

MUSIC FOR THE LITURGY

Sunday, March 24, 2019
Third Sunday of Lent

4:00 PM
8:00 AM

Gathering: Hold Us In Your Mercy

Responsorial Psalm (Psalm 91)

Be with me, Lord, when I am in trouble; be with me, Lord, I pray.

Preparation Sacred Silence BB 545

Mass Parts Mass of Christ the Savior

Communion I Am The Bread Of Life BB 363
In The Breaking Of The Bread BB 324

Recessional: *We depart in silence during Lent*

10:00 AM

Gathering: Hold Us In Your Mercy

Dismissal: You Have Called Us BB 646

Responsorial Psalm (Psalm 91)

Be with me, Lord, when I am in trouble; be with me, Lord, I pray.

Preparation O God, You Search Me BB 437
Here I Am, Lord BB 442

Mass Parts Mass of Christ the Savior

Communion Turn To Me BB 661
Remember Your Love BB 662

Recessional: *We depart in silence during Lent*



Find us on:
facebook

St. Luke the Evangelist is now on Facebook! Go to www.facebook.com/stlukenh.org or **St. Luke the Evangelist Parish – Newton/Plaistow** and give us a Like! Please invite fellow parishioners and friends to do the same.

✠ PARISH TITHING ✠

Our Parish needs to take in \$7,000.00 each week in order to make ends meet. Thank you for your generosity to our parish! Your weekly contribution helps ensure that the parish remains a vibrant community. Please remember to submit your weekly gift even if you will be away. We depend upon your support!

March 17, 2019

Offertory	\$6,285.06
Fuel	\$1,589.33

PARISH GIVING

Saint Luke the Evangelist Parish has engaged *Parish Giving* to provide parishioners with an opportunity to make your offertory and other contributions through Electronic Funds Transfer (EFT). Parish Giving is a simple, secure, and convenient way to manage your stewardship without weekly envelopes and without worries. It allows you to select contribution amounts and special collections right from your own computer or smart phone. You can be a good steward for the Parish even when you are away from the area on a weekend. Parish Giving allows you to print out a report detailing your contributions for the year. This program is available to parishioners at no cost. Log on to the St. Luke the Evangelist Parish website at <http://stlukenh.org>, click on the Parish Giving logo, and follow the easy registration instructions.

UPCOMING SECOND & SPECIAL COLLECTIONS

March 24, 2019	No Second Collection
March 31, 2019	CRS & Home Missions
April 7, 2019	Property Management
April 19, 2019	Good Friday – Holy Land
April 21, 2019	Easter

Out of respect, please remember to
silence or turn off
your cell phones during Mass.
Thank you!



Suggested Weekly Contribution Based on Income

Annual Income	5% Commitment annually/weekly	3% Commitment annually/weekly
\$100,000	\$5,000/\$100	\$3,000/\$60
\$75,000	\$3,750/\$75	\$2,250/\$45
\$60,000	\$3,000/\$60	\$1,800/\$36
\$50,000	\$2,500/\$50	\$1,500/\$30
\$40,000	\$2,000/\$40	\$1,200/\$24
\$30,000	\$1,500/\$30	\$900/\$18
\$25,000	\$1,250/\$25	\$750/\$15
\$15,000	\$750/\$15	\$450/\$9

Suggested Weekly Contribution Based on a Percentage Increase

Your Current Offertory Contribution	25% Increase	30% Increase	40% Increase
\$75.00	\$93.75	\$97.50	\$105.00
\$50.00	\$62.50	\$65.00	\$70.00
\$40.00	\$50.00	\$52.00	\$56.00
\$35.00	\$43.75	\$45.50	\$49.00
\$30.00	\$37.50	\$39.00	\$42.00
\$25.00	\$31.25	\$32.50	\$35.00
\$20.00	\$25.00	\$26.00	\$28.00
\$15.00	\$18.75	\$19.50	\$21.00
\$10.00	\$12.50	\$13.00	\$14.00
\$5.00	\$6.25	\$6.50	\$7.00

✠ PARISH NEWS ✠

PAINT THE TOWN!

THE CAPITAL CAMPAIGN FOR SAINT LUKE THE EVANGELIST PARISH

Our Parish community continues with our Capital Campaign. Our next projects include exterior painting for the church and Parish house in Newton. We'd also like to paint the interior sanctuary of the church in Newton and complete some electrical upgrades to the church.

Other possible projects include work on our Plaistow and Newton parking lots, and ramp access to the church in Plaistow.

Can you help?

Any contribution is welcome. Make checks payable to
Saint Luke the Evangelist – Capital Campaign.

LENTEN EVENING PRAYER

Evening Prayer is sung at Newton at 6:00 PM on all Sundays of Lent. Join us for a quiet time of prayer and reflection. The **Sacrament of Reconciliation** is available immediately after Evening Prayer each Sunday of the Lenten Season.



