

MUSIC FOR THE LITURGY

Sunday, March 12, 2023

Third Sunday Of Lent

4:00 PM
8:00 AM
10:00 AM

Gathering: Hold Us In Your Mercy

Responsorial Psalm (Psalm 91)

*Be with me Lord, when I am in trouble,
be with me, Lord, I pray.*

Preparation: Again We Keep This Solemn Fast
BB 121

Mass Parts: Mass For Christ The Savior

Communion: I Am The Bread Of Life BB 329

Recessional: **We depart in silence during Lent**



Out of respect for the Lord and in consideration of fellow parishioners, please remember to silence or turn off your cell phones during Mass. Thank you!

UPCOMING SECOND COLLECTIONS

March 12	CRS & Home Missions
March 19	Fuel
March 26	Easter Flowers
April 2	Property Management
April 7	Good Friday – Holy Land
April 9	Easter & Needs of Parish

PLEASE HELP US!

As you leave church, kindly take your Bulletin with you - or return it to the basket at the entrance of the Church, return your music book and Mass card to their proper place, and pick up after yourself as you leave.

✠ PARISH TITHING ✠

Our Parish needs to take in \$9700.00 each week in order to make ends meet. This amount represents an adjusted budget offertory of \$8500.00 per week plus the combination of budgeted Property and Fuel second collections (\$4800.00 per month divided into 4 weeks or \$1200.00 weekly). Your weekly contribution helps ensure that the Parish remains a vibrant community. Please remember to submit your weekly gift even if you will be away. Consider signing up for electronic giving (see below). Especially in these trying times, your Parish depends on your responsible stewardship and support!

March 5, 2023

Offertory	\$6,271.79
Property Management	\$1,202.95



Saint Luke the Evangelist Parish uses **Parish Giving** to provide parishioners with an opportunity to make your offertory and other contributions through Electronic Funds Transfer (EFT). Parish Giving is a simple, secure, and convenient way to manage your stewardship without weekly envelopes and without worries. This program is available to parishioners at no cost. Log on to the St. Luke the Evangelist Parish website at <http://stlukenh.org>, click on the Parish Giving logo, and follow the easy registration instructions.

TURKEY – SYRIA EARTHQUAKE RELIEF

Persons desiring to make a contribution to the relief efforts in Turkey or Syria in the aftermath of the earthquake should strongly consider these two Church agencies:

Catholic Relief Services (CRS)

228 W. Lexington St., Baltimore, MD 21202-3443

www.crs.org

Catholic Near East Welfare Association (CNEWA)

1011 1st Avenue, Floor 15, New York, NY 10022-4195

www.cnewa.org

Suggested Weekly Contribution Based on Income

Annual Income	5% Commitment annually/ weekly	3% Commitment annually/ weekly
\$100,000	\$5,000/\$100	\$3,000/\$60
\$75,000	\$3,750/\$75	\$2,250/\$45
\$60,000	\$3,000/\$60	\$1,800/\$36
\$50,000	\$2,500/\$50	\$1,500/\$30
\$40,000	\$2,000/\$40	\$1,200/\$24
\$30,000	\$1,500/\$30	\$900/\$18
\$25,000	\$1,250/\$25	\$750/\$15
\$15,000	\$750/\$15	\$450/\$9

Suggested Weekly Contribution Based on a Percentage Increase

Your Current Offertory Contribution	25% Increase	30% Increase	40% Increase
\$75.00	\$93.75	\$97.50	\$105.00
\$50.00	\$62.50	\$65.00	\$70.00
\$40.00	\$50.00	\$52.00	\$56.00
\$35.00	\$43.75	\$45.50	\$49.00
\$30.00	\$37.50	\$39.00	\$42.00
\$25.00	\$31.25	\$32.50	\$35.00
\$20.00	\$25.00	\$26.00	\$28.00
\$15.00	\$18.75	\$19.50	\$21.00
\$10.00	\$12.50	\$13.00	\$14.00
\$5.00	\$6.25	\$6.50	\$7.00

✠ PARISH NEWS ✠

HELPING THE HOMELESS

The Order of Secular Franciscans of the St. Elizabeth of Hungary Region, Greccio Fraternity in Derry, NH, are collecting **NEW** t-shirts, socks, and underwear during the season of Lent to aid those who are homeless in our local area – Plaistow, Newton, and Exeter.

