	MUSIC FOR THE LITURGY		
	Sunday, June 4, 2023 The Most Holy Trinity		
4:00 PM 8:00 AM 10:00 AM			
Gathering:	I Sing The Mighty Power Of God BB 431		
Responsorial Psalm (Psalm 103)			
	Loving and forgiving are you, O Lord; slow to anger, rich in kindness, loving and forgiving are you.		
Preparation	Ubi Caritas BB 483		
Mass Parts	Mass Of Creation		
Communion:	In The Breaking Of The Bread BB 321		
Recessional:	Holy, Holy, Holy BB 213		



Out of respect for the Lord and in consideration of fellow parishioners, please remember to silence or turn off your cell phones during Mass. Thank you!

PLEASE HELP US!

As you leave church, kindly take your Bulletin with you - or return it to the basket at the entrance of the Church, return your music book and Mass card to their proper place, and pick up after yourself as you leave.



St. Luke the Evangelist is now on Facebook! Go to www.facebook.com/stlukenh.org/ or St. Luke the Evangelist **Parish – Newton/Plaistow** and give us a Like! Please invite fellow parishioners & friends to do the same.

Suggested Weekly Contribution Based on Income					
Annual Income	5% Commitment annually/ weekly	3% Commitment annually/ weekly			
\$100,000	\$5,000/ \$100	\$3,000/\$60			
\$75,000	\$3,750/\$75	\$2,250/\$45			
\$60,000	\$3,000/\$60	\$1,800/\$36			
\$50,000	\$2,500/\$50	\$1,500/\$30			

\$2,000/\$40

\$1,500/\$30

\$1,250/\$25

\$750/\$15

Our Parish needs to take in \$9700.00 each week in order to make ends meet. This amount represents an adjusted budget offertory of \$8500.00 per week plus the combination of budgeted Property and Fuel second collections (\$4800.00 per month divided into 4 weeks or \$1200.00 weekly). Your weekly contribution helps ensure that the Parish remains a vibrant community. Please remember to submit your weekly gift even if you will be away. Consider signing up for electronic giving (see below). Especially in these trying times, your Parish depends on your responsible stewardship and support!

930.00
6,385.62
1,690.17

COLLECTION AMOUNTS FOR MAY 28, 2023 WILL APPEAR IN NEXT WEEK'S BULLETIN



Saint Luke the Evangelist Parish uses **Parish Giving** to provide parishioners with an opportunity to make your offertory and other contributions through Electronic Funds Transfer (EFT). Parish Giving is a simple, secure, and convenient way to manage your stewardship without weekly envelopes and without worries. This program is available to parishioners at no cost. Log on to the St. Luke the Evangelist Parish website at <u>http://stlukenh.org</u>, click on the Parish Giving logo, and follow the easy registration instructions.

UPCOMING SECOND COLLECTION		
June 4	Property Management	
June 11	No Second Collection	
June 18	Fuel	

Suggested Weekly Contribution Based on a Percentage Increase				
Your Current Offertory Contribution	25% Increase	30% Increase	40% Increase	
\$75.00	\$93.75	\$97.50	\$105.00	
\$50.00	\$62.50	\$65.00	\$70.00	
\$40.00	\$50.00	\$52.00	\$56.00	
\$35.00	\$43.75	\$45.50	\$49.00	
\$30.00	\$37.50	\$39.00	\$42.00	
\$25.00	\$31.25	\$32.50	\$35.00	
\$20.00	\$25.00	\$26.00	\$28.00	
\$15.00	\$18.70	\$19.50	\$21.00	
\$10.00	\$12.50	\$13.00	\$14.00	
\$5.00	\$6.25	\$6.50	\$7.00	

\$40,000

\$30,000

\$25,000

\$15,000

\$1,200/\$24

\$900/\$18

\$750/\$15

\$450/\$9

✤ PARISH NEWS ♣

NEW HAMPSHIRE CATHOLIC APPEAL

Thank you on behalf of Saint Luke the Evangelist Parish for making a donation to the New Hampshire Catholic Appeal. If you have not made a donation to the Appeal, You can do so by filling out a donation envelope found in the pews or at the church entrance. You can make an online gift by visiting <u>www.catholicnh.org/about/get-nvolved/giving/nhca/</u>. You can also use your smartphone with the QR code below.

