



**MUSIC FOR THE LITURGY**

July 5, 2020

**Fourteenth Sunday In Ordinary Time**

**4:00 PM**  
**8:00 AM**  
**10:00 AM**

Gathering: Gather Us In BB 303  
Responsorial Psalm (Psalm 103)

*Loving and forgiving are you, O Lord;  
slow to anger, rich in justice, loving  
and forgiving are you.*

Preparation: Christians, Let Us Love One Another BB 475  
Mass Parts: Mass of Creation  
Communion: Bread For The World BB 343  
Bread Of Life BB 320  
Recessional: All Hail The Power Of Jesus' Name BB 713

**RESTROOM BREAKS DURING MASS**

**Attention Parents**

Please be sure to accompany your young children when they need to use the restroom during Mass. This is for their safety and your peace of mind. Thank you for your assistance.



The Sanctuary Candle in Holy Angels Church will burn this week in loving memory of **Jared M. Gillis** requested by Bill Mullin

**✠ PARISH TITHING ✠**

**Our Parish needs to take in \$7,000.00 each week in order to make ends meet. Thank you for your generosity to our parish!** Your weekly contribution helps ensure that the parish remains a vibrant community. Please remember to submit your weekly gift even if you will be away. We depend upon your support!

**COLLECTION AMOUNTS FOR  
JUNE 28, 2020  
WILL APPEAR IN NEXT WEEK'S BULLETIN**

**PARISH GIVING**

Saint Luke the Evangelist Parish has engaged *Parish Giving* to provide parishioners with an opportunity to make your offertory and other contributions through Electronic Funds Transfer (EFT). Parish Giving is a simple, secure, and convenient way to manage your stewardship without weekly envelopes and without worries. It allows you to select contribution amounts and special collections right from your own computer or smart phone. You can be a good steward for the Parish even when you are away from the area on a weekend. Parish Giving allows you to print out a report detailing your contributions for the year. This program is available to parishioners at no cost. Log on to the St. Luke the Evangelist Parish website at <http://stlukenh.org>, click on the Parish Giving logo, and follow the easy registration instructions.

**UPCOMING SECOND & SPECIAL COLLECTIONS**

July 5, 2020	Property Management
July 12, 2020	No Second Collection
July 19, 2020	Fuel

**Out of respect, please remember to  
silence or turn off  
your cell phones during Mass.  
Thank you!**



**Suggested Weekly Contribution Based on Income**

Annual Income	5% Commitment annually/ weekly	3% Commitment annually/ weekly
\$100,000	\$5,000/\$100	\$3,000/\$60
\$75,000	\$3,750/\$75	\$2,250/\$45
\$60,000	\$3,000/\$60	\$1,800/\$36
\$50,000	\$2,500/\$50	\$1,500/\$30
\$40,000	\$2,000/\$40	\$1,200/\$24
\$30,000	\$1,500/\$30	\$900/\$18
\$25,000	\$1,250/\$25	\$750/\$15
\$15,000	\$750/\$15	\$450/\$9

**Suggested Weekly Contribution Based on a Percentage Increase**

Your Current Offertory Contribution	25% Increase	30% Increase	40% Increase
\$75.00	\$93.75	\$97.50	\$105.00
\$50.00	\$62.50	\$65.00	\$70.00
\$40.00	\$50.00	\$52.00	\$56.00
\$35.00	\$43.75	\$45.50	\$49.00
\$30.00	\$37.50	\$39.00	\$42.00
\$25.00	\$31.25	\$32.50	\$35.00
\$20.00	\$25.00	\$26.00	\$28.00
\$15.00	\$18.75	\$19.50	\$21.00
\$10.00	\$12.50	\$13.00	\$14.00
\$5.00	\$6.25	\$6.50	\$7.00

✠ PARISH NEWS ✠

# PAINT THE TOWN!

## THE CAPITAL CAMPAIGN FOR SAINT LUKE THE EVANGELIST PARISH

Our Parish community continues with our Capital Campaign. Our next projects include exterior painting for the church and Parish house in Newton. We'd also like to paint the interior sanctuary of the church in Newton and complete some electrical upgrades to the church.

Other possible projects include work on our Plaistow and Newton parking lots, and ramp access to the church in Plaistow.