Collection baskets will be available at the back of the churches to collect your donations of **NEW** t-shirts, socks, and underwear – Men's, Women's, and Children's sizes. **THANK YOU!!** Susan Ronan, ofs Mary Galpin, ofs



The Sanctuary Light
at Mary Mother of the Church
will burn this week in loving memory of
Moses and Ellen Tucker
by William Tucker

The Vigil Light in front of the
Blessed Mother icon
at Mary Mother of the Church
will burn this week in loving memory of
Allen Neale
by William Tucker

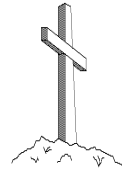


FOR OUR RECORDS

We need your help to keep our records current. If there are any births, deaths, marriages, moves, or address changes in your family, please notify the parish office at jtremlay@stluketheevangelist.net or call 603-382-8324. If you are new to our parish, registration forms are available at the entrances of both churches. You can also find a registration form on our website at <http://stlukenh.org>.

MEN OF ST. JOSEPH

Our ministry aims to emulate St. Joseph and become better husbands, fathers, sons and brothers. There are no dues and the Men of St. Joseph do not participate in projects or other volunteer efforts as a group, but instead, gather together for sharing among men to help them be a better person, a better family man, and a better member of the Church. Join us on Saturday morning, **April 15, 2023 from 8:00 to 9:00 AM** in the parish hall on the Plaistow campus.



STATIONS OF THE CROSS

Stations of the Cross will take place each Friday evening during Lent at 6:30 PM in Plaistow. **A Soup Supper will follow Stations on March 30.**

LENTEN EVENING PRAYER

Evening Prayer is sung at Newton at 6:00 PM on all Sundays of Lent. Join us for a quiet time of prayer and reflection. The **Sacrament of Reconciliation** is available immediately after Evening Prayer each Sunday of the Lenten Season.



ANNIVERSARY CELEBRATION

Bishop Peter A. Libasci invites all couples celebrating 5, 10, 25, 50, and 60+ years of marriage to attend a **Wedding Anniversary Mass**. The Mass will be held on **Sunday, April 30, 2023 at 2:00 PM** at St. Joseph Cathedral, Manchester. To register, please contact the parish office **by March 31, 2023**. The parish office will gather and submit all necessary information to the Diocese.

SAINT PATRICK DISPENSATION

Friday, March 17 is a Friday of Lent and thus a day of mandatory Lenten abstinence. In honor of the Feast of Saint Patrick of Ireland, the Bishop of Manchester has exempted all Catholics in the Diocese from Lenten abstinence on that day.

RETRouvaille

A Lifeline For Married Couples

Retrouvaille (pronounced Retro-vi) means rediscovery in French. This program helps couples put their broken pieces back together and rediscover their love for each other. This program starts with a weekend which teaches couples a new form of communication called Dialogue and lets couples know that they are not alone. Our next Retrouvaille weekend is **March 10-12, 2023, June 9-11, 2023, August 18-29, 2023, and November 10-11, 2023**. For more information, email 3023@halpourmarriage.org.

WHILE AWAY THIS WINTER...

We appreciate all of you who remember to send in your Parish Offertory during the Winter even when on vacation or visiting other parishes. Thank you for remembering that our expenses also continue through the Winter months. We invite others to consider doing the same before or even after you return home.

✠ WEEKLY CALENDAR ✠

Sunday, March 12

10:00 AM	Religious Ed – K through 6	<i>Plaistow</i>
11:00 AM	Grade 2 Reconciliation	<i>Plaistow</i>
11:30 AM	Choir Rehearsal	<i>Plaistow</i>
6:00 AM	Vespers	<i>Newton</i>
6:30 PM	Sacrament of Reconciliation	<i>Newton</i>

Wednesday, March 15

7:00 PM	Disciples On The Journey	<i>Plaistow</i>
7:00 PM	St. Vincent de Paul Society Meeting	<i>Plaistow</i>

Thursday, March 16

8:30 AM – 8:30 PM	Eucharistic Adoration	<i>Newton</i>
1:30 PM	Disciples On The Journey	<i>Plaistow</i>

Friday, March 17

6:30 PM	Stations of the Cross	<i>Plaistow</i>
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Saturday, March 18

3:00 PM	Sacrament of Reconciliation	<i>Plaistow</i>
5:00 PM	St. Patrick's Day Dinner	<i>Plaistow</i>
5:00 PM	Choir Rehearsal	<i>Plaistow</i>

Sunday, March 19

10:00 AM	Religious Ed – K to 6	<i>Plaistow</i>
6:00 PM	Vespers	<i>Newton</i>
6:30 PM	Sacrament of Reconciliation	<i>Newton</i>

RESTROOM BREAKS DURING MASS

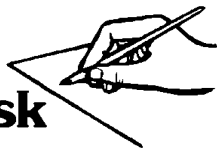
Attention Parents

Please be sure to accompany your young children when they need to use the restroom during Mass. This is for their safety and your peace of mind!

