

## MUSIC FOR THE LITURGY

Sunday, February 18, 2018  
First Sunday Of Lent

4:00 PM  
8:00 AM

Gathering: Hold Us In Your Mercy

Responsorial Psalm (Psalm 91)

*Be with me, Lord, when I am in trouble; be with me, Lord, I pray.*

Preparation You Have Called Us BB 646

Mass Parts Mass of Christ the Savior

Communion: Eat This Bread BB 337  
Hosea BB 666

Recessional: *We depart in silence during Lent*

10:00 AM

Gathering: Hold Us In Your Mercy

Responsorial Psalm (Psalm 91)

*Be with me, Lord, when I am in trouble; be with me, Lord, I pray.*

Preparation Ashes To Ashes BB 114  
Only This I Want BB 499

Mass Parts Mass of Christ the Savior

Communion: On Eagle's Wings BB 437  
Hosea BB 666

Recessional: *We depart in silence during Lent*



Find us on:  
**facebook®**

St. Luke the Evangelist is now on Facebook! Go to [www.facebook.com/stlukenh.org/](http://www.facebook.com/stlukenh.org/) or **St. Luke the Evangelist Parish – Newton/Plaistow** and give us a Like! Please invite fellow parishioners and friends to do the same.

## ✠ PARISH TITHING ✠

Our Parish needs to take in \$7,000.00 each week in order to make ends meet. Thank you for your generosity to our parish! Your weekly contribution helps ensure that the parish remains a vibrant community. Please remember to submit your weekly gift even if you will be away. We depend upon your support!

**February 11, 2018**

<b>Offertory</b>	<b>\$7,448.65</b>
<b>Catholic Schools</b>	<b>\$1,711.25</b>

### PARISH GIVING

Saint Luke the Evangelist Parish has engaged *Parish Giving* to provide parishioners with an opportunity to make your offertory and other contributions through Electronic Funds Transfer (EFT). Parish Giving is a simple, secure, and convenient way to manage your stewardship without weekly envelopes and without worries. It allows you to select contribution amounts and special collections right from your own computer or smart phone. You can be a good steward for the Parish even when you are away from the area on a weekend. Parish Giving allows you to print out a report detailing your contributions for the year. This program is available to parishioners at no cost. Log on to the St. Luke the Evangelist Parish website at <http://stlukenh.org>, click on the Parish Giving logo, and follow the easy registration instructions.

### UPCOMING SECOND & SPECIAL COLLECTIONS

February 18, 2018	Fuel
February 25, 2018	No Second Collection
March 4, 2018	Property Management
March 11, 2018	Easter Flowers
March 18, 2018	Fuel



Out of respect, please remember to silence or turn off your cell phones during Mass. Thank you!

### Suggested Weekly Contribution Based on Income

Annual Income	5% Commitment annually/ weekly	3% Commitment annually/ weekly
\$100,000	\$5,000/\$100	\$3,000/\$60
\$75,000	\$3,750/\$75	\$2,250/\$45
\$60,000	\$3,000/\$60	\$1,800/\$36
\$50,000	\$2,500/\$50	\$1,500/\$30
\$40,000	\$2,000/\$40	\$1,200/\$24
\$30,000	\$1,500/\$30	\$900/\$18
\$25,000	\$1,250/\$25	\$750/\$15
\$15,000	\$750/\$15	\$450/\$9

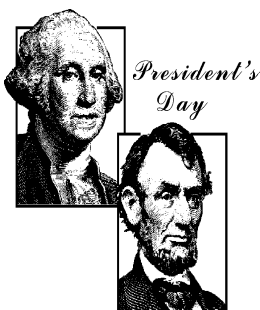
### Suggested Weekly Contribution Based on a Percentage Increase

Your Current Offertory Contribution	25% Increase	30% Increase	40% Increase
\$75.00	\$93.75	\$97.50	\$105.00
\$50.00	\$62.50	\$65.00	\$70.00
\$40.00	\$50.00	\$52.00	\$56.00
\$35.00	\$43.75	\$45.50	\$49.00
\$30.00	\$37.50	\$39.00	\$42.00
\$25.00	\$31.25	\$32.50	\$35.00
\$20.00	\$25.00	\$26.00	\$28.00
\$15.00	\$18.75	\$19.50	\$21.00
\$10.00	\$12.50	\$13.00	\$14.00
\$5.00	\$6.25	\$6.50	\$7.00

## ✠ PARISH NEWS ✠

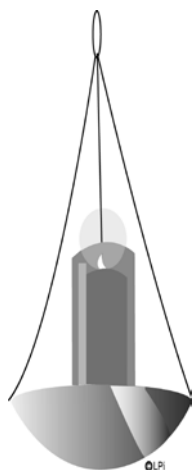
### PARISH OFFICE CLOSED

In observance of the Presidents' Day Holiday, the **Parish Office will be closed on Monday, February 19.** The Office will reopen on Tuesday, February 20 at 8:30 AM.



