



MUSIC FOR THE LITURGY

Sunday, June 5, 2022

Pentecost Sunday

8:00 AM
10:00 AM

Gathering: Send Us Your Spirit BB 452

Responsorial Psalm (Psalm 145)

*Sing a joyful song to the Lord! Alleluia!
Let the heavens and earth rejoice!
Alleluia! Alleluia!*

Sprinkling Rite: *God, you have moved upon the waters, you have sung in the rush of wind and flame; and in your love, you have called us sons and daughters, make us people of the water and your name.*

Preparation O Breathe On Me BB 652

Mass Parts Storrington Mass

Communion I Am The Bread Of Life BB 326
One Bread, One Body BB 337

Recessional: Hail Thee, Festival Day BB 737

✠ PARISH TITHING ✠

Our Parish needs to take in \$9700.00 each week in order to make ends meet. This amount represents an adjusted budget offertory of \$8500.00 per week plus the combination of budgeted Property and Fuel second collections (\$4800.00 per month divided into 4 weeks or \$1200.00 weekly). Your weekly contribution helps ensure that the Parish remains a vibrant community. Please remember to submit your weekly gift even if you will be away. Consider signing up for electronic giving (see below). Especially in these trying times, your Parish depends on your responsible stewardship and support!

COLLECTION AMOUNTS FOR

MAY 29, 2022

WILL APPEAR IN NEXT WEEK'S BULLETIN



Saint Luke the Evangelist Parish uses **Parish Giving** to provide parishioners with an opportunity to make your offertory and other contributions through Electronic Funds Transfer (EFT). Parish Giving is a simple, secure, and convenient way to manage your stewardship without weekly envelopes and without worries. This program is available to parishioners at no cost. Log on to the St. Luke the Evangelist Parish website at <http://stlukenh.org>, click on the Parish Giving logo, and follow the easy registration instructions.

RESTROOM BREAKS DURING MASS

Attention Parents

Please be sure to accompany your young children when they need to use the restroom during Mass. This is for their safety and your peace of mind!



Out of respect for the Lord and in consideration of fellow parishioners, please remember to silence or turn off your cell phones during Mass. Thank you!

UPCOMING SECOND & SPECIAL COLLECTIONS

June 5	Property Management
June 12	No Second Collection
June 19	Fuel
June 26	Works of the Holy Father
July 3	Property Management

Suggested Weekly Contribution Based on Income

Annual Income	5% Commitment annually/ weekly	3% Commitment annually/ weekly
\$100,000	\$5,000/\$100	\$3,000/\$60
\$75,000	\$3,750/\$75	\$2,250/\$45
\$60,000	\$3,000/\$60	\$1,800/\$36
\$50,000	\$2,500/\$50	\$1,500/\$30
\$40,000	\$2,000/\$40	\$1,200/\$24
\$30,000	\$1,500/\$30	\$900/\$18
\$25,000	\$1,250/\$25	\$750/\$15
\$15,000	\$750/\$15	\$450/\$9

Suggested Weekly Contribution Based on a Percentage Increase

Your Current Offertory Contribution	25% Increase	30% Increase	40% Increase
\$75.00	\$93.75	\$97.50	\$105.00
\$50.00	\$62.50	\$65.00	\$70.00
\$40.00	\$50.00	\$52.00	\$56.00
\$35.00	\$43.75	\$45.50	\$49.00
\$30.00	\$37.50	\$39.00	\$42.00
\$25.00	\$31.25	\$32.50	\$35.00
\$20.00	\$25.00	\$26.00	\$28.00
\$15.00	\$18.75	\$19.50	\$21.00
\$10.00	\$12.50	\$13.00	\$14.00
\$5.00	\$6.25	\$6.50	\$7.00

✠ PARISH NEWS ✠

COVID UPDATE

By mandate of the Bishop of Manchester on June 6, all restrictions and procedures put in place during the pandemic are no longer in effect.

The choice to wear or to not wear a mask is left up to individuals and their discretion. Those persons who have not been vaccinated should be especially mindful of their own safety and the safety of others, especially those vulnerable to communicable disease.

A hand sanitizer station will remain at the main entrances of the church doors for the time being for parishioners' convenience.

Anyone who has been recently exposed to COVID 19 or any other communicable disease should not attend public services of any kind. Those sick should remain at home until such time as they are healthy.

Liturgy online or on TV...

Boston Catholic Television **catholicstv.org**
Sunday Mass from Notre Dame
 catholicstv.org/masses/notre-dame-mass
Salt & Light TV saltandlighttv.org



PENTECOST IS UPON US!

SHOW YOUR TEAM SPIRIT!

**WEAR RED TO CHURCH
ON THE WEEKEND OF
JUNE 4 & 5**

**Pentecost Evening Prayer and
Benediction of the Blessed Sacrament
Holy Angels Church
Sunday, June 5 at 6:00 PM
Pentecost Dessert Reception follows
at 6:30 PM in the parish hall**



BLESSING OF FATHERS

A special blessing of Fathers will be given at all Masses on the weekend of **Father's Day, June 19, 2021.**

SUPPORT OUR ADVERTISERS

We appreciate the gracious support of our bulletin by our Advertisers. Please be sure to support our advertisers by calling them first!

If you have a business and would like to place an ad, call 1-800-333-3166.

