



## MUSIC FOR THE LITURGY

Sunday, February 19, 2023

Seventh Sunday  
In Ordinary Time

4:00 PM  
8:00 AM  
10:00 AM

Gathering: Let Us Go To The Altar BB 318

Responsorial Psalm (Psalm 34)

*Taste and see the goodness of the Lord;  
O, taste and see the goodness of the Lord.*

Preparation As The Deer Longs BB 511

Mass Parts Mass Of Creation

Communion: Gift Of Finest Wheat BB 332  
Whatsoever You Do BB 627

Recessional: We Are The Light Of The World BB 603

## ✠ PARISH TITHING ✠

Our Parish needs to take in \$9700.00 each week in order to make ends meet. This amount represents an adjusted budget offertory of \$8500.00 per week plus the combination of budgeted Property and Fuel second collections (\$4800.00 per month divided into 4 weeks or \$1200.00 weekly). Your weekly contribution helps ensure that the Parish remains a vibrant community. Please remember to submit your weekly gift even if you will be away. Consider signing up for electronic giving (see below). Especially in these trying times, your Parish depends on your responsible stewardship and support!

### February 5, 2023

Offertory	\$6,101.43
Property Management	\$1,292.20

### February 12, 2023

Offertory	\$6,280.09
Catholic Schools	\$1,279.67



Out of respect for the Lord and in consideration of fellow parishioners, please remember to silence or turn off your cell phones during Mass. Thank you!

### UPCOMING SECOND COLLECTIONS

February 19	Fuel
February 22	Aid to Churches in Central / Eastern Europe / Africa
February 26	No Second Collection
March 5	Property Management
March 12	Catholic Relief Services

### PLEASE HELP US!

As you leave church, kindly take your Bulletin with you - or return it to the basket at the entrance of the Church, return your music book and Mass card to their proper place, and pick up after yourself as you leave.

Saint Luke the Evangelist Parish uses **Parish Giving** to provide parishioners with an opportunity to make your offertory and other contributions through Electronic Funds Transfer (EFT). Parish Giving is a simple, secure, and convenient way to manage your stewardship without weekly envelopes and without worries. This program is available to parishioners at no cost. Log on to the St. Luke the Evangelist Parish website at <http://stlukenh.org>, click on the Parish Giving logo, and follow the easy registration instructions.

### NEW HAMPSHIRE CATHOLIC APPEAL

The Diocese of Manchester has created a new annual New Hampshire Catholic Appeal (NHCA) to enable the Catholic Church in New Hampshire to meet the increasing needs of parishes, retired clergy, seminarians, Catholic schools, and much more. Our parish will begin participating in the NHCA in May 2023. Additional information will be made available in the future.

### Suggested Weekly Contribution Based on Income

Annual Income	5% Commitment annually/ weekly	3% Commitment annually/ weekly
\$100,000	\$5,000/\$100	\$3,000/\$60
\$75,000	\$3,750/\$75	\$2,250/\$45
\$60,000	\$3,000/\$60	\$1,800/\$36
\$50,000	\$2,500/\$50	\$1,500/\$30
\$40,000	\$2,000/\$40	\$1,200/\$24
\$30,000	\$1,500/\$30	\$900/\$18
\$25,000	\$1,250/\$25	\$750/\$15
\$15,000	\$750/\$15	\$450/\$9

### Suggested Weekly Contribution Based on a Percentage Increase

Your Current Offertory Contribution	25% Increase	30% Increase	40% Increase
\$75.00	\$93.75	\$97.50	\$105.00
\$50.00	\$62.50	\$65.00	\$70.00
\$40.00	\$50.00	\$52.00	\$56.00
\$35.00	\$43.75	\$45.50	\$49.00
\$30.00	\$37.50	\$39.00	\$42.00
\$25.00	\$31.25	\$32.50	\$35.00
\$20.00	\$25.00	\$26.00	\$28.00
\$15.00	\$18.75	\$19.50	\$21.00
\$10.00	\$12.50	\$13.00	\$14.00
\$5.00	\$6.25	\$6.50	\$7.00

## ✠ PARISH NEWS ✠

### HELP WANTED TO PUT AWAY TREES

With Lent fast approaching, volunteers are welcome to help prepare the churches on **Sunday, February 19 following the 8:00 AM Liturgy in Newton and the 10:00 AM Liturgy in Plaistow**. Our tasks include taking down our green trees and some light cleanup of the churches in preparation for the Lenten season. All are welcome to lend a hand – our work usually lasts just over an hour if we have all the help we can muster! Please contact the Parish Office for more information – or just stay after Mass!



The Sanctuary Light  
at Mary Mother of the Church  
will burn this week in loving memory of  
**Joe Thompson**  
by Robin Thompson

### CANDLES

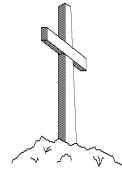
The Sanctuary Candles in both Newton and Plaistow may be offered in memory or honor of a loved one, as well as the Vigil Light in front of the Blessed Mother Icon in Newton. The suggested offering for each is \$10.00. Please call the Parish Office at 382-8324.

### FOR OUR RECORDS

We need your help to keep our records current. If there are any births, deaths, marriages, moves, or address changes in your family, please notify the parish office at [jtremlay@stluketheevangelist.net](mailto:jtremlay@stluketheevangelist.net) or call 603-382-8324. If you are new to our parish, registration forms are available at the entrances of both churches. You can also find a registration form on our website at <http://stlukenh.org>.

### MEN OF ST. JOSEPH

Our ministry aims to emulate St. Joseph and become better husbands, fathers, sons and brothers. There are no dues and the Men of St. Joseph do not participate in projects or other volunteer efforts as a group, but instead, gather together for sharing among men to help them be a better person, a better family man, and a better member of the Church. Join us on Saturday morning, **February 18, 2023 from 8:00 to 9:00 AM** in the parish hall on the Plaistow campus.



### STATIONS OF THE CROSS

Stations of the Cross will take place each Friday evening during Lent at 6:30 PM in Plaistow.

### LENTEN EVENING PRAYER

Evening Prayer is sung at Newton at 6:00 PM on all Sundays of Lent. Join us for a quiet time of prayer and reflection. The **Sacrament of Reconciliation** is available immediately after Evening Prayer each Sunday of the Lenten Season.



