



MUSIC FOR THE LITURGY

Sunday, June 11, 2023

The Body and Blood of Christ
The Second Sunday After Pentecost

4:00 PM
8:00 AM
10:00 AM

Gathering: At The Lamb's High Feast BB 168

Responsorial Psalm (Psalm 103)

*Loving and forgiving are you, O Lord;
slow to anger, rich in kindness, loving
and forgiving are you.*

Preparation: Let All Mortal Flesh Keep Silence
BB 201

Mass Parts: Mass Of Creation

Communion: One Bread, One Body BB 341

Recessional: Lord, You Give The Great Commission
BB 380



Out of respect for the Lord and in consideration of fellow parishioners, please remember to silence or turn off your cell phones during Mass. Thank you!

PLEASE HELP US!

As you leave church, kindly take your Bulletin with you - or return it to the basket at the entrance of the Church, return your music book and Mass card to their proper place, and pick up after yourself as you leave.



Find us on:
facebook®

St. Luke the Evangelist is now on Facebook! Go to www.facebook.com/stlukenh.org/ or **St. Luke the Evangelist Parish – Newton/Plaistow** and give us a Like! Please invite fellow parishioners & friends to do the same.

✠ PARISH TITHING ✠

Our Parish needs to take in \$9700.00 each week in order to make ends meet. This amount represents an adjusted budget offertory of \$8500.00 per week plus the combination of budgeted Property and Fuel second collections (\$4800.00 per month divided into 4 weeks or \$1200.00 weekly). Your weekly contribution helps ensure that the Parish remains a vibrant community. Please remember to submit your weekly gift even if you will be away. Consider signing up for electronic giving (see below). Especially in these trying times, your Parish depends on your responsible stewardship and support!

May 28, 2023

Offertory \$5,997.28

June 4, 2023

Offertory \$6,275.73
Property Management \$1,828.30



Saint Luke the Evangelist Parish uses **Parish Giving** to provide parishioners with an opportunity to make your offertory and other contributions through Electronic Funds Transfer (EFT). Parish Giving is a simple, secure, and convenient way to manage your stewardship without weekly envelopes and without worries. This program is available to parishioners at no cost. Log on to the St. Luke the Evangelist Parish website at <http://stlukenh.org>, click on the Parish Giving logo, and follow the easy registration instructions.

UPCOMING SECOND COLLECTION

June 11	No Second Collection
June 18	Fuel
June 25	Works of the Holy Father
July 2	Property Management

Suggested Weekly Contribution Based on Income

Annual Income	5% Commitment annually/weekly	3% Commitment annually/weekly
\$100,000	\$5,000/\$100	\$3,000/\$60
\$75,000	\$3,750/\$75	\$2,250/\$45
\$60,000	\$3,000/\$60	\$1,800/\$36
\$50,000	\$2,500/\$50	\$1,500/\$30
\$40,000	\$2,000/\$40	\$1,200/\$24
\$30,000	\$1,500/\$30	\$900/\$18
\$25,000	\$1,250/\$25	\$750/\$15
\$15,000	\$750/\$15	\$450/\$9

Suggested Weekly Contribution Based on a Percentage Increase

Your Current Offertory Contribution	25% Increase	30% Increase	40% Increase
\$75.00	\$93.75	\$97.50	\$105.00
\$50.00	\$62.50	\$65.00	\$70.00
\$40.00	\$50.00	\$52.00	\$56.00
\$35.00	\$43.75	\$45.50	\$49.00
\$30.00	\$37.50	\$39.00	\$42.00
\$25.00	\$31.25	\$32.50	\$35.00
\$20.00	\$25.00	\$26.00	\$28.00
\$15.00	\$18.75	\$19.50	\$21.00
\$10.00	\$12.50	\$13.00	\$14.00
\$5.00	\$6.25	\$6.50	\$7.00

✠ PARISH NEWS ✠

NEW HAMPSHIRE CATHOLIC APPEAL

Thank you on behalf of Saint Luke the Evangelist Parish for making a donation to the New Hampshire Catholic Appeal. If you have not made a donation to the Appeal, You can do so by filling out a donation envelope found in the pews or at the church entrance. You can make an online gift by visiting www.catholicnh.org/about/get-nvolved/giving/nhca/. You can also use your smartphone with the QR code below.

Our Parish target is \$46,740.00. **As of May 26, 2023, we have raised \$15,500.00.** Thank you again for your support of our NH Catholic community and these important diocesan ministries.