FOR OUR RECORDS

We need your help to keep our records current. If there are any births, deaths, marriages, moves, or address changes in your family, please notify the Parish Office at 603-382-8324 or by email at jtremblay@stluketheevangelist.net. If you're new to our parish, registration forms are available at the entrances of both churches. Registration forms can also be found on our website at <http://stlukenh.org>.

AMAZONSMILE FOUNDATION

AmazonSmile.com is the same market platform as Amazon.com, but with the added benefit of allowing customers to donate 0.5% of the price of items purchased to a charitable organization. Please register today to start shopping and donating at www.amazonsmile.com. For questions, please call the Parish Office at 603-382-8324. Be sure to choose:

St Luke the Evangelist Parish, Plaistow.

PLEASE HELP US!

As you leave church, kindly take your Bulletin with you - or return it to the basket at the entrance of the Church, return your music book and Mass card to their proper place, and pick up after yourself as you leave

WHILE AWAY THIS SUMMER...

We appreciate all of you who remember to send in your Parish Offertory during the Summer even when on vacation or visiting other parishes. Thank you for remembering that our expenses also continue through the Summer months. We invite others to consider doing the same before or even after you return home.

✠ WEEKLY CALENDAR ✠

Sunday, June 5

11:00 AM VBS Volunteer Meeting *Plaistow*
 6:00 PM Vespers *Plaistow*
 6:30 PM Pentecost Dessert Reception *Plaistow*

Monday, June 6

7:00 PM Knights of Columbus Meeting *Plaistow*

Wednesday, June 8

Holy Angels Church
 Open All Day For Prayer

7:00 PM The Creed *Plaistow*

Thursday, June 9

8:30 AM – 8:30 PM Eucharistic Adoration *Newton*
 1:30 PM The Creed *Plaistow*

Saturday, June 11

3:00 PM Sacrament of Reconciliation *Plaistow*

PARISH OFFICE CLOSED

The Parish Office will be **closed on Wednesday, June 15**. The Office will reopen at 8:30 AM on Thursday, June 16.

PRAYER LINE

St. Luke's offers a prayer line as a resource for those seeking prayer assistance. To submit your prayer request please call Cathy Smith at 603-382-8324, ext. 314 or email her at csmith@stluketheevangelist.net.

MEN OF ST. JOSEPH

Our ministry aims to emulate St. Joseph and become better husbands, fathers, sons and brothers. There are no dues and the Men of St. Joseph do not participate in projects or other volunteer efforts as a group, but instead, gather together for sharing among men to help them be a better person, a better family man, and a better member of the Church. Join us on Saturday morning, **June 18, 2022 from 8:00 to 9:00 AM** in the parish hall on the Plaistow campus.



Find us on:
facebook®

St. Luke the Evangelist is now on Facebook! Go to www.facebook.com/stlukenh.org/ or **St. Luke the Evangelist Parish – Newton/Plaistow** and give us a Like! Please invite fellow parishioners & friends to do the same.

✠ MASS INTENTIONS ✠

Saturday, June 4 ~ Pentecost

Gn 11:1-9; Ex 19:3-8a, 16-20b; Ez 37:1-14; Jl 3:1-5; Rom 8:22-27; Jn 7:37-39 (Vigil)

4:00 PM Michael Gerard Lyons (5th Anniversary) and
 Bryan Paul Lyons (2nd Anniversary)
 by Gerard Lyons
Plaistow

Sunday, June 5 ~ Pentecost

Acts 2:1-11; 1 Cor 12:3b-7, 12-13; Jn 20:19-23

8:00 AM Thomas Antczak by the Burge family
Newton

10:00 AM Paul O'Leary by Colleen Hammond
Plaistow

Monday, June 6 ~ Blessed Virgin Mary, Mother of the Church

Gn 3:9-15, 20 or Acts 1:12-14; Jn 19:25-34

8:00 AM In Thanksgiving for a Favor Received
 by Bonnie Lajoie
Newton

Tuesday, June 7 ~ Weekday

1 Kgs 17:7-16; Mt 5:13-16

8:00 AM The Intentions of Bill Lawrence
Plaistow

Wednesday, June 8 ~ Weekday

1 Kgs 18:20-39; Mt 5:17-19

6:30 PM Mark A. Jensen (1st Anniversary)
 by his wife and children
Plaistow

Thursday, June 9 ~ Ephrem, Deacon and Doctor of the Church

1 Kgs 18:41-46; Mt 5:20-26

8:00 AM People of the Parish
Newton

Friday, June 10 ~ Weekday

1 Kgs 19:9a, 11-16; Mt 5:27-32

No Mass

Saturday, June 11 ~ Barnabas, Apostle

Acts 11:21b-26, 13:1-3; Mt 5:33-37 (Day)

Prv 8:22-31; Rom 5:1-5; Jn 16:12-15 (Vigil)

4:00 PM Deceased Members of the Pineau family
 by their family
Plaistow

Sunday, June 12 ~ The Most Holy Trinity

Prv 8:22-31; Rom 5:1-5; Jn 16:12-15

8:00 AM Doreen Burge by the Burge family
Newton

10:00 AM Jesselyn Driscoll by her family
Plaistow



Mass Times for travel

masstimes.org

"come to me all of you"

- Matthew 11:28



MARRIAGE IN THE CHURCH
Did you know that ALL Catholics are required to be married in the Church as a condition of the validity of their marriage?

