



MUSIC FOR THE LITURGY

Sunday, February 27, 2022

The Eighth Sunday
In Ordinary Time

4:00 PM
8:00 AM
10:00 AM

Gathering: Come, Christians, Join To Sing BB 554

Responsorial Psalm (Psalm 34)

*Taste and see the goodness of the Lord;
O, Taste and see the goodness of the
Lord.*

Preparation Hosea BB 665

Mass Parts Mass of Creation

Communion Our Blessing Cup BB 357

I Received The Living God BB 324

Recessional: For The Fruits Of This Creation BB 430

✠ PARISH TITHING ✠

Our Parish needs to take in \$9700.00 each week in order to make ends meet. This amount represents an adjusted budget offertory of \$8500.00 per week plus the combination of budgeted Property and Fuel second collections (\$4800.00 per month divided into 4 weeks or \$1200.00 weekly). Your weekly contribution helps ensure that the Parish remains a vibrant community. Please remember to submit your weekly gift even if you will be away. Consider signing up for electronic giving (see below). Especially in these trying times, your Parish depends on your responsible stewardship and support!

February 13, 2022

Offertory **\$7,730.45**

Catholic Schools **\$1,304.00**

COLLECTION AMOUNTS FOR

FEBRUARY 20, 2022

WILL APPEAR IN NEXT WEEK'S BULLETIN

FOR OUR RECORDS

We need your help to keep our records current. If there are any births, deaths, marriages, moves, or address changes in your family, please notify the Parish Office at 603-382-8324 or by email at jtremlay@stluketheevangelist.net. If you're new to our parish, registration forms are available at the entrances of both churches. Registration forms can also be found on our website at <http://stlukenh.org>.

RESTROOM BREAKS DURING MASS

Attention Parents

Please be sure to accompany your young children when they need to use the restroom during Mass. This is for their safety and your peace of mind!



Out of respect for the Lord and in consideration of fellow parishioners, please remember to silence or turn off your cell phones during Mass. Thank you!



Saint Luke the Evangelist Parish uses **Parish Giving** to provide parishioners with an opportunity to make your offertory and other contributions through Electronic Funds Transfer (EFT). Parish Giving is a simple, secure, and convenient way to manage your stewardship without weekly envelopes and without worries. This program is available to parishioners at no cost. Log on to the St. Luke the Evangelist Parish website at <http://stlukenh.org>, click on the Parish Giving logo, and follow the easy registration instructions.

UPCOMING SECOND & SPECIAL COLLECTIONS

February 27

March 2

March 6

March 13

March 20

No Second Collection

Aid to Churches in Europe and Africa

Property Management

CRS and Catholic Home Missions

Fuel

Suggested Weekly Contribution Based on Income

Annual Income	5% Commitment annually/ weekly	3% Commitment annually/ weekly
\$100,000	\$5,000/\$100	\$3,000/\$60
\$75,000	\$3,750/\$75	\$2,250/\$45
\$60,000	\$3,000/\$60	\$1,800/\$36
\$50,000	\$2,500/\$50	\$1,500/\$30
\$40,000	\$2,000/\$40	\$1,200/\$24
\$30,000	\$1,500/\$30	\$900/\$18
\$25,000	\$1,250/\$25	\$750/\$15
\$15,000	\$750/\$15	\$450/\$9

Suggested Weekly Contribution Based on a Percentage Increase

Your Current Offertory Contribution	25% Increase	30% Increase	40% Increase
\$75.00	\$93.75	\$97.50	\$105.00
\$50.00	\$62.50	\$65.00	\$70.00
\$40.00	\$50.00	\$52.00	\$56.00
\$35.00	\$43.75	\$45.50	\$49.00
\$30.00	\$37.50	\$39.00	\$42.00
\$25.00	\$31.25	\$32.50	\$35.00
\$20.00	\$25.00	\$26.00	\$28.00
\$15.00	\$18.75	\$19.50	\$21.00
\$10.00	\$12.50	\$13.00	\$14.00
\$5.00	\$6.25	\$6.50	\$7.00

✠ PARISH NEWS ✠

COVID UPDATE

By mandate of the Bishop of Manchester on June 6, all restrictions and procedures put in place during the pandemic are no longer in effect.

The choice to wear or to not wear a mask is left up to individuals and their discretion. Those persons who have not been vaccinated should be especially mindful of their own safety and the safety of others, especially those vulnerable to communicable disease.

A hand sanitizer station will remain at the main entrances of the church doors for the time being for parishioners' convenience.

Anyone who has been recently exposed to COVID 19 or any other communicable disease should not attend public services of any kind. Those sick should remain at home until such time as they are healthy.

Liturgy online or on TV...

Boston Catholic Television **catholictv.org**
Sunday Mass from Notre Dame
catholictv.org/masses/notre-dame-mass
Salt & Light TV saltandlighttv.org
Eternal Word Television ewtn.com

FINANCIAL CONTRIBUTION STATEMENT

If you would like an "end of year" financial statement of your contributions to the Parish for 2021, **please call Jackie** at the Parish Office at 603-382-8324. **Financial Statements are issued on a request only basis.**

AMAZONSMILE FOUNDATION

AmazonSmile.com is the same market platform as Amazon.com, but with the added benefit of allowing customers to donate 0.5% of the price of items purchased to a charitable organization. Please register today to start shopping and donating at www.amazonsmile.com. For questions, please call the Parish Office at 603-382-8324. Be sure to choose:

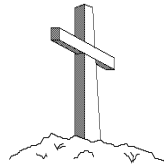
St Luke the Evangelist Parish, Plaistow.

ASH WEDNESDAY

Join us for Mass and distribution of ashes on **Wednesday, March 2:**

8:00 AM in Newton

6:30 PM in Plaistow



STATIONS OF THE CROSS

Stations of the Cross will take place each Friday evening during Lent at 6:30 PM in Newton.