Our Parish target is \$46,740.00. Thank you again for your support of our NH Catholic community and these important diocesan ministries.



VACATION BIBLE SCHOOL MEETING AND REGISTRATION

On **Sunday, June 4 and Sunday, June 11** following the 10:00 AM Mass, parents and volunteers are invited to attend information meetings in the Plaistow Church Hall. Come and see an exciting preview of our Stellar Vacation Bible School 2023!!!!

CATHOLIC CHARITIES NH ONLINE SUPPORT GROUP – SURVIVING SEPARATION OR DIVORCE

Are you struggling with life changes, isolation, and difficulties resulting from separation or divorce? Catholic Charities NH is hosting a five-week online support group called "Surviving Divorce and Separation." This group is designed for individuals who are facing new realities during or after separation or divorce. You will have the opportunity to both receive and offer support to others experiencing similar situations, and together, discover that you are not alone. Sessions are held on Wednesdays from 5:30-6:30 p.m. via Zoom. To learn more or to register, please visit www.ccnh.org/separation.

BLESSING OF FATHERS

A special blessing of fathers will be given at all Masses on the weekend of **Father's Day, June 18, 2023**.



MEN OF ST. JOSEPH

Our ministry aims to emulate St. Joseph and become better husbands, fathers, sons and brothers. There are no dues and the Men of St. Joseph do not participate in projects or other volunteer efforts as a group, but instead, gather together for sharing among men to help them be a better person, a better family man, and a better member of the Church. Join us on Saturday morning, **June 17, 2023 from 8:00 to 9:00 AM** in the parish hall on the Plaistow campus.



MARRIAGE IN THE CHURCH Did you know that ALL Catholics are required to be married in the Church as a condition of the validity of their marriage?

Any Catholic married in a civil ceremony (JP) or in any religious ceremony other than a Catholic one (unless specifically excepted by the Bishop) is not living out the Sacrament of Marriage in its fullness according to the teaching of the Church. Contact Fr. Albert at the parish office for more information.

RETROUVAILLE A Lifeline For Married Couples

Retrouvaille (pronounced Retro-vi) means rediscovery in French. This program helps couples put their broken pieces back together and rediscover their love for each other. This program starts with a weekend which teaches couples a new form of communication called Dialogue and lets couples know that they are not alone. Our next Retrouvaille weekends are June 9-11, 2023, August 18-29, 2023, and November 10-11, 2023. For more information, email <u>3023@helpourmarriage.org</u>.

WHILE AWAY THIS SPRING...

We appreciate all of you who remember to send in your Parish Offertory during the Spring even when on vacation or visiting other parishes. Thank you for remembering that our expenses also continue through the Spring months. We invite others to consider doing the same before or even after you return home.

Plaistow

 Sunday, June 4

 11:00 AM
 Vacation Bible School Meeting

 Monday, June 5

 7:00 PM
 Knights of Columbus Meeting
 Plaistow

<u>Wednesday, June 7</u> Holy Angels Church Open All Day For Prayer

Thursday, June 88:30 AM – 8:30 PMEucharistic AdorationNewton

Saturday, June 103:00 PMSacrament of ReconciliationPlaistow

<u>Sunday, June 11</u>

11:00 AM Vacation Bible School Meeting **Plaistow**

RESTROOM BREAKS DURING MASS

Attention Parents

Please be sure to accompany your young children when they need to use the restroom during Mass. This is for their safety and your peace of mind!

PRAYER LINE

St. Luke's offers a prayer line as a resource for those seeking prayer assistance. To submit your prayer request please call Cathy Smith at 603-382-8324, ext. 314 or email her at csmith@stluketheevangelist.net.

BUSTED HALO

Busted Halo is a unique media resource sponsored by the Paulist Fathers of the US that utilizes a relevant and accessible voice to help people understand the Catholic faith, put it into practice in their everyday lives, and share it with others. Check out their site, podcasts and videos at <u>www.bustedhalo.com</u>.