### FINANCIAL CONTRIBUTION STATEMENT

If you would like an "end of year" financial statement of your contributions to the parish for 2017, please call the Parish Office at 382-8324. **Financial Statements are issued on a request only basis.**



The Sanctuary Candle in Holy Angels Church will burn this week in loving memory of  
**Bishop Anthony LeBlanc**  
by his family

The Sanctuary Candle in Mary, Mother of the Church will burn this week for  
**The Intentions Of Jeanne Fullerton**  
by Barbara and Jack Brotz

### **From the Pastor's Desk**



### HOLY ANGELS CEMETERY CLOSED

**Holy Angels Cemetery in Plaistow is now closed until Spring 2018.** This decision comes as result of the real dangers of snow and ice in the Cemetery and the costs to Parishioners to inter during the winter months. Please contact the Parish Office with any questions.  
Fr. Albert



### **THE ROOF REPLACEMENT PROJECT AND CAPITAL CAMPAIGN FOR SAINT LUKE THE EVANGELIST PARISH**

Our Parish community continues with our Capital Campaign to replace roofs on the Plaistow campus, and to raise funds to complete other projects in Newton and in Plaistow. Our three-year goal is to raise \$250,000.00. Besides the Plaistow roofs, we would like to accomplish the following projects: Plaistow church access ramp, Plaistow office building & convent window replacement, Newton rectory interior flooring, Newton church lighting and painting, Newton rectory painting as funds become available.

#### ***How can you help?***

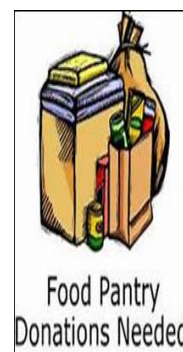
Any contribution is welcome.

Make checks payable to

***Saint Luke the Evangelist – Capital Campaign.***

### **ST. LUKE THE EVANGELIST FOOD PANTRY**

Food or care items are always needed – donations can be dropped off at Church or are welcome at the Parish Office during regular business hours. Cash donations for food are always welcome – make checks payable to **St. Luke the Evangelist Food Pantry**. All donations to the Food Pantry go toward helping the needy of our communities.



### **FOOD PANTRY HOURS**

**Wednesday from 10:00 AM to 12:00 Noon**

**Thursday from 6:00 PM to 7:00 PM**

**Friday from 10:00 AM to 12:00 Noon**

For more information, call the St. Luke Food Pantry at **603-819-4949**.

### **WHILE AWAY THIS WINTER...**

We appreciate all of you who remember to send in your Parish Offertory during the Winter even when on vacation or visiting other parishes. Thank you for remembering that our expenses also continue through the Winter months. We invite others to consider doing the same before or even after you return home.

## SIXTH SUNDAY IN ORDINARY TIME

### ✠ WEEKLY CALENDAR ✠

#### Sunday, February 18

10:00 AM	Religious Education – Pre-K to 8	<i>Plaistow</i>
11:00 AM	Confirmation Session	<i>Plaistow</i>
11:00 AM	RCIA	<i>Plaistow</i>
11:00 AM	Disciples On The Journey	<i>Plaistow</i>
6:00 PM	Vespers	<i>Newton</i>
6:30 PM	Sacrament of Reconciliation	<i>Newton</i>

#### Monday, February 19

**PARISH OFFICE CLOSED**

#### Tuesday, February 20

9:00 AM	Disciples On The Journey	<i>Plaistow</i>
6:00 PM	Finance Council Meeting	<i>Plaistow</i>

#### Wednesday, February 21

#### **HOLY ANGELS CHURCH**

**OPEN ALL DAY FOR PRAYER**

7:00 PM	Disciples On The Journey	<i>Plaistow</i>
7:00 PM	Reader Scripture Share	<i>Plaistow</i>
7:00 PM	St. Vincent de Paul Society Meeting	<i>Plaistow</i>

#### Thursday, February 22

8:30 AM	Adoration Begins	<i>Newton</i>
9:00 AM	Intercessory Prayer	<i>Plaistow</i>
1:30 PM	Disciples On The Journey	<i>Plaistow</i>
8:30 PM	Adoration Ends	<i>Newton</i>

#### Friday, February 23

6:30 PM	Stations of the Cross	<i>Newton</i>
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#### Saturday, February 24

3:00 PM	Sacrament of Reconciliation	<i>Plaistow</i>
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#### Sunday, February 25

10:00 AM	Religious Education – Pre-K to 8	<i>Plaistow</i>
11:00 AM	Confirmation Session	<i>Plaistow</i>
11:00 AM	RCIA	<i>Plaistow</i>
11:00 AM	Disciples On The Journey	<i>Plaistow</i>
11:00 AM	Parish Pastoral Council Meeting	<i>Plaistow</i>
6:00 PM	Vespers	<i>Newton</i>
6:30 PM	Sacrament of Reconciliation	<i>Newton</i>

**St. Vincent  
de Paul  
Society**



The generosity of your contributions have allowed us to help out those in need with rent, medical, and heating oil assistance. The St. Vincent de Paul Society is so grateful and blessed.

Our next meeting on **Wednesday, February 21 at 7:00 PM**. We meet downstairs in the Church Hall in Plaistow. **New members are always welcome!**

If you seek assistance or need information about the St. Vincent de Paul Society, call 603-382-8324 x315.

