



MUSIC FOR THE LITURGY

**Sunday, July 21, 2019
Sixteenth Sunday In
Ordinary Time**

**4:00 PM
8:00 AM
10:00 AM**

Gathering: As We Gather At Your Table BB 311

Responsorial Psalm (Psalm 34)

*Taste and see the goodness of the Lord,
O taste and see the goodness of the
Lord.*

Preparation Christ, Be Our Light BB 596

Mass Parts Mass of Creation

Communion You Are Mine BB 456
I Received The Living God BB 326

Recessional: We Are The Light Of The World BB 597

**ATTENTION ALL ALTAR SERVERS,
EUCCHARISTIC MINISTERS, AND LECTORS**

Scheduling for August 31 – November 27

Jeanne Sullivan needs to be notified **by August 7** regarding the Masses at which you either wish to serve and/or cannot serve from August 31 to November 27, 2019.

Thank you for your input, and as always, for the wonderful service you perform for the parish.

Please contact Jeanne Sullivan directly at 382-4760 or jmsul@myfairpoint.net.



St. Luke the Evangelist is now on Facebook! Go to www.facebook.com/stlukenh.org/ or **St. Luke the Evangelist Parish – Newton/Plaistow** and give us a Like! Please invite fellow parishioners & friends to do the same.

✘ PARISH TITHING ✘

Our Parish needs to take in \$7,000.00 each week in order to make ends meet. Thank you for your generosity to our parish! Your weekly contribution helps ensure that the parish remains a vibrant community. Please remember to submit your weekly gift even if you will be away. We depend upon your support!

July 7, 2019
Offertory \$6,032.47
Property Management \$1,405.75

July 14, 2019
Offertory \$6,116.75

PARISH GIVING

Saint Luke the Evangelist Parish has engaged *Parish Giving* to provide parishioners with an opportunity to make your offertory and other contributions through Electronic Funds Transfer (EFT). Parish Giving is a simple, secure, and convenient way to manage your stewardship without weekly envelopes and without worries. It allows you to select contribution amounts and special collections right from your own computer or smart phone. This program is available to parishioners at no cost. Log on to the St. Luke the Evangelist Parish website at <http://stlukenh.org>, click on the Parish Giving logo, and follow the easy registration instructions.

UPCOMING SECOND & SPECIAL COLLECTIONS

July 21, 2019 Fuel
 July 28, 2019 Parish to Parish Support
 August 4, 2019 Property Management

**Out of respect, please remember to
silence or turn off
your cell phones during Mass.
Thank you!**



**Suggested Weekly Contribution
Based on Income**

Annual Income	5% Commitment annually/ weekly	3% Commitment annually/ weekly
\$100,000	\$5,000/\$100	\$3,000/\$60
\$75,000	\$3,750/\$75	\$2,250/\$45
\$60,000	\$3,000/\$60	\$1,800/\$36
\$50,000	\$2,500/\$50	\$1,500/\$30
\$40,000	\$2,000/\$40	\$1,200/\$24
\$30,000	\$1,500/\$30	\$900/\$18
\$25,000	\$1,250/\$25	\$750/\$15
\$15,000	\$750/\$15	\$450/\$9

**Suggested Weekly Contribution
Based on a Percentage Increase**

Your Current Offertory Contribution	25% Increase	30% Increase	40% Increase
\$75.00	\$93.75	\$97.50	\$105.00
\$50.00	\$62.50	\$65.00	\$70.00
\$40.00	\$50.00	\$52.00	\$56.00
\$35.00	\$43.75	\$45.50	\$49.00
\$30.00	\$37.50	\$39.00	\$42.00
\$25.00	\$31.25	\$32.50	\$35.00
\$20.00	\$25.00	\$26.00	\$28.00
\$15.00	\$18.75	\$19.50	\$21.00
\$10.00	\$12.50	\$13.00	\$14.00
\$5.00	\$6.25	\$6.50	\$7.00

✠ PARISH NEWS ✠

PAINT THE TOWN!

THE CAPITAL CAMPAIGN FOR SAINT LUKE THE EVANGELIST PARISH

Our Parish community continues with our Capital Campaign. Our next projects include exterior painting for the church and Parish house in Newton. We'd also like to paint the interior sanctuary of the church in Newton and complete some electrical upgrades to the church.