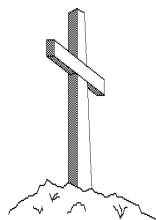
FINANCIAL CONTRIBUTION STATEMENT

If you would like an "end of year" financial statement of your contributions to the parish for 2018, please call the Parish Office at 382-8324. **Financial Statements are issued on a request only basis.**

ST. LUKE'S WEBSITE! <http://stlukenh.org>

STATIONS OF THE CROSS

Stations of the Cross will take place each Friday evening during Lent at 6:30 PM in Plaistow. A soup supper will follow Stations on Friday, April 5.



From the Pastor's Desk

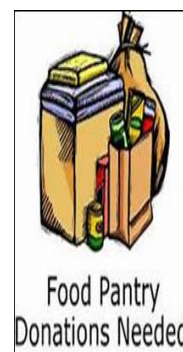


HOLY ANGELS CEMETERY CLOSED

Holy Angels Cemetery in Plaistow is now closed until Spring 2019. This decision comes as result of the real dangers of snow and ice in the Cemetery and the costs to Parishioners to inter during the winter months. Please contact the Parish Office with any questions.

ST. LUKE THE EVANGELIST FOOD PANTRY

Food or care items are always needed – donations can be dropped off at Church or are welcome at the Parish Office during regular business hours. Cash donations for food are always welcome – make checks payable to **St. Luke the Evangelist Food Pantry**. All donations to the Food Pantry go toward helping the needy of our communities.



FOOD PANTRY HOURS

Wednesday from 10:00 AM to 12:00 Noon

Thursday from 6:00 PM to 7:00 PM

Friday from 10:00 AM to 12:00 Noon

For more information, call the St. Luke Food Pantry at **603-819-4949**.

WHILE AWAY THIS SPRING...

We appreciate all of you who remember to send in your Parish Offertory during the Spring even when on vacation or visiting other parishes. Thank you for remembering that our expenses also continue through the Spring months. We invite others to consider doing the same before or even after you return home.

THIRD SUNDAY OF LENT

✠ WEEKLY CALENDAR ✠

Sunday, March 24

10:00 AM	Religious Ed – PreK to 8	<i>Plaistow</i>
11:00 AM	Confirmation Session	<i>Plaistow</i>
12:00 PM	Parish Pastoral Council Meeting	<i>Plaistow</i>
6:00 PM	Vespers	<i>Newton</i>
6:30 PM	Sacrament of Reconciliation	<i>Newton</i>

Tuesday, March 26

7:00 PM	Choir Rehearsal	<i>Plaistow</i>
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Wednesday, March 27
**HOLY ANGELS CHURCH OPEN
 ALL DAY FOR PRAYER**

7:00 PM	Disciples On The Journey	<i>Plaistow</i>
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Thursday, March 28

8:30 AM	Adoration Begins	<i>Newton</i>
9:00 AM	Intercessory Prayer	<i>Plaistow</i>
1:30 PM	Disciples On The Journey	<i>Plaistow</i>
8:30 PM	Adoration Ends	<i>Newton</i>

Friday, March 29

6:30 PM	Stations of the Cross	<i>Plaistow</i>
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Saturday, March 30

3:00 PM	Sacrament of Reconciliation	<i>Plaistow</i>
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Sunday, March 31

10:00 AM	Religious Ed – PreK to 8	<i>Plaistow</i>
11:00 AM	Confirmation Session	<i>Plaistow</i>
6:00 PM	Vespers	<i>Newton</i>
6:30 PM	Sacrament of Reconciliation	<i>Newton</i>

✠ MASS INTENTIONS ✠

Saturday, March 23 ~ Vigil / Third Sunday of Lent
Ex 3:1-8a, 13-15; 1 Cor 10:1-6, 10-12; Lk 13:1-9
 4:00 PM Lucy, Joe, and Patrick Zakiewicz
 by Pat Zakiewicz
Plaistow

Sunday, March 24 ~ Third Sunday of Lent
Ex 3:1-8a, 13-15; 1 Cor 10:1-6, 10-12; Lk 13:1-9
 8:00 AM David Coddling by Knights of Columbus
Newton
 10:00 AM Sean Breen (10th Anniversary) by his family
Plaistow

Monday, March 25 ~ The Annunciation of the Lord
Is 7:10-14, 8-10; Heb 10:4-10; Lk 1:26-38
 8:00 AM Barbara Tremblay by Rose Aimee J. Gendron
Newton

Tuesday, March 26 ~ Lenten Weekday
Dn 3:25, 34-43; Mt 18:21-35
 8:00 AM Rosemary Duhamel by Edward Duhamel
Plaistow

Wednesday, March 27 ~ Lenten Weekday
Dn 4:1, 5-9; Mt 5:17-19
 6:30 PM Gail Sanford (10th Anniversary)
 by her mother, Kay Fitzpatrick
Plaistow

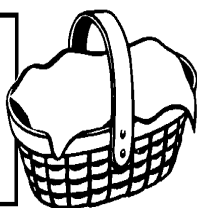
Thursday, March 28 ~ Lenten Weekday
Jer 7:23-38; Lk 11:14-23
 8:00 AM Thomas Cullen by Jeanne Sullivan
Newton