PRAYER LINE

St. Luke's offers a prayer line as a resource for those seeking prayer assistance. To submit your prayer request please call Cathy Smith at 603-382-8324, ext. 314 or email her at csmith@stluketheevangelist.net.

From the Pastor's Desk



HOLY ANGELS CEMETERY CLOSED

Holy Angels Cemetery in Plaistow is closed until Spring 2023. This decision comes as result of the real dangers of snow and ice in the Cemetery and the costs to Parishioners to inter during the winter months. Please contact the Parish Office with any questions.

✠ MASS INTENTIONS ✠

Saturday, March 11 ~ Third Sunday of Lent

Ex 17:3-7; Rom 5:1-2, 5-8; Jn 4:5-42 (Vigil)

4:00 PM	Sean Lyons (10 th Anniversary) by Gerard Lyons <i>Plaistow</i>
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Sunday, March 12 ~ Third Sunday of Lent

Ex 17:3-7; Rom 5:1-2, 5-8; Jn 4:5-42

8:00 AM	The Intentions of Michael and Val Barczak by Bob and Alice Litwinovich <i>Newton</i>
10:00 AM	People of the Parish <i>Plaistow</i>

Monday, March 13 ~ Lenten Weekday

2 Kgs 5:1-15ab; Lk 4:24-30

8:00 AM	Craig Inglis by Barbara Metcalf <i>Newton</i>
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Tuesday, March 14 ~ Lenten Weekday

Dn 3:25, 34-43; Mt 18:21-35

8:00 AM	All Souls Intentions <i>Plaistow</i>
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Wednesday, March 15 ~ Lenten Weekday

Dt 4:1, 5-9; Mt 5:17-19

6:30 PM	Sr. Marguerite Gregoire by the Sisters of the Presentation of Mary <i>Plaistow</i>
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Thursday, March 16 ~ Lenten Weekday

Jer 7:23-28; Lk 11:14-23

8:00 AM	People of the Parish <i>Newton</i>
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Friday, March 17 ~ Patrick, Bishop

Hos 14:2-10; Mk 12:28-34

NO MASS

Saturday, March 18 ~ Cyril of Jerusalem, Bishop and Doctor of the Church

Hos 6:1-6; Lk 18:9-14 (Day)

1 Sm 16:1b, 6-7, 10-13a; Eph 5:8-14; Jn 9:1-41 (Vigil)

4:00 PM	Clara, Leo, and Edward McCusker by Elaine Kelcourse <i>Plaistow</i>
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Sunday, March 19 ~ Fourth Sunday of Lent

1 Sm 16:1b, 6-7, 10-13a; Eph 5:8-14; Jn 9:1-41

8:00 AM	People of the Parish <i>Newton</i>
10:00 AM	The Intentions of Michael and Val Barczak by Grace Bukowski <i>Plaistow</i>



WINTER WEATHER CLOSINGS

Saint Luke the Evangelist Parish Office, Holy Angels Cemetery Office, Saint Luke Food Pantry, and the Parish Liturgical schedule complies with the longstanding inclement weather policy of Saint Luke Religious Education Program and Holy Angels Pre-School-Kindergarten: **If the Timberlane and/or Sanborn regional school districts close because of inclement weather, ALL Parish Offices and Parish programs will be closed or suspended. All activities by any Parish or non-Parish groups will be cancelled for that day/evening on both campuses.**

In the event of a weather related closing, the scheduled weekday Liturgy will not be held and the intention (if any) will be moved to a conveniently available date. **Sunday (or Saturday evening) liturgies can never be cancelled, but all are advised to use prudence when deciding to travel to Church during winter storms.**

FREE TONER CARTRIDGES

The Parish Office has 2 new (unused) laser printer cartridges for the taking – compatible with HP LaserJet Pro M304/M404n/dn/dw or MFP M428dw/fdn/fdw. Call the Office for more details.

BUSTED HALO

Busted Halo is a unique media resource sponsored by the Paulist Fathers of the US that utilizes a relevant and accessible voice to help people understand the Catholic faith, put it into practice in their everyday lives, and share it with others. Check out their site, podcasts and videos at www.bustedhalo.com.