BLASTING OFF FOR ADVENTURE

Join us for Vacation Bible Space Camp at the Church Hall in Plaistow June 19 - 23, 2023 from 9 am - Noon. Make new Space friends, Learn new things, Explore God's Word, Play creative games, Have space adventures, snacks and more!

Contact Miss Joyce at 603.382.4324, ex. 303 or email jszczapa@stluketheevangelist.net.

Volunteers welcome !

Saint Luke the Evangelist Parish, Newton-Plaistow

BLESSING OF FATHERS

A special blessing of fathers will be given at all Masses on the weekend of **Father's Day, June 18, 2023.**



MEN OF ST. JOSEPH

Our ministry aims to emulate St. Joseph and become better husbands, fathers, sons and brothers. There are no dues and the Men of St. Joseph do not participate in projects or other volunteer efforts as a group, but instead, gather together for sharing among men to help them be a better person, a better family man, and a better member of the Church. Join us on Saturday morning, **June 17, 2023 from 8:00 to 9:00 AM** in the parish hall on the Plaistow campus.



MARRIAGE IN THE CHURCH

Did you know that ALL Catholics are required to be married in the Church as a condition of the validity of their marriage?

Any Catholic married in a civil ceremony (JP) or in any religious ceremony other than a Catholic one (unless specifically excepted by the Bishop) is not living out the Sacrament of Marriage in its fullness according to the teaching of the Church. Contact Fr. Albert at the parish office for more information.

RETROUVAILLE

A Lifeline For Married Couples

Retrouvaille (pronounced Retro-vi) means rediscovery in French. This program helps couples put their broken pieces back together and rediscover their love for each other. This program starts with a weekend which teaches couples a new form of communication called Dialogue and lets couples know that they are not alone. Our next Retrouvaille weekends are **August 18-29, 2023 and November 10-11, 2023.** For more information, email 3023@helpourmarriage.org.

WHILE AWAY THIS SPRING / SUMMER...

We appreciate all of you who remember to send in your Parish Offertory during the Spring / Summer even when on vacation or visiting other parishes. Thank you for remembering that our expenses also continue through the Spring / Summer months. We invite others to consider doing the same before or even after you return home.

✠ WEEKLY CALENDAR ✠

Sunday, June 11
11:00 AM Vacation Bible School Meeting *Plaistow*

Tuesday, June 13
PARISH OFFICE CLOSED

Wednesday, June 14
Holy Angels Church Open
All Day For Prayer

Thursday, June 15
8:30 AM – 8:30 PM Eucharistic Adoration *Newton*

Saturday, June 17
8:00 AM Men of St. Joseph *Plaistow*
9:00 AM K of C - Feast Days of Mary *Plaistow*
3:00 PM Sacrament of Reconciliation *Plaistow*

RESTROOM BREAKS DURING MASS

Attention Parents

Please be sure to accompany your young children when they need to use the restroom during Mass. This is for their safety and your peace of mind!

PRAYER LINE

St. Luke's offers a prayer line as a resource for those seeking prayer assistance. To submit your prayer request please call Cathy Smith at 603-382-8324, ext. 314 or email her at csmith@stluketheevangelist.net.

BUSTED HALO

Busted Halo is a unique media resource sponsored by the Paulist Fathers of the US that utilizes a relevant and accessible voice to help people understand the Catholic faith, put it into practice in their everyday lives, and share it with others. Check out their site, podcasts and videos at www.bustedhalo.com.

THE GOD MINUTE

Every morning a small group of priests, religious, and lay people start their day in prayer. Soft music, sacred scripture, and a thoughtful reflection are weaved into a 10-minute prayer called "The God Minute." It's then uploaded for you to access and pray along with us on your own time. And it's free. Listen with your coffee in the morning, while driving to work, or taking a walk. See how easy and beautiful prayer can be! www.thegodminute.org

✠ MASS INTENTIONS ✠

Saturday, June 10 ~ Vigil of The Most Holy Body And Blood Of Christ

Dt 8:2-3, 14b-16a; 1 Cor 10:16-17; Jn 6:51-58 (Vigil)
4:00 PM Robert Holt by Bonnie Lajoie
Plaistow