Other possible projects include work on our Plaistow and Newton parking lots, and ramp access to the church in Plaistow.

Can you help?

Any contribution is welcome. Make checks payable to
Saint Luke the Evangelist – Capital Campaign.

SANCTUARY CANDLES

The Sanctuary Candles in both Newton and Plaistow may be offered in memory or honor of a loved one. The suggested offering for each is \$10.00. Please call the Parish Office at 382-8324.

VIGIL LIGHT

The Vigil Light in front of the Blessed Mother Icon in Newton may be also be offered in memory or honor of a loved one. The suggested offering for each is \$10.00. Please call the Parish Office at 382-8324.

TAI CHI

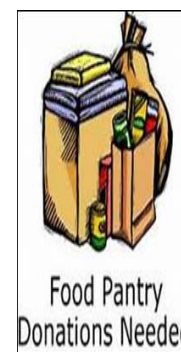
Tai Chi is the ancient Chinese martial art that is used for meditation, exercise, balance, and mind and body wellness. St. Luke the Evangelist Parish is offering this form of graceful, slow movement to help parishioners to gain strength, to improve their balance, flexibility, and range-of-motion, and to relieve stress. Classes are taught by members of the Oriental Healing Arts Association – a Senior Friendly and Senior Safe Tai Chi Program with the purpose of bringing Tai Chi to all age groups. Classes are on **Mondays at 9:00 AM** and **Thursdays at 3:00 PM and 6:30 PM** in the Plaistow Church Hall. The cost is \$5.00 per class, and for seniors on a fixed income, the cost is \$3.00 per class.



ST. LUKE'S WEBSITE! <http://stlukenh.org>

ST. LUKE THE EVANGELIST FOOD PANTRY

Food or care items are always needed – donations can be dropped off at Church or are welcome at the Parish Office during regular business hours. Cash donations for food are always welcome – make checks payable to **St. Luke the Evangelist Food Pantry**. All donations to the Food Pantry go toward helping the needy of our communities.



FOOD PANTRY HOURS

Wednesday from 10:00 AM to 12:00 Noon

Thursday from 6:00 PM to 7:00 PM

Friday from 10:00 AM to 12:00 Noon

For more information, call the St. Luke Food Pantry at **603-819-4949**.

WHILE AWAY THIS SUMMER...

We appreciate all of you who remember to send in your Parish Offertory during the Summer even when on vacation or visiting other parishes. Thank you for remembering that our expenses also continue through the Summer months. We invite others to consider doing the same before or even after you return home.

SIXTEENTH SUNDAY IN ORDINARY TIME

✠ **WEEKLY CALENDAR** ✠

Wednesday, July 24
HOLY ANGELS CHURCH OPEN
ALL DAY FOR PRAYER

7:00 PM Scripture Share – The Mass *Plaistow*

Thursday, July 25

8:30 AM Adoration Begins *Newton*
1:30 PM Scripture Share – The Mass *Plaistow*
8:30 PM Adoration Ends *Newton*

Saturday, July 27

3:00 PM Sacrament of Reconciliation *Plaistow*

Sunday, July 28

11:00 AM RCIA *Plaistow*

ALTAR FLOWERS

Altar Flowers are a special opportunity for remembering a departed loved one or offering thanksgiving for a blessing or family event. A floral arrangement placed in front of the altar for the Sunday Liturgy can be purchased for an offering of \$85, with an accompanying announcement in the weekly bulletin. Availability is limited according to the Liturgical Calendar. Offerings can be reserved on a first-come basis by contacting the Parish Office at 382-8324.

PRAYER LINE

St. Luke's offers a prayer line as a resource for those seeking prayer assistance. To submit your prayer request please call Cathy Smith at 603-382-8324, ext. 314 or email her at csmith@stluketheevangelist.net.

**St. Vincent
de Paul
Society**



The generosity of your contributions have allowed us to help out those in need with rent, medical, and heating oil assistance. The St. Vincent de Paul Society is so grateful and blessed.