THE GOD MINUTE

Every morning a small group of priests, religious, and lay people start their day in prayer. Soft music, sacred scripture, and a thoughtful reflection are weaved into a 10-minute prayer called “The God Minute.” It’s then uploaded for you to access and pray along with us on your own time. And it’s free. Listen with your coffee in the morning, while driving to work, or taking a walk. See how easy and beautiful prayer can be! www.thegodminute.org

TAX TIME SUGGESTION

Did you know? If you are 72 or older and need to take a “required minimum distribution (RMD)” from an IRA retirement account, a direct distribution to a qualified charitable organization, such as Saint Luke the Evangelist Parish, can save you money on your taxes. Such a donation will count toward your required minimum distribution but will be excluded from taxable income. Ask your tax preparer or IRA trustee for more details.

FINANCIAL CONTRIBUTION STATEMENT

If you would like an “end of year” financial statement of your contributions to the parish for 2022, **please call Jackie** at the Parish Office at 382-8324. **Financial Statements are issued on a request only basis.**

PROJECT RACHEL MINISTRY

If you or someone you know is suffering after abortion, confidential, non-judgmental help is available from Project Rachel Ministry. Call 603-6630192 or email ProjectRachel@rcbm.org for Project Rachel in New Hampshire.

EUCCHARISTIC ADORATION

We are truly blessed to have times for Adoration of Our Lord in our Parish. This time of prayer and intercession is not only a source of great grace for the individual, but it is a great source of grace for us as a parish family, as well.

We have many who have made the commitment to spend an hour each week with our Eucharistic Lord, **but** we need more people so there will be at least two people at each hour. We are also looking for people who would be able to substitute.

**Newton – Thursday
8:30 AM – 8:30 PM**

If you can commit to one hour a week in Adoration of our Lord, or if you can be a substitute, please contact Cathy Smith at 603-382-8324, ext. 305 or email her at csmith@stluketheevangelist.net.

The Church in Plaistow is open all day on Wednesdays for people to stop by and pray before the presence of Jesus in the tabernacle.

✕ PARISH DIRECTORY ✕

Parish Office	603-382-8324
Parish Prayer Line	603-382-8324 x 314
St. Vincent de Paul Society	603-382-8324 x 315
St. Luke's Food Pantry	603-819-4949
Preschool	603-382-9783
Presentation of Mary Convent	603-382-2744

Fr. Albert Tremblay	fr.albert@stluketheevangelist.net
Cathy Smith	csmith@stluketheevangelist.net
Joyce Szczapa	jszczapa@stluketheevangelist.net
Jackie Tremblay	jtremblay@stluketheevangelist.net
Val Barczak	mvmbarczak@comcast.net
Parish Council	parishcouncil@stluketheevangelist.net

❖ Community News ❖



SAINT JUDE KNIGHTS OF COLUMBUS MONTHLY FOOD DRIVE

The Knights of Columbus of our Parish are sponsoring a monthly food drive to support the Saint Luke the Evangelist Food Pantry. A list of items needed, along with a paper shopping bag, will be distributed at the end

of Masses on the 3rd weekend of each month to those who wish to participate. We ask that you bring back the non-perishable food items the following weekend (4th weekend of the month). You are also welcome to drop off donations at the Parish Office during normal business hours or at one of our Parish churches. Monetary donations are also welcome (make checks payable to Saint Luke Food Pantry), or gift cards to local supermarkets. Thank you for reaching out to help families in our community who need assistance. The Knights and the Food Pantry appreciate your generosity and support.



St. Luke the Evangelist is now on Facebook! Go to www.facebook.com/stlukenh.org/ or **St. Luke the Evangelist Parish – Newton/Plaistow** and give us a Like! Please invite fellow parishioners & friends to do the same.

**St. Vincent
de Paul
Society**



Your “Dropped Dollar” Hard At Work

Thank you for your continued support of the St. Vincent de Paul Society! Please know that your “dropped dollars” are being used wisely to help the poor in our area. Your generosity does not go unnoticed.

Drop-a-Dollar in the St. Vincent de Paul box
on your way out of church.

Remember ~ 100% of your donation is used to help
those who need a hand up, not a handout.

Our next meeting on **Wednesday, March 15 at 7:00 PM**. We meet downstairs in the Church Hall in Plaistow.
New members are always welcome!

If you seek assistance or need information about the
St. Vincent de Paul Society, call 603-382-8324 x315.

**Hear, OH LORD, and answer me
for I am poor and needy.**

EARLY BULLETIN DEADLINE

All announcements going into the Easter bulletin (April 9, 2023) must be received by the Parish Office **no later than 10:00 AM on Monday, March 27**. Thank you for your cooperation!