**Hear, OH LORD, and answer me  
for I am poor and needy.**

### ✠ MASS INTENTIONS ✠

#### Saturday, February 17 ~ Vigil / First Sunday of Lent

*Gn 9:8-15; 1 Pt 3:18-22; Mk 1:12-15*

4:00 PM	Paul O'Leary by Colleen and Mark Hammond <i>Plaistow</i>
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#### Sunday, February 18 ~ First Sunday of Lent

*Gn 9:8-15; 1 Pt 3:18-22; Mk 1:12-15*

8:00 AM	Yvette Mayrand by Janice Bettencourt <i>Newton</i>
10:00 AM	Everett and Mark Burke by their family <i>Plaistow</i>

#### Monday, February 19 ~ Lenten Weekday

*Lv 19:1-2, 11-18; Mt 25:31-46*

8:00 AM	Intentions of Marilyn Grant by Jean Marie and Mark Lanctot <i>Newton</i>
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#### Tuesday, February 20 ~ Lenten Weekday

*Is 55:10-11; Mt 6:7-15*

8:00 AM	In Thanksgiving for Favors Received by Elaine Kelcourse <i>Plaistow</i>
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#### Wednesday, February 21 ~ Peter Damian, Bishop and Doctor of the Church

*Jon 3:1-10; Lk 11:29-32*

6:30 PM	Dottie Haas by Ann Marie and Joe Sheehan <i>Plaistow</i>
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#### Thursday, February 22 ~ Chair of Peter the Apostle

*1 Pt 5:1-4; Mt 16:13-19*

8:00 AM	The Intentions of George Pelletier <i>Newton</i>
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#### Friday, February 23 ~ Polycarp, Bishop and Martyr

*Ez 18:21-28; Mt 5:20-26*

**No Mass**

#### Saturday, February 24 ~ Lenten Weekday

*Dt 26:16-19; Mt 5:43-48 (Day)*

*Gn 22:1-2, 9a, 10-13, 15-18; Rom 8:31b-34; Mk 9:2-10 (Vigil)*

4:00 PM	Irene and Ben Zakiewicz by Pat Zakiewicz <i>Plaistow</i>
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#### Sunday, February 25 ~ Second Sunday of Lent

*Gn 22:1-2, 9a, 10-13, 15-18; Rom 8:31b-34; Mk 9:2-10*

8:00 AM	People of the Parish <i>Newton</i>
10:00 AM	John and Juanita Reynolds by their family <i>Plaistow</i>

### PRAYER LINE

St. Luke's offers a prayer line as a resource for those seeking prayer assistance. To submit your prayer request please call Cathy Smith at 603-382-8324, ext. 314 or email her at [csmith@stluketheevangelist.net](mailto:csmith@stluketheevangelist.net).

## ✠ FAITH FORMATION & PARISH INFORMATION ✠

### ADULT CONFIRMATION

Are you an adult who has been Baptized and received Eucharist, but has not celebrated the sacrament of Confirmation? The adult Confirmation process is an opportunity to complete the Sacraments of Initiation. If you would like to prepare for Confirmation, or if you have questions, call Cathy Smith at 603-382-8324, ext. 305 or email her at [csmith@stluketheevangelist.net](mailto:csmith@stluketheevangelist.net).

### RCIA

The **Rite of Christian Initiation of Adults** is the process by which people become members of the Roman Catholic Church. **RCIA** is intended to serve:

- Those not Baptized who would like to learn more about the Catholic religion.
- Those Baptized in another religion who think they might like to become Catholic.
- Those Baptized Catholic but have not been raised in the Faith.

If you or someone you know is interested in inquiring about becoming a member of the Roman Catholic Church, call Cathy Smith at 603-382-8324, ext. 305 or email her at [csmith@stluketheevangelist.net](mailto:csmith@stluketheevangelist.net).

### PARENTS BAPTISM PREPARATION SESSION

The monthly preparation session for infant Baptism will be held after the 10:00 AM Liturgy on **Sunday, March 4, 2018** in the Parish Office living room. All parents planning to celebrate the Sacrament of Baptism are welcome. Families wishing to celebrate Baptism in the Church must be registered (according to Church Canon Law) and practicing (attending Sunday Mass) for 3 full months before a Baptism can be scheduled. The use of the envelope system is always optional; however, it does guarantee a manner of accountability. For most families, the Pastor or staff can easily verify attendance during these three months. Church Canon Law also regulates baptismal sponsors (godparents). Sponsors must be at least 16, fully initiated (having received Baptism, Eucharist, and Confirmation), and be practicing Catholics living Christian lives consistent with the Church's teaching. Please see Fr. Albert with questions.



### RICE BOWLS AVAILABLE

Operation Rice Bowl is the official Lenten program of Catholic Relief Services. Each Lent, parishes, schools and other faith communities participate in Operation Rice Bowl to learn more about the work of CRS and put their faith into action. Operation Rice Bowl provides funding to CRS for many third world projects that promote agricultural, nutritional and educational sufficiency. Additionally, Operation Rice Bowl supports local anti-poverty programs. Rice Bowls are available at the entrances of both Churches and are due back by Holy Thursday, March 29.

### ADORATION

We are truly blessed to have times for Adoration of Our Lord in our Parish. This time of prayer and intercession is not only a source of great grace for the individual, but it is a great source of grace for us as a parish family, as well.

We have many who have made the commitment to spend an hour each week with our Eucharistic Lord, **but** we need more people so there will be at least two people at each hour. We are also looking for people who would be able to substitute.

**Newton – Thursday  
8:30 AM – 8:30 PM**

If you can commit to one hour a week in Adoration of our Lord, or if you can be a substitute, please contact Cathy Smith at 603-382-8324, ext. 305 or email her at [csmith@stluketheevangelist.net](mailto:csmith@stluketheevangelist.net).