Our next meeting on **Wednesday, August 21 at 7:00 PM**. We meet downstairs in the Church Hall in Plaistow. **New members are always welcome!**

If you seek assistance or need information about the St. Vincent de Paul Society, call 603-382-8324 x315.

**Hear, OH LORD, and answer me
for I am poor and needy.**

✠ **MASS INTENTIONS** ✠

Saturday, July 20 ~ Vigil / 16th Sunday in Ordinary Time
Gn 18:1-10a; Col 1:24-28; Lk 10:38-42

4:00 PM Therese Cormier by Paul Roberts
Plaistow

Sunday, July 21 ~ Sixteenth Sunday in Ordinary Time
Gn 18:1-10a; Col 1:24-28; Lk 10:38-42

8:00 AM Ron Metcalf by the Prayer Shawl Committee
Newton

10:00 AM Edmund Cailhouette by the Knights of Columbus
Plaistow

Monday, July 22 ~ Mary Magdalene

Sg 3:1-4b or 2 Cor 5:14-17; Jn 20:1-2, 11-18

8:00 AM For Michael and his recovery
Newton

Tuesday, July 23 ~ Bridget, Religious

Ex 14:21—15:1; Mt 12:46-50

8:00 AM Rosemary Duhamel by Edward Duhamel
Plaistow

Wednesday, July 24 ~ Sharbel Makhlūf, Priest

Ex 16:1-5, 9-15; Mt 13:1-9

6:30 PM Richard and Lorraine Grojean by Fr. Albert
Plaistow

Thursday, July 25 ~ James, Apostle

2 Cor 4:7-15; Mt 20:20-28

8:00 AM The Sullivan and Kelly Families
 by Jeanne Sullivan
Newton

Friday, July 26 ~ Joachim and Anne, Parents of the
Blessed Virgin Mary

Ex 20:1-17; Mt 13:18-23

No Mass

Saturday, July 27 ~ Weekday

Ex 24:3-8; Mt 13:24-30 (Day)

Gn 18:20-32; Col 2:12-14; Lk 11:1-13 (Vigil)

4:00 PM Barbara A. Lariviere by Pat Zakiewicz
Plaistow

Sunday, July 28 ~ Seventeenth Sunday in Ordinary Time

Gn 18:20-32; Col 2:12-14; Lk 11:1-13

8:00 AM Ralph Santangelo by his family
Newton

10:00 AM Angelina Antczak (Birthday Remembrance)
 by the Burge family
Plaistow



VIGIL LIGHT

The Vigil Light in front of the Blessed Mother Icon at Mary Mother of the Church will burn in loving memory of **Mr. & Mrs. Costante Morigi** by their family

JULY 21, 2019

✠ FAITH FORMATION & PARISH INFORMATION ✠



The Sanctuary Candle in
Mary, Mother of the Church
will burn this week in loving memory of
Mr. & Mrs. Costante Morigi
by their family

RCIA

The **Rite of Christian Initiation of Adults** is the process by which people become members of the Roman Catholic Church. If you or someone you know is interested in inquiring about becoming a member of the Roman Catholic Church, call Cathy Smith at 603-382-8324, ext. 305 or email her at csmith@stluketheevangelist.net.

ADULT CONFIRMATION

Are you an adult who has been Baptized and received Eucharist, but has not celebrated the sacrament of Confirmation? The adult Confirmation process is an opportunity to complete the Sacraments of Initiation. If you would like to prepare for Confirmation, or if you have questions, call Cathy Smith at 603-382-8324, ext. 305 or email her at csmith@stluketheevangelist.net.

PARENTS BAPTISM PREPARATION SESSION

The monthly preparation session for infant Baptism will be held after the 10:00 AM Liturgy on **Sunday, August 11, 2019** in the Parish Office living room. All parents planning to celebrate the Sacrament of Baptism are welcome. Families wishing to celebrate Baptism in the Church must be registered (according to Church Canon Law) and practicing (attending Sunday Mass) for 3 full months before a Baptism can be scheduled. The use of the envelope system is always optional; however, it does guarantee a manner of accountability. For most families, the Pastor or staff can easily verify attendance during these three months. Church Canon Law also regulates baptismal sponsors (godparents). Sponsors must be at least 16, fully initiated (having received Baptism, Eucharist, and Confirmation), and be practicing Catholics living Christian lives consistent with the Church's teaching. Please see Fr. Albert with questions.