### ANNIVERSARY CELEBRATION

Bishop Peter A. Libasci invites all couples celebrating 5, 10, 25, 50, and 60+ years of marriage to attend a **Wedding Anniversary Mass**. The Mass will be held on **Sunday, April 30, 2023 at 2:00 PM** at St. Joseph Cathedral, Manchester. To register, please contact the parish office **by March 31, 2023**. The parish office will gather and submit all necessary information to the Diocese.

### RETROUVAILLE

#### **A Lifeline For Married Couples**

Retrouvaille (pronounced Retro-vi) means rediscovery in French. This program helps couples put their broken pieces back together and rediscover their love for each other. This program starts with a weekend which teaches couples a new form of communication called Dialogue and lets couples know that they are not alone. Our next Retrouvaille weekend is **March 10-12, 2023, June 9-11, 2023, August 18-29, 2023, and November 10-11, 2023**. For more information, email [3023@halpoumarriage.org](mailto:3023@halpoumarriage.org).

### SUPPORT OUR ADVERTISERS

We appreciate the gracious support of our bulletin by our Advertisers. Please be sure to support our advertisers by calling them first! If you have a business and would like to place an ad in our bulletin, call 1-800-333-3166.

### WHILE AWAY THIS WINTER...

We appreciate all of you who remember to send in your Parish Offertory during the Winter even when on vacation or visiting other parishes. Thank you for remembering that our expenses also continue through the Winter months. We invite others to consider doing the same before or even after you return home.

## ✠ WEEKLY CALENDAR ✠

**Sunday, February 19**  
 10:00 AM Religious Ed – K through 6 *Plaistow*

**February 20**  
**PARISH OFFICE CLOSED**

**Tuesday, February 21**  
 6:00 PM Finance Council Meeting *Plaistow*

**Wednesday, February 22**  
**Holy Angels Church Open All Day For Prayer**  
 7:00 PM Disciples On The Journey *Plaistow*

**Thursday, February 23**  
 8:30 AM – 8:30 PM Eucharistic Adoration *Newton*  
 1:30 PM Disciples On The Journey *Plaistow*

**Friday, February 24**  
 6:30 PM Stations of the Cross *Plaistow*

**Saturday, February 17**  
 3:00 PM Sacrament of Reconciliation *Plaistow*

### FREE TONER CARTRIDGES

The Parish Office has 2 new (unused) laser printer cartridges for the taking – compatible with HP LaserJet Pro M304/M404n/dn/dw or MFP M428dw/fdn/fdw. Call the Office for more details.

### RESTROOM BREAKS DURING MASS

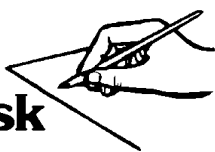
#### Attention Parents

Please be sure to accompany your young children when they need to use the restroom during Mass. This is for their safety and your peace of mind!

### PRAYER LINE

St. Luke's offers a prayer line as a resource for those seeking prayer assistance. To submit your prayer request please call Cathy Smith at 603-382-8324, ext. 314 or email her at [csmith@stluketheevangelist.net](mailto:csmith@stluketheevangelist.net).

## From the Pastor's Desk



### HOLY ANGELS CEMETERY CLOSED

Holy Angels Cemetery in Plaistow is closed until Spring 2023. This decision comes as result of the real dangers of snow and ice in the Cemetery and the costs to Parishioners to inter during the winter months. Please contact the Parish Office with any questions.

## ✠ MASS INTENTIONS ✠

### Saturday, February 18 ~ Seventh Sunday in Ord. Time

*Lv 19:1-2, 17-18; 1 Cor 3:16-23; Mt 5:38-48 (Vigil)*  
 4:00 PM Joe Thompson (5<sup>th</sup> Anniversary)  
 by Robin Thompson  
*Plaistow*

### Sunday, February 19 ~ Seventh Sunday in Ordinary Time

*Lv 19:1-2, 17-18; 1 Cor 3:16-23; Mt 5:38-48*  
 8:00 AM Betty Nappi by the Stanley family  
*Newton*  
 10:00 AM Rick Field by Jackie Tremblay  
*Plaistow*

### Monday, February 20 ~ Weekday

*Sir 1:1-10; Mk 9:14-29*  
 8:00 AM Isabel Krafton by Barbara Metcalf  
*Newton*

### Tuesday, February 21 ~ Peter Damian, Bishop and Doctor of the Church

*Sir 2:1-11; Mk 9:30-37*  
 8:00 AM Mary Stevens (Birthday Remembrance)  
 by Marjorie Knowles  
*Plaistow*

### Wednesday, February 22 ~ Ash Wednesday

*Jl 2:12-18; 2 Cor 5:20-6:2; Mt 6:1-6, 6-18*  
 8:00 AM People of the Parish  
 12:15 PM Service of Ashes  
 6:30 PM People of the Parish  
*Plaistow*

### Thursday, February 23 ~ Polycarp, Bishop and Martyr

*Dt 30:15-20; Lk 9:22-25*  
 8:00 AM All Souls Intentions  
*Newton*

### Friday, February 24 ~ Friday after Ash Wednesday

*Is 58:1-9a; Mt 9:14-15*  
**NO MASS**

### Saturday, February 25 ~ Saturday after Ash Wednesday

*Is 58:9b-14; Lk 5:27-32 (Day)*  
*Gn 2:7-9, 3:1-7; Rom 5:12-19; Mt 4:1-11 (Vigil)*  
 4:00 PM Catherine Martin by the Lumnah family  
*Plaistow*

### Sunday, February 26 ~ Seventh Sunday in Ordinary Time

*Gn 2:7-9, 3:1-7; Rom 5:12-19; Mt 4:1-11*  
 8:00 AM Patricia Eileen Remick  
 by the St. Vincent de Paul Society  
*Newton*  
 10:00 AM People of the Parish  
*Plaistow*



### WINTER WEATHER CLOSINGS

Saint Luke the Evangelist Parish Office, Holy Angels Cemetery Office, Saint Luke Food Pantry, and the Parish Liturgical schedule complies with the longstanding inclement weather policy of Saint Luke Religious Education Program and Holy Angels Pre-School-Kindergarten: **If the Timberlane and/or Sanborn regional school districts close because of inclement weather, ALL Parish Offices and Parish programs will be closed or suspended. All activities by any Parish or non-Parish groups will be cancelled for that day/evening on both campuses.**

In the event of a weather related closing, the scheduled weekday Liturgy will not be held and the intention (if any) will be moved to a conveniently available date. **Sunday (or Saturday evening) liturgies can never be cancelled, but all are advised to use prudence when deciding to travel to Church during winter storms.**

### FINANCIAL CONTRIBUTION STATEMENT

If you would like an "end of year" financial statement of your contributions to the parish for 2022, **please call Jackie** at the Parish Office at 382-8324. **Financial Statements are issued on a request only basis.**

### BUSTED HALO

Busted Halo is a unique media resource sponsored by the Paulist Fathers of the US that utilizes a relevant and accessible voice to help people understand the Catholic faith, put it into practice in their everyday lives, and share it with others. Check out their site, podcasts and videos at [www.bustedhalo.com](http://www.bustedhalo.com).