Sunday, June 11 ~ Most Holy Body And Blood Of Christ

Dt 8:2-3, 14b-16a; 1 Cor 10:16-17; Jn 6:51-58

8:00 AM Thomas Antczak by the Burge family
Newton

10:00 AM Eva, Raymond, Stephen and Elaine Huberdeau by their family
Plaistow

Monday, June 12 ~ Weekday

2 Cor 1:1-7; Mt 5:1-12

8:00 AM Daniel J. O'Leary (25th Anniversary) by Susan Ronan
Newton

Tuesday, June 13 ~ Anthony of Padua, Priest and Doctor of the Church

2 Cor 1:18-22; Mt 5:13-16

8:00 AM All Souls Intentions
Plaistow

Wednesday, June 14 ~ Weekday

2 Cor 3:4-11; Mt 5:17-19

6:30 PM Sr. Jenny Levasseur, pm by the Sisters of the Presentation of Mary
Plaistow

Thursday, June 15 ~ Weekday

2 Cor 3:15—4:1, 3-6; Mt 5:20-26

8:00 PM People of the Parish
Newton

Friday, June 16 ~ The Most Sacred Heart of Jesus

Dt 7:6-11; 1 Jn 4:7-16; Mt 11:25-30

No Mass

Saturday, June 17 ~ The Immaculate Heart of the Blessed Virgin Mary

2 Cor 5:14-21; Lk 2:41-51 (Day)

Ex 19:2-6a; Rom 5:6-11; Mt 9:36—10:8 (Vigil)

4:00 PM Deceased Members of the Fogel Family and Frank Kelcourse by Elaine Kelcourse
Plaistow

Sunday, June 18 ~ Eleventh Sunday in Ordinary Time

Ex 19:2-6a; Rom 5:6-11; Mt 9:36—10:8

8:00 AM Betty Nappi (Birthday Remembrance) by the Stanley family
Newton

10:00 AM Sr. Irene Dionne, pm by the Sisters of the Presentation of Mary
Plaistow



SAINT LUKE THE
EVANGELIST PARISH

Grief Share Support
Group meets on
Mondays beginning May
22 at 6:30 PM. Meetings
are held at the Parish
Office at 8 Atkinson
Depot Rd., Plaistow.

Call 603.382-8324 for
information.

COLLECTION COUNTERS NEEDED

We are looking for a few good people to help us with one of our "hidden ministries," the counting of our Parish collections. Volunteers are needed to help count and document collections each week. The counts are usually done on Monday mornings from 9:00 – 10:30 and occasionally on a Tuesday morning when holidays occur. If you think that you might enjoy the company of this dedicated group while sharing in this important ministry, please speak to Fr. Albert for more information.

PARISH OFFICE CLOSED

The Parish Office will be closed on **Tuesday, June 13**. The office will reopen at 8:30 AM on Wednesday, June 14.



The Vigil Light in front of the
Blessed Mother icon
at Mary Mother of the Church
will burn this week in loving memory of
Thomas Antczak
by the Burge family

PROJECT RACHEL MINISTRY

If you or someone you know is suffering after abortion, confidential, non-judgmental help is available. Call 6034-663-0192 or email ProjectRachel@rcbm.org.

FOR OUR RECORDS

We need your help to keep our records current. If there are any births, deaths, marriages, moves, or address changes in your family, please notify the Parish Office at 603-382-8324 or by email at jtremblay@stluketheevangelist.net. If you're new to our parish, registration forms are available at the entrances of both churches. Registration forms can also be found on our website at <http://stlukenh.org>.

SUPPORT OUR ADVERTISERS

We appreciate the support of our bulletin by our Advertisers. Please be sure to support our advertisers by calling them first! If you have a business and would like to place an ad in our bulletin, call 1-800-333-3166.

EUCCHARISTIC ADORATION

We are truly blessed to have times for Adoration of Our Lord in our Parish. This time of prayer and intercession is not only a source of great grace for the individual, but it is a great source of grace for us as a parish family, as well.

We have many who have made the commitment to spend an hour each week with our Eucharistic Lord, **but** we need more people so there will be at least two people at each hour. We are also looking for people who would be able to substitute.

**Newton – Thursday
8:30 AM – 8:30 PM**

If you can commit to one hour a week in Adoration of our Lord, or if you can be a substitute, please contact Cathy Smith at 603-382-8324, ext. 305 or email her at csmith@stluketheevangelist.net.