Friday, March 29 ~ Lenten Weekday
Hos 14:2-10; Mk 12:28-34
No Mass

Saturday, March 30 ~ Lenten Weekday
Hos 6:1-6; Lk 18:9-14 (Day)
Jos 5:9a, 10-12; 2 Cor 5:17-21; Lk 15:1-3, 11-32 (Vigil)
 4:00 PM John and Katie Cotter by Cathy Smith
Plaistow

Sunday, March 31 ~ Fourth Sunday of Lent
Jos 5:9a, 10-12; 2 Cor 5:17-21; Lk 15:1-3, 11-32
 8:00 AM Marietta Pelletier by the Bettencourt family
Newton
 10:00 AM Robert Giallongo (1st Anniversary) by his family
Plaistow

**St. Vincent
de Paul
Society**



The generosity of your contributions have allowed us to help out those in need with rent, medical, and heating oil assistance. The St. Vincent de Paul Society is so grateful and blessed.

Our next meeting on **Wednesday, April 17 at 7:00 PM**. We meet downstairs in the Church Hall in Plaistow. **New members are always welcome!**

If you seek assistance or need information about the St. Vincent de Paul Society, call 603-382-8324 x315.

**Hear, OH LORD, and answer me
for I am poor and needy.**

PRAYER LINE

St. Luke's offers a prayer line as a resource for those seeking prayer assistance. To submit your prayer request please call Cathy Smith at 603-382-8324, ext. 314 or email her at csmith@stluketheevangelist.net.

MARCH 24, 2019

✠ FAITH FORMATION & PARISH INFORMATION ✠



The Sanctuary Candle in
Mary, Mother of the Church
will burn this week in loving memory of
John Marciano
(Birthday Remembrance)
by his family

RCIA

The **Rite of Christian Initiation of Adults** is the process by which people become members of the Roman Catholic Church. If you or someone you know is interested in inquiring about becoming a member of the Roman Catholic Church, call Cathy Smith at 603-382-8324, ext. 305 or email her at csmith@stluketheevangelist.net.

ADULT CONFIRMATION

Are you an adult who has been Baptized and received Eucharist, but has not celebrated the sacrament of Confirmation? The adult Confirmation process is an opportunity to complete the Sacraments of Initiation. If you would like to prepare for Confirmation, or if you have questions, call Cathy Smith at 603-382-8324, ext. 305 or email her at csmith@stluketheevangelist.net.

PARENTS BAPTISM PREPARATION SESSION

The monthly preparation session for infant Baptism will be held after the 10:00 AM Liturgy on **Sunday, April 7, 2019** in the Parish Office living room. All parents planning to celebrate the Sacrament of Baptism are welcome.

Families wishing to celebrate Baptism in the Church must be registered (according to Church Canon Law) and practicing (attending Sunday Mass) for 3 full months before a Baptism can be scheduled. The use of the envelope system is always optional; however, it does guarantee a manner of accountability. For most families, the Pastor or staff can easily verify attendance during these three months. Church Canon Law also regulates baptismal sponsors (godparents). Sponsors must be at least 16, fully initiated (having received Baptism, Eucharist, and Confirmation), and be practicing Catholics living Christian lives consistent with the Church's teaching.

Please see Fr. Albert with questions.

RICE BOWLS AVAILABLE

Operation Rice Bowl is the official Lenten program of Catholic Relief Services. Each Lent, parishes, schools and other faith communities participate in Operation Rice Bowl to learn more about the work of CRS and put their faith into action. Operation Rice Bowl provides funding to CRS for many third world projects that promote agricultural, nutritional and educational sufficiency. Additionally, Operation Rice Bowl supports local anti-poverty programs. Rice Bowls are available at the entrances of both Churches and are **due back by Holy Thursday, April 18**.



EASTER VIGIL RECEPTION

The Parish will host a reception following the Great Vigil of Easter on Saturday night, **April 20**. We are looking for helpers to set-up, serve, and clean up, for food donations (especially pastries – Lent will be over!), beverages, and other food donations. For more information please call the Parish Office at 382-8324 or email jtremblay@stluketheevangelist.net.

ADORATION

We are truly blessed to have times for Adoration of Our Lord in our Parish. This time of prayer and intercession is not only a source of great grace for the individual, but it is a great source of grace for us as a parish family, as well.

We have many who have made the commitment to spend an hour each week with our Eucharistic Lord, **but** we need more people so there will be at least two people at each hour. We are also looking for people who would be able to substitute.

**Newton – Thursday
8:30 AM – 8:30 PM**

If you can commit to one hour a week in Adoration of our Lord, or if you can be a substitute, please contact Cathy Smith at 603-382-8324, ext. 305 or email her at csmith@stluketheevangelist.net.

The Church in Plaistow is open all day on Wednesdays for people to stop by and pray before the presence of Jesus in the tabernacle.