Any Catholic married in a civil ceremony (JP) or in any religious ceremony other than a Catholic one (unless specifically excepted by the Bishop) is not living out the Sacrament of Marriage in its fullness according to the teaching of the Church. Contact Father Albert at the parish office for more information.



The Sanctuary Candle in Holy Angels Church will burn this week in loving memory of

Michael Gerard Lyons
and
Bryan Paul Lyons
by Gerard Lyons

VIGIL LIGHT

The Vigil Light in front of the Blessed Mother icon at Mary Mother of the Church will burn this week in loving memory of

Thomas Antczak
by the Burge family



CANDLES

The Sanctuary Candles in both Newton and Plaistow, as well as the Vigil Candle in front of the Blessed Mother icon in Newton, may be offered in memory or honor of a loved one. The suggested offering for each is \$10.00.

THE GOD MINUTE

Every morning a small group of priests, religious, and lay people start their day in prayer. Soft music, sacred scripture, and a thoughtful reflection are weaved into a 10-minute prayer called "The God Minute." It's then uploaded for you to access and pray along with us on your own time. And it's free. Listen with your coffee in the morning, while driving to work, or taking a walk. See how easy and beautiful prayer can be!

www.thegodminute.org

The **Rite of Christian Initiation of Adults** is the process by which people become members of the Roman Catholic Church. Be a good agent of welcome and evangelization! If you or someone you know is interested in inquiring about becoming a member of the Roman Catholic Church, contact Cathy Smith in the Parish Office.

ADULT CONFIRMATION

Are you an adult who has been Baptized and received Eucharist, but has not celebrated the sacrament of Confirmation? The adult Confirmation process is an opportunity to complete the Sacraments of Initiation. If you would like to prepare for Confirmation, or if you have questions, call Cathy Smith at 603-382-8324, ext. 305 or call Cathy Smith at 603-382-8324, ext. 305 or email her at csmith@stluketheevangelist.net.

YOUTH CONFIRMATION

Students in Junior High or High School who have not celebrated the Sacrament of Confirmation and would like to prepare to receive the sacrament, contact Cathy Smith at 603-382-8324, ext. 305, or email her at csmith@stluketheevangelist.net.

EUCCHARISTIC ADORATION

We are truly blessed to have times for Adoration of Our Lord in our Parish. This time of prayer and intercession is not only a source of great grace for the individual, but it is a great source of grace for us as a parish family, as well.

We have many who have made the commitment to spend an hour each week with our Eucharistic Lord, **but** we need more people so there will be at least two people at each hour. We are also looking for people who would be able to substitute.

Newton – Thursday
8:30 AM – 8:30 PM

If you can commit to one hour a week in Adoration of our Lord, or if you can be a substitute, please contact Cathy Smith at 603-382-8324, ext. 305 or email her at csmith@stluketheevangelist.net.

The Church in Plaistow is open all day on Wednesdays for people to stop by and pray before the presence of Jesus in the tabernacle.

✠ **PARISH DIRECTORY** ✠

Parish Office	603-382-8324
Parish Prayer Line	603-382-8324 x 314
St. Vincent de Paul Society	603-382-8324 x 315
St. Luke's Food Pantry	603-819-4949
Preschool	603-382-9783
Presentation of Mary Convent	603-382-2744

Fr. Albert Tremblay	fr.albert@stluketheevangelist.net
Cathy Smith	csmith@stluketheevangelist.net
Joyce Szczapa	jszczapa@stluketheevangelist.net
Jackie Tremblay	jtremblay@stluketheevangelist.net
Val Barczak	mvmbarczak@comcast.net
Parish Council	parishcouncil@stluketheevangelist.net

✂ Community News ✂



ST. LUKE THE EVANGELIST FOOD PANTRY

Thank you for your generosity towards the hungry of our area!

Non-perishable food or personal care items are always needed – donations can be dropped off at Church or are welcome at the Parish Office during regular business hours.

Cash donations for food are always welcome – make checks payable to **St. Luke the Evangelist Food Pantry**. All donations to the Food Pantry go toward helping the needy of our communities. **Call the Pantry at 819-4949 for more information.**

Dearest Parishioners – your generosity continues to amaze us! We **SOLD OUT** of Easter Lilys! We are so grateful to those who purchased these lovely plants and told us to keep the change. We had the best year ever and will use the funds raised to continue our mission to help the poor in our communities with “a hand up,” and not “a handout.” In addition, the “dropped dollars” in our collection box far exceeded any previous month! **THANK YOU!** This past month, we helped clients with rental assistance, fuel, and car repairs. We’re able to help in these small and big ways because of your generosity. We can’t stress enough that 100% of your donation goes directly back into the community, helping your friends and neighbors. Your support of the Society does not go unnoticed. We are truly grateful!



If you are interested in learning more about this great group of volunteers, contact our Secretary, Jim Edwards, at jimmy69180@hotmail.com or 603-642-5236. Meetings are both live and virtual.

If you seek assistance or need information about the Society, call (603) 382-8324, ext.315.

FIAT AND QUO VADIS DAYS VOCATION CAMPS

Do you know where your life is going? The Lord Jesus has a great plan for your life! High school age young men and women (ages 14-18) are invited to attend our upcoming vocation camps to look at the Lord’s call in your life while having lots of fun. **Fiat Days for young women is held July 25-28** and **Quo Vadis Days for young men is held August 8-12**. For more information and to register, please visit liveinblackandwhite.com.