LENTEN EVENING PRAYER

Evening Prayer is sung at Newton at 6:00 PM on all Sundays of Lent. Join us for a quiet time of prayer and reflection. The **Sacrament of Reconciliation** is available immediately after Evening Prayer each Sunday of the Lenten Season.



VIGIL LIGHT

The Vigil Light in front of the Blessed Mother icon at Mary Mother of the Church will burn for the Intentions of **Jill Kulczyk**

by Barbara and Jack Brotz

SANCTUARY CANDLES

The Sanctuary Candles in both Newton and Plaistow may be offered in memory or honor of a loved one. The suggested offering for each is \$10.00. Please call the Parish Office at 382-8324.

VIGIL LIGHT

The Vigil Light in front of the Blessed Mother icon in Newton may be offered in memory or honor of a loved one. The suggested offering for each is \$10.00.

PLEASE HELP US!

As you leave church, kindly take your Bulletin with you - or return it to the basket at the entrance of the Church, return your music book and Mass card to their proper place, and pick up after yourself as you leave. Our Ushers are wonderful and diligent, but they should not have to face a Foxboro aftermath as each Mass ends! Thanks for being attentive and respectful! F. Albert.

WHILE AWAY THIS WINTER...

We appreciate all of you who remember to send in your Parish Offertory during the Winter even when on vacation or visiting other parishes. Thank you for remembering that our expenses also continue through the Winter months. We invite others to consider doing the same before or even after you return home.

✠ WEEKLY CALENDAR ✠

Sunday, February 27
PREPARE CHURCHES FOR LENT

10:00 AM Religious Ed – PreK to 8 *Plaistow*

Wednesday, March 2
Holy Angels Church
Open All Day For Prayer

7:00 PM Disciples on the Journey *Plaistow*

Thursday, March 3
8:30 AM – 8:30 PM Eucharistic Adoration *Newton*
10:00 AM Prayer Shawl Ministry Meeting *Plaistow*
1:30 PM Disciples on the Journey *Plaistow*

Friday, March 4
6:30 PM Stations of the Cross *Newton*

Saturday, March 5
3:00 PM Sacrament of Reconciliation *Plaistow*

Sunday, March 6
10:00 AM Religious Ed – PreK to 8 *Plaistow*
6:00 PM Vespers *Newton*
6:30 PM Sacrament of Reconciliation *Newton*

PRAYER LINE

St. Luke's offers a prayer line as a resource for those seeking prayer assistance. To submit your prayer request please call Cathy Smith at 603-382-8324, ext. 314 or email her at csmith@stluketheevangelist.net.



St. Luke the Evangelist is now on Facebook! Go to www.facebook.com/stlukenh.org/ or **St. Luke the Evangelist Parish – Newton/Plaistow** and give us a Like! Please invite fellow parishioners & friends to do the same.

From the Pastor's Desk



HOLY ANGELS CEMETERY CLOSED

Holy Angels Cemetery in Plaistow is closed until Spring 2022. This decision comes as result of the real dangers of snow and ice in the Cemetery and the costs to Parishioners to inter during the winter months. Please contact the Parish Office with any questions.

✠ MASS INTENTIONS ✠

Saturday, February 26 ~ Eighth Sunday in Ord. Time

Sir 27:4-7; 1 Cor 15:54-58; Lk 6:39-45 (Vigil)

4:00 PM Pat Zakiewicz by Marjorie Knowles
Plaistow

Sunday, February 27 ~ Eighth Sunday in Ordinary Time

Sir 27:4-7; 1 Cor 15:54-58; Lk 6:39-45

8:00 AM Theresa Tremblay by Janice Bettencourt
Newton

10:00 AM Roger Lucey by Mary Ellen and Jim Howcroft
Plaistow

Monday, February 28 ~ Weekday

1 Pt 1:3-9; Mk 10:17-27

8:00 AM George and Mary Ballard
by Charlie and Lisa Angwin
Newton

Tuesday, March 1 ~ Weekday

1 Pt 1:10-16; Mk 10:28-31

8:00 AM People of the Parish
Plaistow

Wednesday, March 2 ~ Ash Wednesday

Jl 2:12-28; 2 Cor 5:20—6:2; Mt 6:1-6, 16-18

8:00 AM People of the Parish
Newton

6:30 PM Russell Riccio by the Knights of Columbus
Plaistow

Thursday, March 3 ~ Katharine Drexel, Virgin

Dt 30:15-20; Lk 9:22-25

8:00 AM Jack Cotter (Birthday Remembrance)
by Cathy Smith
Newton

Friday, March 4 ~ Casimir

Is 58:1-9a; Mt 9:14-15

No Mass

Saturday, March 5 ~ Saturday after Ash Wednesday

Is 58:9b-14; Lk 5:27-32 (Day)

Dt 26:4-10; Rom 10:8-13; Lk 4:1-13 (Vigil)

4:00 PM Sean Francis Lyons (8th Anniversary)
by Gerard Lyons
Plaistow

Sunday, March 6 ~ First Sunday of Lent

Dt 26:4-10; Rom 10:8-13; Lk 4:1-13

8:00 AM Lucy McGrath by the Burge family
Newton

10:00 AM Eva Huberdeau by Linda Huberdeau
Plaistow



HELP WANTED TO PUT AWAY TREES

With Lent fast approaching, volunteers are welcome to help prepare the churches on **Sunday, February 27 following the 8:00 AM Liturgy in Newton and the 10:00 AM Liturgy in Plaistow.** Our tasks include taking down our green trees and some light clean up of the churches in preparation for the Lenten season. All are welcome to lend a hand – our work usually lasts just over an hour if we have all the help we can muster! Please contact the Parish Office for more information – or just stay after Mass!