### THE GOD MINUTE

Every morning a small group of priests, religious, and lay people start their day in prayer. Soft music, sacred scripture, and a thoughtful reflection are weaved into a 10-minute prayer called "The God Minute." It's then uploaded for you to access and pray along with us on your own time. And it's free. Listen with your coffee in the morning, while driving to work, or taking a walk. See how easy and beautiful prayer can be! [www.thegodminute.org](http://www.thegodminute.org)

### END OF LIFE PLANNING

**Three Beliefs** is a document from the Diocese of Manchester that gives valuable assistance to Catholics and others on end-of-life issues. **Three Beliefs** explains Catholic teaching on life-sustaining treatment and care and includes the New Hampshire Advance Directive form modified in such a way to make it consistent with both Catholic teaching and New Hampshire law. **Three Beliefs** contains a helpful FAQ section and wallet cards that include important information for healthcare providers.

The New Hampshire Advance Directive form was revised by a law that is consistent with Catholic teaching and the changes to the New Hampshire form. If you completed an advance directive before 2021 and your intentions for your end-of-life care have not changed, you do not need to complete a new form as long as your advance directive was valid when it was executed. For example, if you completed the October 2007 version of **Three Beliefs** and signed the document before two witnesses or a notary public or justice of the peace, you do not need to complete a new advance directive form.

Copies of **Three Beliefs** are available at the church entrance.

### EUCCHARISTIC ADORATION

We are truly blessed to have times for Adoration of Our Lord in our Parish. This time of prayer and intercession is not only a source of great grace for the individual, but it is a great source of grace for us as a parish family, as well.

We have many who have made the commitment to spend an hour each week with our Eucharistic Lord, **but** we need more people so there will be at least two people at each hour. We are also looking for people who would be able to substitute.

**Newton – Thursday  
8:30 AM – 8:30 PM**

If you can commit to one hour a week in Adoration of our Lord, or if you can be a substitute, please contact Cathy Smith at 603-382-8324, ext. 305 or email her at [csmith@stluketheevangelist.net](mailto:csmith@stluketheevangelist.net).

**The Church in Plaistow is open all day on Wednesdays for people to stop by and pray before the presence of Jesus in the tabernacle.**

### ✠ PARISH DIRECTORY ✠

Parish Office	603-382-8324
Parish Prayer Line	603-382-8324 x 314
St. Vincent de Paul Society	603-382-8324 x 315
St. Luke's Food Pantry	603-819-4949
Preschool	603-382-9783
Presentation of Mary Convent	603-382-2744

Fr. Albert Tremblay	<a href="mailto:fr.albert@stluketheevangelist.net">fr.albert@stluketheevangelist.net</a>
Cathy Smith	<a href="mailto:csmith@stluketheevangelist.net">csmith@stluketheevangelist.net</a>
Joyce Szczapa	<a href="mailto:jszczapa@stluketheevangelist.net">jszczapa@stluketheevangelist.net</a>
Jackie Tremblay	<a href="mailto:jtremblay@stluketheevangelist.net">jtremblay@stluketheevangelist.net</a>
Val Barczak	<a href="mailto:mvmbarczak@comcast.net">mvmbarczak@comcast.net</a>
Parish Council	<a href="mailto:parishcouncil@stluketheevangelist.net">parishcouncil@stluketheevangelist.net</a>



## ❖ Community News ❖



### SAINT JUDE KNIGHTS OF COLUMBUS MONTHLY FOOD DRIVE

The Knights of Columbus of our Parish are sponsoring a monthly food drive to support the Saint Luke the Evangelist Food Pantry. A list of items needed, along with a paper shopping bag, will be distributed at the end of Masses on the 3<sup>rd</sup> weekend of each month to those who wish to participate. We ask that you bring back the non-perishable food items the following weekend (4<sup>th</sup> weekend of the month). You are also welcome to drop off donations at the Parish Office during normal business hours or at one of our Parish churches. Monetary donations are also welcome (make checks payable to Saint Luke Food Pantry), or gift cards to local supermarkets. Thank you for reaching out to help families in our community who need assistance. The Knights and the Food Pantry appreciate your generosity and support.



Find us on:  
**facebook®**

St. Luke the Evangelist is now on Facebook! Go to [www.facebook.com/stlukenh.org/](http://www.facebook.com/stlukenh.org/) or **St. Luke the Evangelist Parish – Newton/Plaistow** and give us a Like! Please invite fellow parishioners & friends to do the same.

**St. Vincent  
de Paul  
Society**



### Your “Dropped Dollar” Hard At Work

Thank you for your continued support of the St. Vincent de Paul Society! Please know that your “dropped dollars” are being used wisely to help the poor in our area. Your generosity does not go unnoticed.

Drop-a-Dollar in the St. Vincent de Paul box  
on your way out of church.

Remember ~ 100% of your donation is used to help  
those who need a hand up, not a handout.

Our next meeting on **Wednesday, March 15 at 7:00 PM**. We meet downstairs in the Church Hall in Plaistow.  
**New members are always welcome!**

If you seek assistance or need information about the  
St. Vincent de Paul Society, call 603-382-8324 x315.

**Hear, OH LORD, and answer me  
for I am poor and needy.**

### PARISH OFFICE CLOSED

In observance of the Presidents’ Day holiday, the Parish Office will be closed on **Monday, February 20**. The office will reopen at 8:30 AM on Tuesday, February 21.