ALL ABOARD FOR FUN AT VBS!

CLIMB ABOARD THE ROCKY RAILWAY for the best week of summer! New Friends, Amazing Experiments, Creative Games, Super-Fun Snacks, Surprising Adventures, Incredible Music! Vacation Bible School will take place from **9:00 AM to 12:00 Noon on June 20, 21, 22, 23, and 24**. For more information, or to register, call Joyce Szczapa at 603-382-8324, ext. 303 or email her at jszczapa@stluketheevangelist.net.

ALCOHOLICS ANONYMOUS

A Men’s AA Step Meeting is held on Sunday mornings from 7:00 to 8:00 AM at St. Luke the Evangelist Parish Hall. Masks are required. Bring your own coffee. For more information, call Joe at 617-921-9899.



DO SOMETHING GOOD WITH US

The Knights of Columbus are a vital and vibrant part of St. Luke the Evangelist Parish.

We welcome any practicing Catholic man, 18 years or older, to join the Knights.

We are sons, fathers, husbands and grandfathers, whose main purpose is charitable works in support of our parish and community.

Where there is a need, there is a Knight.

Joining is simple – talk to a brother Knight, contact Dan Sullivan at 603-770-4803, email him at dans49@comcast.com or you can now join online at www.kofc.org/joinus.

**THE KNIGHTS OF
COLUMBUS
ST. JUDE COUNCIL
#6617
www.kofc6617.org**



For centuries Pentecost has been one of the premier days of the Church year. The Church in different places has celebrated Pentecost with all kinds of symbols and traditions. Customary at Pentecost were branches of fresh foliage, bundles of green grasses and reeds, and a large number of familiar spring flowers: roses, poppies, peonies and irises.

On Pentecost, people feasted on the first pickings of their gardens: asparagus, peas, lettuces and herbs, rhubarb and strawberries. With pastures lush and with flocks and herds giving birth, the abundance of dairy products transformed winter's fast into springtime's great feast.

These signs of the season came to be interpreted as emblems of the life-giving Spirit, as reminders of God's covenant with all creation.

On the Jewish calendar, *Shavuot*, the feast of "Weeks," falls 50 days -seven weeks-after Passover (*Shavuot*) is also called Pentecost, from the Greek word for 50.) The days between Passover and *Shavuot* are the time of the grain harvest in many Mediterranean lands. This most important harvest of the year must be successful, though even a good crop of grain is extremely vulnerable just before it is gathered in. When grain ripens, it grows brittle and is easily broken by wind, easily rotted by rain. The 50 days in Jewish lore are a time of pensiveness, of holding one's breath until the harvest has been safely brought into storage.



Even in more northerly climates we know the anxieties of spring. When will the fields dry out so that we can plant? When will the rains come so that the seed will sprout? A hailstorm can wreck an orchard, a cold snap can kill newly hatched chicks, and a dust storm can asphyxiate a herd.

Pentecost became a celebration of the end of anxiety – a feast of fulfillment. Some of its customary images are dishes prepared from milk and honey as signs of our arrival in the “promised land” of the settled days of summer. Cheesecake was just about invented as a Pentecost delicacy.

Another Hebrew title for Pentecost is *Yom ha-Bikkurim*, “the day of firstfruits.” A firstfruit is an offering to God of the first of each harvest. Throughout the Fifty Days, an offering of barley was made to God, and at Pentecost the offering changed to the first sheaves of ripe wheat.

In Jewish and Christian folklore, Pentecost is associated with ripe, red strawberries, golden apricots and cherries - the first of the summer fruits. This is just about the time of year these fruits grow ripe in the warmer places of North America, and markets everywhere have them in abundance.

The Pentecost custom of filling homes and houses of worship with lush greenery was kept by Jews and Christian alike. The custom still lives on in central and eastern Europe. There is great mystery in a simple green branch or a stalk of green grass.

Not that many weeks ago the earth seemed lifeless, but in time the ground softened, the buds swelled and blossomed, and the Passover arrived. Now that the season is complete, the days have gotten long and warm, trees are green, and the earth has grown fruitful.

The branches and bundles of green grasses may remind us of phrases from the Pentecost sequence- *Veni Creator Spiritus* – “*dulce refrigerium*,” “sweet refreshment,” and “*in aestu temperies*,” “mildness in the heat.” These are attributes of the Holy Spirit.

City folks sometimes substituted paper roses and green foliage for the real thing. The art of cut paper added a lovely dimension to Pentecost and sometimes was combined with real greenery and flowers. Paper birds, flowers, garlands and other ornaments would be used to festoon whole small trees cut and brought inside. In past generations, Christmas was not the only season for decorated trees. Many Byzantine churches still use small birches and poplars in their decoration, especially of the front doors. Some Jewish synagogues spread their floors with sweet-smelling hay and decorate the ark of the scriptures with tree branches.

The story of the covenant on Sinai, where God came down in fire and wind, became the principal focus of the festival of *Shavuot*. The covenant completes the Passover. The Israelites kept vigil while Moses received the tablets of the law; thus keeping vigil throughout the night became a Jewish custom for *Shavuot*. It also became a custom for Christians at Pentecost so that Easter time would end the way it began, with a nighttime vigil.