### *Can you help?*

Any contribution is welcome. Make checks payable to  
**Saint Luke the Evangelist – Capital Campaign.**

### THANK YOU, GEN AND SIS!

For several years, Gen Helms and Sis Blanch have faithfully volunteered their time to place inserts into the Holy Angels Church bulletins. It is time now for them to move on to other commitments. We very much appreciate all they have done to help us out! Thank you, Gen and Sis!!!! We wish you good health and happiness in the years to come!

### FINANCIAL CONTRIBUTION STATEMENT

If you would like an "end of year" financial statement of your contributions to the parish for 2019, **please call Julie** at the Parish Office at 382-8324. **Financial Statements are issued on a request only basis.**

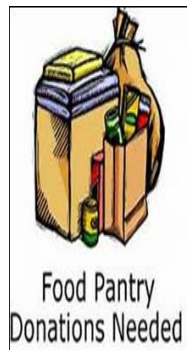
ST. LUKE'S WEBSITE! <http://stlukenh.org>

### HELP WANTED

Help is now needed to place inserts into the bulletins for Holy Angels Church. This task can usually be done in an hour or so. If this is something that might interest you, please contact Father Albert at 603-382-8324.

### ST. LUKE THE EVANGELIST FOOD PANTRY

Food or care items are always needed – donations can be dropped off at Church or are welcome at the Parish Office during regular business hours. Cash donations for food are always welcome – make checks payable to **St. Luke the Evangelist Food Pantry**. All donations to the Food Pantry go toward helping the needy of our communities.



### FOOD PANTRY HOURS

**Wednesday from 10:00 AM to 12:00 Noon**

**Thursday from 6:00 PM to 7:00 PM**

**Friday from 10:00 AM to 12:00 Noon**

For more information, call the St. Luke Food Pantry at **603-819-4949**.



St. Luke the Evangelist is now on Facebook! Go to [www.facebook.com/stlukenh.org/](http://www.facebook.com/stlukenh.org/) or **St. Luke the Evangelist Parish – Newton/Plaistow** and give us a Like! Please invite fellow parishioners & friends to do the same.

### WHILE AWAY THIS SUMMER...

We appreciate all of you who remember to send in your Parish Offertory during the Summer even when on vacation or visiting other parishes. Thank you for remembering that our expenses also continue through the Summer months. We invite others to consider doing the same before or even after you return home.

## FOURTEENTH SUNDAY IN ORDINARY TIME

### ✠ WEEKLY CALENDAR ✠

**Wednesday, July 8**  
HOLY ANGELS CHURCH OPEN FOR  
PRIVATE PRAYER ALL DAY

#### **Thursday, July 9**

8:30 AM Adoration Begins **Newton**  
8:30 PM Adoration Ends **Newton**

#### **Saturday, July 11**

3:00 PM Sacrament of Reconciliation **Plaistow**

### AMAZON SMILE

**AmazonSmile** customers can now support Saint Luke the Evangelist Parish in the Amazon shopping app on iOS and Android mobile phones. Simply follow these instructions to turn on AmazonSmile and start generating donations.

1. Open the Amazon Shopping app on your device.
2. Go into the main menu of the Amazon Shopping app and tap into Settings.
3. Tap AmazonSmile and follow the on-screen instructions to complete the process.

**AmazonSmile.com** is the same market platform as Amazon.com, but with the added benefit of allowing customers to donate 0.5% of the price of items purchased to a charitable organization. Please register today to start shopping and donating at [www.amazonmile.com](http://www.amazonmile.com). Be sure to choose:

**St Luke the Evangelist Parish, Plaistow.**

**St. Vincent  
de Paul  
Society**



We're looking for new members! Have you ever wondered just what the St Vincent de Paul Society is all about? Plan to join us at our next scheduled meeting on **Wednesday, July 15 at 7:00 PM**. Until further notice, the meetings are held as virtual meetings using the ZOOM program. To join or take part in the meeting, send your email address to our secretary, Jim Edwards at [jimmy69180@hotmail.com](mailto:jimmy69180@hotmail.com). Information on joining this vibrant caring group of people will be available. We look forward to meeting you and answering any questions you may have.

If you seek assistance or need information about the St. Vincent de Paul Society, call 603-382-8324, ext. 315.