✠ PARISH DIRECTORY ✠

Parish Office	382-8324
Parish Prayer Line	382-8324 x 314
St. Vincent de Paul Society	382-8324 x 315
St. Luke's Food Pantry	819-4949
Preschool	382-9783
Presentation of Mary Convent	382-2744

Fr. Albert Tremblay
Cathy Smith
Joyce Szapa
Jackie Tremblay
Thomas Kondel
Val Barczak
Youth Ministry
Parish Council

fr.albert@stluketheevangelist.net
csmith@stluketheevangelist.net
jszczapa@stluketheevangelist.net
jtremblay@stluketheevangelist.net
tkondel@stluketheevangelist.net
mvmbarczak@comcast.net
youth@stluketheevangelist.net
parishcouncil@stluketheevangelist.net

✠ Parish News ~ Youth News ~ Around The Diocese ✠

A TIME TO MOURN, A TIME TO DANCE

March 29-31, 2019

Marie Joseph Spiritual Center, Biddeford, ME

No matter how big or small the loss, the grieving process that follows raises the question: How is it possible to feel God's loving presence in the agony of grief? You are invited to engage in a spiritual approach to address your losses that will uncover something profound about your relationship with God. For more information, or to register, call 1-207-284-5671 or go to www.mariejosephspiritual.org.

KILLING THE PAIN, NOT THE PATIENT:

Palliative Care v. Assisted Suicide

Read the full version at usccb.org/killing-the-pain.

Assisted suicide is in the news and on lawmakers' agendas. Supporters call it "aid in dying" and claim it's just another option for end-of-life care. But it's radically different from the practice of palliative care, the healing art of relieving pain and other distressing symptoms for patients who are seriously ill. Palliative care intends to comfort a patient, addressing physical, psychological, emotional, and spiritual needs. Assisted suicide, by contrast, directly intends the patient's death. It ignores any underlying problems, and instead abandons and eliminates the patient who has the problems. As a society and as individuals, we must dedicate ourselves to providing genuinely compassionate care that protects God's gift of life.

AMAZON SMILE

AmazonSmile.com is the same market platform as Amazon.com, but with the added benefit of allowing customers to donate 0.5% of the price of items purchased to a charitable organization. Please register today to start shopping and donating at www.amazonsmile.com. Be sure to choose: **St Luke the Evangelist Parish, Plaistow.**

WINTER WEATHER CLOSINGS

Saint Luke the Evangelist Parish Office, Holy Angels Cemetery Office, Saint Luke Food Pantry and the Parish Liturgical schedule complies with the longstanding inclement weather policy of Saint Luke Religious Education Program and Holy Angels Pre-School-Kindergarten: **If the Timberlane and/or Sanborn regional school districts close because of inclement weather, ALL Parish Offices and Parish programs will be closed or suspended. All activities by any Parish or non-Parish groups will be cancelled for that day/evening on both campuses.** In the event of a weather related closing, the scheduled weekday Liturgy will not be held and the intention (if any) will be moved to a conveniently available date. **Sunday (or Saturday evening) liturgies can never be cancelled, but all are advised to use prudence when deciding to travel to Church during winter storms.**



HOLY OILS

The Parish is looking for 2 persons who are available on **Tuesday, April 16 at 6:30 PM** to pick up the new Holy Oils for our Parish. Please note that this year the Chrism Mass and Solemn Evening Prayer with the Distribution of Oils are two distinct ceremonies. Priests will be gathering with the Bishop for the Chrism Mass separately and will then gather with the deacons, religious, seminarians, and faithful for Solemn Evening Prayer and the Distribution of Oils in St. Joseph Cathedral in Manchester at 6:30 PM. Contact the Parish Office if interested. All are welcome to attend Evening Prayer on April 16 at the Cathedral; visit the Diocesan website www.catholicnh.org for more information.

HELP WANTED

The Parish is looking for a handy person who can help install a few appliances. Some carpentry and electrical work required. We will supply the muscle! If anyone is interested, please contact Father Albert in the Parish Office.

**KNIGHTS OF COLUMBUS
ST JUDE COUNCIL # 6617
GIVE YOUR PARISH COMMUNITY
1 HOUR A MONTH**

The Knights of Columbus are a vital and vibrant part of the St Luke the Evangelist Parish. We welcome any practicing Catholic man 18 or older to join the Knights, whose main purpose is charitable works in support of our parish and community. Joining is simple – talk to a brother Knight or you can now join on-line. Go to www.kofc.org/joinus. Your Council is involved in many activities from collecting money for people with intellectual disabilities through the Tootsie Roll Drive to the annual St Jude Golf Open which raises money for parish families in need. The list is as long as you want it to be. Do you have a certain passion you would like to get involved in? Come join us and make it a reality! We are Catholic men. We live by principles informed by faith. We are sons, fathers, husbands, and grandfathers. Join us on life's greatest adventure to discover the man God calls you to be. Feel free to call Dan Sullivan at 603-770-4803, email him at dans49@comcast.net, or catch him at the 8:00 AM Sunday Mass in Newton. For more information about the Knights, go to www.kofc.org/un/en/todays-knights/what-we-do.html

THIRD SUNDAY OF LENT



Patience and Mercy

God of Abraham, Isaac, and Jacob,
you rescued your people and led them
to a land of milk and honey.
Throughout history,
you have patiently allowed your people
time to repent.