**The Church in Plaistow is open all day on Wednesdays for people to stop by and pray before the presence of Jesus in the tabernacle.**

## ✠ PARISH DIRECTORY ✠

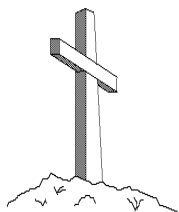
Parish Office	382-8324
Parish Prayer Line	382-8324 x 314
St. Vincent de Paul Society	382-8324 x 315
St. Luke's Food Pantry	819-4949
Preschool	382-9783
Presentation of Mary Convent	382-2744

Fr. Albert Tremblay  
Cathy Smith  
Joyce Szczapa  
Jackie Tremblay  
Thomas Kondel  
Val Barczak  
Youth Ministry  
Parish Council

fr.albert@stluketheevangelist.net  
csmith@stluketheevangelist.net  
jszczapa@stluketheevangelist.net  
jtremblay@stluketheevangelist.net  
tkondel@stluketheevangelist.net  
music@stluketheevangelist.net  
youth@stluketheevangelist.net  
parishcouncil@stluketheevangelist.net



✠ **Parish News ~ Youth News ~ Around The Diocese** ✠



**STATIONS OF THE CROSS**

Stations of the Cross will take place each Friday evening during Lent at 6:30 PM in Newton. A soup supper will follow Stations on Friday, March 23.

**LENTEN EVENING PRAYER**

**Evening Prayer** is sung at Newton at 6:00 PM on all Sundays of Lent. Join us for a quiet time of prayer and reflection. The **Sacrament of Reconciliation** is available immediately after Evening Prayer each Sunday of the Lenten Season.



**JOIN THE CHOIR FOR EASTER**

Have you ever wanted to "lift your voice in song" to God, especially at Easter time? Can you spare a couple of hours on Tuesday nights? Why not join the adult choir for Easter this year? No previous experience or special skills are required! We will be rehearsing every **Tuesday night at 7:00 PM** through Holy Week. This is a short-term commitment and a great way to experience a new ministry. For more information, contact Val Barczak, Parish Music Director, at [mvmbarczak@comcast.net](mailto:mvmbarczak@comcast.net).

**DIOCESAN CATHOLIC SCHOOLS**

The Catholic Schools of the Diocese of Manchester are currently registering students for the 2018-2019 academic year. Parishioners who are planning to register at Catholic Schools should contact the school directly for information. A subsidized tuition rate is available for qualified parishioners for elementary and middle schools. In order to be eligible for the tuition subsidy, a family must be (a) registered in a Parish for at least a year prior to the school year; (b) be contributing members of the Parish; and (c) be involved in the Parish Community. Each school has information about this reduced rate; you can also contact the Parish Office for more information. Visit the Diocesan website at [www.catholicnh.org](http://www.catholicnh.org) for more information.

**ST. PATRICK CELEBRATION  
IRISH BOILED DINNER**

The Knights of Columbus will be holding an Irish Boiled Dinner on **Saturday, March 10 from 5:00 to 7:30 PM** in the Parish Center. The funds raised from the meal will be used by the Knights to help support St. Luke's Food Pantry and the Parish's Capital Improvement Campaign. The boiled dinner will consist of corned beef, cabbage, potatoes, carrots, turnips, desserts, and refreshments. Hot dogs will be available for the kids. There will be Irish Music and an Irish Step Dancing exhibition. There will be several raffles for Irish theme baskets, gift items, and a 50/50 Raffle. Tickets are \$9 for adults and \$4 for kids, with a \$30 maximum per family. There will also be meals available for take-out. Tickets will go on sale after Mass on the **weekends of February 24 and March 3** and will also be available at the door. If you would like to donate a gift or a theme basket, please contact Stephanie Meader at 603-974-2281. If you have any questions or would like to help with the event, please contact Ed Wencis at 603-362-5783 or Roland Richardson at 443-848-3328.

**ENTERTAINING ANGELS**

The Catholic Hospitality Training Institute Workshop

**Saturday, March 3, 2018  
8:30 AM to 3:00 PM**

**Holy Family Parish – Amesbury, MA**  
Cost: \$25.00

To register, call Sue Greaney at 978-388-0330, ext. 104

**DISCIPLES ON THE JOURNEY**

Disciples On The Journey offers downloads for families and teens. For more information, go to [www.disciplesonthejourney.org](http://www.disciplesonthejourney.org)

**WINTER WEATHER CLOSINGS**

Saint Luke the Evangelist Parish Office, Holy Angels Cemetery Office, Saint Luke Food Pantry and the Parish Liturgical schedule complies with the longstanding inclement weather policy of Saint Luke Religious Education Program and Holy Angels Pre-School-Kindergarten: **If the Timberlane and/or Sanborn regional school districts close because of inclement weather, ALL Parish Offices and Parish programs will be closed or suspended. All activities by any Parish or non-Parish groups will be cancelled for that day/evening on both campuses.** In the event of a weather related closing, the scheduled weekday Liturgy will not be held and the intention (if any) will be moved to a conveniently available date. **Sunday (or Saturday evening) liturgies can never be cancelled, but all are advised to use prudence when deciding to travel to Church during winter storms.**

**ST. LUKE'S WEBSITE!** <http://stlukenh.org>

# FIRST SUNDAY OF LENT



## Washed Clean

Compassionate God,  
whose promise of love spans  
all generations,  
rouse our hearts to hear your Word  
and teach us to act according  
to your will.  
Give us courage to turn away  
from temptation  
and strengthen our desire to follow you.  
May we, who were washed clean of sin  
and saved from death in the waters  
of Baptism,  
be renewed by your Holy Spirit during  
these forty days.  
With the elect, guide our hearts  
to repentance  
so that, sustained by the Living Bread,  
we may forever give witness to your love  
and mercy.  
We ask this through our Lord Jesus  
Christ, your Son,  
who lives and reigns with you in the  
unity of the Holy Spirit,  
one God, for ever and ever. Amen.