**Hear, OH LORD, and answer me  
for I am poor and needy.**

### ✠ MASS INTENTIONS ✠

**Saturday, July 4 ~ Vigil / 14<sup>th</sup> Sunday in Ord. Time**  
*Zec 9:9-10; Rom 8:9, 11-13; Mt 11:25-30*

4:00 PM Dolores Mealey by the Knights of Columbus  
**Plaistow**

**Sunday, July 5 ~ Fourteenth Sunday in Ordinary Time**  
*Zec 9:9-10; Rom 8:9, 11-13; Mt 11:25-30*

8:00 AM Glenn and Dot Stanley by the Stanley family  
**Newton**

10:00 AM Frank Kelcourse (Birthday Remembrance)  
by Elaine Kelcourse  
**Plaistow**

**Monday, July 6 ~ Maria Goretti, Virgin and Martyr**  
*Hos 2:16, 17b-18, 21-22; Mt 9:18-26*

8:00 AM People of the Parish  
**Newton**

**Tuesday, July 7 ~ Weekday**

*Hos 8:4-7, 11-13; Mt 9:32-38*

8:00 AM The Intentions of Edward Duhamel  
**Plaistow**

**Wednesday, July 8 ~ Weekday**

*Hos 10:1-3, 7-8, 12; Mt 10:1-7*

6:30 PM Joan & John McLaughlin (Birthday Remembrances)  
by Joe and Ann Marie Sheehan  
**Plaistow**

**Thursday, July 9 ~ Augustine Zhao Rong, Priest and  
Companions, Martyrs**

*Hos 11:1-4, 8e-9; Mt 10:7-15*

8:00 AM For Michael and his recovery  
**Newton**

**Friday, July 10 ~ Weekday**

*Hos 14:2-10; Mt 10:16-23*

**No Mass**

**Saturday, July 11 ~ Benedict, Abbot**

*Is 6:1-8; Mt 10:24-33 (Day)*

*Is 55:10-11; Rom 8:18-23; Mt 13:1-23 (Vigil)*

4:00 PM Millie Gattinella by Pat Zakiewicz  
**Plaistow**

**Sunday, July 12 ~ Fifteenth Sunday in Ordinary Time**

*Is 55:10-11; Rom 8:18-23; Mt 13:1-23*

8:00 AM James Holland by Janice Bettencourt  
**Newton**

10:00 AM Jesselyn Driscoll by her family  
**Plaistow**

### PRAYER LINE

St. Luke's offers a prayer line as a resource for those seeking prayer assistance. To submit your prayer request please call Cathy Smith at 603-382-8324, ext. 314 or email her at [csmith@stluketheevangelist.net](mailto:csmith@stluketheevangelist.net).

JULY 5, 2020

## ✠ FAITH FORMATION & PARISH INFORMATION ✠

### MARRIAGE ENCOUNTER WEEKENDS

Let God amplify the love in your marriage by attending a Worldwide Marriage Encounter Weekend. The next Weekends are **September 12-13, 2020** in Medway, MA and **October 16-18, 2020** in (TBD), NH. For more information, call Stephen & Michelle O'Leary at 800-710-9963 or visit them at <https://wwmema.org/>.

### RCIA

The **Rite of Christian Initiation of Adults** is the process by which people become members of the Roman Catholic Church. If you or someone you know is interested in inquiring about becoming a member of the Roman Catholic Church, call Cathy Smith at 603-382-8324, ext. 305 or email her at [csmith@stluketheevangelist.net](mailto:csmith@stluketheevangelist.net).

### ADULT CONFIRMATION

Are you an adult who has been Baptized and received Eucharist, but has not celebrated the sacrament of Confirmation? The adult Confirmation process is an opportunity to complete the Sacraments of Initiation. If you would like to prepare for Confirmation, or if you have questions, call Cathy Smith at 603-382-8324, ext. 305 or email her at [csmith@stluketheevangelist.net](mailto:csmith@stluketheevangelist.net).

### PARENTS BAPTISM PREPARATION SESSION

Preparation sessions for infant Baptism are ongoing. All parents planning to celebrate the Sacrament of Baptism are welcome to call the Parish Office at 382-8324 or email Cathy Smith at [csmith@stluketheevangelist.net](mailto:csmith@stluketheevangelist.net) in order to set up a time to meet. Families wishing to celebrate Baptism in the Church must be registered (according to Church Canon Law) and practicing (attending Sunday Mass) for 3 full months before a Baptism can be scheduled. The use of the envelope system is always optional; however, it does guarantee a manner of accountability. For most families, the Pastor or staff can easily verify attendance during these three months. Church Canon Law also regulates baptismal sponsors (godparents). Sponsors must be at least 16, fully initiated (having received Baptism, Eucharist, and Confirmation), and be practicing Catholics living Christian lives consistent with the Church's teaching. Please see Fr. Albert with questions.