We Christians add the story of the descent of the Holy Spirit to the other stories we celebrate at Pentecost, the stories we have received as a legacy from the Jewish celebration. With special delight we contrast the story in Acts of the Spirit’s gift of the understanding of languages with the disruption of languages on the tower of Babel. Pentecost can be for us a kind of festival of the nations - like Epiphany, the herald of a world at peace.



OUR COMMUNION: OUR PEACE AND OUR PROMISE

In our life together as Catholic Christians, we rejoice in the great gift of the Holy Eucharist. We believe as a Church that Jesus is always present in our world, but Christ is especially present when we gather for worship. The primary day for gathering is Sunday, when we celebrate the resurrection of Jesus. When we come together for Sunday Liturgy, we believe as Catholics that Jesus is “truly present” in the Word, in the Sacrament, in the gathered Assembly and in the person of the priest.

Jesus tells us to eat his flesh and drink his blood. We must avoid an overly literalistic understanding of these words. We do not literally eat flesh or drink blood. Jesus’ command to eat his body and drink his blood can only make sense if we understand the words body and blood as designating the whole person, the real glorified Christ as he exists today in our midst.

How do we approach this great moment? It should be with reverence and with the knowledge that the Lord calls each of us - and all of us as a community - to enter into the mystery of the Lord’s dying and rising. A few things are important about our reception of communion:

The Church calls us to fast from all food and drink at least one hour before receiving. This is more of a spiritual exercise than an ascetical practice. When fasting, our minds, bodies and spirits are better prepared to receive the gifts God gives us.

We all “receive” communion from the hands of another.

“Taking” communion is not part of the Catholic perspective on the sacrament of the Eucharist. Jesus feeds us... we are needy and unworthy. That feeding comes through the ministry of another of our brothers or sisters. The Bishops of the United States have authorized two methods of receiving communion under the form of the host: on the tongue, or in the hand. One should determine one’s preference, and after a bow of the head in reverence to the sacred Host, respond “Amen,” open the mouth or have a “throne” made with one’s two hands open to receive the Body of the Lord. *The host is then immediately consumed.*

We believe as a Church that Jesus is always present in our world, but he is especially present when we gather for worship.

How do we approach this great moment?

In the Diocese of Manchester, our Bishop has made it clear that a sign of adoration before receiving the Eucharist is a wonderful way of showing reverence and awe before the Holy Gifts God gives to us. ***A simple bow of the head is indicated in the 2001 General Instruction of the Roman Missal.*** One then receives the Eucharist standing, joined in procession with the whole Assembly gathered - in communion with the Church. Any gestures or actions which detract from this communion are distracting and a serious sign of dis-union with the Assembly gathered and praying together.

Continued on next page...

The assembly is encouraged by the Church to receive from the cup, after having the cup withdrawn for centuries. This in no way detracts from the belief that the “whole Christ, body, blood, soul and divinity” is present in either element of the Eucharist. The Church’s return to a common cup follows the very words of Jesus, “take and eat... take and drink...” and the instructions and admonitions of the great Christian teachers such as Paul of Tarsus and Augustine of Hippo. ***Receiving from the cup means first bowing one’s head in a gesture of adoration, responding “Amen” to the minister, and then drinking from the cup.***

There is no scientific evidence at all of any person “catching something” from this act. In fact, you are more likely to catch cold from sitting next to a family member at home than from sharing in the cup at communion time. ***Receiving under both forms is a fuller and better sign of our participation in the Eucharistic action. Eating and drinking fulfills in the best way possible the commands of the Lord Jesus.***



Receiving from the cup means just that. Self-intinction (dipping the host into the cup yourself) is not part of our observance and breaks the communal sharing of the Eucharist in a serious way. While intinction is used in some places, it is not a preferred way of receiving communion according to our U.S. Bishops, and **NEVER** in the Catholic Church is a communicant allowed to complete this action on his or her own. ***We receive communion as a holy gift from God.*** Our conduct in receiving should show how important we believe that gift to be.

Children who are not of the age to receive (7 by law in the Church) should not receive communion. This means that parents have to keep an eye on little ones - while still respecting their desire to “join the procession.” **DO bring up children in the communion procession**, and have them cross their arms over their chest, and the priest or minister of communion will simply bless them. ***Parents should never “share” communion they have received with their young children.*** While on the surface a pious act, it breaks up the unity supposed by the sharing of the Eucharist. When they have reached the proper age and are prepared, children are admitted to communion for the first time. That day is a highlight in the lives of many a Catholic boy and girl, as well it should be.

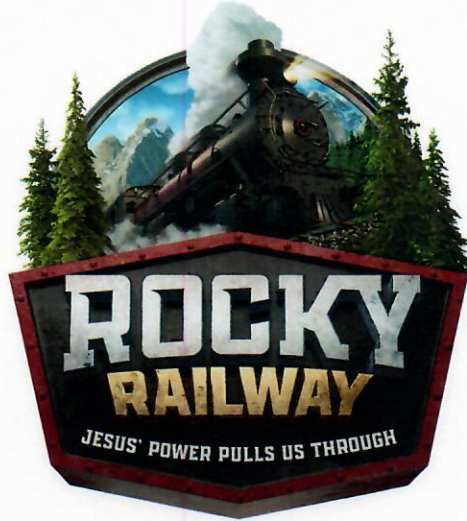
To eat Jesus’ body and drink His blood is to enter into a true encounter with the person of Jesus. This is the full meaning of the Eucharist. It is a dynamic meeting with the Risen One. But it is not a solitary experience. We do not come to the Eucharist simply as isolated individuals, but rather as persons who are members of a community, as persons who are the Body of Christ. The Eucharist is not just Jesus with me, but Jesus with us, and all of us with one another. And we are not together hiding from the world: We are Christ's body in the world God created, every day, every hour of our lives.

