevangelist.net csmith@stluketheevangelist.net jszczapa@stluketheevangelist,net jtremblay@stluketheevangelist.net mvmbarczak@comcast.net parishcouncil@stluketheevangelist.net



# MONTHLY FOOD DRIVE Sponsored by the Knights of Columbus St. Jude Council #6617

The Knights of Columbus and Saint Luke the Evangelist Food Pantry would like to thank our parishioners for the ongoing support to feed those in need. Over the last two months, support has been provided to 135 families. That represents 118 children under the age of 18 and 111 adults over the age of 60, for a total of 370 individuals served. Shopping lists and bags are provided on the 3rd week of every month with the general collection of non-perishable items happening the following (4th) weekend. Food donations can also be left in the plastic totes at the rear of either church or brought to the Parish Office any time they are open. Prefer not to shop? Gift cards or checks can be made out to Saint Luke Food Pantry anytime. generosity and support are greatly appreciated!

# KNIGHTS OF COLUMBUS HAPPENINGS

The Knights purchased a number of large turkeys and desserts to assist our Food Pantry with their food baskets for Thanksgiving. The Knights also purchased 15 food baskets for Christmas. Finally, the Knights increased their Giving Tree donations from \$750 to \$1000 to help fulfill the requests of children in need in our local community.

Website: <a href="www.kofc6617.org">www.kofc6617.org</a>

For more information on the Knights, contact Peter Richards at 603-382-4315 or <a href="mailto:pmrpjs6@comcast.net">pmrpjs6@comcast.net</a>.

THE KNIGHTS OF COLUMBUS ST. JUDE COUNCIL #6617



#### **ALCOHOLICS ANONYMOUS**

A Men's AA Step Meeting is held on Sunday mornings from 7:00 to 8:00 AM at the St. Luke the Evangelist Parish Hall (Holy Angels.) Masks are required. Bring your own coffee. For more information, call Joe at 617-921-9899.

#### **CURSILLO**

If you have a desire to know Jesus more closely, a Cursillo is for you. The Cursillo weekend is a short course in Christianity. The purpose of the weekend is to facilitate a meaningful personal encounter with Christ and his body, the Church. Cursillo weekends are being offered at the Sarto Center in Hookset, NH. To find out more, contact Mark Collopy at 603-833-7341 or explore www.nhcursillo.org.

#### **WINTER WEATHER CLOSINGS**

Saint Luke the Evangelist Parish Office, Holy Angels Cemetery Office, Saint Luke Food Pantry, and the Parish Liturgical schedule complies with the longstanding inclement weather policy of Saint Luke Religious Education Program and Holy Angels Pre-School-If the Timberlane and/or Sanborn Kindergarten: regional school districts close because of inclement weather, ALL Parish Offices and Parish programs will be closed or suspended. All activities by any Parish or non-Parish groups will be cancelled for that day/evening on both campuses. In the event of a weather related closing, the scheduled weekday Liturgy will not be held and the intention (if any) will be moved to a conveniently available date. Sunday (or Saturday evening) liturgies can never be cancelled, but all are advised to use prudence when deciding to travel to Church during winter storms.



#### Your "Dropped Dollar" Hard At Work

Thank you for your continued support of the St. Vincent de Paul Society! Please know that your "dropped dollars" are being used wisely to help the poor in our area. Your generosity does not go unnoticed.

Drop-a-Dollar in the St. Vincent de Paul box on your way out of church. Remember ~ 100% of your donation is used to help those who need a hand up, not a handout.

Our next meeting on **Wednesday**, **February 21 at 7:00 PM**. We meet downstairs in the Church Hall in Plaistow. **New members are always welcome!** 

If you seek assistance or need information about the St. Vincent de Paul Society, call 603-382-8324 x315.

Hear, O LORD, and answer me for I am poor and needy.

# Do Something for Lent. Renew your faith.

What is the **Lenten Journey** all about? Prayer, fasting, and almsgiving are called the "three pillars" of the Christian way of life. They help support a full and healthy life. During Lent we try to repair and strengthen these three pillars, which also are called the "three disciplines" because they help people become better disciples of the Lord.

Today we continue to welcome sign-ups for small group Scripture sharing during Lent. We continue to pray together as

our 2024 Lenten Journey gets underway. Ask for the Spirit's guidance as you consider your involvement; pray that our Parish's Lenten Journey be blessed.

Join a small group! Groups meet six times during the Lenten season to discuss the Lenten

Lectionary readings. You will learn more about Scripture through the resources provided, participate in interesting discussions, meet some wonderful people, and have the opportunity to build up the Body of Christ.

Take the opportunity to sign-up by filling out the registration form on the back and dropping it in the collection basket next week, drop it off at the parish office, or call the Parish Offices at (603) 382-8324, Ext. 305.

> Groups begin meeting the week of February 11

# DISCIPLES ON THE JOURNEY REGISTRATION FORM



Name		
Address		
Telephone		
E-Mail	Cell Phone	

#### Please check the time and day you prefer

Wednesday Evenings at 7:00 p.m. \_\_\_ (February 14 – March 20)

Thursday Afternoons at 1:30 p.m. \_\_\_ (February 15 – March 21)

Check if you are willing to be a group leader

# GROUP MEETINGS BEGIN THE WEEK OF FEBRUARY 11 GROUPS WILL MEET IN THE CHURCH HALL

(Please return this form in the collection basket or bring to the parish office)



# Bringing Home the Word +

Fourth Sunday in Ordinary Time (B)
January 28, 2024

# Teaching with Authority

Sr. Dianne Bergant, CSA

ho teaches with authority? To whose voice should we listen? The first reading provides an answer. Moses had been appointed by God to be God's voice for the Israelites—for that is what a prophet is. Moses assures the people that God will raise up a leader like himself. They are to listen to that voice just as they listened to his voice. The Gospel presents Jesus as the fulfillment of that promise.