May we be grateful for your mercy
and regard this season of Lent
as a time to be cultivated in your ways
so that we may bear fruit in the future.
We look to your Word
to guide us on our journey
as we seek to know your will.
We ask this through Christ our Lord.
Amen.

Sunday, March 24, 2019

Repentance



Today's Readings: Exodus 3:1–8, 13–15; Psalm 103:1–2, 3–4, 6–7, 8–11; 1 Corinthians 10:1–6, 10–12; Luke 13:1–9.
The word “repent” is usually equated with being sorry or seeking forgiveness. During Jesus’ time on earth, people would understand repentance to mean a change of life, a total transformation. Change is difficult, even when it is small.

In today’s Gospel, we hear a parable about a fig tree that has produced no fruit during three years. Now the time has run out, and the owner wants to cut the tree down. However, the gardener requests that he be allowed to care for the fig tree for one year, cultivating the ground and fertilizing it, so that it will bear fruit in the future.

During Lent, we pray and fast so that we can live out our life in Christ better. These forty days offer an opportunity to reexamine our lives and to seek what God desires of us. This is our chance to be fertilized and cultivated in God’s ways so that we can bear fruit in the future. How are you making small changes in your life so that God can transform you? Are there habits of prayer or reading Scripture that you are trying to form? How can you integrate these habits into your life even after Lent? Take some time today to reflect on what in your life is in need of repentance. Remember, Lent will soon be half over.



THIS WEEK AT HOME

Monday, March 25

Handmaid of the Lord

Mary responds to the angel Gabriel, “Behold, I am the handmaid of the Lord, may it be done to me according to your word.” In describing herself as the handmaid of the Lord, Mary is claiming her role as a humble servant before God. Mary models for us how we are to respond to God, with a humble heart that is ready to assist and to serve. How can you surrender yourself to God’s will? How are you called this week to be of service to others? *Today’s Readings: Isaiah 7:10–14; Psalm 40:7–8, 8–9, 10, 11; Hebrews 10:4–10; Luke 1:26–38.*

Tuesday, March 26

Forgive from Your Heart

Do you find forgiveness to be difficult in your life? Is it easier for you to ask for forgiveness or to be the one who offers pardon to another who has wronged you? Forgiveness can lead to healing and peace. This is our hope: to be restored to one another and to God. Find out when your parish community is offering the Sacrament of Reconciliation and plan to attend. *Today’s Readings: Daniel 3:25, 34–43; Psalm 25:4–5, 6–7, 8–9; Matthew 18:21–35.*

Wednesday, March 27

Fulfillment of the Law

The law and the prophets were guides for the Chosen People. Jesus comes to fulfill the law, and the law he shares is the law of love. When it comes to living our faith, we must do so with a sincere heart. How often do you do something because it is required? Today strive to lift up one of your obligatory tasks and embrace it with a new heart of love and humility for the Lord. *Today’s Readings: Deuteronomy 4:1, 5–9; Psalm 147:12–13, 15–16, 19–20; Matthew 5:17–19.*

Thursday, March 28

Unfair Judgment

Those who witness Jesus casting out a demon were amazed, but they also were skeptical about the source of his power and even tried to test him by demanding a sign from heaven. Have you ever been in a situation in which there seemed to be no good options to take? Have you ever been judged unfairly? Jesus invites us to follow him and in doing so, we need to pray for one another. It can be difficult to pray for those who are unkind and causing division. Ask God to heal them and for the courage to follow Jesus. *Today’s Readings: Jeremiah 7:23–28; Psalm 95:1–2, 6–7, 8–9; Luke 11:14–23.*

Friday, March 29

Loving God

Jesus summarized the Commandments into loving God completely and loving neighbor as ourselves. Do you find it more difficult to love God or others? What does it mean to love God with all of your heart, soul, mind, and strength? How will you show your love of God today? *Today’s Readings: Hosea 14:2–10; Psalm 81:6–8, 10–11, 14, 17; Mark 12:28–34.*

Saturday, March 30

Right Attitude

Through a parable about two men praying in the Temple, Jesus calls us to a right attitude of ourselves before God and others. The posture, gestures, and words of the two men reveal much about their relationship with the Lord. Which man’s life was changed because of his prayer that day? Do you open yourself to be changed through prayer? As you continue to journey through Lent, consider a new prayer form, such as journaling, centering prayer, or adoration, to enrich your relationship with God. *Today’s Readings: Hosea 6:1–6; Psalm 51:3–4, 18–19, 20–21; Luke 18:9–14.*



Lenten Prayer and Liturgy

The Church invites all people to special moments of prayer during the season of Lent. It is a common custom for people to make room in their schedule for daily Eucharist, which we celebrate as follows during the Lenten season:

Monday	8 am	Newton
Tuesday	8 am	Plaistow
Wednesday	6:30 PM	Plaistow
Thursday	8 am	Newton

Another Lenten custom involves taking a journey... to the Holy Land! Going on pilgrimage has always been an important part of our Christian tradition. By visiting a place where a religious event occurred, a pilgrim hoped to share in the experience associated with that place. The

desire to visit Jerusalem and the Holy Land was very important to Christians long ago, but because of the danger and expense of travel, and the political climate of Palestine, such a journey was not always feasible. When the Friars of the Franciscan Order took over the care of the Holy Places in Jerusalem in 1342, they began to erect "Stations" in Churches back home in Europe. It was a way to "go" to the Holy Land without ever leaving home. The custom of the Stations quickly spread to parish Churches, and the devotion of the Stations of the Cross was born.