In a word, Jesus’ presence is not static: He is not satisfied just to be there. He is there to act dynamically in order to change our lives. In the Eucharist we meet Christ, and are challenged by his presence in the assembly of his people. He is present to make us whole people. He is there to bring harmony and peace into our lives, our families, our country, and our world. He comes to make us experience ourselves as his body in the world.

We receive communion as a holy gift from God....



Climb aboard for...



The best week of the summer!

New friends • Amazing experiments • Creative games
Super-fun snacks • Surprising adventures • Incredible music

Location: St. Luke the Evangelist Parish-Plaistow
(church name)

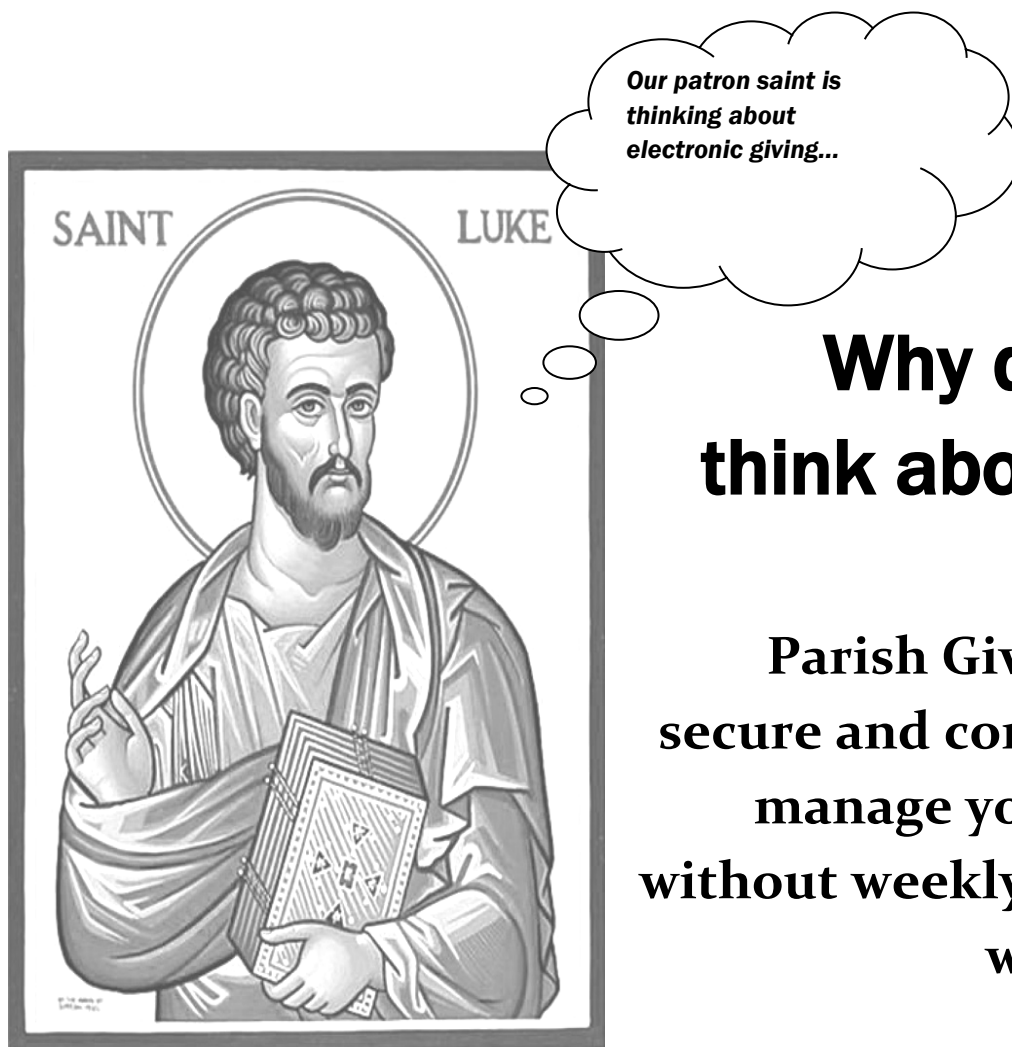
VBS will last from: June 20-21-22-23-24
(VBS dates)

Each day's fun begins at: 9 AM
(VBS starting time)

The VBS day ends at: NOON
(VBS ending time)

For more information, call: 603-382-8324 Ext. 303
(church phone number)

Register online here: jszczapa@stluketheevangelist.net
(web address)



Why don't you think about it too?

Parish Giving is a simple, secure and convenient way to manage your stewardship without weekly envelopes and without worries.