CURSILLO

If you have a desire to know Jesus more closely, a Cursillo is for you. The Cursillo weekend is a short course in Christianity. The purpose of the weekend is to facilitate a meaningful personal encounter with Christ and his body, the Church. The three day weekend is also the bridge connecting the faithful with the supportive post-Cursillo community, where we live our faith joyfully with our fellow Christians. Cursillo weekends are being offered at the Sato Center in Hookset, NH. To find out more, contact Mark Collopy at 603-833-7341 or explore www.nhcursillo.org.

ALCOHOLICS ANONYMOUS

A Men's AA Step Meeting is being on Sunday mornings from 7:00 to 8:00 AM at the St. Luke the Evangelist Parish Hall in Plaistow, NH (Holy Angels). Bring your own coffee. For more information, call 617-921-9899.



ST PATRICKS DAY DINNER

HOSTED BY THE KNIGHTS OF COLUMBUS

MARCH 18th

5:00 - 7:00 pm

**St Luke The Evangelist Parish Center
8 Atkinson Road, Plaistow NH**

\$15 per Adult \$5 Kids 10 Years and younger
Take Out Meals will be available

Shenanigans will abound
Chef Rudy O'Ferrandi will be preparing a traditional Irish meal of Corn Beef and Cabbage served with Vegetables, Rolls, Desserts and Drinks
Entertainment will include traditional Irish music and the Irish Step Dancers from the Murray Academy of Irish Dance
50 /50 Raffle and more

Proceeds raised from the dinner will be used to fund the many charities the Knights of Columbus support.



**KNIGHTS OF COLUMBUS
ST. JUDE COUNCIL #6617
WWW.KOFC6617.ORG**



A black and white illustration of a diverse group of people of various ages and ethnicities singing with open mouths. They are holding a large, open book that contains text. The background is a black and white checkerboard pattern, and several musical notes are floating around the choir. The text is centered within the book's pages.

JOIN OUR HOLY WEEK CHOIR !

We welcome Parishioners of all ages to help sing during the holiest days of the Church year – Holy Thursday, Good Friday and Easter. All you need is a voice to sing and heart willing to learn! Our rehearsals are held at Plaistow as follows:

SATURDAY, 2/25, 5:00-6:30 PM
SUNDAY, 3/5, 11:30 am – 1 PM
SUNDAY, 3/12 11:30 am – 1 PM
SATURDAY, 3/18 at 5:00-6:30 PM
SATURDAY, 3/25 at 5:00 -6:30 PM
SATURDAY, 4/1 at 5:00 – 6:30 PM

*Help us
welcome Easter
with song!*

Please contact Val Barczak at church or email her at mvmbarczak@comcast.net.

Spring Cleaning

The word “Lent” comes from “lengthen.” In the Northern Hemisphere, the days get longer and the nights get shorter each day of Lent.

The extra sunlight warms the earth and cheers people up. But it also exposes dirt. It stirs the wind and blows dust and trash around. Sometimes the wind gets so strong that it breaks trees and damages buildings. It’s no wonder that the month of March is named after Mars, the Roman god of battles.

Lent is spring cleaning time, and cleaning is an art! It takes a number of skills to learn how to clean something properly. Also, cleaning often takes teamwork and cooperation. We try to put aside our own selfish concerns. We try to work alongside others.

Before we clean a room, it is necessary to put things in their places. Start with your own things. You probably know better than anyone else where they go. And if you don’t, ask someone. Figure out a system for keeping your things where they belong.

Washing windows is an art in itself, and it takes cooperation to do it safely. But nothing is more effective in brightening the home.

Clean outside, too. Pick up garbage, put clutter away, rake the yard and hose down the sidewalk. This is hard work. Maybe this spring you can help out a neighbor or a relative. Maybe you can be part of a group that cleans the outdoors.

This Lent you can help the sun, the wind and the rain give the earth its spring cleaning.





Spiritual Direction

One of the more positive developments of our times is the rebirth of the tradition of spiritual direction. Wise and holy men and women agree to become “soul friends” to other Christians discerning God’s will in their lives. One of the most important questions in this spiritual walk is this: “What is the deepest desire of your heart?” The question is not so easily answered. What first pops to mind is invariably found to be a secondary or tertiary desire rooted in a deeper and more fundamental one.

The Samaritan woman at the well was having an intense experience of spiritual direction. Jesus was helping her to become aware of the deepest desires of her hearts. Serial husbands were simply a symptom of something more basic.