### HOSPITAL VISITATION

If you or someone you know is in the hospital and wants to receive a visit, please contact the Parish Office at 603-382-8324. If you or someone you know faces a hospital admission, make sure they know to inform the hospital that they are Catholic and are members of St. Luke the Evangelist Parish. If a person cannot make this information known at the time of admission, a family member may be able to make that information known to the hospital staff.

### SANCTUARY CANDLES

The Sanctuary Candles in both Newton and Plaistow may be offered in memory or honor of a loved one. The suggested offering for each is \$10.00. Please call the Parish Office at 382-8324.



### ADORATION

We are truly blessed to have times for Adoration of Our Lord in our Parish. This time of prayer and intercession is not only a source of great grace for the individual, but it is a great source of grace for us as a parish family, as well.

We have many who have made the commitment to spend an hour each week with our Eucharistic Lord, **but** we need more people so there will be at least two people at each hour. We are also looking for people who would be able to substitute.

**Newton – Thursday  
8:30 AM – 8:30 PM**

If you can commit to one hour a week in Adoration of our Lord, or if you can be a substitute, please contact Cathy Smith at 603-382-8324, ext. 305 or email her at [csmith@stluketheevangelist.net](mailto:csmith@stluketheevangelist.net).

**The Church in Plaistow is open all day on Wednesdays for people to stop by and pray before the presence of Jesus in the tabernacle.**

## ✠ PARISH DIRECTORY ✠

Parish Office	382-8324
Parish Prayer Line	382-8324 x 314
St. Vincent de Paul Society	382-8324 x 315
St. Luke's Food Pantry	819-4949
Preschool	382-9783
Presentation of Mary Convent	382-2744

Fr. Albert Tremblay  
Cathy Smith  
Joyce Szapa  
Jackie Tremblay  
Thomas Kondel  
Val Barczak  
Parish Council

fr.albert@stluketheevangelist.net  
csmith@stluketheevangelist.net  
jszczapa@stluketheevangelist.net  
jtremblay@stluketheevangelist.net  
tkondel@stluketheevangelist.net  
mvbarczak@comcast.net  
parishcouncil@stluketheevangelist.net

✠ Parish News ~ Youth News ~ Around The Diocese ✠

**CREIGHTON FERTILITYCARE SYSTEM**

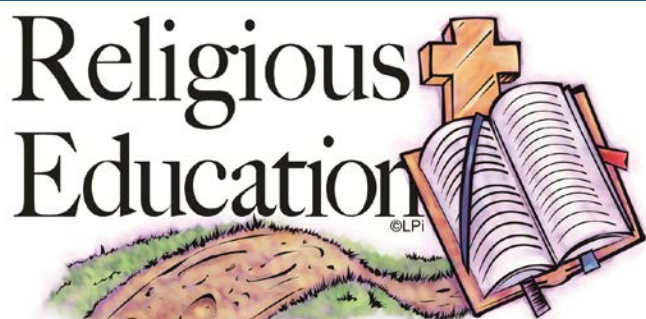
The Creighton FertilityCare System is a highly effective and morally acceptable natural method of family planning. It is healthy and strengthens marriage. It is used to achieve a pregnancy or avoid a pregnancy and can be useful in the diagnosis and treatment of reproductive disease. Online introductory classes will be held on the first Wednesday and third Thursday of each month at 7:00 PM. For more information, contact Mary Menendez, CFCP, St. Gerard Majella FertilityCare Services, at 603-642-8050 or [CreightonFertility@yahoo.com](mailto:CreightonFertility@yahoo.com).



**FLOWER POWER**

St. Vincent de Paul was unable to hold their annual Easter Lily fundraiser, so we've replaced it with Flower Power! Who doesn't like flowers? Please support St. Vincent de Paul's Flower Power fundraiser and help those in need in our community. Our community is struggling even more due to Covid 19. St. Vincent de Paul will receive 50% of the proceeds from this fundraiser and 100% will be used to assist those struggling to make ends meet. Please click on the following link or copy and paste in your browser. Please feel free to share it with friends, family, and social media.