THE GOD MINUTE

Every morning a small group of priests, religious, and lay people start their day in prayer. Soft music, sacred scripture, and a thoughtful reflection are weaved into a 10-minute prayer called "The God Minute." It's then uploaded for you to access and pray along with us on your own time. And it's free. Listen with your coffee in the morning, while driving to work, or taking a walk. See how easy and beautiful prayer can be! www.thegodminute.org

MASS INTENTIONS

Saturday, June 3 ~ Vigil of The Most Holy Trinity Ex 34:4b-6, 8-9; 2 Cor 13:11-13; Jn 3:16-18 (Vigil) 4:00 PM Katherine Fitzpatrick by her children Plaistow Sunday, June 4 ~ The Most Holy Trinity Ex 34:4b-6, 8-9; 2 Cor 13:11-13; Jn 3:16-18 8:00 AM Doreen Burge by the Burge family Newton 10:00 AM Michael and Bryan Lyons by Gerard Lyons Plaistow Monday, June 5 ~ Boniface, Bishop and Martyr Tb 1:3. 2:1b-8: Mk 12:1-12 8:00 AM Deceased Members of the Nesti family by Barbara Metcalf Newton Tuesday, June 6 ~ Norbert, Bishop Tb 2:9-14; Mk 12:13-17 8:00 AM Adelaide Sullivan by Jackie Tremblay Plaistow Wednesday, June 7 ~ Weekday Tb 3:1-11a. 16-176a: Mk 12:18-27 6:30 PM Christine Rychlik by Jack and Barbara Brotz Plaistow Thursday, June 8 ~ Weekday Tb 6:10-11. 7:1bcde; 9-17, 8:4-9a; Mk 12:28-34 8:00 PM Suzanne O'Hanlon (Month's Mind) Newton Friday, June 9 ~ Ephrem, Deacon and Doctor of the Church Tb 11:5-17: Mk 12:35-37 No Mass Saturday, June 10 ~ Weekday Tb 12:1, 5-15, 20; Mk 12:38-44 (Day) Dt 8:2-3, 14b-16a; 1 Cor 10:16-17; Jn 6:51-58 (Vigil) 4:00 PM Robert Holt by Bonnie Lajoie Plaistow Sunday, June 11 ~ Most Holy Body And Blood Of Christ Dt 8:2-3, 14b-16a; 1 Cor 10:16-17; Jn 6:51-58 8:00 AM Thomas Antczak by the Burge family Newton 10:00 AM Eva, Raymond, Stephen and Elaine Huberdeau by their family Plaistow



SAINT LUKE THE EVANGELIST PARISH

Grief Share Support Group meets on Mondays beginning May 22 at 6:30 PM. Meetings are held at the Parish Office at 8 Atkinson Depot Rd., Plaistow.

Call 603.382-8324 for information.

PROJECT RACHEL MINISTRY

If you or someone you know is suffering after abortion, confidential, non-judgmental help is available. Call 6034-663-0192 or email <u>ProjectRachel@rcbm.org</u>.

FOR OUR RECORDS

We need your help to keep our records current. If there are any births, deaths, marriages, moves, or address changes in your family, please notify the Parish Office at 603-382-8324 or by email at <u>itremblay@stluketheevangelist.net</u>. If you're new to our parish, registration forms are available at the entrances of both churches. Registration forms can also be found on our website at <u>http://stlukenh.org</u>.

SUPPORT OUR ADVERTISERS

We appreciate the support of our bulletin by our Advertisers. Please be sure to support our advertisers by calling them first! If you have a business and would like to place an ad in our bulletin, call 1-800-333-3166.

COLLECTION COUNTERS NEEDED

We are looking for a few good people to help us with one of our "hidden ministries," the counting of our Parish collections. Volunteers are needed to help count and document collections each week. The counts are usually done on Monday mornings from 9:00 - 10:30and occasionally on a Tuesday morning when holidays occur. If you think that you might enjoy the company of this dedicated group while sharing in this important ministry, please speak to Fr. Albert for more information.