Our regular office hours are Monday through Thursday from 8:30 AM to 12:00 Noon and from 1:00 to 4:30 PM.

### CURSILLO

If you have a desire to know Jesus more closely, a Cursillo is for you. The Cursillo weekend is a short course in Christianity. The purpose of the weekend is to facilitate a meaningful personal encounter with Christ and his body, the Church. The three day weekend is also the bridge connecting the faithful with the supportive post-Cursillo community, where we live our faith joyfully with our fellow Christians. Cursillo weekends are being offered at the Sato Center in Hookset, NH. To find out more, contact Mark Collopy at 603-833-7341 or explore [www.nhcursillo.org](http://www.nhcursillo.org).

### ALCOHOLICS ANONYMOUS

A Men’s AA Step Meeting is being on Sunday mornings from 7:00 to 8:00 AM at the St. Luke the Evangelist Parish Hall in Plaistow, NH (Holy Angels). Bring your own coffee. For more information, call 617-921-9899.



### DO SOMETHING GOOD WITH US

The Knights of Columbus are a vital and vibrant part of St Luke the Evangelist Parish.

We welcome any practicing Catholic man,  
18 or older, to join the Knights.

We are sons, fathers, husbands and grandfathers,  
whose main purpose is charitable works in support  
of our parish and community.

Where there is a need, there is a Knight.

Joining is simple – talk to a brother Knight, contact

Dan Sullivan at 603-770-4803, email him at

[dans49@comcast.net](mailto:dans49@comcast.net) or you can now join online:

[www.kofc.org/joinus](http://www.kofc.org/joinus)

**THE KNIGHTS OF  
COLUMBUS  
ST. JUDE COUNCIL #6617**  
[www.kofc6617.org](http://www.kofc6617.org)





# LENT 2023

Reflections from the  
Daily Mass Readings for  
the Lenten Season

So if anyone is in  
Christ, there is  
a new creation:  
everything old has  
passed away; look,  
new things have  
come into being!

– 2 Corinthians 5:17

Sunday

**26 Say No**

Jesus said no to Satan in the wilderness. Say no to the devil wherever he may tempt you.

Matthew 4:1-11

**5 Go with God**

When God tells you to go, listen to him and move to the land where he leads you. Be a blessing.

Genesis 12:1-4a

**12 Living Water**

Drink of the living water only Jesus can supply to satisfy our thirst for righteousness in him.

John 4:5-42

Monday

**27 He Is the Lord**

In all things, remember that God is the Lord, and his greatest desire is for us to love all people.

Leviticus 19:1-2, 11-18

**6 A Good Measure**

Our God pours out more for us than any limitations, beyond measure. So we give to him beyond limit.

Luke 6:36-38

**13 Be Clean**

Our God is like no other god. He washes away every spot and stain that makes us unclean.

2 Kings 5:1-15ab

Tuesday

**28 Sprout and Grow**

Let the Word of the Lord flourish within you and accomplish great things through your faith.

Isaiah 55:10-11

**7 Humble Yourself**

Live in deference to your Father in heaven, and serve only at the behest of the Messiah.

Matthew 23:1-12

**14 Debt Free**

Jesus frees us from the debt of sin. So we release others from any debt of sin against us.

Matthew 18:21-35

Wednesday

**22 FEBRUARY Ash Wed.**

In the secret of your heart, pray and humbly give yourself to the Lord.

Matthew 6:1-6, 16-18

**1 MARCH Jonah**

Jonah was a sign for the people of Ninevah to repent. Jesus is a greater sign for us that salvation is here.

Luke 11:29-32

**8 Find Your Place**

Find your place in life by looking only to Christ. He endured the torment of the Place of the Skull for you.

Matthew 20:17-28

**15 Law Fulfilled**

The Law was fulfilled when Jesus took on all the punishment for our sins on the Cross.

Matthew 5:17-19

Thursday

**23 Deny Yourself**

Deny yourself, take up your cross and follow Jesus all the way to Calvary.

Luke 9:22-25

**2 Knock, Knock**

Who's there? Jesus is always there to answer the door for us when we come to him in need.

Matthew 7:7-12

**9 Rooted in Him**

Like a tree, stay rooted in the rich soil of the Word of the Lord to stay strong and healthy.

Jeremiah 17:5-10

**16 For or Against?**

You are either for Jesus or against him. There is no middle ground. Remain firm with him on his side.

Luke 11:14-23

Friday

**24 Fast and Serve**

Loosen bonds, break yokes, feed the hungry, house the homeless—imitate Jesus.

Isaiah 58:1-9a

**3 Turning**

Daily turn away from sin and death, and turn to the Lord for forgiveness and new life.

Ezekiel 18:21-28

**10 Heir to the Throne**

We who killed the Heir to the throne of heaven now stand privileged before our King, forgiven.

Matt. 21:33-43, 45-46

**17 Not Far**

We who love the Lord and love those around us in like manner are not far from the Kingdom of God.

Mark 12:28-34

Saturday

**25 Listening Ear**

We have a God who listens to our pleas and answers them. Trust in his plan to help and comfort us.

Psalms 86:1-6

**4 Treasured**

We are treasured by God, and we call him our God in return. We are united with him through Jesus.

Deut. 26:16-19

**11 Under Foot**

We have a God who tramples our sins under foot and throws every transgression into the sea.

Micah 7:14-15, 18-20

**18 Only Mercy**

All we need from God is his mercy. Nothing else can help us in our sinfulness and shame.