**The Church in Plaistow is open all day on
Wednesdays for people to stop by and pray
before the presence of Jesus in the tabernacle.**

✠ PARISH DIRECTORY ✠

Parish Office	603-382-8324
Parish Prayer Line	603-382-8324 x 314
St. Vincent de Paul Society	603-382-8324 x 315
St. Luke's Food Pantry	603-819-4949
Preschool	603-382-9783
Presentation of Mary Convent	603-382-2744

Fr. Albert Tremblay	fr.albert@stluketheevangelist.net
Cathy Smith	csmith@stluketheevangelist.net
Joyce Szczapa	jszczapa@stluketheevangelist.net
Jackie Tremblay	jtremblay@stluketheevangelist.net
Val Barczak	mvmbarczak@comcast.net
Parish Council	parishcouncil@stluketheevangelist.net

❖ Community News ❖



SAINT JUDE KNIGHTS OF COLUMBUS MONTHLY FOOD DRIVE

The Knights of Columbus of our Parish sponsor a monthly food drive to support the Saint Luke the Evangelist Food Pantry. A list of items needed, along with a paper shopping bag, are distributed at the end of Masses on the 3rd weekend of each month to those who wish to participate. We ask that you bring back the non-perishable food items the following weekend (4th weekend of the month). You are also welcome to drop off donations at the Parish Office during normal business hours or at one of our Parish churches. Monetary donations are also welcome (make checks payable to Saint Luke Food Pantry), or gift cards to local supermarkets. Thank you for reaching out to help families in our community who need assistance. The Knights and the Food Pantry appreciate your generosity and support.

ALCOHOLICS ANONYMOUS

A Men's AA Step Meeting is held on Sunday mornings from 7:00 to 8:00 AM at the St. Luke the Evangelist Parish Hall in Plaistow, NH (Holy Angels). Bring your own coffee. For more information, call 617-921-9899.

CURSILLO

If you have a desire to know Jesus more closely, a Cursillo is for you. The Cursillo weekend is a short course in Christianity. The purpose of the weekend is to facilitate a meaningful personal encounter with Christ and his body, the Church. The three day weekend is also the bridge connecting the faithful with the supportive post-Cursillo community, where we live our faith joyfully with our fellow Christians. Cursillo weekends are being offered at the Sarto Center in Hookset, NH. To find out more, contact Mark Collopy at 603-833-7341 or explore www.nhcursillo.org.

CAMPS BERNADETTE AND FATIMA

Located in the Lakes Region of New Hampshire, the Diocese of Manchester's camps provide opportunities for children between the ages of five and fifteen years old to develop personally and grow spiritually. Families searching for meaningful summer activities choose Bernadette and Fatima for their traditional summer camp experiences within a Catholic environment. Campers spend two weeks living in cabins while enjoying the lake, competing in sporting events, conquering the ropes courses, and participating in faith formation activities and the sacraments. This unique programming enables campers to have fun and grow in faith, confidence, and friendship. To learn more, contact Andrew Thibault at 603-931-5500, ext. 114 or Andrew@bfcamp.com.

**St. Vincent
de Paul
Society**



Your "Dropped Dollar" Hard At Work

Thank you for your continued support of the St. Vincent de Paul Society! Please know that your "dropped dollars" are being used wisely to help the poor in our area. Your generosity does not go unnoticed.

Drop-a-Dollar in the St. Vincent de Paul box
on your way out of church.

Remember ~ 100% of your donation is used to help
those who need a hand up, not a handout.

Our next meeting on **Wednesday, June 21 at 7:00 PM**.
We meet downstairs in the Church Hall in Plaistow. **New
members are always welcome!**

If you seek assistance or need information about the
St. Vincent de Paul Society, call 603-382-8324 x315.

**Hear, OH LORD, and answer me
for I am poor and needy.**

RESPECT LIFE
respect • love • protect

JOIN MEMBERS OF THE KNIGHTS OF
COLUMBUS

THIS THURSDAY EVENING,
JUNE 15, 2023 AT 7:00 PM AT
MARY MOTHER OF THE CHURCH
NEWTON, NH

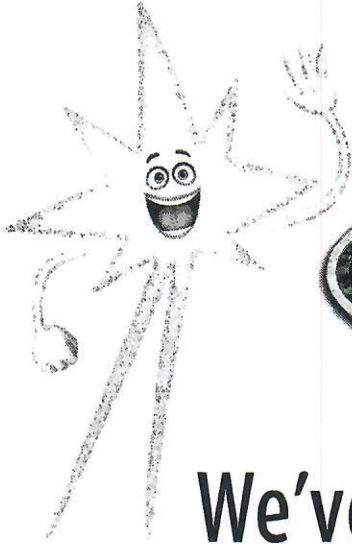
AS A GIFT FROM GOD, EVERY HUMAN LIFE IS
SACRED FROM
CONCEPTION TO NATURAL DEATH.