CATHOLIC FAMILY DAY

Sunday, August 25, 2019
8:30 AM to 8:30 PM

Camp Fatima
Gilmanton Iron Works, NH

Your family will play games together, pray together, and most importantly **BE TOGETHER**. There will be activities for children of all ages, family activities, free time for family fun, swimming, biking, basketball, outdoor Mass, Confession, music and prayer. Come make memories and connections with Catholic families from across the state! Best of all for the moms, **NO COOKING!** Lunch and dinner are provided as part of the cost of the day.

Prices for this one-day event:
\$20/adult (ages 16 & up)
\$15/child (ages 3-15)
2 & under are free

To register, go to <https://vitanova.org/catholic-family-weekend>. **Registration closes on Friday, August 2.**

ADORATION

We are truly blessed to have times for Adoration of Our Lord in our Parish. This time of prayer and intercession is not only a source of great grace for the individual, but it is a great source of grace for us as a parish family, as well.

We have many who have made the commitment to spend an hour each week with our Eucharistic Lord, **but** we need more people so there will be at least two people at each hour. We are also looking for people who would be able to substitute.

Newton – Thursday
8:30 AM – 8:30 PM

If you can commit to one hour a week in Adoration of our Lord, or if you can be a substitute, please contact Cathy Smith at 603-382-8324, ext. 305 or email her at csmith@stluketheevangelist.net.

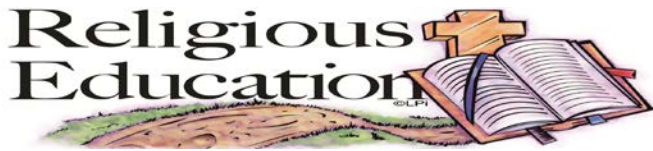
The Church in Plaistow is open all day on Wednesdays for people to stop by and pray before the presence of Jesus in the tabernacle.

✠ PARISH DIRECTORY ✠

Parish Office	382-8324
Parish Prayer Line	382-8324 x 314
St. Vincent de Paul Society	382-8324 x 315
St. Luke's Food Pantry	819-4949
Preschool	382-9783
Presentation of Mary Convent	382-2744

Fr. Albert Tremblay	fr.albert@stluketheevangelist.net
Cathy Smith	csmith@stluketheevangelist.net
Joyce Szapa	jszczapa@stluketheevangelist.net
Jackie Tremblay	jtremblay@stluketheevangelist.net
Thomas Kondel	tkondel@stluketheevangelist.net
Val Barczak	mvbarczak@comcast.net
Youth Ministry	youth@stluketheevangelist.net
Parish Council	parishcouncil@stluketheevangelist.net

✠ Parish News ~ Youth News ~ Around The Diocese ✠



ST. LUKE THE EVANGELIST
RELIGIOUS EDUCATION

Religious Education Registration for the 2019-2020 Academic Year for Grades Pre-K through 8 has begun. If your child is currently enrolled, a registration form has been sent home. If your child is new to the Program, please call Joyce Szczapa in the Religious Education Office at 603-382-8324 for more information.

CATECHISTS NEEDED

Our Religious Education Program is in need of catechists for Sunday mornings. Training will be provided. If you can help, please email Joyce at jszczapa@stluketheevangelist.net.

QUO VADIS DAYS

August 5-9, 2019

**Northeast Catholic College
Warner, NH**

Young Men – Ages 14-18

Do you know where your life is going? The Lord Jesus has a great plan for you! Young men, ages 14-18, are invited to attend the Second Annual Quo Vadis Days camp to spend time with other young men your age looking at the Lord's call in your life while having lots of fun. Quo Vadis Days is an overnight camp led by priests and seminarians of the Diocese and includes a full schedule of hiking, swimming, canoeing, sports and games, daily Mass and prayer, and opportunities to grow in friendship with the Lord and with each other.

Cost is \$50 for the weekend
(financial aid is available)

For more information, or to register, please visit:
www.liveinblackandwhite.com.