PARISH OFFICE CLOSED

The Parish Office will be closed on **Tuesday**, **June 13**. The office will reopen at 8:30 AM on Wednesday, June 14.



The Vigil Light in front of the Blessed Mother icon at Mary Mother of the Church will burn this week in loving memory of

Doreen Burge by the Burge family

EUCHARISTIC ADORATION

We are truly blessed to have times for Adoration of Our Lord in our Parish. This time of prayer and intercession is not only a source of great grace for the individual, but it is a great source of grace for us as a parish family, as well.

We have many who have made the commitment to spend an hour each week with our Eucharistic Lord, **but** we need more people so there will be at least two people at each hour. We are also looking for people who would be able to substitute.

Newton – Thursday 8:30 AM – 8:30 PM

If you can commit to one hour a week in Adoration of our Lord, or if you can be a substitute, please contact Cathy Smith at 603-382-8324, ext. 305 or email her at csmith@stluketheevangelist.net.

The Church in Plaistow is open all day on Wednesdays for people to stop by and pray before the presence of Jesus in the tabernacle.

Parish Office Parish Prayer Line St. Vincent de Paul Society St. Luke's Food Pantry Preschool Presentation of Mary Convent 603-382-8324 603-382-8324 x 314 603-382-8324 x 315 603-819-4949 603-382-9783 603-382-2744

Fr. Albert Tremblay Cathy Smith Joyce Szczapa Jackie Tremblay Val Barczak

Parish Council

fr.albert@stluketheevangelist.net <u>csmith@stluketheevangelist.net</u> jszczapa@stluketheevangelist.net jtremblay@stluketheevangelist.net mvmbarczak@comcast.net parishcouncil@stluketheevangelist.net

St. Luke, Newton-Plaistow, NH



SAINT JUDE KNIGHTS OF COLUMBUS MONTHLY FOOD DRIVE

The Knights of Columbus of our Parish are sponsoring a monthly food drive to support the Saint Luke the Evangelist Food Pantry. A list of items needed, along with a paper shopping bag, will be distributed at the end

of Masses on the 3rd weekend of each month to those who wish to participate. We ask that you bring back the nonperishable food items the following weekend (4th weekend of the month). You are also welcome to drop off donations at the Parish Office during normal business hours or at one our Parish churches. Monetary donations are also welcome (make checks payable to Saint Luke Food Pantry), or gift cards to local supermarkets. Thank you for reaching out to help families in our community who need assistance. The Knights and the Food Pantry appreciate your generosity and support.

ALCOHOLICS ANONYMOUS

A Men's AA Step Meeting is being on Sunday mornings from 7:00 to 8:00 AM at the St. Luke the Evangelist Parish Hall in Plaistow, NH (Holy Angels). Bring your own coffee. For more information, call 617-921-9899.



Your "Dropped Dollar" Hard At Work

Thank you for your continued support of the St. Vincent de Paul Society! Please know that your "dropped dollars" are being used wisely to help the poor in our area. Your generosity does not go unnoticed.

Drop-a-Dollar in the St. Vincent de Paul box on your way out of church. Remember ~ 100% of your donation is used to help those who need a hand up, not a handout.

Our next meeting on **Wednesday**, **June 21 at 7:00 PM**. We meet downstairs in the Church Hall in Plaistow. **New members are always welcome!**

If you seek assistance or need information about the St. Vincent de Paul Society, call 603-382-8324 x315.

Hear, OH LORD, and answer me for I am poor and needy.

CURSILLO

If you have a desire to know Jesus more closely, a Cursillo is for you. The Cursillo weekend is a short course in Christianity. The purpose of the weekend is to facilitate a meaningful personal encounter with Christ and his body, the Church. The three day weekend is also the bridge connecting the faithful with the supportive post-Cursillo community, where we live our faith joyfully with our fellow Christians. Cursillo weekends are being offered at the Sato Center in Hookset, NH. To find out more, contact Mark Collopy at 603-833-7341 or explore www.nhcursillo.org.