Fasting connected to prayer is a traditional discipline of spiritual direction. Willingness to reflect on my insatiable desire for a pizza before bedtime can become a moment of deeper revelation. Perhaps the insight will be as seemingly embarrassing as coming to know that food is a temporary relief from loneliness. Living without that easy relief may help me to see my disconnectedness from friends, family, parish and the master who waits for me at the well.

From what does your use of food and drink give you temporary relief? What might you do about these deeper desires?

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LENTEN REGULATIONS

FASTING

Fasting for anyone between 21 and 59 years of age means having only one full meal to maintain one's strength. Two smaller meatless and penitential meals are permitted according to one's needs, but should not equal the one full meal. One may, however, enter more into the spiritual element of fasting and not partake of any of the above-mentioned meals. Eating between meals is not permitted; but liquids, including milk and juices are allowed. Days of fasting are Ash Wednesday and Good Friday. Wednesdays and Fridays are also traditional fast days; however, one may fast on any day of the week.

ABSTINENCE

Abstinence is the observance for all those 14 years of age or older to forego the eating of meat on: Ash Wednesday; all Fridays in Lent and on Good Friday. When health or ability to work would be seriously affected, this discipline does not apply.

EASTER PRECEPT

The Easter Precept – or Easter Duty is the decree for all the faithful to receive Holy Communion at least during the Easter Season (Catechism of the Catholic Church, 2042). The faithful must celebrate the Sacrament of Penance at least once a year in preparation for the reception of Holy Eucharist. Traditionally, the Church has marked the time in which one may fulfill the Easter Duty between the First Sunday of Lent and Trinity Sunday. A monthly celebration of the Sacrament of Reconciliation is encouraged for all.

PRAYER AND ALMSGIVING

All the faithful are encouraged to spend additional time in prayer during the Lenten season, and to participate in the devotional practices of the Parish. It is also praiseworthy for the faithful to give generously to charities and to their Church during this Season of Sacrifice.

SAINT LUKE THE EVANGELIST
Lent - Easter Liturgical Schedule 2023

THE BEGINNING OF THE LENTEN FAST	FEBRUARY 22
ASH WEDNESDAY	LITURGY
	8 am Newton
	Distribution of Ashes 12:15 PM Plaistow
	LITURGY
	6:30 PM Plaistow

RECONCILIATION

Plaistow: Saturdays 3:00 PM (except Holy Saturday)
Newton: Sundays of Lent following 6 PM evening prayer
Monday of Holy Week: Plaistow 11:00am – 1:00 PM
Newton 5:00-7:00 PM

LENTEN EVENING PRAYER Sunday evenings of Lent at Newton, 6 pm

STATIONS OF THE CROSS Fridays of Lent - 6:30 pm – Plaistow
Lenten Soup Supper March 31

HOLY WEEK

Monday of Holy Week – Liturgy at 8 am - Newton
Tuesday of Holy Week – Liturgy at 8 am - Plaistow
Wednesday of Holy Week – Liturgy at 6:30 pm - Plaistow
Tenebrae at 7:30 PM

PASCHAL TRIDUUM

HOLY THURSDAY APRIL 6 – Morning prayer 8 am - Newton
Mid-day prayer 12 noon – Newton

LITURGY OF THE LORD'S SUPPER 6:30 PM - Newton
-Eucharistic Adoration follows-
Night Prayer 9:00 pm - Newton

GOOD FRIDAY APRIL 7 - Morning prayer 8 am - Plaistow
Mid-day prayer 12 noon - Plaistow
Stations of the Cross 3 pm - Newton

**SERVICE OF THE LORD'S PASSION
& HOLY COMMUNION 6:30 PM - Plaistow**

HOLY SATURDAY APRIL 8- Morning Prayer 8 am - Plaistow
Mid-day Prayer 12 noon - Plaistow