TOGETHER WE WILL PRAY AND DEDICATE
THE ROSARY FOR THE RESPECT FOR LIFE.

**KNIGHTS OF COLUMBUS
ST. JUDE COUNCIL #6617
WWW.KOFC6617.ORG**



NEED SOME SPACE?



We've got a Stellar spot for you!

New friends • Amazing experiments • Creative games
Super-fun snacks • Surprising adventures • Incredible music

Location: St. Luke the Evangelist Parish -Plaistow
(church name)

Save these dates: June 19-20-21-22-23
(VBS dates)

Each day's fun happens from: 9 AM- Noon
(daily start and end times)

For more information, call or visit: Joyce, 603 382 8324 -x303
(church phone number and web address)

Register online here: jszczapa@stluketheevangelist.net
(registration web address)

✠ PARISH MINISTRIES & INFORMATION ✠

JOIN THE CHOIR!

Why not join the Choir? We have lots of fun, work hard, and singing is a great way to worship! You don't have to know how to read music to join – come on down!

CONTEMPORARY CHOIR

The Contemporary Choir is always looking for new members. If you would like to sing with us or you can play an instrument, we would be overjoyed to have you join us! All ages and abilities are invited.

ALTAR SERVERS

We welcome any student who has celebrated their First Eucharist to become an **Altar Server**. Training typically begins with the new server being an “observer” until they are ready to function as servers. Parents – see Fr. Albert or call the Parish Office for more information at 382-8324.



READERS WANTED

Our Parish community is in need of new **READERS** for weekend and weekday Liturgies. Readers proclaim the readings and lead the Assembly in the General Intercessions on Sundays. A good heart and clear speaking voice are the only qualifications needed – all other training and materials are provided. Any adult or high school age student is welcome to become a **READER**. Anyone who is interested can see Father Albert. Prospective **READERS** can also call the Parish Office for more information at 382-8324.

GREETERS AND USHERS WANTED

Our Parish community is in need of **GREETERS** and **USHERS** to assist us at the weekend liturgies. **Greeters** are principally concerned with offering a welcome to all who come through the doors of our churches, distributing the weekly Bulletin and making guests feel part of our Parish. They also help designate people to bring up the gifts during the offertory. The ministry of **Usher** is also concerned with hospitality; helping with the collections at Mass, helping people who need handicap access to the church in Plaistow, and helping to designate people to bring up the gifts during the offertory. Couples or families are invited to serve together! Anyone who is interested can see Father Albert. Prospective **GREETERS** and **USHERS** can also call the Parish Office for more information at 382-8324.

ALTAR FLOWERS

Altar Flowers are a special opportunity for remembering a departed loved one or offering thanksgiving for a blessing or family event. A floral arrangement placed in front of the altar for the Sunday Liturgy can be purchased for an offering of \$85, with an accompanying announcement in the weekly bulletin. Availability is limited according to the Liturgical Calendar. Offerings can be reserved on a first-come basis by contacting the Parish Office at 382-8324.

HOSPITAL VISITATION

If you or someone you know is in the hospital and wants to receive a visit, please contact the parish office at 382-8324. If you or someone you know faces a hospital admission, make sure they know to inform the hospital that they are Catholic and are members of St. Luke the Evangelist Parish. If a person cannot make this information known at the time of admission, a family member may be able to make that information known to the hospital staff.

PRAYER LINE

St. Luke's offers a prayer line as a resource for those seeking prayer assistance. Submit your prayer request to csmith@stluketheevangelist.net or call 382-8324, ext. 314.

EXTRAORDINARY MINISTERS OF THE EUCHARIST

“Extraordinary ministers may distribute Holy Communion at Eucharistic celebrations only when there are no ordained ministers present or when those ordained ministers present at a liturgical celebration are truly unable to distribute Holy Communion....” (Instruction on Certain Questions Regarding the Collaboration of the Non-Ordained Faithful in the Sacred Minister of Priests. Extraordinary ministers are also used in order that the sick or homebound may receive communion with the frequency recommended in the revised rite for the *Pastoral Care of the Sick*.)