CAMPS BERNADETTE AND FATIMA

Located in the Lakes Region of New Hampshire, the Diocese of Manchester's camps provide opportunities for children between the ages of five and fifteen years old to develop personally and grow spiritually. Families searching for meaningful summer activities choose Bernadette and Fatima for their traditional summer camp experiences within a Catholic environment. Campers spend two weeks living in cabins while enjoying the lake, competing in sporting events, conquering the ropes courses, and participating in faith formation activities and the sacraments. This unique programming enables campers to have fun and grow in faith, confidence, and friendship. To learn more, contact Andrew Thibault at 603-931-5500, ext. 114 or Andrew@bfcamp.com.



DO SOMETHING GOOD WITH US

The Knights of Columbus are a vital and vibrant part of St Luke the Evangelist Parish. We welcome any practicing Catholic man, 18 or older, to join the Knights. We are sons, fathers, husbands and grandfathers, whose main purpose is charitable works in support of our parish and community. Where there is a need, there is a Knight.

Joining is simple – talk to a brother Knight, contact Dan Sullivan at 603-770-4803, email him at <u>dans49@comcast.net</u> or you can now join online: <u>www.kofc.org/joinus</u>

KNIGHTS OF COLUMBUS ST. JUDE COUNCIL #6617 WWW.KOFC6617.ORG





ADULT FAITH FORMATION THE MYSTERY OF GOD

Based on the film series presented by Bishop Robert Barron

As stated by WORD ON FIRE: "In The Mystery of God: Who God Is and Why He Matters, Bishop Robert Barron reaches into our rich intellectual tradition to teach us how. Using the insights of St. Augustine, St. Thomas Aquinas, Pope Benedict XVI, he uncovers a clear yet sophisticated understanding of what we mean by God."

If you are interested in joining a group for four weeks either on Wednesday mornings at 10 a.m., beginning June 28, or Wednesday evenings at 7 p.m., please cut the form off at the bottom and complete. Completed forms should be returned either in the collection basket or at the parish office no later than Monday, June 26. Any questions, contact Cathy Smith at <u>csmith@stluketheevangelist.net</u> or at 382-8324, Extension 305.

Both groups will meet in the Church Hall

THE MYSTERY OF GOD

Name	Phone
E-Mail	Cell Phone

Wednesday, June 28–July 19, at 10 a.m. _____ Wednesday, June 28–July 19, at 7 p.m. _____

SAINT LUKE PARISH AND THE NEW HAMPSHIRE CATHOLIC APPEAL FREQUENTLY ASKED QUESTIONS

What is the New Hampshire Catholic Appeal: Future of our Faith II?

The New Hampshire Catholic Appeal (NHCA) is a combined campaign and fundraising effort with the parishes and ministries of the Church in New Hampshire.

What ministries and needs will be included in the New Hampshire Catholic Appeal?

The following will be funded by the NHCA:

- Catholic Education and Catholic Schools
- Seminarians, Deacons, and Vocations
- Priest Retirement
- Parable magazine
- Parish needs (Parish to Parish Support Fund and individual parish support)
- Missionaries abroad and multicultural ministry in N.H.
- Catholic University of America and the United States Conference of Catholic Bishops
- Catholic Charities NH

Many of these needs and ministries were previously funded through second collections. These second collections have been eliminated or consolidated into the NHCA. Parishioners can still give to any of these causes and programs separately, though it does not count towards the overall NHCA Parish goal.

→ Gifts to Catholic Charities NH separately <u>do not</u> count toward the Catholic Appeal Parish Goal.

Saint Luke the Evangelist Parish goal is \$46,740.00

How are the goals for each parish determined?

The parish NHCA goal is calculated as 10% of the parish average assessable income over the last three fiscal years. Due to Covid concerns, we excluded fiscal year 2020 from the calculation. This year's calculation was 10% of the average assessable income for fiscal years 2022, 2021, and 2019. The goal formula will be reviewed after the 2023 appeal cycle.

If the parish goal is exceeded, does the parish get to keep the amount raised over the goal?

Yes. The NHCA will allow parishes to keep 100% of their revenue over their set goal for the first three years of the appeal. In June 2024, the Diocese will assess whether or not this has been successful or may need adjustments.