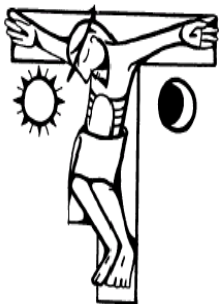


Praying the Stations of the cross

We walk the **Stations of the Cross** each **Friday of Lent** at **6:30** at **PLAISTOW** Using various versions and forms of the Stations, and led by various groups in the Parish, we make Jesus' journey to the Cross our own. **On April 5, we will conclude our evening Stations with a Lenten Soup Supper.**

Baptismal Font and Holy Water Font

During Lent, we pray and prepare to renew our own Baptismal promises even as we pray as a community for those to be Baptized. Following ancient custom, the Sacrament of Baptism is not ordinarily celebrated during Lent, and the Baptismal Font itself is sealed. We also "fast" from the Baptismal water usually present at the doors of the Church. The entire Church waits with Jesus in the desert, praying for the Living Waters of Easter.



Lenten Space, Silence, & Music

During Lent, the Church's lighting is dimmed so as to encourage an atmosphere of prayer and introspection. Our Assembly's music is more meditative and somber. **We leave at the end of Mass in silence,** reflecting on our mission as Disciples to pray, fast, and to give of ourselves in the coming week.

LENTEN REGULATIONS



FASTING

Fasting for anyone between **21 and 59** years of age means having only **one full meal** to maintain one's strength. Two smaller meatless and penitential meals are permitted according to one's needs, but should not equal the one full meal. One may, however, enter more into the spiritual element of fasting and not partake of any of the above-mentioned meals. Eating between meals is not permitted; but

liquids, including milk and juices are allowed. **Days of fasting are Ash Wednesday and Good Friday. Wednesdays and Fridays are also traditional fast days; however, one may fast on any day of the week.**

ABSTINENCE

Abstinence is the observance for all those **14** years of age or older to forego the eating of meat on: **Ash Wednesday; all Fridays in Lent and on Good Friday.** When health or ability to work would be seriously affected, this discipline does not apply.

EASTER PRECEPT

The Easter Precept – or Easter Duty is the decree for all the faithful to **receive Holy Communion at least during the Easter Season** (Catechism of the Catholic Church, 2042). The faithful must celebrate the **Sacrament of Penance at least once a year in preparation for the reception of Holy Eucharist.** Traditionally, the Church has marked the time in which one may fulfill the Easter Duty between the First Sunday of Lent and Trinity Sunday. A monthly celebration of the Sacrament of Reconciliation is encouraged for all.

PRAYER AND ALMSGIVING

All the faithful are encouraged to spend additional time in prayer during the Lenten season, and to participate in the devotional practices of the Parish. It is also praiseworthy for the faithful to give generously to charities and to their Church during this Season of Sacrifice.

The Gospel for All Ages

Family Catechesis

pflaum
**Gospel
Weeklies**
FAITH FORMATION PROGRAM

3rd Sunday of Lent • March 24, 2019 • Jesus Says There Is Time to Change

Sunday Readings: Exodus 3:1-8a, 13-15; 1 Corinthians 10:1-6, 10-12; Luke 13:1-9

Weekly Discussion Questions

For the Parish Bulletin

Life Question: What in your experience has helped bring relationships back to life?

Gospel Question: What relationship can you cultivate and give another chance this Lent?

LIFE AND GOSPEL QUESTIONS BY AGE LEVEL

Exploring the Sunday Readings (Adults)

Which aspects of your life right now are flourishing? Which could use some living water to revive them?

Visit exploringthesundayreadings.com

Visions (Grades 7-8)

Life Question: How are you being called to encourage others?

Gospel Question: Why does the gardener want to fertilize the fig tree?

Venture (Grades 4-6)

Life Question: When have you wanted a second chance?

Gospel Question: Who in the Gospel story is Jesus like, the owner or the gardener and why?

Good News (Grades 2-3)

Life Question: When have you needed a second chance?

Gospel Question: Who in the Gospel story is Jesus like, the owner or the gardener and why?

Promise (Grades K-1)

Life Question: What helps you grow?

Gospel Question: Discuss how God helps all things grow.

Seeds (Preschool)

Life Question: How do you help flowers grow?

Gospel Question: Thank God for all the growing things around you.

Family Corner

About the Gospel

Jesus wants us to understand that we must turn from bad things and practice doing good things. Our deeds are our fruit! God is the gardener who gives us more time to turn back to him and increase our good deeds of mercy and love.

Visit www.usccb.org/bible/readings to read this Sunday's Scripture.

In Church

Notice the wine brought forward during the Presentation of the Gifts. Consider the good fruit that went into making it. Ask God to help your actions also reflect his goodness.