FOR OUR RECORDS

We need your help to keep our records current. If there are any births, deaths, marriages, moves, or address changes in your family, please notify the Parish Office at 603-382-8324 or by email at jtremblay@stluketheevangelist.net. If you are new to our parish, registration forms are available at the entrances of both churches. You can also find a registration form on our website at <http://stlukenh.org>.

**KNIGHTS OF COLUMBUS
GIVING BACK TO THE COMMUNITY**

Your St Jude Council has been very active in the local community over the last several weeks and would like to take this opportunity to say thanks for supporting our recent community projects.

Tootsie Roll Drive: The Council raised close to \$8,000 to assist the mentally and physically challenged in our local community and in NH. Donations will be made to NH Special Olympics, Camp Fatima in NH that hosts the mentally and physically challenged, and to local organizations such as the Kimi Nichols Center and the Haverhill Clubhouse which assists the mentally and physically challenged.

24th Annual St Jude Open: The Council held its Annual Golf Open to help a 27 year old widow from Atkinson with 3 young children. The Open sold out early with 144 golfers, 80+ hole sponsors, and several silent auction items that were donated. The Knights prepared an excellent steak BBQ for the golfers. We had great weather and everyone had a wonderful time. We raised several thousands of dollars which is being donated to this young widow.

Handicap Ramp: The Council was able to raise funds to purchase lumber and Knights volunteered to build a ramp for a fellow Knight who is a veteran and is disabled and his wife is also disabled. The ramp will make it much easier for them to enter and leave their home.

If you are a practicing Catholic adult man, 18 years and older, please consider joining the Knights to "do good" in the local community and in our parish with other likeminded men and their families. There is never any pressure to participate and you only give what time you can, when you can. For more information on the Knights, call or email Dan Sullivan at 603-770-4803, dans49@comcast.net, or go on line to www.kofc.org/joinus

PROJECT RACHEL

If you or someone you know is suffering after abortion, confidential non-judgmental help is available. Call Project Rachel's national toll-free number at 1-888-456-HOPE (4673) or visit www.hopeafterabortion.org.

AMAZON SMILE

AmazonSmile.com is the same market platform as Amazon.com, but with the added benefit of allowing customers to donate 0.5% of the price of items purchased to a charitable organization. Please register today to start shopping and donating at www.amazonsmile.com. Be sure to choose:

St Luke the Evangelist Parish, Plaistow.



Bringing Home the Word

Sixteenth Sunday in Ordinary Time (C)

July 21, 2019

Choosing “the Better Part”

By Mary Katharine Deeley

During the holidays, my husband and I invite relatives, friends, and students who can't return home to share our meal and find welcome in a special time. We enjoy cooking for a crowd, and our guests often bring something to share, adding to the bounty. Beforehand, we clean and dust, making sure the house is presentable. Our preparations are anything but relaxed. On the day itself, my husband usually cooks the meal while I offer drinks and conversation. The event couldn't succeed without either of our roles.

In the first reading, Abraham put wife Sarah and the servants to work to provide the feast while he waited on the guests. To his (and his wife's) surprise, the strangers asked where Sarah was and promised her a son. In this moment, we see that Abraham isn't the only important person in the story. God's blessing came mainly to the one in the kitchen, in the background.

When Jesus visits the sisters of Bethany, Martha remains in the kitchen like Sarah. In her anxiety, did she believe God's favor would come only to those who toil? Jesus reminds her there also is blessing in sitting with the guest; he even calls this “the better part.”

There is pride and vanity in assuming we can achieve favor and blessing through our works. When we start to think we know where, when, how, and to whom God will come, it's good to return to the word, which reminds us that favor and blessing come according to God's choosing and often to our surprise. +

*There is pride and vanity
in assuming we can achieve
favor and blessing through
our works.*

Sunday Readings

Genesis 18:1–10a

One of them said, “I will return to you about this time next year, and Sarah will then have a son.”

Colossians 1:24–28

It is he whom we proclaim, admonishing everyone and teaching everyone with all wisdom.

Luke 10:38–42

The Lord said to her in reply, “Martha, Martha, you are anxious and worried about many things. There is need of only one thing.”