Luke 18:9-14



# SAINT LUKE THE EVANGELIST

## Lent- Easter Liturgical Schedule 2023

BEGINNING OF LENTEN FAST FEBRUARY 22  
 ASH WEDNESDAY LITURGY 8 am (N)  
 DISTRIBUTION OF ASHES 12:15 pm (P)  
 ASH WEDNESDAY LITURGY 6:30 pm (P)

<b>LENTEN SEASON DAILY LITURGIES</b>	Mondays 8 am Newton Tuesdays 8 am Plaistow Wednesdays 6:30 pm Plaistow Thursdays 8 am Newton
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### RECONCILIATION:

Saturdays - Plaistow 3:00 pm (except Holy Saturday)

Sundays of Lent - Newton 6:30 pm

Monday of Holy Week: Plaistow 11:00am-1:00 pm  
 Newton 5:00-7:00 pm

### LENTEN EVENING PRAYER:

Sunday evenings of Lent - 6 pm at Newton

### STATIONS OF THE CROSS:

Fridays of Lent - 6:30 pm - Plaistow

\*Lenten Soup Supper, after Stations, Friday, March 31

### HOLY WEEK

Monday 4/3 - Liturgy at 8 am - Newton  
 Tuesday 4/4 - Liturgy at 8 am - Plaistow  
 Wednesday 4/5 - Liturgy at 6:30 pm - Plaistow  
 Tenebrae at 7:30 pm - Plaistow

### PASCHAL TRIDUUM

#### HOLY THURSDAY, April 6

Morning prayer 8 am - Newton  
 Mid-day prayer 12 noon - Newton  
 Liturgy of the Lord's Supper 6:30 pm - Newton  
 Eucharistic Adoration follows.  
 Night Prayer 9:00 pm - Newton

#### GOOD FRIDAY, April 7

Morning prayer 8 am - Plaistow  
 Mid-day prayer 12 noon - Plaistow  
 Stations of the Cross 3 pm - Newton  
 Passion Service & Holy Communion 6:30 pm - Plaistow

#### HOLY SATURDAY, April 8

Morning Prayer 8 am - Plaistow  
 Mid-day Prayer 12 noon - Plaistow  
 Easter Great Vigil 8 pm - Plaistow

#### EASTER SUNDAY, April 9

Liturgy 8 AM - Newton  
 Liturgy 10 AM - Plaistow  
 Easter Solemn Vespers with Benediction 6 pm - Newton

Holy Angels Church, 8 Atkinson Depot Rd., Plaistow, NH  
 Mary Mother of the Church, 12 Amesbury Rd., Newton, NH  
 603-382-8324 [www.stluke-nh.org](http://www.stluke-nh.org)

## Sunday

### 19 The Blind See

We were blind, but now we see because of Jesus, who has given us a clear vision of his grace.

John 9:1-41

## Monday

### 20 His Father's House

Like Jesus before us, we spend time in our Father's house to grow closer to him.

Luke 2:41-51a

## Tuesday

### 21 Stirred Up

We are stirred up by our Savior to get up and walk with him by faith wherever he may travel.

John 5:1-16

## Wednesday

### 22 Never Forget

At times we can be forgetful of what our God has done, but our God will never be forgetful of us.

Isaiah 49:8-15

## Thursday

### 23 Second Chances

Though we can be stubborn and stiff-necked, God always gives us second chances to follow him.

Exodus 32:7-14

## Friday

### 24 Rescue Mission

God is on a rescue mission to save us from evil. We are not crushed or broken with Jesus as our deliverer.

Psalms 34:17-21, 23

## Saturday

### 25 Speak Up

Do not hide the Good News of Jesus, but speak up to others about his salvation. It is meant to be shared.

Psalms 40:7-11

### 26 Jesus Wept

Jesus weeps with us in our sorrows, yet he gives us the sure hope that he will dry our tears one day.

John 11:1-45

### 27 Casting Stones

Often quick to cast stones at others for their sins, we must recognize that our sins are just as grievous.

John 8:1-11

### 28 Look Up

The only way to rid ourselves of the poison of sin within us is to receive the antidote: Jesus.

Numbers 21:4-9

### 29 True Father

God is our true Father, and Jesus is his true and only Son. We are called to daily abide in that truth.

John 8:31-42

### 30 Covenant

As children of Abraham, we are part of the covenant God made with him. God keeps his promises.

Genesis 17:3-8

### 31 Whispers

Don't let the questioning whispers of others distract you from listening to divine words of wisdom.

Jeremiah 20:10-13

### 1 APRIL One Man

It was better that the one man, Jesus, die for the people than for all people to be destroyed by sin.

John 11:45-56

### 2 Hosanna

We shout hosanna, "Lord, save us," to our coming King, as he enters into Jerusalem to be our Savior.

Matthew 21:1-11

### 3 Servant of God

Jesus quietly serves, tending to our bruised reeds and dimly burning wicks that need attention.

Isaiah 42:1-7

### 4 My Cause

My cause is with the Lord, and my reward is with my God. Everything I have and am is his.

Isaiah 49:1-6

### 5 Mocked

Jesus was mocked and spit upon that we might never face the cruel disgrace of our misdeeds.

Isaiah 50:4-9a

## The Paschal Triduum

from Holy Thursday evening  
 through Easter Sunday evening

### HOLY THURSDAY Given and Shed

Receive with wonder and with joy the Body and Blood of Jesus in the bread and wine of Holy Communion.

1 Cor. 11:23-26

### GOOD FRIDAY On the Cross

Jesus died on the tree of the Cross that we might have redemption; making the Cross a tree of life.

John 18:1-19:42

### EASTER VIGIL A Dark Tomb

In a tomb, Jesus' body was laid. But not for long. This dark grave will shortly shine with light.

Romans 6:3-11

## Traditional Lenten Disciplines

**Fasting & Abstinence:** Catholics aged 14 and older abstain from meat on Ash Wednesday, Good Friday and all the Fridays of Lent. In addition, on Ash Wednesday and Good Friday, Catholics from age 18-59 fast, limiting themselves to one full meal and two smaller meals each day.

**Prayer:** Catholics are encouraged to pray more during Lent, especially with Scripture. Lent is also an ideal time to receive the Sacrament of Reconciliation in preparation for the celebration of Christ's Passion, Death and Resurrection.

**Almsgiving:** Moved by the sacrifice of Christ, many Christians combine almsgiving with fasting, giving to the poor the money they saved by eating, drinking or buying less as they rely more on God's abundant grace.

### EASTER SUNDAY Rolled Away

The stone is rolled away. Christ's body is raised up. The sting of death is removed. Our lives are now reborn.

Matthew 28:1-10





# Attende, Domine

*“Hear us, O Lord”*

With Ash Wednesday upon us, it is a good time to think and pray about the Lenten Season - the “Springtime” of the Church. The word “Lent” means spring, and comes from the same root as the word “lengthen,” since the days do get longer as winter wanes. The whole northern hemisphere turns toward the sun, the source of life, and winter gives way to spring. In Hebrew, the language of the Old Testament, the word for “repentance” is “to turn.” As the earth turns to the sun, as the earth turns from winter cold to the new life of spring, so do we turn our lives towards our loving God and seek the Way of the Lord Jesus anew.