Extraordinary ministers are to be fully initiated Catholics (having received Baptism, Eucharist and Confirmation), be at least 16 years of age, and lead lives in harmony with the undertaking of this ministry, including participating in the sacramental life of the church. If married, a Minister must have been married validly in the Catholic Church. The Pastor, Parish staff, and the Pastoral Council assist in discerning parishioners to fulfill this ministry. For more information, see Fr. Albert.

ADULT FAITH FORMATION

THE MYSTERY OF GOD

Based on the film series presented by Bishop Robert Barron

As stated by WORD ON FIRE: "In *The Mystery of God: Who God Is and Why He Matters*, Bishop Robert Barron reaches into our rich intellectual tradition to teach us how. Using the insights of St. Augustine, St. Thomas Aquinas, Pope Benedict XVI, he uncovers a clear yet sophisticated understanding of what we mean by God."

If you are interested in joining a group for four weeks either on Wednesday mornings at 10 a.m., beginning June 28, or Wednesday evenings at 7 p.m., please cut the form off at the bottom and complete. Completed forms should be returned either in the collection basket or at the parish office no later than Monday, June 26. Any questions, contact Cathy Smith at csmith@stluketheevangelist.net or at 382-8324, Extension 305.

Both groups will meet in the Church Hall

THE MYSTERY OF GOD

Name _____

Phone _____

E-Mail _____

Cell Phone _____

Wednesday, June 28–July 19, at 10 a.m. _____

Wednesday, June 28–July 19, at 7 p.m. _____

What are...

Extraordinary Ministers of the Eucharist

*Bishop Thomas J. Tobin
Diocese of Youngstown in Ohio*

THEOLOGICAL/HISTORICAL PERSPECTIVE

In 1971 extraordinary ministers of the Eucharist were first permitted in the United States. At that time the Congregation of the Sacraments responded to a request of the American bishops to allow laypersons to assist priests in giving Holy Communion.

In January 1973, Pope Paul VI, in the instruction "Immensae Caritatis," extended this permission to the universal Church. He wrote: "Present-day conditions demand that greater access to Holy Communion should be made possible so that the faithful, by sharing more fully in the fruits of the sacrifice of the Mass, might dedicate themselves more readily and effectively to God and to the good of the Church. First of all, provision must be made lest reception become impossible or difficult owing to a lack of a sufficient number of ministers."

The institution of this ministry responds to the condition in the Church today whereby Catholics are encouraged to share in communion at every Eucharist in which they participate, and under both species, and the large number of persons who are coming forward to partake of the body and blood of Christ.

In any parish, qualified persons who have been nominated for service as extraordinary ministers of the Eucharist must receive mandate from the Diocesan bishop. The pastor forwards the names of the persons to the bishop asking that they be named for service as extraordinary ministers. This requirement distinguishes the extraordinary minister of the Eucharist from other liturgical ministers and emphasizes the extraordinary nature of this ministry.

Extraordinary ministers are commissioned to function within their own parish for a period of three years. The commission expires after three years or if the person moves away from his or her parish. The commission is

renewable by again requesting the endorsement from the bishop. Commissioning should take place during a parish celebration according to the rite provided in the Book of Blessings. The commission may be revoked by the pastor if the individual no longer fulfills the requirements for this ministry established below.

RESPONSIBILITY/PURPOSE

"Extraordinary ministers may distribute Holy Communion at Eucharistic celebrations only when there are no ordained ministers present or when those ordained ministers present at a liturgical celebration are truly unable to distribute Holy Communion. They may also exercise this function at Eucharistic celebrations where there are particularly large numbers of the faithful and which would be excessively prolonged because of an insufficient number of ordained ministers to distribute Holy Communion." (Instruction on Certain Questions Regarding the Collaboration of the Non-Ordained Faithful in the Sacred Ministry of Priests)

Extraordinary ministers are also used in order that the sick or homebound may receive communion with the frequency recommended in the revised rite for the *Pastoral Care of the Sick*. Any person who regularly takes communion to the sick is to be trained and commissioned. An individual may be commissioned for only this aspect of the ministry or may perform this service within the Eucharistic assembly. To establish the connection between the Sunday assembly and the homebound and sick of the parish, extraordinary ministers ideally are sent from the Sunday celebration of the Eucharist to take communion to them.