- Parish Giving allows you to select contribution amounts and special collections right from your own computer or smartphone
- You can be a good steward for the Parish even when you are away from the area on a weekend
- Parish Giving allows you to print out a report detailing your contributions for the year.
- Log on to the St. Luke the Evangelist Parish website <http://stlukenh.org>, click on the Parish Giving logo and follow the easy registration instructions.

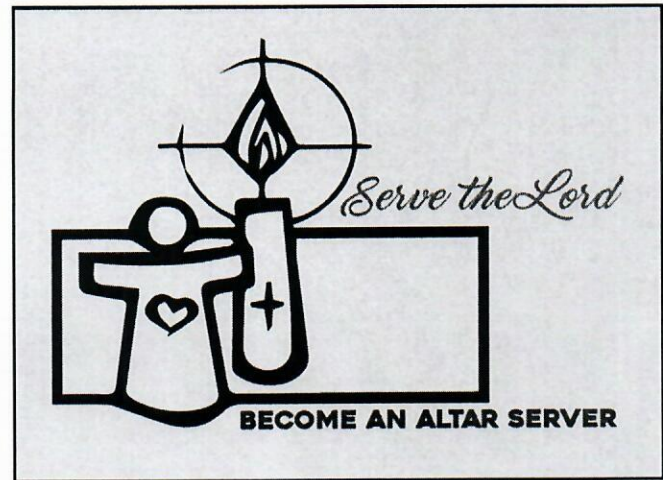


PARISH SERVERS WANTED

Parish life is back !!

We are looking for ALTAR SERVERS ministering at all Sunday, Weekday and Holy Day Liturgies...

But we are also conscious of personal safety and family schedules as well as the Parish schedule for Religious Education.



Saturday 4 PM Plaistow – ADULT SERVERS

Sunday 8 am Newton – ADULT SERVERS

Sunday 10 am – YOUTH & ADULT SERVERS

Weekday Liturgies – ADULT SERVERS

★ Youth are always welcome to serve at the 4 PM and the 8 am Liturgy, but because of Religious Education schedules this may be complicated... but welcome still !

ALTAR SERVER - YOUTH

The mission of the St. Luke the Evangelist Altar Servers is to minister at God's altar with reverence, generosity, and love. The presence of Altar Servers is an important witness, reminding us that Catholics of every age have gifts to offer and a role in ministry. To become a youth Altar Server, students must be in the third grade or higher, and have received Confirmation & Eucharist

Parent permission forms are available in the Sacristy of both Churches. All Servers begin as "observers" and gradually learn what Servers do during Mass. Contact F. Albert (fr.albert@stluketheevangelist.net) or at 382-8324 with any questions or to begin Altar Serving.

ALTAR SERVER - ADULT

Adult Altar Servers continue the mission of service to the Parish in its worship. Adults are scheduled at Saturday Vigil, Sunday, Daily and Holy Day Liturgies. Adults are especially welcome to assist at Funeral Liturgies which are typically held on weekday or Saturday mornings.

Youth or Adult Servers may choose to wear a mask while serving.

Contact F. Albert (fr.albert@stluketheevangelist.net) or at 382-8324 with any questions.



SPECIAL MINISTER OF THE EUCHARIST

The primary mission of the St. Luke the Evangelist Special Ministers of the Eucharist is to assist at Liturgy in distributing the Body and Blood of Christ to the faithful. Additionally, Eucharistic Ministers may bring Communion to the sick and homebound.

To serve as a Eucharistic Minister one must be at least 16 years old and a Confirmed, practicing Catholic. If married, a Minister must have been married in the Church as required by Church Law. Applicants for this ministry must be approved by the Pastor.

This role in the Church is different from other volunteer opportunities because it requires a *mandate* (or permission) from the Diocesan Bishop in order to function as a Special Minister in a particular community. With such a special status come requirements. The Diocese of Manchester asks that Special Ministers receive formation and training as to the theology of the Eucharist and their specific roles as ministers in their respective parishes.

Contact F. Albert (fr.albert@stluketheevangelist.net) or at 382-8324 with any questions or to be considered for service as a Special Minister of the Eucharist.

READER



Readers proclaim the Word of God at Liturgy. They also offer the Prayer of the Faithful at weekend Liturgies. A good public speaking voice and attention to the nuances of the Scriptures are needed to be a good Reader. Adults and youth age 14 and up are welcome to serve as Readers. New Readers receive a short training session to review current guidelines and procedures before serving at their first Liturgy. Readers are provided with an annual workbook to help them understand the readings in historical / spiritual / liturgical context.

Readers share the Word of God at weekend Liturgy or weekday Liturgy. Readers are also needed to help at funerals (weekdays and Saturday mornings)

Contact F. Albert (fr.albert@stluketheevangelist.net) or at 382-8324 with any questions or to begin serving as a Reader.

All adult volunteer ministries require the Diocese of Manchester Volunteer Application process which provides information about promoting safe environments and sexual abuse. Please see the Pastor with questions.



Bringing Home the Word

Pentecost (C)

June 5, 2022

Experience the Gift of the Holy Spirit

By Fr. Mark Haydu, LC

In his bestseller *The 5 Love Languages*, Gary Chapman points out that among the five ways people show love, a common one is to give gifts. Perhaps Jesus' love language was giving gifts, because he sure did it a lot! He gave sight to the blind, power to the weak, food to the hungry, drink to the thirsty, faith to the faithless, and love to the lonely.