*“Even now, return to me, says the Lord.”* (Joel 2:12). The word “sin” means separation. We are called to turn from our separate selves, from our sins; and to come together in community. Self denial is another way we express our repentance. We turn away from sin and death and toward God as our source of life by disciplining our wills and desires.

Self-denial is three-fold, according to Matthew’s Gospel (chap. 6). We **PRAY**: “Go to your room, close your door and pray to your Father in private.” We **FAST**: “No one may see you are fasting but your Father in heaven.” We give **ALMS**: “Keep your deeds of mercy secret, and your Father, who sees in secret will repay you.” Self-denial is an exercise, a work-out, getting our lives and spirits into shape. Through the Lenten exercise of **PRAYER, FASTING and ALMSGIVING**, we spring clean our lives, sharpen our senses, put tomorrow in its place and treasure the day at hand.

For Forty Days we are conscious of how we must sharpen our senses and focus mind and heart on the reign of God. We are, above all, aware of those waters in which we were baptized into Christ’s death. That is, death to sin and evil; it is life in Christ that we began in those waters of baptism. These waters wait at Lent’s end for the Catechumens of the Church. The entire Lenten season turns, it seems, on Baptism, renewal and reception into the Church.

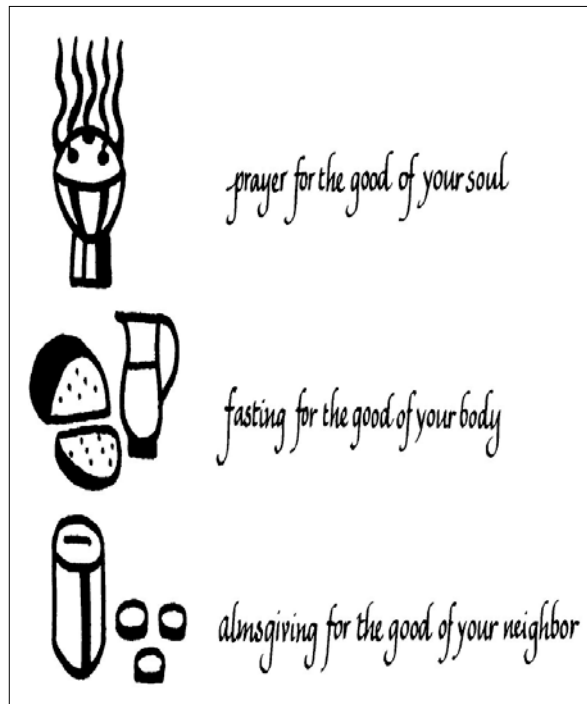
We, too, wait for the opportunity to renew our own Baptismal Promises, and to feel the splash of Easter water on our faces after the dryness of our Lenten desert journey.

From Father Albert  
*Lent, 2023*



**T**he Church asks us to give ourselves to prayer and to the reading of Scripture, to fasting and to giving of alms during the Lenten season. The fasting that all do together on Fridays is but a sign of the daily Lenten discipline of individuals and households: fasting for certain periods of time, fasting from certain foods, but also fasting from other things and activities. Likewise, the giving of alms is some effort to share this world equally not only through the distribution of money, but through the sharing of our time and possessions and through work of many kinds for a just world.

**FASTING** means that anyone between the ages of 18 and 59 may eat only one full meal (with the other 2 meals being distinctly smaller). One may, however, enter more into the spiritual element of fasting and not partake of any meals at all. One fasts for a spiritual reason - (an end to sin, a reconciliation in one's life or family, an end to war or other disturbance, or for the spread of the Gospel or personal/corporate conversion) than for a personal dietary goal. **The Church requires all between the ages of 18 and 59 to observe the fast on Ash Wednesday and Good Friday. Fridays and Wednesdays are also traditional fast days, but are not mandatory.**



**ABSTINENCE** is the discipline for those age 14 or older to **forego the eating of any meat on Ash Wednesday, Good Friday and all Fridays of Lent.**

The **EASTER DUTY** is the **obligation to receive Holy Eucharist** between the First Sunday of Lent and Trinity Sunday.

The **Sacrament of Reconciliation** is an **obligation** for all those who are conscious of grave sin. A frequent celebration of Reconciliation is encouraged for all, especially during the Lenten Season.

Reconciliation is celebrated at Saint Luke the Evangelist Parish on Saturdays at 3:00 at Plaistow, and on the Sundays of Lent following 6:00 PM Evening Prayer at Newton. There are communal Lenten Reconciliation Services in the area, watch the Bulletin for more information.

# Do Something for Lent. Renew your faith.

What is the **Lenten Journey** all about? Prayer, fasting, and almsgiving are called the “three pillars” of the Christian way of life. They help support a full and healthy life. During Lent we try to repair and strengthen these three pillars, which also are called the “three disciplines” because they help people become better disciples of the Lord. Our **Lenten Journey** program helps Discipleship!

**Lenten Journey is about SMALL GROUPS... IT'S NOT TOO LATE TO SIGN-UP!** We continue to welcome sign-ups for small groups. On the back of this flyer is a REGISTRATION FORM. Return the form today, or call the office at 382-8324.

**Meetings begin this week!** Groups meet six times during the Lenten season to discuss the Lenten Sunday Lectionary readings. You will learn more about Scripture through the resource book provided, participate in interesting discussions, meet some wonderful people and have the opportunity to build up the Body of Christ.