What happens if a parish does not make their goal?

If a parish does not reach its goal, it will be assessed (billed) the remainder.

Why should I give to the New Hampshire Catholic Appeal if I already give to my parish?

Your participation helps the entire Church in New Hampshire where the needs are the greatest – recruiting new priests, evangelization, the vulnerable, and more. Your support makes these ministries possible that no one parish could support on its own. Your gift demonstrates your commitment to the greater Church. We are many parts in the Diocese of Manchester but one body in Christ with a common mission.

Does my parish have to support the NHCA?

Yes. Each parish in the diocese has a set goal which represents the parish share of the total Appeal. A good faith effort is requested of all parishes. Additionally, individual parishes can benefit significantly by retaining any funds raised over their set goal; administering fewer second collections; and parishes will see a reduction in fees and administrative costs (assessments) paid to the Diocese.

How much should I give?

Charitable giving reflects our Christian stewardship of treasure. Giving back to God, either through contributions to your parish, the New Hampshire Catholic Appeal, or other worthwhile charities, should require a sacrifice, one that recognizes God's generosity to us individually. Therefore, your gift is a personal decision between you and God and should be made after careful reflection. Please consider the dollars you have donated in the past to the six discontinued 2nd collections plus the Catholic Charities NH special collection and the *Parable* magazine drive to help you determine how much to give. The pledge and recurring gift option may make this amount feasible.

Should I make a pledge, recurring gift, or a one-time gift?

Making a pledge or a recurring gift allows you to spread your gift over several months, which may make it easier for you to budget, and may also allow you to give a larger gift.

How Should I Give?

There are many ways that you can give to the New Hampshire Catholic Appeal.

- Donate online with credit/debit card.
- Pledge submit your pledge (through the gift envelope, or online)
 All check pledges will receive a monthly reminder.
- Recurring Gift set up a monthly recurring gift (through the gift envelope, or online)
- Check make checks payable to the New Hampshire Catholic Appeal.
- Cash may be sent in using the gift envelope, but we encourage check or credit card.
- Donate stock call (603) 663-0136 for broker instructions.
- Donate through your IRA contact your IRA administrator and have your gift sent directly to the Office
 of Development and Communications at 153 Ash Street, Manchester, NH 03104 include your name,
 and the parish you want the gift credit to go towards.

Can Saint Luke parishioners donate using our online giving platform used for parish offertories?

No. At this time, Saint Luke the Evangelist Parish electronic giving is not connected to the NH Catholic Appeal. This is because of the complications of reporting to the Diocese and the tax-deductible reporting that must be done for all donations.



Three in One, or One in Three?

Sr. Dianne Bergant, CSA

When we limit our reflection on the Trinity to numbers, our thinking takes us far from the reality of God. The characterizations of an old man, a younger man, and a dove do not help much, either. However, these are attempts to somehow talk about the mystery of all mysteries. We cannot adequately conceptualize or characterize God, but we try. Each reading today makes its own attempt.

Sunday Readings

Exodus 34:4b-6, 8-9

[Moses said,] "Pardon our wickedness and sins, and claim us as your own."

2 Corinthians 13:11-13

Mend your ways, encourage one another, agree with one another, live in peace, and the God of love and peace will be with you.

John 3:16–18

God did not send his Son into the world to condemn the world, but that the world might be saved through him. In the Exodus passage, God actually describes God's own self: "gracious and merciful, slow to anger and abounding in love and fidelity" (Exodus 34:6). The Gospel passage tells us how these divine features play out in our lives: "God so loved the world that he gave his only Son" (John 3:16). This Son is God in the flesh. What greater love can there be? The prayer in Paul's letter seems to scoop us up like an adoring parent would into the embrace of the Trinity: "The grace of the Lord Jesus Christ and the love of God and the fellowship of the holy Spirit be with all of you" (2 Corinthians 13:13).

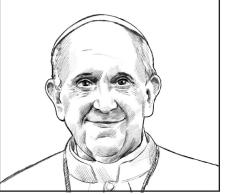
Theologians say each person of the Trinity interacts with us in a way unique to each person. Though different, each way is an expression of self-emptying love. The only response required of us is openness to that love. God only asks that we accept that love and allow it to transform us. Then we will be the living example of the Trinity's love for all. *****

The only response required of us is openness to the love of each person of the Trinity.