WINTER WEATHER CLOSINGS

Saint Luke the Evangelist Parish Office, Holy Angels Cemetery Office, Saint Luke Food Pantry and the Parish Liturgical schedule complies with the longstanding inclement weather policy of Saint Luke Religious Education Program and Holy Angels Pre-School-Kindergarten: **If the Timberlane and/or Sanborn regional school districts close because of inclement weather, ALL Parish Offices and Parish programs will be closed or suspended. All activities by any Parish or non-Parish groups will be cancelled for that day/evening on both campuses.** In the event of a weather related closing, the scheduled weekday Liturgy will not be held and the intention (if any) will be moved to a conveniently available date. **Sunday (or Saturday evening) liturgies can never be cancelled, but all are advised to use prudence when deciding to travel to Church during winter storms.**

THE GOD MINUTE

Every morning a small group of priests, religious, and lay people start their day in prayer. Soft music, sacred scripture, and a thoughtful reflection are weaved into a 10-minute prayer called “The God Minute.” It’s then uploaded for you to access and pray along with us on your own time. And it’s free. Listen with your coffee in the morning, while driving to work, or taking a walk. See how easy and beautiful prayer can be!

www.thegodminute.org

The **Rite of Christian Initiation of Adults** is the process by which people become members of the Roman Catholic Church. Be a good agent of welcome and evangelization! If you or someone you know is interested in inquiring about becoming a member of the Roman Catholic Church, contact Cathy Smith in the Parish Office.

ADULT CONFIRMATION

Are you an adult who has been Baptized and received Eucharist, but has not celebrated the sacrament of Confirmation? The adult Confirmation process is an opportunity to complete the Sacraments of Initiation. If you would like to prepare for Confirmation, or if you have questions, call Cathy Smith at 603-382-8324, ext. 305 or call Cathy Smith at 603-382-8324, ext. 305 or email her at csmith@stluketheevangelist.net.

YOUTH CONFIRMATION

Students in Junior High or High School who have not celebrated the Sacrament of Confirmation and would like to prepare to receive the sacrament, contact Cathy Smith at 603-382-8324, ext. 305, or email her at csmith@stluketheevangelist.net.

EUCCHARISTIC ADORATION

We are truly blessed to have times for Adoration of Our Lord in our Parish. This time of prayer and intercession is not only a source of great grace for the individual, but it is a great source of grace for us as a parish family, as well.

We have many who have made the commitment to spend an hour each week with our Eucharistic Lord, **but** we need more people so there will be at least two people at each hour. We are also looking for people who would be able to substitute.

**Newton – Thursday
8:30 AM – 8:30 PM**

If you can commit to one hour a week in Adoration of our Lord, or if you can be a substitute, please contact Cathy Smith at 603-382-8324, ext. 305 or email her at csmith@stluketheevangelist.net.

**The Church in Plaistow is open all day on
Wednesdays for people to stop by and pray
before the presence of Jesus in the tabernacle.**

✠ PARISH DIRECTORY ✠

Parish Office	603-382-8324
Parish Prayer Line	603-382-8324 x 314
St. Vincent de Paul Society	603-382-8324 x 315
St. Luke's Food Pantry	603-819-4949
Preschool	603-382-9783
Presentation of Mary Convent	603-382-2744

Fr. Albert Tremblay	fr.albert@stluketheevangelist.net
Cathy Smith	csmith@stluketheevangelist.net
Joyce Szczapa	jszczapa@stluketheevangelist.net
Jackie Tremblay	jtremblay@stluketheevangelist.net
Val Barczak	mvmbarczak@comcast.net
Parish Council	parishcouncil@stluketheevangelist.net

❖ Community News ❖



ST. LUKE THE EVANGELIST FOOD PANTRY

Thank you for your generosity towards the hungry of our area!

Non-perishable food or personal care items are always needed – donations can be dropped off at Church or are welcome at the Parish Office during regular business hours.

Cash donations for food are always welcome – make checks payable to **St. Luke the Evangelist Food Pantry**. All donations to the Food Pantry go toward helping the needy of our communities. **Call the Pantry at 819-4949 for more information.**

Thank you so much for your continued support of the St. Vincent de Paul Society, and our effort to help our neighbors and friends in need.



If you are interested in learning more about this great group of volunteers, contact our Secretary, Jim Edwards, at jimmy69180@hotmail.com or 603-642-5236. Meetings are both live and virtual.

If you seek assistance or need information about the Society, call (603) 382-8324, ext.315.

ALCOHOLICS ANONYMOUS

A Men's AA Step Meeting is held on Sunday mornings from 7:00 to 8:00 AM at the St. Luke the Evangelist Parish Hall (Holy Angels.) Masks are required. Bring your own coffee. For more information, call Joe at 617-921-9899.

16th ANNUAL MARDI GRAS Benefiting Catholic Charities NH

Fat Tuesday, March 1, 2022 at 4:00 PM

Join us for a virtual event to remember! Celebrate Mardi Gras with a silent auction, virtual game book, and plenty of chances to win fun prizes. Proceeds will benefit Catholic Charities programs that assist New Hampshire individuals and families facing hardship. Make a gift of \$50 or more by February 28, 2022 to be entered in the event's Zwazo Bonè raffle. Learn more today at www.CC-NH.org/MardiGras.

ANNIVERSARY CELEBRATION

Bishop Peter A. Libasci invites all couples celebrating a significant wedding anniversary in 2022, and those recently unable to participate due to COVID-19, to attend a **Wedding Anniversary Mass**. The Mass will be held on **Sunday, May 1, 2022 at 2:00 PM** at St. Joseph Cathedral, Manchester. To register, please contact the parish office **by April 8, 2022**. The parish office will gather and submit all necessary information. Once registration has been completed by the parish office, all registrants will receive an invitation to this special celebration.

KENTUCKY DERBY BALL

Run for the Roses! Break out the Mint Juleps and Big Hats for the St. Joseph Catholic School 2022 Annual Fundraising Gala. This event will be held on **Saturday, March 19, 2022 from 5:30 to 11:30 PM** at the Castleton Banquet & Conference Center. Go to SJRCSAUCTION22.GIVEMART.COM for tickets and more information.