Family Prayer

Lord, increase your love in us so that we may increase the fruits of your love.

Question of the Week

How can you bear good fruit with your life?



Rincón de la Familia

Acerca del Evangelio

Jesús quiere que comprendamos que debemos alejarnos de las cosas malas y practicar hacer cosas buenas. ¡Nuestros actos son nuestro fruto! Dios es el jardinero que nos da más tiempo para volver a él y acrecentar nuestros buenos actos de misericordia y amor.

Visita www.usccb.org/bible/lecturas para leer las lecturas de este domingo.

En la Iglesia

Observen el vino que se lleva al altar durante la Presentación de las Ofrendas. Consideren el buen fruto que se utilizó para prepararlo. Pidán a Dios que ayude a que tus acciones también reflejen su bondad.

Oración en familia

Señor, aumenta tu amor en nosotros para que podamos acrecentar los frutos de tu amor.

Pregunta de la semana

¿Cómo puedes dar buen fruto con tu vida?



**SAINT LUKE THE EVANGELIST
LENT- EASTER LITURGICAL SCHEDULE 2019**

THE BEGINNING OF THE LENTEN FAST MARCH 6
**ASH WEDNESDAY LITURGY 8 am Newton &
6:30 pm Plaistow**

SACRAMENT OF RECONCILIATION: Plaistow: Saturdays 3:00 pm
(except Holy Saturday); Newton: Sundays of Lent 6:30 pm
Monday of Holy Week (April 15 - Plaistow 11:00am - 1:00 PM,
Newton 5:00-7:00 PM

LENTEN EVENING PRAYER: Sunday evenings of Lent at Newton, 6 pm

STATIONS OF THE CROSS: Fridays of Lent - 6:30 pm - at Plaistow Lenten Soup Supper Friday April 5
following Stations

HOLY WEEK

Monday of Holy Week April 15- Liturgy at 8 am - Newton
Tuesday of Holy Week April 16- Liturgy at 8 am - Plaistow
Wednesday of Holy Week April 17 - Liturgy at 6:30 pm - Plaistow
Tenebrae at 7:30 PM

PASCHAL TRIDUUM

HOLY THURSDAY APRIL 18 Morning prayer 8 am - Newton
Mid-day prayer 12 noon - Newton
LITURGY OF THE LORD'S SUPPER 6:30 PM - Newton
-Eucharistic Adoration follows-
Night Prayer 10:00 pm - Newton

GOOD FRIDAY APRIL 19 Morning prayer 8 am - Plaistow
Mid-day prayer 12 noon - Plaistow
Stations of the Cross 3 pm - Newton

**SERVICE OF THE LORD'S PASSION
& HOLY COMMUNION 6:30 PM - Plaistow**

HOLY SATURDAY April 20- Morning Prayer 8 am - Plaistow
Mid-day Prayer 12 noon - Plaistow

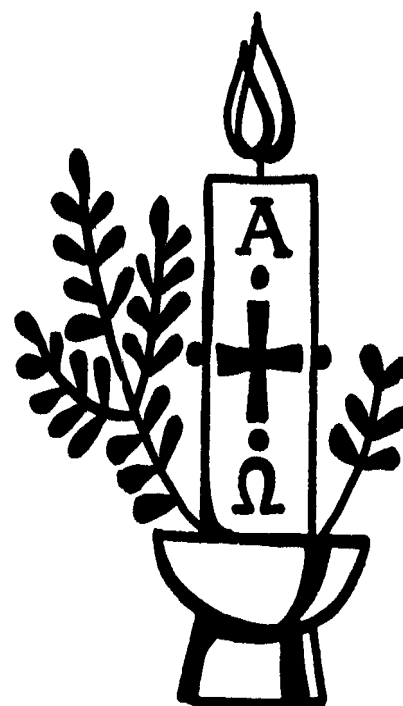
EASTER GREAT VIGIL AT 8 PM - Plaistow
(Reception in Hall to follow)

APRIL 21 EASTER SUNDAY LITURGIES
8 AM - Newton
10 AM - Plaistow

Easter Solemn Vespers with Benediction at 6 pm - Newton

**LENTEN SEASON
DAILY LITURGIES:**

M 8 am Newton
T 8 am Plaistow
W 6:30 pm Plaistow
Th 8 am Newton



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Bringing Home the Word

Third Sunday of Lent
March 24, 2019

Finding Humility

By Mary Katharine Deeley

Now that I'm older, I can look back on my life and clearly remember times when I took great pride in my accomplishments, the breadth of my knowledge, and my insight into human dynamics. The problem was that my pride bordered on, and occasionally slipped into, a sense of superiority and hubris. At such times I was not fun to be around. The advantage of maturity is that we become more aware of our shortcomings and, hopefully, develop a humility that appreciates the gifts that everyone brings to the table, recognizes that we always have more to learn, and

grows grateful, rather than prideful, at the gifts we have been given.