EASTER GREAT VIGIL AT 8 PM - Plaistow

EASTER SUNDAY LITURGIES APRIL 9

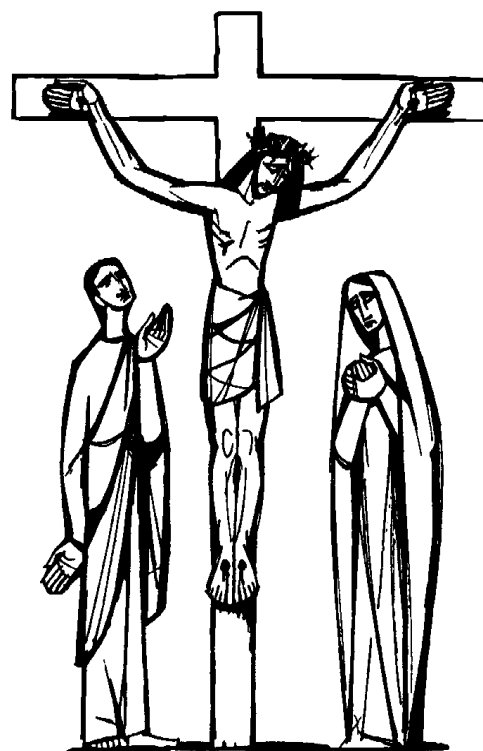
8 AM – Newton

10 AM – Plaistow

Easter Solemn Vespers with Benediction at 6 pm – Newton

LENTEN SEASON DAILY LITURGIES:

M 8 am Newton
T 8 am Plaistow
W 6:30 PM Plaistow
Th 8 am Newton

**SAINT LUKE THE EVANGELIST PARISH**

**Newton: 12 Amesbury Road, Newton, NH
03858**

**Plaistow: 8 Atkinson Depot Road, Plaistow,
NH 03865**

www. <http://stlukenh.org>
(603) 382-8324

The Gospel at Home

This Week's Gospel: John 4:5-42

In this Sunday's Gospel, a Samaritan woman visiting the village well becomes the bearer of Jesus' Good News to her townspeople. Jesus chose a woman and a Samaritan to spread his message. He offers her living water, which brings a realization that Jesus is the Messiah and his new community will include Samaritans. We are first given living water at Baptism. Through our Baptism we become part of the community and given the grace to live as Jesus did.

Exploring the Gospel Message

Seeds (Preschool): Keep track for a day of how your family uses water. Make a chart where each can check off what they did—shower, cook, drink, water the garden—and how the water made them feel—clean, happy, refreshed, relaxed. Use holy water to bless your family at the end of the day.

Promise (Grades K-1): Your child is learning that God's presence in creation inspires delight and gratitude. God's presence in your child inspires him or her to follow Jesus. Ask your child about their experience of acting out the story slips to demonstrate how Jesus' followers act. Be sure to notice what delights your child and, as a family, talk about God's presence in these experiences.

Good News (Grades 2-3): Your child learned more about the Bible and dramatized the story of the woman at the well. Decide how your family will give living water to others by sharing your treasures, your time, or your talents with people in need. Ask your child to share the story of Mother Katharine Drexel with the family.

Venture (Grades 4-6): Your youngster's class learned how important it is to speak up for what is right. Share examples of people who speak up for others. Talk about the woman Jesus met at the well, and what it meant that she was a Samaritan. How did she stand up for Jesus and for the message he gave her? Ask your young person to tell you about his or her scavenger hunt for believers and share the stories of how believers have helped you. Consider a discussion about Saint Patrick from the week's lesson.

Visions (Grades 7-9): Your young person's class learned how Dorothy Day witnessed Christ's love by helping people in her community. Just as the Samaritan woman was the first to hear directly from Jesus that he was the Messiah, people could learn a lot about Jesus from the way your family lives your Christian life. Talk together about what Jesus means to you and why you want to be his disciple. How can you bring living water to the people in your lives?

Pray Together

As an evening prayer, children often use the simple litany form of "God bless" followed by the name of a person the child wants God to watch over. Some evening before bed, gather together to create a litany of people who gave you living water by sponsoring you for Baptism or Confirmation, by teaching you about Jesus, by giving you good examples, or the like. Say a few words about the person and all can respond with a hearty "God bless (name)."





Bringing Home the Word

Third Sunday of Lent (A)

March 12, 2023

Water for Living, or Living Water?

By Sr. Dianne Bergant, CSA

Water flows through this Sunday's readings. In the passage from Exodus, the Hebrews cry out for the water so necessary for life. In the Gospel, Jesus speaks of living water that provides eternal life.

The exchange between the Hebrews and Moses is straightforward and startling. Physical thirst led them to question the divine care that miraculously delivered them from the hands of Egyptian oppressors. We shouldn't be too quick to shake our fingers at them. How many times have we

looked past blessings we take for granted, only to focus on lesser immediate needs? These desert people are our ancestors in more ways than one.

The Gospel of John is most interesting. Jesus is in Samaria, a land hated by the Jews. There he initiates a conversation with an inhabitant of the town of Sychar, someone who is an outcast in three major ways. She is a woman—no self-respecting man would be alone with a woman he didn't know. She is a Samaritan—Jews considered Samaritans unclean. And she is promiscuous—his own honor might be at risk. The woman's questionable social status does not prevent Jesus from engaging her, first in social etiquette ("Give me a drink" [4:7]), then in a theological exchange ("Whoever drinks the water I shall give will never thirst" [4:14]).