DO SOMETHING GOOD WITH US

The Knights of Columbus are a vital and vibrant part of the St Luke the Evangelist Parish. We welcome any practicing Catholic man 18 years of age or older to join the Knights. We are sons, fathers, husbands and grandfathers, whose main purpose is charitable works in support of our parish and community.

Where there is a need, there is a Knight.

Joining is simple – talk to a brother Knight, contact Dan Sullivan at 603-770-4803, email him at dans49@comcast.com, or you can now join online at www.kofc.org/joinus.

**THE KNIGHTS OF
COLUMBUS**
ST. JUDE COUNCIL #6617

www.kofc6617.org



LENT 2022

Reflections from the
Daily Mass Readings
for the Lenten Season

HEAL ME, O LORD, and I shall be healed; save me,
and I shall be saved; for you are my praise.

— JEREMIAH 17:14

Sunday

6 Speak of Christ

Open your mouth to say what is in your heart about the One who saves.

Romans 10:8-13

Monday

7 Care for Others

The care we give to others is an offering of care to Christ, and a reflection of his care for us.

Matthew 25:31-46

Tuesday

8 Growth in the Word

The Word of the Lord sprouts and flourishes in us to bring about growth in our faith and life.

Isaiah 55:10-11

Wednesday

**2 MARCH
Ash Wed.**

Returning to the Lord means opening our hearts to him to be filled with his love.

Joel 2:12-18

Thursday

3 Choose Life

When we choose life, we hold fast to our God, listening closely to his word and will.

Dt 30:15-20

Friday

4 Wash Me

Washed clean of sin by Christ, we have the opportunity to spread his steadfast love to others.

Psalms 51:3-6, 18-19

Saturday

5 Great Physician

Jesus came to give us a prescription to cure our sinful condition: his death on the cross.

Luke 5:27-32

13 Citizens

We are citizens of heaven, and we worship the One who came from there to bring glory to all.

Philippians 3:17-4:1

14 Returning the Love

For every act of mercy, love, forgiveness and care, we receive the same.

Luke 6:36-38

15 White as Snow

God has the ability to make every crimson stain of sin in us as white as snow, pure and undefiled.

Isaiah 1:10, 16-20

16 Servants

Christ came to serve, and so we seek to be servants of one another in honor of him.

Matthew 20:17-28

17 Rich or Poor?

Those who listen to God's Word are rich. Those ignore it are poor. Be rich by obeying your Lord.

Luke 16:19-31

18 Tenants

Though tenants of this earth killed the Heir, that death became our entry into the family of God.

Mt 21:33-43, 45-46

19 In His Name

We are only saved in the name of Jesus. There is no other name by which sin is removed.

Mt 1:16, 18-21, 24

20 Holy Ground

Wherever God dwells is holy ground, and we step foot in those places in reverent awe.

Exodus 3:1-8a, 13-15

21 Made Clean

Washed in the waters of Baptism, we are made clean of our sin by the Word of the Lord.

2 Kings 5:1-15ab

22 Show Mercy

Pass on to others the abundant mercy you have received from Jesus, the Divine Mercy.

Matthew 18:21-35

23 Forget Not

Forget not what the Lord has taught you and keep teaching God's ways to your children.

Deuteronomy 4:1, 5-9

24 Strength

We have the strength of the Lord on our side to protect us against the devil.

Luke 11:14-23

25 Possible

All things that once seemed impossible are now made possible through Jesus.

Luke 1:26-38

26 Humble Approach

Instead of holding your head high, lower your face before the Lord, in humble confession of sin.

Luke 18:9-14

SAINT LUKE THE EVANGELIST
Lent- Easter Liturgical Schedule
2022

THE BEGINNING OF THE LENTEN FAST MARCH 2
ASH WEDNESDAY LITURGY 8 am (N) & 6:30 pm (P)

LENTEN SEASON

DAILY LITURGIES: M 8 am Newton
T 8 am Plaistow
W 6:30 pm Plaistow
Th 8 am Newton

RECONCILIATION: Plaistow: Saturdays 3:00 pm
(except Holy Saturday); Newton: Sundays of Lent 6:30 pm
Monday of Holy Week - Plaistow 11:00am - 1:00 PM
Newton 5:00-7:00 PM

LENTEN EVENING PRAYER: Sunday evenings of Lent
at Newton, 6 pm

STATIONS OF THE CROSS:
Fridays of Lent - 6:30 pm - Newton

HOLY WEEK

Monday of Holy Week - Liturgy at 8 am - Newton
Tuesday of Holy Week - Liturgy at 8 am - Plaistow
Wednesday of Holy Week - Liturgy at 6:30 pm - Plaistow
Tenebrae at 7:30 PM

PASCHAL TRIDUUM

HOLY THURSDAY APRIL 14 - Morning prayer 8 am - Newton
Mid-day prayer 12 noon - Newton

✠ **LITURGY OF THE LORD'S SUPPER 6:30 PM** - Newton
-Eucharistic Adoration follows-
Night Prayer 9:00 pm - Newton

GOOD FRIDAY APRIL 15 - Morning prayer 8 am - Plaistow
Mid-day prayer 12 noon - Plaistow
Stations of the Cross 3 pm - Newton

✠ **PASSION SERVICE & HOLY COMMUNION**
6:30 PM - Plaistow

HOLY SATURDAY APRIL 16 - Morning Prayer 8 am - Plaistow
Mid-day Prayer 12 noon - Plaistow

✠ **EASTER GREAT VIGIL AT 8 PM** - Plaistow

✠ **APRIL 17** Easter Sunday Liturgies
8 AM - Newton
10 AM - Plaistow

Easter Solemn Vespers with Benediction at 6 pm - Newton

Holy Angels Church 8 Atkinson Depot Rd. Plaistow
Mary, Mother of the Church 12 Amesbury Rd. Newton
603 382-6324 www.stdukenh.org

Sunday

27 Wayward

We who have been wayward return with repentant hearts to open arms of welcome.