A Word from Pope Francis

When elderly couples, celebrating fifty years together, come to audiences of Mass here, I ask them: “Who supported whom?” This is beautiful! Everyone looks at each other, the look at me and say: “Both!” This is a beautiful witness!

—Address to engaged couples at St. Peter's Basilica, February 14, 2014



REFLECTION QUESTIONS

QUESTIONS REFLECTION

- Do I focus on daily tasks at the expense of ignoring what makes life truly meaningful?
- When I speak to someone, do I give him or her my full attention, or does my mind wander to the next thing?

Marriage in the Middle

By Susan Hines-Brigger

Recently my husband and I went on a date ...to the grocery store... without our four kids. Exciting, right? For us, it was. It was wonderful and exciting because it was the closest thing we've had to a date night in a long time. Welcome to the second stage of marriage.



put tough flesh on our vows.

We would commiserate with friends—many of whom found themselves in the same situation—about things like nearly nonexistent sex lives, financial struggles, house repairs, and a complete lack of a social life.

Twenty years ago, Mark and I stood before our family and friends and promised to love, honor, and cherish one another in good times and bad, in sickness and health. Now, looking back, I can confidently say we had no idea what those vows actually meant.

In the first years of our marriage, we managed to adapt to life with one another and our quirks. But then our first child, Maddie, came along and everything changed. I'm often reminded of a quote from my favorite movie, *Hope Floats*: "Beginnings are scary, endings are usually sad, but it's the middle that counts the most."

Suddenly life in this middle stage of marriage meant we were faced with a new set of challenges. Lack of sleep, different parenting styles, hectic schedules, and career goals seemed to push our relationship to the edge. Time together as a couple took a back seat. We became aware that these are the years when the rubber meets the road when it comes to marriage. It's the time when we

The subsequent births of our next three children over the next ten years brought more and new challenges to our marriage—and meant less time for us grownups to spend together. My role as bad cop to Mark's good cop has caused more than its share of arguments. But we ride out the ebbs and flows, knowing full well that we are in this for the long haul. That's not to say it's always easy, though.

It's easy to see how so many couples drift apart during this stage. Adding to the challenge is what seems to be a lack of support for those couples in the second stage of their marriage journey. Suddenly, the support systems that help couples get to the altar fade away.

A Change in Perspective

Relationships will change from day to day, month to month, year to year. But for all its challenges, life in this stage of marriage can also be exciting and filled with blessings and adventures. Traveling that journey with your spouse has the

potential to bring you closer if you work together.

So, yes, date nights might now consist of a rented movie after the kids have gone to bed or Friday night at the grocery. And while lunch dates have replaced dinner dates, the important thing is that we're together. And now that Maddie is of babysitting age, we are slowly starting to rediscover date nights and more time alone—thus the exciting grocery store adventure. It's not much, but we'll take what we can get.

The most important thing is to stay connected, remembering that we are on the same team. That is as true in this stage of marriage as it was in the beginning and will continue to be into the next stage. Sometimes the best you can do is grocery shopping on a Friday night.

Before we know it, our kids will be grown and our marriage will move into a new phase. Who knows what's in store for us? Whatever it is, though, I'm sure that Mark and I are up for the challenge. +

PRAYER

Lord, you teach us to love and welcome strangers. Remove the fear that keeps me from accepting and loving people with backgrounds different from mine.

—From *Faithful Meditations for Every Day in Ordinary Time*, Rev. Warren J. Savage and Mary Ann McSweeney

WEEKDAY READINGS

July 22–27

Monday, St. Mary Magdalene: Sgs 3:1–4b or 2 Cor 5:14–17 / Jn 20:1–2, 11–18

Tuesday, Weekday: Ex 14:21–15:1 / Mt 12:46–50

Wednesday, Weekday: Ex 16:1–5, 9–15 / Mt 13:1–9

Thursday, St. James: 2 Cor 4:7–15 / Mt 20:20–28

Friday, Sts. Joachim and Anne: Ex 20:1–17 / Mt 13:18–23

Saturday, Weekday: Ex 24:3–8 / Mt 13:24–30