**All group members will pick up their resource booklets  
at the first meeting.**

**Groups begin meeting THIS WEEK!**

**Wednesday, February 22, at 7:00 p.m., after the 6:30 p.m. Mass, downstairs in the Church Hall.**

**Thursday, February 23, at 1:30 p.m., downstairs in the Church Hall**

**Ash Wednesday is This Wednesday, February 22!**



# **DISCIPLES ON THE JOURNEY REGISTRATION FORM**



Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_

E-Mail \_\_\_\_\_ Cell Phone \_\_\_\_\_

**Please check the time and day you prefer**

Wednesday Evenings at 7:00 p.m. \_\_\_\_  
(February 22 – March 29)

Thursday Afternoons at 1:30 p.m. \_\_\_\_  
(February 23 – March 30)

Check if you are willing to be a group leader \_\_\_\_\_

**GROUP MEETINGS BEGIN  
THE WEEK OF FEBRUARY 19**

**GROUPS WILL MEET IN THE CHURCH  
HALL**

(Please return this form in the collection basket or bring  
to the parish office)

**SAINT LUKE THE EVANGELIST**  
**Lent - Easter Liturgical Schedule 2023**

**THE BEGINNING OF THE LENTEN FAST    FEBRUARY 22**  
**ASH WEDNESDAY                      LITURGY        8 am Newton**  
**Distribution of Ashes 12:15 PM Plaistow**  
**LITURGY        6:30 PM Plaistow**

**RECONCILIATION**

**Plaistow: Saturdays 3:00 PM (except Holy Saturday)**  
**Newton: Sundays of Lent following 6 PM evening prayer**  
**Monday of Holy Week: Plaistow 11:00am – 1:00 PM**  
**Newton 5:00-7:00 PM**

**LENTEN EVENING PRAYER    Sunday evenings of Lent at Newton, 6 pm**

**STATIONS OF THE CROSS    Fridays of Lent - 6:30 pm – Plaistow**  
**Lenten Soup Supper March 31**

**HOLY WEEK**

**Monday of Holy Week – Liturgy at 8 am - Newton**  
**Tuesday of Holy Week – Liturgy at 8 am - Plaistow**  
**Wednesday of Holy Week – Liturgy at 6:30 pm - Plaistow**  
**Tenebrae at 7:30 PM**

**PASCHAL TRIDUUM**

**HOLY THURSDAY APRIL 6 – Morning prayer 8 am - Newton**  
**Mid-day prayer 12 noon – Newton**

**LITURGY OF THE LORD'S SUPPER 6:30 PM - Newton**  
**-Eucharistic Adoration follows-**  
**Night Prayer 9:00 pm - Newton**

**GOOD FRIDAY APRIL 7 - Morning prayer 8 am - Plaistow**  
**Mid-day prayer 12 noon - Plaistow**  
**Stations of the Cross 3 pm - Newton**

**SERVICE OF THE LORD'S PASSION**  
**& HOLY COMMUNION 6:30 PM - Plaistow**

**HOLY SATURDAY APRIL 8– Morning Prayer 8 am - Plaistow**  
**Mid-day Prayer 12 noon - Plaistow**

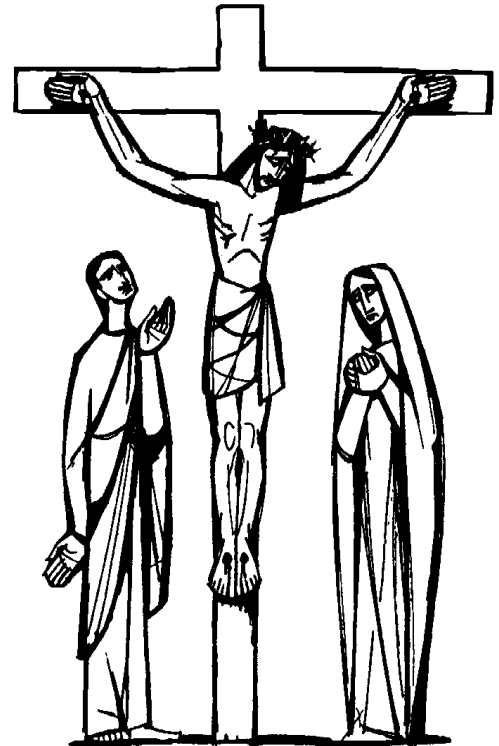
**EASTER GREAT VIGIL AT 8 PM - Plaistow**

**EASTER SUNDAY LITURGIES APRIL 9**

**8 AM – Newton**  
**10 AM – Plaistow**  
**Easter Solemn Vespers with Benediction at 6 pm – Newton**

**LENTEN SEASON DAILY  
LITURGIES:**

**M 8 am Newton**  
**T 8 am Plaistow**  
**W 6:30 PM Plaistow**  
**Th 8 am Newton**



**SAINT LUKE THE EVANGELIST PARISH**

**Newton: 12 Amesbury Road, Newton, NH  
03858**

**Plaistow: 8 Atkinson Depot Road, Plaistow,  
NH 03865**

**www. <http://stlukenh.org>  
(603) 382-8324**



# The Gospel at Home

## This Week's Gospel: Matthew 5:38–48

Jesus asks us to go beyond treating others in the same way we want to be treated ourselves. He asks us to care for each other as God does—to love other people without expecting love in return and to even love to our enemies. This is an invitation that may take a lifetime to grow into and fulfill. It is a challenge for the family to keep this message alive in a world that puts a premium on competition and on being “better.”

### Exploring the Gospel Message

**Seeds (Preschool):** All parents want their children to live by the Golden Rule and so must be role models for this behavior. The Golden Rule lesson is best learned within the home. Ask your child to share the booklet the class made and talk about how reconciliation helps us all be good friends.

**Promise (Grades K–1):** Jesus taught us that we must love and forgive our enemies. Your child explored the call to turn the other cheek and walk the extra mile. Talk with your child about how members of the family need to forgive one another. Support that conversation by being quick to forgive your child when he or she needs mercy.

**Good News (Grades 2–3):** Ask your child to share what Jesus said about forgiveness. Give examples of ways your family can show love to your “enemies.” Ask your child to share the story of “Mean Manny,” and how Olivia handled someone bullying them. How does mercy help us treat others as God does?

**Venture (Grades 4–6):** Young people are most sensitive to bullying words. In class this week, your youngster talked about the effect that these kinds of words have on young people.

They also read and discussed different endings to a story about bullying. Invite your young person to share this story with the family. Talk about what Jesus means when he asks that you love your enemies and to pray for those who do you harm. Discuss how important forgiveness is for the good of your family. Talk, too, about how praying the Our Father can help you learn how to forgive.

**Visions (Grades 7–9):** One of the most difficult of Jesus’ teaching is “turning the other cheek.” In class, your youngster was asked to wrestle with this statement. Encourage your young person to share with the family why this was so important to Jesus and how it can work in society. Ask your youngster to tell you about the Ulster Project and its mission to restore peace in Northern Ireland. Review the four moral codes with your son or daughter, and discuss which ones are appropriate to live by. How does Jesus’ New Law affect how we treat, and are treated by, others?