Luke 15:1-3, 11-32

3 Forgiven

No one is without sin except Jesus, who opens our eyes to our need to forgive others.

John 8:1-11

10 Hosanna

Peace, blessing and salvation are found in the One praised with palm branches.

Luke 19:28-40

Monday

28 Newness

A new heaven and earth are on the horizon. Keep seeking for the Lord's renewal.

Isaiah 65:17-21

4 Light

The Light of the world dispels the darkness of all sin and reveals the knowledge of God to us.

John 8:12-20

11 Help Is Here

Bruised reeds and dimly burning wicks will not be discarded but will be given new life in Christ.

Isaiah 42:1-7

Tuesday

29 Living Water

Let living water flow from the dwelling place of God and replenish the earth with his favor.

Ezekiel 47:1-9, 12

5 Going Away

Jesus says that he is going away to his Father, where we will one day go to be with him.

John 8:21-30

12 Gathered to God

From far and near, God gathers his people to be strengthened and served by the Holy One.

Isaiah 49:1-6

Wednesday

30 Engraved

We are engraved on the hands of our Lord. We will never be abandoned by him. We are his.

Isaiah 49:8-15

6 Abide in the Truth

The truth that Jesus brings sets us free to live in his presence, never to be enslaved by sin again.

John 8:31-42

13 It Is Time

The time has come for Jesus to be betrayed into the hands of sinners—to save them!

Matthew 26:14-25

Thursday

31 Believe

Bearing witness to Christ in the world reveals the power of his glory at work in our lives.

John 5:31-47

7 Covenant

The covenant God made with Abraham includes us and is confirmed on the Cross.

Genesis 17:3-9

Friday

1 A Known to all the through who sent God the

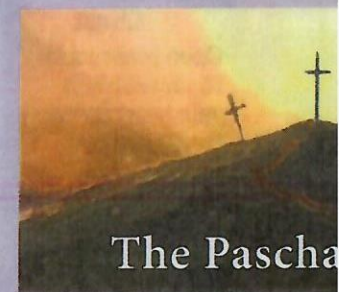
Jesus is known to all the through who sent God the

John 7:1-2

8 Co to

We come to lives to the who come our enemies triumphs every thing

Jeremiah



HOLY THURSDAY Remembrance

Remember the sacrifice of Christ's giving of his body and blood each time you receive Holy Communion.

1 Cor 11:23-26

GO FRI At the

We draw to the Cross Christ that might find and receive mercy, etc. for every soul

Heb 4:14-

Traditional Lenten Disciplines

Fasting & Abstinence: Catholics aged 14 and older abstain from meat on Ash Wednesday, Good Friday and all the Fridays of Lent. In addition, on Ash Wednesday and Good Friday, Catholics from age 18-59 fast, limiting themselves to one full meal and two smaller meals each day.

Prayer: Catholics are encouraged to pray more during Lent, especially with Scripture. Lent is also an ideal time to receive the Sacrament of Reconciliation in preparation for the celebration of Christ's Passion, Death and Resurrection.

Almsgiving: Moved by the sacrifice of Christ, many Christians combine almsgiving with fasting, giving to the poor the money they saved by eating, drinking or buying less as they rely more on God's abundant grace.

Attende, Domine

“Hear us, O Lord”

With Ash Wednesday upon us, it is a good time to think and pray about the Lenten Season - the “Springtime” of the Church. The word “Lent” means spring, and comes from the same root as the word “lengthen,” since the days do get longer as winter wanes. The whole northern hemisphere turns toward the sun, the source of life, and winter gives way to spring. In Hebrew, the language of the Old Testament, the word for “repentance” is “to turn.” As the earth turns to the sun, as the earth turns from winter cold to the new life of spring, so do we turn our lives towards our loving God and seek the Way of the Lord Jesus anew.



“Even now, return to me, says the Lord.” (Joel 2:12). The word “sin” means separation. We are called to turn from our separate selves, from our sins; and to come together in community. Self denial is another way we express our repentance. We turn away from sin and death and toward God as our source of life by disciplining our wills and desires.

Self-denial is three-fold, according to Matthew’s Gospel (chap. 6). We **PRAY**: “Go to your room, close your door and pray to your Father in private.” We **FAST**: “No one may see you are fasting but your Father in heaven.” We give **ALMS**: “Keep your deeds of mercy secret, and your Father, who sees in secret will repay you.” Self-denial is an exercise, a work-out, getting our lives and spirits into shape. Through the Lenten exercise of **PRAYER, FASTING and ALMSGIVING**, we spring clean our lives, sharpen our senses, put tomorrow in its place and treasure the day at hand.

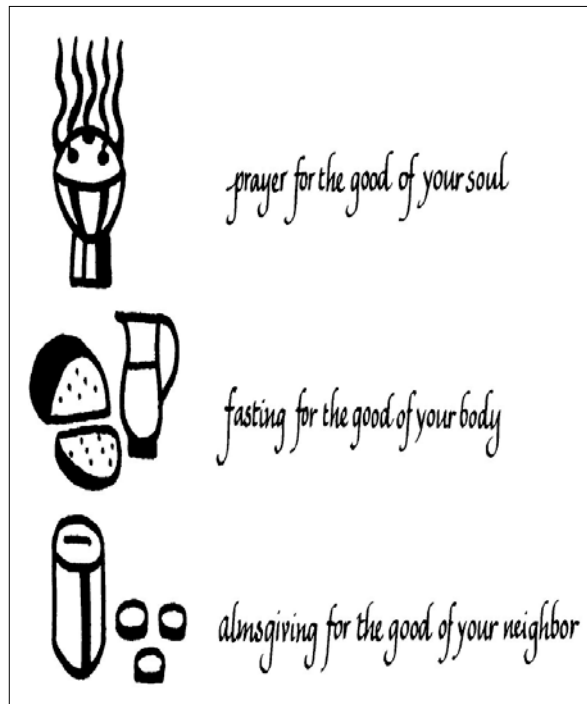
For Forty Days we are conscious of how we must sharpen our senses and focus mind and heart on the reign of God. We are, above all, aware of those waters in which we were baptized into Christ’s death. That is, death to sin and evil; it is life in Christ that we began in those waters of baptism. These waters wait at Lent’s end for the Catechumens of the Church. The entire Lenten season turns, it seems, on Baptism, renewal and reception into the Church.