A Word from Pope Francis

The Trinity is...Love, wholly at the service of the world, which He wishes to save and re-create. And today, thinking of God the Father, Son and Holy Spirit, we think of God's love! And it would be beautiful if we felt that we were loved: "God loves me!" This is today's sentiment.

ANGELUS, ROME, JUNE 7, 2020





- Which person of the Trinity do I most easily relate to the Father, Son, or Holy Spirit?
- Why?

The Fresh Idea of the Most Holy Trinity

Paige Byrne Shortal



Here's a bit of wisdom from Beth Gutcheon's novel *The New Girls*: "The real challenge in a changing world is not to recognize the outmoded, but to preserve that which remains valid."

The desire to throw out the old and embrace the new is not unique to any culture or generation. The difference today is that the new becomes old so fast.

A few years ago I interviewed a bride about the music she wanted at her wedding. She said she just wanted "traditional music." Fortunately, I had the presence of mind to ask her what she thought of as "traditional." "Oh, you know," she replied, "like *Glory and Praise* to Our God and One Bread, One Body." As the composers of these songs were my friends and I had sung on the album that introduced their music to the public, I suddenly felt old. (By the way, "albums" were like big CDs and you could play both sides.)

Is the Most Holy Trinity an outmoded idea? Arius thought so. He was a fourthcentury theologian who denied the divinity of Christ and therefore the idea of the Trinity. He was also a talented musician and wrote clever songs with lyrics that proclaimed "there was a time when the Son was not." This may not sound too catchy to the modern ear, but thousands of Christians began to sing these songs, and St. Athanasius and St. John Chrysostom wrote other hymns to counter the effect of Arius' heretical proclamations.

In the liturgy we proclaim that Father, Son, and Holy Spirit are three persons in one Godhead. It's a difficult idea to grasp, and great minds have wrestled with it for centuries, but the doctrine is preserved in how we pray. Our prayer is always offered to the Father, through the Son, and in the Holy Spirit, or in other words, it is God within us (Spirit) talking through God (the Son) to God (the Father/Creator). **†**

Ways to Honor the Trinity

Fr. Leonard Foley, OFM

- 1. Embrace the greatest commandment: love the triune God "with all your heart, with all your soul, and with all your mind" (Mt 22:37), and the second most important commandment, to "love your neighbor as yourself" (22:39).
- Say the Trinitarian prayer often:
 "Glory be to the Father, and to the Son, and to the Holy Spirit...."
- 3. Honor God the Father by our generosity, imitating the First Person's self-communicating love: "God so loved the world that he gave his only Son" (Jn 3:16).
- 4. Honor God the Son by imitating the healing and evangelizing ministry of Jesus, who was God's missionary.
- 5. Honor God the Holy Spirit by seeking to build up God's kingdom and witnessing to Jesus' saving love wherever we go: "When the holy Spirit comes upon you, ...you will be my witnesses in Jerusalem, throughout Judea and Samaria, and to the ends of the earth" (Acts 1:8). *



God of all—Father, Son, and Holy Spirit—inspire us to live in loving relationship with each other that the world may know peace and harmony, we pray. Amen.

The Redemptorists

The doctrine of the Trinity is preserved in the way that we pray. We offer prayers to the Father, through the Son, and in the Holy Spirit.

WEEKDAY READINGS

June 5–10



Monday, St. Boniface: Tb 1:3; 2:1b-8 / Mk 12:1-12

Tuesday, Weekday: Tb 2:9–14 / Mk 12:13–17

Wednesday, Weekday: Tb 3:1–11a, 16–17a / Mk 12:18–27 Thursday, Weekday:

Tb 6:10–11; 7:1bcde, 9–17; 8:4–9a / Mk 12:28–34

Friday, Weekday: Tb 11:5–17 / Mk 12:35–37

Saturday, Weekday: Tb 12:1, 5–15, 20 / Mk 12:38–44

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