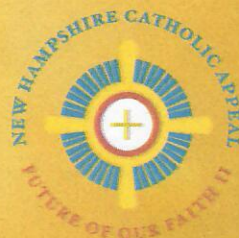
SELECTION/DISCERNMENT

Extraordinary ministers are to be fully initiated Catholics (having received Baptism, Eucharist & Confirmation, be at least 16 years of age, and lead lives in harmony with the undertaking of this ministry including participating in the sacramental life of the Church. If married, a Minister must have been married validly in the Catholic Church. The Pastor, Parish staff, and Pastoral Council assist in discerning parishioners to fulfill this ministry.

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2023 NEW HAMPSHIRE CATHOLIC APPEAL

FUTURE OF OUR FAITH II: *Many Parts, One Body*



Make Your Gift Today!

WWW.CATHOLICNH.ORG/NHCA

A gift to the New Hampshire Catholic Appeal: Future of Our Faith II will enable the Catholic Church in New Hampshire to meet the increasing needs of parishes, Catholic schools, retired clergy, seminarians and much more. Each dollar is carefully stewarded to provide the maximum cost effectiveness for our ministries.

Your gift supports these essential ministries that keep our faith thriving in New Hampshire

- Increasing and supporting vocations (seminarian education, formation, and support of the permanent diaconate)
- Making Catholic education affordable, accessible, and available to all who desire it
- Catholic Charities New Hampshire
- Caring for our retired clergy
- Vibrant parishes
- Evangelization and catechesis at home with *Parable* magazine
- Missionaries abroad and multicultural ministry in New Hampshire



Learn more or donate online!

"We are building upon our first Future of our Faith campaign from 1995 with this annual diocesan-wide appeal which will fund vital ministries of our Church. By consolidating many Catholic collections, appeals, and causes into this one appeal effort, we move forward as **one Church; one body in Christ**. With your help, the NHCA will provide these ministries with the resources needed to carry out their important missions."

— Most Reverend Peter A. Libasci, D.D.
Tenth Bishop of Manchester





A gift to the New Hampshire Catholic Appeal: Future of Our Faith II will enable the Catholic Church in New Hampshire to meet the increasing needs of parishes, Catholic schools, retired clergy, seminarians and much more. Each dollar is carefully stewarded to provide the maximum cost effectiveness for our ministries.

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- Vibrant parishes
- Evangelization and catechesis at home with *Parable* magazine
- Missionaries abroad and multicultural ministry in New Hampshire

WAYS TO GIVE

Make Your Gift Online

www.catholicnh.org/NHCA

Make a one-time gift, pledge, or give a monthly recurring gift using a credit or debit card.



Pay by Cash or Check

Make your check payable to the **New Hampshire Catholic Appeal** and mail to:
New Hampshire Catholic Appeal
P.O. Box 5456 Manchester, NH 03108

Check pledges will receive monthly reminders.
All pledges will be a maximum of 10 months and should be paid in full by March 31, 2024.

➔ **Saint Luke the Evangelist Parish goal is \$46,740.00**

➔ **Gifts to Catholic Charities NH separately do not count toward the Catholic Appeal Parish Goal.**

Securities/Stocks, IRAs, Donor Advised Funds and Bequests

We are grateful for your consideration of these types of important gifts. Please call the Development Office for more information on how to plan your gift at 603-663-0136. Please consult your legal representative or tax advisor first to maximize your benefit.



Bringing Home the Word

The Most Holy Body and Blood of Christ (Corpus Christi) (A)

June 11, 2023

Take and Eat

Sr. Dianne Bergant, CSA

Many of us are little different from the Jewish crowds who cried out: “How can this man give us [his] flesh to eat?” (John 6:52). Jesus does not explain how the bread was really his flesh. What he did was underscore the importance of eating this bread, which was his flesh. He then goes on and insists that we must drink his blood as well. If these were hard sayings for the people of Israel, who in their ancient past might have shared the flesh and blood of a sacrificed animal, what are we “sophisticated” contemporary Christians to make of it?