<http://SVDP.fpfundraising.com>



**ST. LUKE THE EVANGELIST  
RELIGIOUS EDUCATION**

Religious Education Registration for the 2020-2021 Academic Year for Grades Pre-K through 8 has begun. If your child is currently enrolled, a registration form has been sent home. If your child is new to the Program, please call the Parish Office at 603-382-8324 for more information.

**PROJECT RACHEL**

If you or someone you know is suffering after abortion, confidential non-judgmental help is available. Call Project Rachel's national toll-free number at 1-888-456-HOPE (4673) or visit [www.hopeafterabortion.org](http://www.hopeafterabortion.org).

**GREATER SALEM CAREGIVERS**

The Greater Salem Caregivers volunteers serve the Plaistow, Atkinson, Salem, and Pelham communities helping homebound senior citizens and adults with disabilities maintain their independence by providing services such as transportation to medical appointments, grocery shopping, and friendly visiting. They are always seeking volunteers to help their neighbors with rides and shopping. If you can help, please call the Greater Salem Caregivers at 603-898-2850 to volunteer your time.

**KNIGHTS OF COLUMBUS  
ST JUDE COUNCIL # 6617  
GIVE YOUR PARISH COMMUNITY  
1 HOUR A MONTH**

The Knights of Columbus are a vital and vibrant part of the St Luke the Evangelist Parish. We welcome any practicing Catholic man 18 or older to join the Knights, whose main purpose is charitable works in support of our parish and community. Joining is simple – talk to a brother Knight or you can now join on-line. Go to [www.kofc.org/joinus](http://www.kofc.org/joinus). Your Council is involved in many activities from collecting money for people with intellectual disabilities through the Tootsie Roll Drive to the annual St Jude Golf Open which raises money for parish families in need. The list is as long as you want it to be. Do you have a certain passion you would like to get involved in? Come join us and make it a reality! We are Catholic men. We live by principles informed by faith. We are sons, fathers, husbands, and grandfathers. Join us on life's greatest adventure to discover the man God calls you to be. Feel free to call Dan Sullivan at 603-770-4803, email him at [dans49@comcast.net](mailto:dans49@comcast.net), or catch him at the 8:00 AM Sunday Mass in Newton. For more information about the Knights, go to [www.kofc.org/un/en/todays-knights/what-we-do.html](http://www.kofc.org/un/en/todays-knights/what-we-do.html)



# Bringing Home the Word

Fourteenth Sunday in Ordinary Time (A)

July 5, 2020

## Childlike Faith

By Fr. Mark Haydu, LC

**H**umble souls have a special ability to see things. We exclaim, “Out of the mouth of babes” when kids say the darnedest (and most profound) things (Matthew 21:16 and Psalm 8:2-3). What their uncluttered minds can catch and express with blatant honesty can be refreshing and funny.

Jesus enjoys this simplicity as well. He rejoices because, while “the wise and the learned” have rejected his preaching and mighty deeds, the childlike have embraced them. They are not afraid of the implications; they simply are amazed, impressed, and accept that no one but

God could do such things. Perhaps this is why artists often depict angels like little children!

Jesus can speak of heavenly mysteries because he is the Son. The Father and he are one and share in the fullness of knowledge. Christ sits in glory surrounded by cherubs and angels, yet comes down to reveal what the Father has given him. Let’s embrace all of his revealed word with childlike faith and not just pick and choose what suits us.

Another characteristic of little children is unending energy. It comes partly from their age but also endures because they don’t waste energy worrying or thinking about things they cannot control. They don’t plan, project, or prioritize. They live in the grace of the present. We will find that as we live simply and give our burdens to Jesus, we live more rested, peaceful lives. Let’s take on his childlike humility, which makes the burdensome easy and light. +

*While “the wise and the learned” reject Jesus’ preaching and mighty deeds, the childlike embrace them.*

## A Word from Pope Francis

To do good...that is what God wants. He, who became small for our sake, asks us to offer something for the least of his brothers and sisters. Who are they? They are those who have nothing to give in return, the needy, the hungry, the stranger, the prisoner, the poor.

—Homily, January 6, 2018



## Sunday Readings

### Zechariah 9:9-10

Behold: your king is coming to you ...Humble, and riding on a donkey.