Jesus wants to give us the Holy Spirit. We've read in Acts how the power of this gift of the Spirit transformed the early Church. Jesus wants to do the same for us.

Sunday Readings

Acts 2:1–11

Then there appeared to them tongues as of fire, which parted and came to rest on each one of them.

1 Corinthians 12:3b–7, 12–13 or Romans 8:8–17

In one Spirit we were all baptized into one body, whether Jews or Greeks, slaves or free persons.

John 20:19–23 or John 14:15–16, 23b–26

Jesus came and stood in their midst and said to them, "Peace be with you."

When we were baptized, we received the Holy Spirit, and at confirmation we said yes to his spiritual gifts more completely. Yet for many, the power of the Holy Spirit is a pious thought rather than something we experience daily.

Here are a few ways to open your heart to the Sanctifier's inspirations: First, be grateful for God's gifts and inspirations. St. Thérèse of Lisieux said, "What most attracts God's grace is gratitude, because if we thank him for a gift, he is touched and hastens to give us ten more." Second, practice detachment. If we cling to our possessions, viewpoints, and ourselves, there's little room for the Spirit to move us. Third, ask God for inspiration—then listen. God doesn't usually force himself on us, so ask him to come in more powerfully! Then practice a little silence and listen. You'll be surprised at how the Holy Spirit speaks to you! +

"What most attracts God's grace is gratitude, because if we thank him for a gift, he is touched and hastens to give us ten more."

St. Thérèse of Lisieux

A Word from Pope Francis

The first advice offered by the Holy Spirit is, "Live in the present." The present, not the past or the future. The Paraclete affirms the primacy of today, against the temptation to let ourselves be paralyzed by rancor or memories of the past, or by uncertainty or fear about the future.

Pentecost Mass, May 23, 2021



REFLECTION QUESTIONS



- What makes you feel better: avoiding a task or accomplishing it?
- How does the Holy Spirit speak to you?

May the Force Be With You

By Paige Byrne Shortal

Several years ago I spent some time in India. One evening my hostess invited me to watch *The Bucket List* with her. Try to picture us: two women, one Hindu and one Catholic, unknown to each other until a month earlier, watching a movie about two men with terminal cancer who spend their last six months doing things they always wanted to do before they “kick the bucket.” Poonam and I sat late into the night discussing our own “bucket lists” and found we had much in common.

What do I want to do before I die? For that matter, what do I want to do before summer ends? Too often it flies by and come September I mourn that I only went swimming twice and I missed the cherry harvest, and I didn’t even begin a certain writing project.

Why do we not do what we want to do? This phenomenon isn’t limited to distasteful projects. I even put off tasks I enjoy. It’s not so much the work that’s daunting, it’s the starting. I don’t have a scientific mind, but when I learned of Isaac Newton’s first law of motion, I had an aha moment. The first part says that a body at rest, or moving at a constant speed in a straight line, will remain at rest, or keep moving in that straight line. Aha! That’s why it’s hard to get going or change. We’re like Newton’s inanimate objects, tending to continue as we are—purposeful and productive or on the couch watching reruns of *This Old House* while scrolling through Facebook.



The cure for boredom and mindless distraction by day and wide-eyed, heart-thumping panic by night is engagement—the flow of meaningful work and the feeling of competence while we do it. But sometimes a malaise settles over a person and it’s hard to get moving. As Newton explained in the second part of his first law of motion, that body at rest or moving in a straight line will get moving or change direction only when acted upon by an “unbalanced force.”

What’s an unbalanced force? Any force strong enough to get us moving in a new direction—or moving at all. Sometimes it takes a crisis, like a cancer diagnosis, or a job loss, or any serious trouble, to compel us to move in a new

direction. But sometimes a New Year’s resolution or making a “bucket list” will do the trick.

The ultimate unbalanced force, the Force that can knock us off our pins and set us right again, is the Holy Spirit. God didn’t create us to be slaves to safe routines and mindless amusements until this precious life is over. God made us for freedom and instilled in us a longing for meaning, a sense that our lives matter very much. We’re here to reveal—indeed to be—a face of God otherwise never known to this world. God sends the Holy Spirit to work in us, to help each of us become our true self before this life ends and we go home to heaven.

Meanwhile, the summer stretches before us. What’s on your list of things to do before summer kicks the bucket? +

The ultimate unbalanced force, the Force that can knock us off our pins and set us right again, is the Holy Spirit.



*Lord, you send forth your Spirit.
Teach me to walk your
way of love and compassion
in hope and gratitude.*

—From *Hopeful Meditations for Every Day of Easter Through Pentecost*, Rev. Warren J. Savage and Mary Ann McSweeney

WEEKDAY READINGS

June 6–11

Monday, Blessed Virgin Mary:
Gn 3:9–15, 20 or Acts 1:12–14 / Jn 19:25–34

Tuesday, Weekday:
1 Kgs 17:7–16 / Mt 5:13–16

Wednesday, Weekday:
1 Kgs 18:20–39 / Mt 5:17–19

Thursday, Weekday:
1 Kgs 18:41–46 / Mt 5:20–26

Friday, Weekday:
1 Kgs 19:9a, 11–16 / Mt 5:27–32

Saturday, St. Barnabas:
Acts 11:21b–26; 13:1–3 / Mt 5:33–37

Bringing Home
the Word 

June 5, 2022

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