Sunday, February 18, 2018

## Conflict



*Today's Readings: Genesis 9:8–15; Psalm 25:4–5, 6–7, 8–9; 1 Peter 3:18–22; Mark 1:12–15.* Today's readings place us in the midst of conflict. In the First Reading, we hear of God's covenant with Noah after the flood destroyed the earth. The Second Reading highlights a spiritual struggle between right and wrong. Finally, the Gospel tells of Jesus' temptation in the desert.

No matter our experience of conflict, it usually brings discomfort. These readings show that God reaches out to us with love and mercy in the midst of chaos. God saves us from chaos and orders us toward a deep love. After the flood, God sent the rainbow as a sign of his promise not to

devastate the earth again. The reading from Peter reminds us that Jesus is the ultimate sacrifice and in him, through the waters of Baptism, the chaos of our lives is eliminated. Finally, in the Gospel, the Spirit drives Jesus into the desert to be tested. His wrestling in the desert prepares him for ministry and he emerges from the desolation proclaiming the "good news of God."

What is the chaos in your life? As the psalmist pleads, we too ask for the Lord's compassion. God never forgets his children. This week ask for God's help in resolving a hurting relationship.





## THIS WEEK AT HOME

### Monday, February 19

#### Your Words

Today's Responsorial Psalm reminds us that God's words are spirit and life. When the Psalm is read in relationship to the First Reading, we see that listening and following the precepts of the Lord will help us be holy just as God is holy. The ultimate Word that God spoke was Jesus, who showed us how to love and show mercy. How has God's Word given you spirit and life? Listen to or sing Bernadette Farrell's "Praise to You, O Christ Our Savior." Journal about what you hear. *Today's Readings: Leviticus 19:1–2, 11–18; Psalm 19:8, 9, 10, 15; Matthew 25:31–46.*

### Tuesday, February 20

#### Rescue

In the Gospel, Jesus tells us not to babble in our prayer. Prayer is an intimate encounter or dialogue with God. It is a safe space to call upon the Lord in times of trouble and in times of joy. The Psalm reassures us that God rescues the just who call upon him and hears the cry of the poor. It can be difficult to enter into prayer sometimes and trust ourselves enough to share with God or to trust that God is listening. God is present and hears your prayers. Use the Lord's Prayer as a starting point for your conversation with God today. *Today's Readings: Isaiah 55:10–11; Psalm 34:4–5, 6–7, 16–17, 18–19; Matthew 6:7–15.*

### Wednesday, February 21

#### Repent

In prayer, have you ever asked God for a sign? Jonah called the people of Nineveh to follow God's law. He was a sign from God who called the people to repent. Jesus, the Word of God made flesh, calls all generations to conversion of heart and mind. Jesus heals and saves us from our sin. Consider celebrating the Sacrament of Penance in the coming days. *Today's Readings: Jonah 3:1–10; Psalm 51:3–4, 12–13, 18–19; Luke 11:29–32.*

### Thursday, February 22

#### The Chair of St. Peter the Apostle

Today's feast is about the office of the shepherd who leads his flock on the right path. In the Gospel, Peter confesses that Jesus is the Messiah, the Son of the living God; Jesus chooses Peter to shepherd the Church. In what ways have you confessed that Jesus is the Son of God? Spend some time reading First and Second Peter today. *Today's Readings: 1 Peter 5:1–4; Psalm 23:1–3a, 4, 5, 6; Matthew 16:13–19.*

### Friday, February 23

#### Turn Away

The process of turning away from sin includes reconciliation. The readings today illuminate this reality and call us to seek forgiveness from those we have wronged in the community. Consider the ways you might seek forgiveness from those whom you have harmed. Reconciliation frees us from sin and strengthens us to embrace a virtuous life. God is merciful and will shower you with abundant grace. Light a candle today and ask for the grace to turn away from sin. *Today's Readings: Ezekiel 18:21–28; Psalm 130:1–2, 3–4, 5–7a, 7bc–8; Matthew 5:20–26.*

### Saturday, February 24

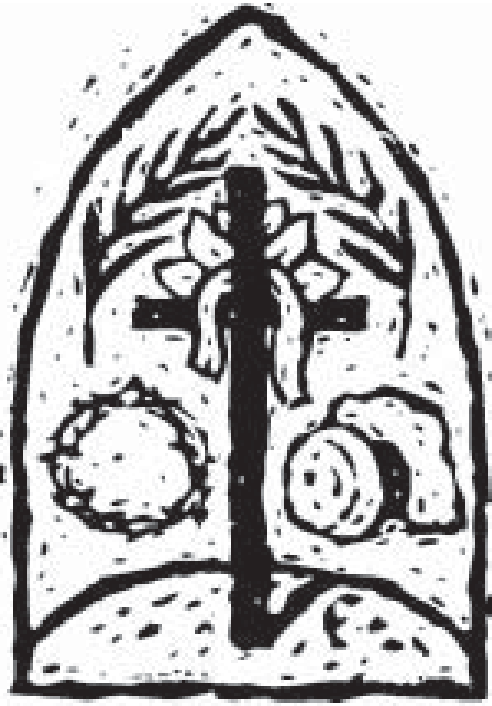
#### Path of Love

What is the path God is calling us to follow? This is a common theme throughout the season of Lent. What does it mean for you to follow the Lord? The Gospel gives us a clue that to follow the Lord is to love. Love is not always easy but is required of the Christian. God's love is nourished in the sacraments and our relationships so that we might overflow and share it with others. Think of a map as a tool for prayer. Consider the path you are on and the path God is calling you to walk. *Today's Readings: Deuteronomy 26:16–19; Psalm 119:1–2, 4–5, 7–8; Matthew 5:43–48.*