The issues of contemporary life are extraordinarily complex. Actually, when one is in the midst of living, it is always complex. It was complex at the time of Moses and at the time of Jesus as well.

#### **Sunday Readings**

#### Deuteronomy 18:15-20

If a prophet presumes to speak a word in my name that I have not commanded, or speaks in the name of other gods, that prophet shall die.

#### 1 Corinthians 7:32-35

I should like you to be free of anxieties.

#### Mark 1:21-28

Jesus...said, "Quiet! Come out of him!"...He commands even the unclean spirits and they obey him. So, to whose voice should disciples listen? It is easy to answer: "The one with authority." But who has authority? Recognizing genuine authority is not as easy as it sounds. Moses' position of authority was eventually recognized, but that was not the case in the beginning. The expression, "Who died and left you boss?" comes right out of an earlier story of Moses (Exodus 2:14). As for Jesus, he never held a recognized position of authority in his society, and we know his authority seems eventually to have been rejected by most.

A sign of genuine authority is seen in the integrity of one's life. Moses led the people through the struggles of the wilderness. In this Gospel, Jesus confirms the message of his teaching with his works of healing. Who has authority? "By their fruits you will know them" (Matthew 7:16). #

A sign of genuine authority is seen in the integrity of one's life.



# A Word from Pope Francis

It is easy to be at peace with those we love and with those who do good towards us, but it is not easy to be at peace with those who have wronged us.... Let us ask the Lord, in silence, for the grace to give everyone, good and bad, the gift of peace.

"REGINA COELI" PRISON, ROME, MARCH 29, 2018



# REFLECTIONS QUESTIONS MEETIONS

- What is your attitude toward authority in the Church, in civil society?
- Do you exercise authority with patience and compassion?

# Healing Our Inner Pharisee

Valerie Schultz

The phrase "healing your inner child" is a pop-psychology mainstay. The idea is that we can only become well-adjusted adults if we have made peace with the issues of our childhood. It is a sensible idea, and one I'd like to borrow to confront another character who dwells within all of us: our inner Pharisee.

The Pharisees were appalled that Jesus did not observe the fine points of the law. And Jesus had little patience with the superficial behavior of the Pharisees, who had perhaps forgotten the true purpose of the laws they so scrupulously upheld. "He looked around at them with anger; he was grieved at their hardness of heart" (Mark 3:1). Yet most of us have a Pharisee lurking in our psyche.

My inner Pharisee plagues me. When I was a child, my mother called me her "little Pharisee," because I came home from school with stories of the wrongdoing of the other kids—things that I, of



course, never did. It's easy to be a little Pharisee when you are the perennial teacher's pet.

When I was a church employee, my inner Pharisee was especially well-nourished. When someone asked the time of an activity, I would answer warmly but think, "Well, if you'd read your bulletin, you would know, wouldn't you?" When a parent complained that she could not convince her child to attend confirmation class, I would nod sympathetically but think, "Well, maybe if you showed up for Mass, your kid would come to class." My inner Pharisee grew out of control.

Fortunately, God made me a parent, which humbles and humanizes me, and makes me aware of how far from holiness I am. My inner Pharisee is silenced whenever one of my daughters does something that makes me look bad. Parenting is one antidote to the inner Pharisee, as it makes us more compassionate and less judgmental, especially of those who share with us the struggles and joys of parenting.

Certainly laws matter; there are specific laws to which we Catholics are bound. But when obeying the law supplants faith and compassion, we have succumbed to our inner Pharisee. And our inner Pharisee, if not confronted and healed, merely "talks the talk," while Jesus calls us to walk his walk. #

From Liguorian, March 2006

## Wisdom from Catholic UPDATE

From "The Four Faces of Jesus" by Veronica Smith

ark, the earliest evangelist, wrote between the years 65 and 70, shortly after Nero's persecution of Christians. Possibly because of the loss of leaders such as Peter and Paul, Mark deemed it necessary to produce a written record of Jesus. Christianity's rapid spread also suggests the need for an organized account of Jesus' life. Mark's Jesus is in a hurry. Mark introduces you to a Jesus you may not have met before—earthy, relatable, and approachable. In Mark, we meet the most human Jesus. #

Catholic Update—a subscription newsletter published eleven times a year—explores Church teaching and tradition on contemporary topics. Liguori.org • 800-325-9526



Holy God, grant us the grace to recognize the truth when it is spoken and live that truth in our daily lives. We pray in Jesus' name. Amen.

The Redemptorists

#### WEEKDAY READINGS

January 29—February 3

Monday, Weekday: 2 Sm 15:13–14, 30; 16:5–13 / Mk 5:1–20 Tuesday, Weekday: 2 Sm 18:9–10, 14b, 24–25a, 30—19:3 Mk 5:21–43

**Wednesday,** St. John Bosco: 2 Sm 24:2, 9–17 / Mk 6:1–6

Thursday, Weekday:

1 Kgs 2:1-4, 10-12 / Mk 6:7-13

Friday, Presentation of the Lord: Mal 3:1–4 / Heb 2:14–18 / Lk 2:22–40 or 2:22–32

**Saturday,** Weekday: 1 Kgs 3:4–13 / Mk 6:30–34



© 2024 Liguori Publications, a ministry of the Redemptorists. One Liguori Drive, Liguori, MO 63057. Scripture quotations in this publication are from the *New American Bible*, revised edition, © 2010, 1991, 1986, 1970 Confraternity of Christian Doctrine, Washington, DC. The Pope Francis quotation is used with permission and copyright © 2023 *Libreria Editrice Vaticana*. All rights reserved. 1-800-325-9521. Liguori.org.