The Hebrews experienced God's saving action in their exodus, but they lacked trust. The woman, hated by the Jews, was an outcast of her own people, yet she believed. How do we respond to the water? †

Sunday Readings

Exodus 17:3–7

The LORD answered..., "Strike the rock, and the water will flow from it for the people to drink."

Romans 5:1–2, 5–8

The love of God has been poured out into our hearts through the holy Spirit.

John 4:5–42 or John 4:5–15, 19b–26, 39a, 40–42

[Jesus said,] "The water I shall give will become in him a spring of water welling up to eternal life."

How many times have we looked past blessings we take for granted, only to focus on lesser immediate needs?

A Word from Pope Francis

Like the Samaritan woman, whoever personally encounters the living Jesus feels the need to talk about him to others, so that everyone might reach the point of proclaiming that Jesus "is truly the savior of the world" (Jn 4:42), as the woman's fellow townspeople later said...[W]e too are called to witness the life and hope that are within us.

ANGELUS, ROME, MARCH 15, 2020



REFLECTION QUESTIONS



- What is the deepest longing of my heart?
- Have I overlooked a blessing, an answer to a prayer?

Foreign Encounter

By Fr. Byron Miller, CSsR

“Y’all mind sharing a table with these folks?” asked the attendant as we wandered into a dueling piano bar in the French Quarter. Our group was one or two years past the legal drinking age; they were elderly couples who were one or two drinks past the legal alcohol limit. The couples were from California visiting New Orleans for an Elks Convention. My Cajun friends and I had limited experience with elks—or their conventions—but thirst knew no boundaries, and lasting friendships with these strangers was formed.

In John’s Gospel, two strangers meet at a well on the outskirts of town. Their peoples—the Jews and the Samaritans—had been estranged from each other for generations. Thirst, however, knows no boundaries.

“The woman is taken aback that a Jew, no matter how thirsty, would ask a Samaritan for a drink,” writes Denis McBride, CSsR. Yet, she “has a thirst for meeting Mr. Right” that hadn’t been satisfied after five husbands and the man she’s living with. Then the buckets are turned, when Jesus tells her he is the Christ, and “at long last she has met the right man.” †



These reflections were excerpted from Daybreaks: Daily Reflections for Lent and Easter by Fr. Daniel P. Horan, OFM, available from Liguori Publications. To learn more and review our complete list of Daybreaks authors, including Fr. Ron Rolheiser, OMI; Fr. Byron Miller, CSsR; Sr. Dianne Bergant, CSA; and others, visit Liguori.org.

Finding Redemption

By Amy Welborn

As John narrates the encounter of Jesus with the Samaritan woman at the well, we witness one more fascinating conversation that seems circuitous, but by the end, homes in on the truth.

It begins in the heat of the day, the point at which the light is strongest, and into this light steps a woman. An ordinary chat turns into a moment of profound self-knowledge. She is confronted with her flaws and comes away with understanding. How instructive that, faced with embarrassing and awkward news about her life, she experiences it as good. Good news. She meets Jesus as she is, and in that truthful, painful space she finds redemption.

A friend fought cancer for years. At some point between her diagnosis and her death she said to me with complete conviction, “Thank God for my cancer.”

Cancer had ravaged her body and was cutting her physical life short, but my friend felt strongly that cancer had also stripped her of pretense and forced her to confront herself and God on spare, honest terms. There, in that bright, painful light, she was brought face to face with Jesus through a winding, wandering path. She saw herself as she really was, flawed, yes, but most of all, loved. †



PRAYER

So that we may recognize you wherever we are and proclaim your presence to all those we meet, we pray—Lord, let us be like you.

The Redemptorists

WEEKDAY READINGS

March 13–18

Monday, Lenten Weekday:
2 Kgs 5:1–15ab / Lk 4:24–30


Tuesday, Lenten Weekday:
Dn 3:25, 34–43 / Mt 18:21–35

Wednesday, Lenten Weekday:
Dt 4:1, 5–9 / Mt 5:17–19

Thursday, Lenten Weekday:
Jer 7:23–28 / Lk 11:14–23

Friday, Lenten Weekday:
Hos 14:2–10 / Mk 12:28–34

Saturday, Lenten Weekday:
Hos 6:1–6 / Lk 18:9–14

Bringing Home
the Word 

March 12, 2023

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