## LENTEN REGULATIONS

### FASTING



**Fasting for anyone between 21 and 59 years of age means having only one full meal to maintain one's strength.** Two smaller meatless and penitential meals are permitted according to one's needs, but should not equal the one full meal. One may, however, enter more into the spiritual element of fasting and not partake of any of the above-mentioned meals. Eating between meals is not permitted; but liquids, including milk and juices are allowed. **Days of fasting are Ash Wednesday and Good Friday. Wednesdays and Fridays are also traditional fast days; however, one may fast on any day of the week.**

### ABSTINENCE

**Abstinence is the observance for all those 14 years of age or older to forego the eating of meat on: Ash Wednesday; all Fridays in Lent and on Good Friday.** When health or ability to work would be seriously affected, this discipline does not apply.

### EASTER PRECEPT

The Easter Precept – or Easter Duty is the decree for all the faithful to **receive Holy Communion at least during the Easter Season** (Catechism of the Catholic Church, 2042). The faithful must celebrate the **Sacrament of Penance at least once a year in preparation for the reception of Holy Eucharist.** Traditionally, the Church has marked the time in which one may fulfill the Easter Duty between the First Sunday of Lent and Trinity Sunday. A monthly celebration of the Sacrament of Reconciliation is encouraged for all.

### PRAYER AND ALMSGIVING

All of the faithful are encouraged to spend additional time in prayer during the Lenten season, and to participate in the devotional practices of the Parish. It is also praise worthy for the faithful to give generously to charities and to their Church during this Season of Sacrifice.



# Lenten Prayer and Liturgy

The Church invites all people to special moments of prayer during the season of Lent. It is a common custom for people to make room in their schedule for daily Eucharist, which we celebrate as follows during the Lenten season:

Monday	8 am	Newton
Tuesday	8 am	Plaistow
Wednesday	6:30 PM	Plaistow
Thursday	8 am	Newton

Another Lenten custom involves taking a journey... to the Holy Land! Going on pilgrimage has always been an important part of our Christian tradition. By visiting a place where a religious event occurred, a pilgrim hoped to share in the experience associated with that place. The

desire to visit Jerusalem and the Holy Land was very important to Christians long ago, but because of the danger and expense of travel, and the political climate of Palestine, such a journey was not always feasible. When the Friars of the Franciscan Order took over the care of the Holy Places in Jerusalem in 1342, they began to erect "Stations" in Churches back home in Europe. It was a way to "go" to the Holy Land without ever leaving home. The custom of the Stations quickly spread to parish Churches, and the devotion of the Stations of the Cross was born.

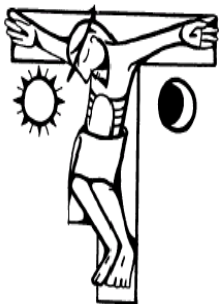


*Praying the Stations of the cross*

We walk the **Stations of the Cross** each Friday of Lent at 6:30 at **NEWTON**. Using various versions and forms of the Stations, and led by various groups in the Parish, we make Jesus' journey to the Cross our own. **On March 23, we will conclude our evening Stations with a Lenten Soup Supper.**

## Baptismal Font and Holy Water Font

During Lent, we pray and prepare to renew our own Baptismal promises even as we pray as a community for those to be Baptized. Following ancient custom, the Sacrament of Baptism is not ordinarily celebrated during Lent, and the Baptismal Font itself is sealed. We also "fast" from the Baptismal water usually present at the doors of the Church. The entire Church waits with Jesus in the desert, praying for the Living Waters of Easter.



## Lenten Space, Silence, & Music

During Lent, the Church's lighting is dimmed so as to encourage an atmosphere of prayer and introspection. Our Assembly's music is more meditative and somber. **We leave at the end of Mass in silence,** reflecting on our mission as Disciples to pray, fast, and to give of ourselves in the coming week.

**SAINT LUKE THE EVANGELIST  
LENT- EASTER LITURGICAL SCHEDULE 2018**

**THE BEGINNING OF THE LENTEN FAST FEBRUARY 14**

**ASH WEDNESDAY LITURGY 8 am Newton &  
6:30 pm Plaistow**

**SACRAMENT OF RECONCILIATION:** Plaistow: Saturdays 3:00 pm  
(except Holy Saturday); Newton: Sundays of Lent 6:30 pm  
Monday of Holy Week (March 26 - Plaistow 11:00am - 1:00  
PM, Newton 5:00-7:00 PM

**LENTEN EVENING PRAYER:** Sunday evenings of Lent at Newton, 6 pm

**STATIONS OF THE CROSS:** Fridays of Lent - 6:30 pm - at Newton    Lenten Soup Supper Friday March  
23 following Stations

**HOLY WEEK**

Monday of Holy Week March 26- Liturgy at 8 am - Newton

Tuesday of Holy Week March 27- Liturgy at 8 am - Plaistow

Wednesday of Holy Week March 28 - Liturgy at 6:30 pm - Plaistow  
Tenebrae at 7:30 PM