In today's Gospel, Jesus challenges the sense of pride that the Israelites feel from God's choosing them and the sense that they are, therefore, better than the people of the surrounding nations. He also questions their habit of judging those on whom misfortune fell as more sinful than they were. In a way, he was asking them to grow up and find the humility that comes from age, holding them to the same standard with which they held others. He challenged them to spend less time judging others and more time recognizing their sins and need for repentance.

That's a hard lesson for us all, but a necessary one. If we are to accompany one another on this journey through Lent and life, we need to know we are all the same in God's eyes and all in need of God's grace to make it through. +

Sunday Readings

Exodus 3:1-8a, 13-15

God replied to Moses:....This is what you will tell the Israelites: I AM has sent me to you.

1 Corinthians 10:1-6, 10-12

These things happened to them as an example, and they have been written down as a warning to us.

Luke 13:1-9

"Sir, leave it for this year also, and I shall cultivate the ground around it and fertilize it; it may bear fruit in the future."

*My pride bordered on
a sense of superiority
and hubris. At such times
I was not fun to be around.*

A Word from Pope Francis

Gathered before Jesus crucified, we hear his words ring out also for us: "I thirst" (John 19:28)...What does the Lord thirst for? Certainly for water, that element essential for life. But above all for love....He thirsts to give us the living waters of his love, but also to receive our love.

—Visit to Assisi,
September 20, 2016



REFLECTION QUESTIONS



- When blessed by good fortune, do I give credit where it is due—on God's grace?
- Rather than feeling superior for my earthly blessings, am I mindful that we're all the same in God's eyes?

The Heart of the Sower



By Joyce Rupp

"A sower went out to sow"
(Mark 4:3).

Parables, like dreams, have many layers of meaning. They teach us and stretch us into further growth. In one parable Jesus describes how a sower scatters seeds in hope of a harvest, but only the seed that lands on good soil thrives. The rest wither or sprout because they fall on rocks, grow in weedy soil, are trampled, or are quickly devoured by birds. Jesus explains how this is a metaphor for accepting, or not accepting, the Word of God in his listeners' lives.

We are told what happens to the seeds, but what about the sower? What does

the sower experience when seeds, strewn with hope, do not grow? When a field is ready for planting, the farmer feels expectant eagerness, a readiness to spend long hours of work planting, because each seed holds a promise of growth.

When seeds are poor and grow weakly, when hail or windstorms destroy the growing crop, when sun and drought wither it, the farmer often grows discouraged. Did Jesus, the Divine Sower, also feel this when he served his people? Did he feel pained and disheartened when he saw how little effect his message had on their lives, or did he maintain hope in spite of mixed results?

The gospels tell us that Jesus felt disheartened at the lack of receptivity and the failure of his message to change lives, but the Scriptures also remind us that he never quit. Jesus continued to believe in the possibility of change and growth in everyone. He did not withhold his love and openness to the "seeds" that fell on the wayside, or the rocky, weedy soil.

Untested Soil

We're also sowers of seed. Each of us spreads the gospel message of faith and love by how we live our lives. Being a sower of God's goodness can be joyful when we see positive results from what we've planted. Our hearts flood with happiness and satisfaction when the seeds grow well.

Like Jesus, we also encounter defeat as we plant the seeds of his message. Faith-filled parents with love for their children see them choosing a life of drugs, violence, and immorality. Pastoral teams experience the apathy of parishioners toward faith-formation

programs. Seeds of marital faithfulness are destroyed by the rocky soil of adultery or the arid refusal to communicate. Teachers promoting honesty and integrity may find their efforts falling on the stony indifference and hostility of their students. People trying to plant seeds of harmony in their workplaces and communities may watch the seeds fail to develop.

Hope in the Harvest

It takes faith and relentless hope to be a sower of the Word of God, to be untiring in accepting and caring about others. It requires resolve and continual prayer. Like Jesus, we may not see the harvest in our lifetimes but we cannot give up trying to live in God's kingdom as faithful, compassionate people. Steadfast hope is a vital component of a sower's heart.

As we live in the spirit of the Divine Sower this Lent, let us keep on sowing the seeds of our good works without giving in to discouragement. Let us sow with confidence, letting go of our expectations for immediate results. Let us trust that the Word of God will take deep root in our own hearts as well as in those with whom we live and work. +



*Lord, you are patient with me
and never withhold your love and
mercy from me. Strengthen me
with your grace to become fully
human, fully alive in the world.*

—From *Mindful Meditations for Every Day
of Lent and Easter*, Rev. Warren J. Savage
and Mary Ann McSweeney

WEEKDAY READINGS

March 25-30

Monday, Annunciation of the Lord:

Is 7:10–14; 8:10 / Heb 10:4–10 / Lk 1:26–38

Tuesday, Lenten Weekday:

Dn 3:25, 34–43 / Mt 18:21–35

Wednesday, Lenten Weekday:

Dt 4:1, 5–9 / Mt 5:17–19

Thursday, Lenten Weekday:

Jer 7:23–28 / Lk 11:14–23

Friday, Lenten Weekday:

Hos 14:2–10 / Mk 12:28–34

Saturday, Lenten Weekday:

Hos 6:1–6 / Lk 18:9–14