We, too, wait for the opportunity to renew our own Baptismal Promises, and to feel the splash of Easter water on our faces after the dryness of our Lenten desert journey.

From Father Albert
Lent, 2022

The Church asks us to give ourselves to prayer and to the reading of Scripture, to fasting and to giving of alms during the Lenten season. The fasting that all do together on Fridays is but a sign of the daily Lenten discipline of individuals and households: fasting for certain periods of time, fasting from certain foods, but also fasting from other things and activities. Likewise, the giving of alms is some effort to share this world equally not only through the distribution of money, but through the sharing of our time and possessions and through work of many kinds for a just world.

FASTING means that anyone between the ages of 18 and 59 may eat only one full meal (with the other 2 meals being distinctly smaller). One may, however, enter more into the spiritual element of fasting and not partake of any meals at all. One fasts for a spiritual reason - (an end to sin, a reconciliation in one's life or family, an end to war or other disturbance, or for the spread of the Gospel or personal/corporate conversion) than for a personal dietary goal. **The Church requires all between the ages of 18 and 59 to observe the fast on Ash Wednesday and Good Friday. Fridays and Wednesdays are also traditional fast days, but are not mandatory.**



ABSTINENCE is the discipline for those age 14 or older to **forego the eating of any meat on Ash Wednesday, Good Friday and all Fridays of Lent.**

The **EASTER DUTY** is the **obligation to receive Holy Eucharist** between the First Sunday of Lent and Trinity Sunday.

The **Sacrament of Reconciliation** is an **obligation** for all those who are conscious of grave sin. A frequent celebration of Reconciliation is encouraged for all, especially during the Lenten Season.

Reconciliation is celebrated at Saint Luke the Evangelist Parish on Saturdays at 3:00 at Plaistow, and on the Sundays of Lent following 6:00 PM Evening Prayer at Newton. There is a communal Lenten Reconciliation Service on **Sunday, March 27** at 3 PM at Saint Michael, Exeter. Watch the Bulletin for more information.

Do Something for Lent. Renew your faith.

What is the **Lenten Journey** all about? Prayer, fasting, and almsgiving are called the “three pillars” of the Christian way of life. They help support a full and healthy life. During Lent we try to repair and strengthen these three pillars, which also are called the “three disciplines” because they help people become better disciples of the Lord. Our **Lenten Journey** program helps Discipleship!

Lenten Journey is about SMALL GROUPS... IT'S NOT TOO LATE TO SIGN-UP! We continue to welcome sign-ups for small groups. On the back of this flyer is a REGISTRATION FORM. Return the form today, or call the office at 382-8324.

Meetings begin this week! Groups meet six times during the Lenten season to discuss the Lenten Sunday Lectionary readings. You will learn more about Scripture through the resource book provided, participate in interesting discussions, meet some wonderful people and have the opportunity to build up the Body of Christ.



**All group members will pick up their resource booklets
at the first meeting.**

Groups begin meeting THIS WEEK!

Wednesday, March 2, at 7:00 p.m., after the 6:30 p.m. Mass, downstairs in the Church Hall.

Thursday, March 3, at 1:30 p.m., downstairs in the Church Hall

Ash Wednesday is This Wednesday, March 2!

DISCIPLES ON THE JOURNEY REGISTRATION FORM



Name _____

Address _____

Telephone _____

E-Mail _____ Cell Phone _____

Please check the time and day you prefer

Wednesday Evenings at 7:00 p.m. ____
(March 2 – April 6)

Thursday Afternoons at 1:30 p.m. ____
(March 3 – April 7)

Check if you are willing to be a group leader _____

**GROUP MEETINGS BEGIN
THE WEEK OF FEBRUARY 27**

**GROUPS WILL MEET IN THE CHURCH
HALL**

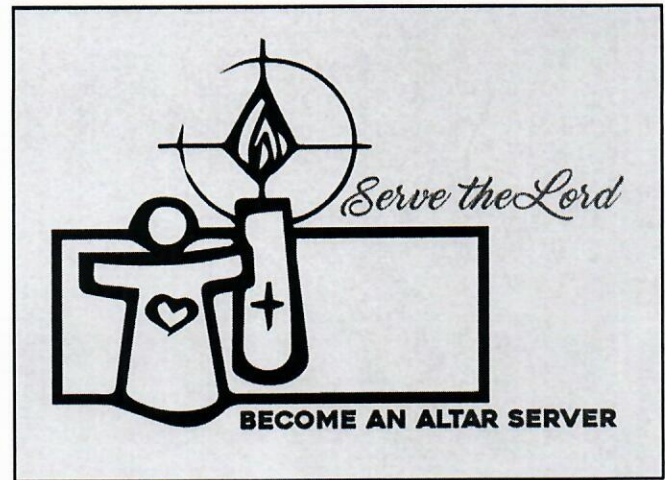
(Please return this form in the collection basket or bring
to the parish office)

PARISH SERVERS WANTED

Parish life is back !!

We are looking for **ALTAR SERVERS** ministering at all Sunday, Weekday and Holy Day Liturgies...

But we are also conscious of personal safety and family schedules as well as the Parish schedule for Religious Education.



Saturday 4 PM Plaistow – ADULT SERVERS

Sunday 8 am Newton – ADULT SERVERS

Sunday 10 am – YOUTH & ADULT SERVERS

Weekday Liturgies – ADULT SERVERS

★ Youth are always welcome to serve at the 4 PM and the 8 am Liturgy, but because of Religious Education schedules this may be complicated... but welcome still !