**PASCHAL TRIDUUM**

**HOLY THURSDAY MARCH 29** Morning prayer 8 am - Newton

Mid-day prayer 12 noon - Newton

**LITURGY OF THE LORD'S SUPPER 6:30 PM - Newton**

*-Eucharistic Adoration follows-*

Night Prayer 10:00 pm - Newton

**GOOD FRIDAY MARCH 30 -** Morning prayer 8 am - Plaistow

Mid-day prayer 12 noon - Plaistow

Stations of the Cross 3 pm - Newton

**SERVICE OF THE LORD'S PASSION**

**& HOLY COMMUNION 6:30 PM - Plaistow**

**HOLY SATURDAY March 31-** Morning Prayer 8 am - Plaistow

Mid-day Prayer 12 noon - Plaistow

**EASTER GREAT VIGIL AT 8 PM - Plaistow**

(Reception in Hall to follow)

**APRIL 1 EASTER SUNDAY LITURGIES**

**8 AM - Newton**

**10 AM - Plaistow**

Easter Solemn Vespers with Benediction at 6 pm - Newton

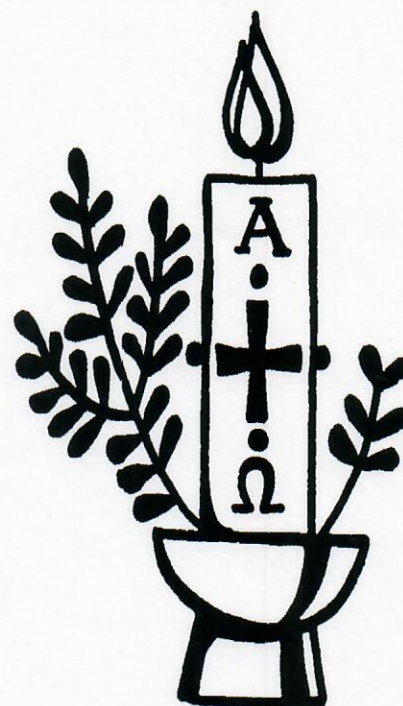
**LENTEN SEASON  
DAILY LITURGIES:**

M 8 am Newton

T 8 am Plaistow

W 6:30 pm Plaistow

Th 8 am Newton



**SAINT LUKE THE EVANGELIST PARISH**

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03858

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NH 03865

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# The Gospel for All Ages

Family Catechesis

**Gospel Weeklies**  
Pflaum  
FAITH FORMATION PROGRAM

**1st Sunday of Lent • February 18, 2018 • We Follow Jesus in Lent.**

**Sunday Readings:** Genesis 9:8-15; 1 Peter 3:18-22; Mark 1:12-15

## Weekly Discussion Questions

**For the Parish Bulletin**

**Life Question:** What is testing your spirit this Lent?

**Gospel Question:** What is Jesus asking when he says to repent and believe in the Good News?

## LIFE AND GOSPEL QUESTIONS BY AGE LEVEL

**Exploring the Sunday Readings (Adults)**

What is testing your spirit this Lent?

Visit [exploringthesundayreadings.com](http://exploringthesundayreadings.com)

**Visions (Grades 7-8)**

**Life Question:** Why do so many young people worry about weight and shape?

**Gospel Question:** Could you be convicted of being a Christian?

**Venture (Grades 4-6)**

**Life Question:** What difficulties do brothers and sisters have with each other?

**Gospel Question:** What Good News does Jesus bring to the people of Galilee and to us?

**Good News (Grades 2-3)**

**Life Question:** What practices will you do during Lent?

**Gospel Question:** What are all the things Jesus does in the desert?

**Promise (Grades K-1)**

**Life Question:** How do we celebrate Lent?

**Gospel Question:** What are ways to pray during Lent?

**Seeds (Preschool)**

**Life Question:** What is some Good News about you?

**Gospel Question:** Who teaches you to pray?

## Family Corner

### About the Gospel

In this Gospel, we are told, "the Spirit drove [Jesus] into the desert" so he could pray, and "the angels ministered to him." The Holy Spirit always moves us in ways that are good for us.

Visit [www.usccb.org/bible/readings](http://www.usccb.org/bible/readings) to read this Sunday's Scripture.

### In Church

Look around your church for symbols of the Holy Spirit (dove, fire, wind).

### Question of the Week

How does the Holy Spirit help you to live as a follower of Jesus?

### Family Prayer

Holy Spirit, help us to make good choices that are pleasing to God.

## Rincón de la Familia

### Acerca del Evangelio

En el Evangelio, se nos dice: "el Espíritu lo empujó [a Jesús] al desierto" para que pudiera rezar, "y los ángeles le servían". El Espíritu Santo siempre nos mueve de maneras que son buenas para nosotros.

Visita [www.usccb.org/bible/readings](http://www.usccb.org/bible/readings) para leer las lecturas de este domingo.

### En la Iglesia

Mira en tu iglesia y busca símbolos del Espíritu Santo (paloma, fuego, viento).

### Pregunta de la semana

¿De qué manera el Espíritu te ayuda a vivir como seguidor de Jesús?

### Oración en familia

Espíritu Santo, ayúdanos a tomar buenas decisiones que sean agradables a Dios.





# Bringing Home the Word

First Sunday of Lent | February 18, 2018

## The Beauty of the New Covenant

By Mary Katharine Deeley

When our youngest daughter was three, we traveled to Hawaii to see her grandparents. It wasn't her first trip, but it was the first she would remember.