### Romans 8:9, 11-13

If you live according to the flesh, you will die, but if by the spirit you put to death the deeds of the body, you will live.

### Matthew 11:25-30

[Jesus said,] “Come to me, all you who labor and are burdened, and I will give you rest.”

## REFLECTION QUESTIONS

## QUESTIONS FOR REFLECTION

- How can I yoke myself to Jesus, my Lord and king?
- What burdens, stressors, or disappointments can I hand over to God this week?

# Can We Be Saints of the Sandwich Generation?

By Gloria Hutchinson

When my mother died, she left behind an “orphan.” He was eighty and beginning to lose his way. Pop needed parenting, and we were the candidates. The Fourth Commandment loomed large as we faced honoring our father while supporting our son in college, continuing our full-time jobs, and regularly traveling across three states to provide Pop’s care.

I can empathize with “the sandwich generation.” It’s an apt label for the adult children who are getting squeezed between elderly parents and at-home children. Millions of Americans are currently attempting to manage their parents’ needs while supporting their children.

As Catholics, we don’t have to wonder what is expected of us. The *Catechism of the Catholic Church* says this about the responsibilities of grown children to their parents: “As much as they can, they must give them material and moral support in old age and in times of illness, loneliness, or distress” (CCC 2218). Notice the wisdom of “as much as they can.” My husband, our son, and I struggled to do our best in providing for Pop as his dementia worsened. I repeatedly had to consult my conscience in deciding how



much we could do, and how much had to be done by paid surrogates.

Lack of support is a common complaint of the sandwich generation in whom resentment may rise like bread dough. We need help. What we often get are critical questions from the sidelines about what is being done for “poor Mom” or “poor

Dad.” We need rest. What we often get are desperate late-night calls from worried elders and cancellations from caregivers who need time off.

## Sustaining the Sandwich People

Some parishes have already recognized the sandwich generation as fertile ground for pastoral care. Those who are parenting their children *and* nursing their parents can be bowled over by multiple expectations from young and old alike. The wise, compassionate Christian community offers educational workshops on elder care and provides respite care and spiritual support groups to sustain the sandwich people.

The wise also recognize the daily lives of this caregiver group as a graduate school for saints-in-progress. Having been nourished as children by our parents’ love, we now gladly take up the vocation of shepherding them as their needs require.

We welcome the opportunity to

embody Sirach’s proverb: “With your whole heart honor your father; your mother’s birth pangs do not forget” (7:27). We redouble our commitment when we hear, “Do not cast me aside in my old age; / as my strength fails, do not forsake me” (Psalm 71:9).

As we accompanied my father through the inevitable stages of semi-independent living, at-home care and, finally, a skilled nursing facility, we grew closer to him in his weakness than we ever had in his strength. I never would have survived the twelve-year journey with my sanity intact had I not been refreshed by God’s grace. A primary channel of that grace was the guidance and companionship of the saints. For example, when I muttered angrily about those who seemed to care so little for Pop, Francis of Assisi calmly noted, “Where there is patience and humility, there is neither anger nor vexation.” Or, when I became depressed over my lack of time for spiritual reading, Charles Borromeo pragmatically advised, “Do not give yourself so completely that you have nothing left for yourself.”

For us “saints-in-training,” the advice of the saints will see us through the sandwich generation and to that final banqueting table where the banner over us, our parents, and our children will be love. +

**PRAYER**

*Lord, you give rest to the weary of heart. Help me create space in my life to rest in your presence.*

—From *Faithful Meditations for Every Day in Ordinary Time*, Rev. Warren J. Savage and Mary Ann McSweeney

## WEEKDAY READINGS

July 6–11

**Monday, Weekday:**  
Hos 2:16, 17b–18, 21–22 / Mt 9:18–26

**Tuesday, Weekday:**  
Hos 8:4–7, 11–13 / Mt 9:32–38

**Wednesday, Weekday:**  
Hos 10:1–3, 7–8, 12 / Mt 10:1–7

**Thursday, Weekday:**  
Hos 11:1–4, 8e–9 / Mt 10:7–15

**Friday, Weekday:**  
Hos 14:2–10 / Mt 10:16–23

**Saturday, St. Benedict:**  
Is 6:1–8 / Mt 10:24–33

Bringing Home  
the **Word** 

July 5, 2020

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