ALTAR SERVER - YOUTH

The mission of the St. Luke the Evangelist Altar Servers is to minister at God's altar with reverence, generosity, and love. The presence of Altar Servers is an important witness, reminding us that Catholics of every age have gifts to offer and a role in ministry. To become a youth Altar Server, students must be in the third grade or higher, and have received Confirmation & Eucharist

Parent permission forms are available in the Sacristy of both Churches. All Servers begin as "observers" and gradually learn what Servers do during Mass. Contact F. Albert (fr.albert@stluketheevangelist.net) or at 382-8324 with any questions or to begin Altar Serving.

ALTAR SERVER - ADULT

Adult Altar Servers continue the mission of service to the Parish in its worship. Adults are scheduled at Saturday Vigil, Sunday, Daily and Holy Day Liturgies. Adults are especially welcome to assist at Funeral Liturgies which are typically held on weekday or Saturday mornings.

Youth or Adult Servers may choose to wear a mask while serving.

Contact F. Albert (fr.albert@stluketheevangelist.net) or at 382-8324 with any questions.



SPECIAL MINISTER OF THE EUCHARIST

The primary mission of the St. Luke the Evangelist Special Ministers of the Eucharist is to assist at Liturgy in distributing the Body and Blood of Christ to the faithful. Additionally, Eucharistic Ministers may bring Communion to the sick and homebound.

To serve as a Eucharistic Minister one must be at least 16 years old and a Confirmed, practicing Catholic. If married, a Minister must have been married in the Church as required by Church Law. Applicants for this ministry must be approved by the Pastor.

This role in the Church is different from other volunteer opportunities because it requires a *mandate* (or permission) from the Diocesan Bishop in order to function as a Special Minister in a particular community. With such a special status come requirements. The Diocese of Manchester asks that Special Ministers receive formation and training as to the theology of the Eucharist and their specific roles as ministers in their respective parishes.

Contact F. Albert (fr.albert@stluketheevangelist.net) or at 382-8324 with any questions or to be considered for service as a Special Minister of the Eucharist.

READER



Readers proclaim the Word of God at Liturgy. They also offer the Prayer of the Faithful at weekend Liturgies. A good public speaking voice and attention to the nuances of the Scriptures are needed to be a good Reader. Adults and youth age 14 and up are welcome to serve as Readers. New Readers receive a short training session to review current guidelines and procedures before serving at their first Liturgy. Readers are provided with an annual workbook to help them understand the readings in historical / spiritual / liturgical context.

Readers share the Word of God at weekend Liturgy or weekday Liturgy. Readers are also needed to help at funerals (weekdays and Saturday mornings)

Contact F. Albert (fr.albert@stluketheevangelist.net) or at 382-8324 with any questions or to begin serving as a Reader.

All adult volunteer ministries require the Diocese of Manchester Volunteer Application process which provides information about promoting safe environments and sexual abuse. Please see the Pastor with questions.

The Gospel at Home

This Week's Gospels: Luke 6:39–45

In Sunday's Gospel, Jesus tells a parable to teach us to worry about our own actions before we criticize things other people do. When we are good, Jesus says, we produce good from our heart. But when we do evil things, they come from our heart as well. The point is to keep our hearts pure by loving God and each other.

Exploring the Gospel Message

Seeds (Preschool): This week's lesson taught your child about how good trees grow good fruit. Talk with your child about how we can all be good in order to act with kindness and love toward each other. Have your child show you how he or she is doing on the Loving Actions Chart from class. Talk about other loving actions that each member of the family can do.

Promise (Grades K–1): Sunday's Gospel about the parable of the good tree growing good fruit was emphasized in class this week. We can produce good in our lives with good actions. Talk about the good fruit that your child learned about on Promise page 4. How many other good actions can you and your family produce?

Good News (Grades 2–3): In class this week, your child explored what is in his or her heart. The Gospel about the good tree bearing good fruit was used to help the class think about how good things come from the heart. Ask your child what he or she learned from the story of "The Blind Men and the Elephant." Talk about all the good actions you and your family have done this week.

Venture (Grades 4–6): This week's class explored ways that we express ourselves to others with messages on our clothing. The class also heard the story of "Maya's True Colors." Discuss with your youngster what the story taught him or her. Jesus' teachings from this week's Gospel tell us how to be good followers of him. Talk about how the Gospel challenges you and your young person to think about the people of God. What did your youngster think about the story of Saint Joan of Arc?

Visions (Grades 7–8): This week is the start of Lent. Ask your child to tell about the Ash Wednesday Service from class. Discuss how easy or difficult it is to keep promises, which is what this week's class story, "Because I Said I Would," centers on. How can you and your youngster symbolize the good tree that produces good fruit in this week's Gospel? Consider using this week's lesson on the Responsorial Psalm in your weekly prayers.

Pray Together

Ash Wednesday is this week on March 2. Pray that this Lent will help you and your family grow closer to God. Pray that your family will be bearers of good fruit for others in your life. Make Ash Wednesday a positive start for your Lenten journey.



The Society of St Vincent de Paul

**The Society of St. Vincent de Paul, St. Luke the Evangelist Parish,
invites you to join our Prayer Shawl Ministry!**

Shawls can be made with yarn, quilt fabric, or fleece. They are filled with prayer, care and love. They will be given to anyone in need of comfort, solace or encouragement.

- **If you are interested in prayerful camaraderie and in joining the group or,**
- **If you would like to contribute knitted hats, scarves, shawls or materials to the group, you may make those donations by contacting Barbara Metcalf or Alice Litwinovich. (see below)**
 - **They can also be dropped off at the Parish Office during regular office hours.**
- **If someone you know, is in need of one of our shawls, scarves or crochet crosses contact:**

◆ **Barbara Metcalf**

603-642-8334

cmbklb.bmk@gmail.com

Alice Litwinovich

603-819-9578

If you would like to join our group but cannot come to the meetings because of time constraints, we are open to additional meeting times, if there is interest.