The people of Jesus’ time would have recognized several elements from their traditions in Jesus’ discourse, but his reinterpretation of them would have startled them. Like the victim of an ancient holocaust offering, Jesus’ blood is shed. However, it is not poured around the altar; it is to be consumed. Bread from heaven recalled the manna that fed their ancestors in the wilderness. However, the manna lasted for only a day; it then rotted. The bread Jesus gives is living bread that enables those who eat it to live forever. This is a lot to believe. But then, that is exactly what we are asked to do. We might have correct theological language to explain how this transformation takes place, but we still will not understand the mystery to which it points. So what are we to do? Very simply: take and eat! †

A Word from Pope Francis

It is the Church that makes the Eucharist, but it is more fundamental that the Eucharist makes the Church.... This is the mystery of communion, of the Eucharist: receiving Jesus so He may transform us from within, and receiving Jesus so that He may create unity in us and not division.

ANGELUS, ROME, JUNE 14, 2020



Sunday Readings

Deuteronomy 8:2–3, 14b–16a

He...let you be afflicted with hunger, and then fed you with manna, a food unknown to you and your fathers.

1 Corinthians 10:16–17

We, though many, are one body, for we all partake of the one loaf.

John 6:51–58

[Jesus said,] “Unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you.”

*The bread Jesus gives
is living bread that
enables those who eat it
to live forever.*



REFLECTION QUESTIONS



- What or who nourishes my best self?
- Am I tempted, enslaved, or weakened by less-satisfying “foods”?

We Are What We Eat

Paige Byrne Shortal

Let's play a game. Can you name the homograph (same word, different meaning) for each of the following: the sound a dog makes and the outside of a tree; opposite of heavy or opposite of dark; building where money is kept or the sides of a river; when somebody goes away or parts of a tree; a place for stray animals or sixteen ounces.

If you answered, "bark, light, bank, leaves, pound," you win!

What if I asked for the homographic phrase for Consecrated Bread or Christian Community?

That's right, it's "Body of Christ." Jesus uses the same word, "Body"—*soma* in Greek—when he takes bread and states, "This is my body." St. Paul also uses *soma* in his letter to the Corinthians: "Now you are the Body of Christ...."

The bark of a tree and a dog's bark are coincidental homographs. They aren't related to each other. Not so with *soma*. Without the Body of Christ as the Eucharistic Bread, there is no Body of Christ as Community. And without the Community there is no Eucharist. Each is dependent on the other.

When we emphasize the Body of Christ as the Eucharistic Bread or Blessed Sacrament, we have what is called a "high" theology, Christology, and ecclesiology. [Theology: study



of God (*theos*); Christology: study of Christ; ecclesiology: study of the church (*ekklesia*).] This "vertical spirituality" celebrates the awesomeness of God; the majestic Christ who is King of all Creation; a glorious Church that transcends this world.

When we emphasize the Body of Christ as Community, we are engaged in "low" theology, Christology and ecclesiology, and a "horizontal spirituality." God is near; Jesus is our brother who walks with us; the Church is fully engaged in the suffering of this world.

Never imagine that you must choose. Both are equally true. We are, literally, what we eat. We consume and venerate the Real Presence, the Body of Christ in the Eucharist so that we can be the Body of Christ as Community, present as Christ in this World. †

**Without the Body of Christ as the Eucharistic Bread,
there is no Body of Christ as Community.**

What is Spiritual Communion?

Fr. Richard N. Fragomeni

Spiritual Communion is a form of yearning for communion with Christ when sacramental Communion is not possible due to illness, infirmity, or other factors. A Roman Catholic, or any Christian for that matter, who has a desire for union with Christ and who wishes a Spiritual Communion with the Lord should pause for a moment of recollection to remember and give thanks for the love Jesus revealed to us. Then pray, either a spontaneous prayer or this prayer, written by St. Alphonsus Ligouri:

"My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you." †



*God of abundance,
give us the grace to humbly and
gratefully receive the Eucharist
as our food for eternal life.
We pray in Jesus' name. Amen.*

The Redemptorists

WEEKDAY READINGS

June 12–17

Monday, Weekday:

2 Cor 1:1–7 / Mt 5:1–12

Tuesday, St. Anthony of Padua:

2 Cor 1:18–22 / Mt 5:13–16

Wednesday, Weekday:

2 Cor 3:4–11 / Mt 5:17–19


Thursday, Weekday:

2 Cor 3:15–4:1, 3–6 / Mt 5:20–26

Friday, Most Sacred Heart of Jesus:

Dt 7:6–11 / 1 Jn 4:7–16 / Mt 11:25–30

Saturday, Immaculate Heart of the Blessed Virgin Mary: 2 Cor 5:14–21 / Lk 2:41–51

Bringing Home
the Word 

June 11, 2023

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