### Pray Together

Set aside some time for the whole family to celebrate the Sacrament of Reconciliation as we approach Lent. There may be a penance service at your parish church, or you can go together at one of the times when private confession is being offered. Even though your younger children have not yet received the sacrament, it would be good for them to see their parents and older siblings participating. When you get home together, thank God for the gift of forgiveness.





# Bringing Home the Word

Seventh Sunday of Ordinary Time (A)

February 19, 2023

## Be Perfect

By Sr. Dianne Bergant, CSA

**W**ow, that's a tall order! But what does perfect mean? The Greek word means "full" or "complete." In the first reading, Leviticus calls us to be holy, a word with cultic allusions—to be set apart to be used for God. Though not possessing exactly the same sense, there is a connection between perfect and holy, for to be set apart to be used for God will certainly make us perfect, fulfilled, and complete. So what does Jesus mean when he tells us to be perfect, as God is perfect?

Continuing our reflection on the Sermon on the Mount, we find Jesus telling us how we are to be perfect as

God is perfect. He offers two examples of extraordinary behavior. The Mesopotamian code of Hammurabi states "An eye for an eye and a tooth for a tooth." The punishment may not exceed the crime. This was a step forward in ancient justice.

Jesus said that this is not enough. There is to be no vindictiveness, no revenge, regardless of how equivalent it might appear. The reason for this is that God loves and cares for all, even those who do us injustice. God makes the "sun rise on the bad and the good, and causes rain to fall on the just and the unjust" (Matthew 5:46). In this way, we must be like God; we must love all, no exceptions. This is what it means to be perfect. It is indeed a tall order. But it is the way to be fulfilled, to be complete. †

## A Word from Pope Francis

*Love your enemies and pray for those who persecute you. This is the Christian innovation. It is the Christian difference. Pray and love: this is what we must do; and not only with regard to those who love us, not only with regard to our friends or our own people. The love of Jesus knows no boundaries or barriers.*

HOMILY, BARI, FEBRUARY 23, 2020



## Sunday Readings

### Leviticus 19:1–2, 17–18

Be holy, for I, the LORD your God, am holy.

### 1 Corinthians 3:16–23

For the wisdom of this world is foolishness in the eyes of God....

### Matthew 5:38–48

[Jesus said,] "Love your enemies, and pray for those who persecute you....Be perfect, just as your heavenly Father is perfect."

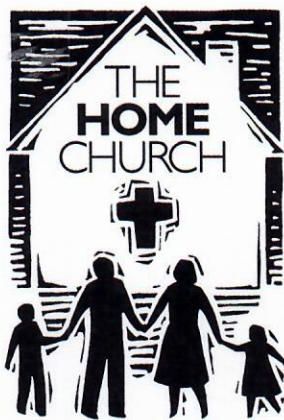
*God loves and  
cares for all, even those  
who do us injustice.*



## REFLECTION QUESTIONS

- As Lent begins this week, is there someone I need to forgive?
- Is there someone from whom I need to ask forgiveness?





(continued from last week)

## Part V

If the Gospel of John is to be believed—and it is—Jesus judges no one. God judges no one.

That needs to be put into context. It doesn't mean there aren't any moral judgments and that our actions are indifferent to moral scrutiny. There is judgment, except it doesn't work the way it is fantasized inside the popular mind. According to what Jesus is quoted as saying in John's Gospel, judgment works this way: God's light, God's truth, and God's spirit come into the world. We then judge ourselves according to how we live in the face of them: God's light has come into the world, but we can choose to live in darkness. That's our decision, our judgment. God's truth has been revealed, but we can choose to live in falsehood, in lies. That's our decision, our judgment to make.

So then, this is how judgment

# Justice, Mercy, and the Nature of God

By Fr. Ron Rolheiser, OMI

happens: God's spirit (charity, joy, peace, patience, kindness, goodness, trustfulness, gentleness, and chastity) has been revealed. We can choose to live inside the virtues of that spirit, or we can choose to live instead inside their opposites (self-indulgence, sexual vice, rivalry, antagonism, bad temper, quarrels, drunkenness, and factionalism).

One choice leads to a life with God, the other leads away from God. And that choice is ours to make. It doesn't come from the outside. We judge ourselves. God judges no one. God doesn't need to.

## Part VI

There comes a point in life when our spiritual struggle is no longer with the fact that we are desperately in need of God's forgiveness, but rather that God's grace and forgiveness is overly lavish, unmerited, and especially that it goes out so indiscriminately.

God's lavish love and forgiveness go out equally to those who have worked hard and to those who haven't, to those who have been faithful for a long time and to those who jumped aboard at the last minute, to those who have had to bear the heat of the day and to those who didn't, to those who did their duty and to

those who lived selfishly.

God's love isn't a reward for being good, doing our duty, resisting temptation, bearing the heat of the day in fidelity, saying our prayers, remaining pure, or offering worship—good and important though these are.

God loves us because God is love and God cannot *not* love and cannot be discriminating in love. God's love, as Scripture says, shines on the good and bad alike. That's nice to know when we need forgiveness and unmerited love, but it's hard to accept when that forgiveness and love is given to those whom we deem less worthy of it, to those who didn't seem to do their duty. It's not easy to accept that God's love does not discriminate, especially when God's blessings go out lavishly to those who don't seem to deserve them. †



*Loving God, we are called to forgive those who hurt us. When we are tempted to make exceptions, remind us that we are forgiven much. We pray in Jesus' name. Amen.*

The Redemptorists

## WEEKDAY READINGS

February 20–25

### Monday, Weekday:

Sir 1:1–10 / Mk 9:14–29

### Tuesday, Weekday:

Sir 2:1–11 / Mk 9:30–37

### Wednesday, Ash Wednesday:

Jl 2:12–18 / 2 Cor 5:20—6:2 / Mt 6:1–6, 16–18

### Thursday after Ash Wednesday:


Dt 30:15–20 / Lk 9:22–25

### Friday after Ash Wednesday:

Is 58:1–9a / Mt 9:14–15

### Saturday after Ash Wednesday:

Is 58:9b–14 / Lk 5:27–32

Bringing Home  
the Word   
February 19, 2023

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