Meeting Schedule:

- **First Thursday of each month**
- **10 A.M. – 12 Noon**
- **Parish office building (dining room)**
- **Material can be supplied**

We are honored to provide this service to anyone in need.



Bringing Home the Word

Eighth Sunday in Ordinary Time (C)
February 27, 2022

Silence Regenerates Our Inner Sanctuary

By Fr. Mark Haydu, LC

Silence. A fresco by Paris Nogari with that name, *Silence*, appears outside the pope's residence where the Swiss Guards stand. It reminds us of an important virtue that is often absent in modern times: the capacity to be silent. "Be still and know that I am God!" (Psalm 46:11).

The figure in the fresco holds a finger over his mouth, indicating that silence starts with us. Speak less! Then we should muffle the background noise, represented by the stork with a stone in its bill to stifle its squawk.

Sunday Readings

Sirach 27:4-7

When a sieve is shaken, the husks appear; so do people's faults when they speak....The test of a person is in conversation.

1 Corinthians 15:54-58

The sting of death is sin.

Luke 6:39-45

[Jesus said], "Every tree is known by its own fruit. For people do not pick figs from thornbushes, nor do they gather grapes from brambles."

How often do we have times of silence in our lives—and not just moments when there doesn't happen to be a radio or TV on? I mean purposeful, intentional periods of quiet to be alone with God and ourselves.

Regular times of quiet offer many benefits. They help us reflect, order our thoughts, and contemplate what's happening inside our hearts and minds. Silence is regenerative and gives us new energy, clarity, and serenity. If we add to this quietude an internal dialogue with ourselves and our Lord, it can take our inner sanctuary to a new level. One will not only find strength but also purpose and focus. Silence is the natural habitat of a flourishing soul, yet we often lock out our inner self in the mayhem of the external world, never allowing it to take in what gives it life—silence.

How about taking an hour without phones, radios, TVs, and computers to dedicate yourself to some meditative work or recreation? Or better yet, take a moment and go to a local perpetual adoration chapel to quietly sit with our Lord. +

***Silence is regenerative
and gives us new energy,
clarity, and serenity.***

A Word from Pope Francis

Hypocrisy is the worst enemy of this Christian community, of this Christian love: pretending to love each other but only seeking one's own interests.... Those who behave in this manner transit in the Church like a tourist. There are many tourists in the Church who are always passing through but never enter the Church.

—General audience,
August 21, 2019



REFLECTION QUESTIONS

ONE QUESTION REFLECTION

- Is there a daily moment when I can enjoy some silence? What will I find there?
- In my frenetic activity, am I running from something that I should otherwise confront?

Turn Off That Racket!

By Kathleen M. Basi

I recently heard a reliable source report that one in five adults in the United States has hearing loss, and most don't even know it.

Let's face it. Our world is loud: music in restaurants, deejays at wedding celebrations and dinner events, concerts, sporting events, a car with a subwoofer that rattles the teeth of everyone nearby.

Whether exercising or driving around town, we act as if a soundtrack must accompany life. I once saw a middle-aged woman at the grocery store go through a checkout lane with her earbuds in, music blasting. Of course, she was oblivious to the cashier trying to ask her a question.

It seems to me we've become terrified of silence, petrified of contemplation. When we turn off the noise, we start feeling twitchy, anxious, and out of control.

The trouble is, it's not just our physical hearing that's suffering from lack of quiet. Our spiritual hearing, our "inner ears," are dulled too.

I have no research to back me up, but I think we react this way to quietness because silence and stillness put us face to face with an examination of self—especially the parts we'd rather not confront. Worse, all that racket in our life keeps us from hearing and listening to the voice of God.

Surely we have all experienced those "aha" moments on the verge of sleep.



Maybe it's the story element that makes the entire plot work. Maybe it's the solution to a sticky work problem or family situation. Maybe it's as simple as how to reorganize the kitchen more efficiently.

The Holy Spirit speaks in the quiet. Elijah knew this (1 Kings 19:13). Jesus knew it, too (Matthew 14:23, Mark 1:35, and Luke 6:12). So did Thomas Merton (see his book *New Seeds of Contemplation*).

We know what it means for our kids to be overstimulated, but we don't often think about how overstimulation affects us adults. Constant noise and distractions rob us of the ability to think

critically. A noisy interior life encourages us to jump to the quickest conclusion and make snap judgments about people and situations so we can move on.

Noise impedes our ability to take time to ponder the dignity of persons involved and nuances that must be acknowledged in order to reach workable solutions to our problems.

It takes time to make peace with silence, but it's important to do. Every so often, we need a breather. We need to experience the truth revealed by the author of Psalm 46 when he wrote, "Be still and know that I am God!" +

*Our "inner ears" beg us
to make peace with silence.*



*Lord, you show me the pathway
of goodness and truth.
Help me to bear the fruit
of love, compassion, and peace.*

—From *Peaceful Meditations for Every Day
in Ordinary Time*, Rev. Warren J. Savage
and Mary Ann McSweeney

WEEKDAY READINGS

February 28–March 5

Monday, Weekday:
1 Pt 1:3–9 / Mk 10:17–27


Tuesday, Weekday:
1 Pt 1:10–16 / Mk 10:28–31

Wednesday, Ash Wednesday:
Jl 2:12–18 / 2 Cor 5:20—6:2 / Mt 6:1–6, 16–18

Thursday after Ash Wednesday:
Dt 30:15–20 / Lk 9:22–25

Friday after Ash Wednesday:
Is 58:1–9a / Mt 9:14–15

Saturday after Ash Wednesday:
Is 58:9b–14 / Lk 5:27–32

Bringing Home
the Word 
February 27, 2022

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