One day her grandfather took us to the pineapple fields. We got out of the car and started into a field. Suddenly, she stopped to stare at the sky. She was looking at the largest and most vibrant rainbow I had ever seen, its end planted firmly in the very field in which we stood.

"What is that?" she asked in a hushed voice. "It's a rainbow," I said. She'd seen

pictures of them, and we had drawn them with crayons, but nothing prepared her for the grandeur of this one, which arced up and away into the clouds. Everything else paled in comparison.

I can understand why the writer of the Noah story looks at the rainbow as a sign of both God's gracious covenant and peace. The sheer beauty of the reality reflects the glory of the Lord of creation.

But today, on this first Sunday of Lent, our real attention goes to the beauty of the new covenant unfolding with the preaching of Jesus. The call to repent is the call to change our lives in response to the love of God, whose kingdom is one of peace and joy.

The opportunity to change is the gift Christ gave us in his passion and resurrection. It's a sign of God's wondrous love.

When we understand that with all our hearts, we also will stare with awe and ask, "What is that?" +

## Sunday Readings

### Genesis 9:8–15

[God said,] "I set my bow in the clouds to serve as a sign of the covenant between me and the earth."

### 1 Peter 3:18–22

Put to death in the flesh, he was brought to life in the Spirit.

### Mark 1:12–15

The Spirit drove Jesus out into the desert, and he remained... for forty days.

*The call to repent  
is the call to change  
our lives in response  
to the love of God.*

## A Word From Pope Francis

In the face of tragedies which take the lives of so many migrants and refugees... expressions of empathy and compassion cannot help but spontaneously well up. "Where is your brother?" (Gen. 4:9).... This is not a question directed to others; it is a question directed to me, to you, to each of us.

—Migration and Peace forum,  
February 21, 2017



## REFLECTION QUESTIONS

- What important lessons have I learned from a challenge in my life? Maybe I can share that lesson with a friend or family member.



# Our Path to Joy

By Bishop Robert F. Morneau

**J**esus taught by word and deed. In his Sermon on the Mount we are given words that point to the path of happiness. Blessed are the poor in spirit, the peacemakers, those who hunger and thirst for justice, the merciful. The beatitudes sketch out in exquisite detail the Christian map for happiness.

In the Gospel of John we are given a humble, simple, hospitable deed of washing feet. After he is finished, Jesus—knowing that the disciples lacked full understanding—urges them into action: “Blessed are you if you do it” [washing of feet and Jesus’ other teachings] (13:17b).

We have here a highly pragmatic path to happiness. In doing the loving thing and reaching out to others in service, we participate in the inner life of Jesus. By doing what Jesus did, we enter into a blessed way of life.

Conventional wisdom finds this absurd. The cultural messages we are given would have us believe that happiness lies in “doing it my way.” We are often told, “You only go around once, so grab as much as you can get,” and, “The one who dies with the most toys wins.” Biblical wisdom proclaims that blessedness lies in surrendering to God’s

will, in self-forgetfulness as we serve others, in washing another’s feet.

How do we do this? We wash one another’s feet by stopping to help a stranded motorist or holding the hand of a dying person. We wash one another’s feet when we attempt to change unjust systems, when we strive to end world hunger, when social justice and the gospel become our priority. The happiness and blessedness that Jesus proposes is not living well, feeling good, or staying in our comfort zones. It is risky business, this gospel living.

## Missing the Point

It is consoling to see that the disciples often struggled to understand what Jesus was about. Peter saw suffering as inappropriate to Jesus’ life. James and John would have God send down fire upon an inhospitable Samaritan town. Thomas didn’t believe reports that Jesus had risen. We should not be surprised if we, too, find it difficult to equate blessedness with a life of service. Every day we should pray for two things: the knowledge to understand Jesus’ teaching, and the courage to put it into action.

If we are to become disciples, it’s insufficient to simply give a portion of our time, talent, and treasure to God.

The cost of discipleship involves the giving of self. Since we are made in the likeness of a self-giving God, our vocation is to strive in grace to image the God who made us.

One simple, concrete expression of this self-giving love that leads to blessedness is the washing of feet. It is a symbol of a large reality, God’s kingdom: being totally for others, whatever their needs. In serving one another, we serve the Lord and become like Jesus.

## Bountiful Byproducts

Those who serve as Jesus did experience an indescribable joy because through that service—be it the washing of feet, the giving of a cup of cold water, a word of affection—we are bonded to Christ and the community. In that bonding lies happiness, and from it flows two byproducts: joy and peace.

**Concluding Prayer:** Lord, sometimes we just don’t get it. Help us to understand that by caring for others we further your kingdom. Do not let us pursue a false blessedness through a life of self-seeking. Rather, draw us into your life and ministry. Therein we will do your will and know your peace. +

## PRAYER

Lord, strengthen my resolve to be faithful to your covenant of love and be more compassionate and generous toward all people.

From *Mindful Meditations for Every Day of Lent and Easter*,

Rev. Warren J. Savage  
and Mary Ann McSweeney

*The happiness and blessedness that Jesus proposes is not living well, feeling good, or staying in our comfort zones.*

## WEEKDAY READINGS

February 19-24

Mon. Lenten Weekday:  
Lv 19:1–2, 11–18 / Mt 25:31–46  
Tue. Lenten Weekday:  
Is 55:10–11 / Mt 6:7–15  
Wed. Lenten Weekday:  
Jon 3:1–10 / Lk 11:29–32

Thu. Chair of St. Peter the Apostle:  
1 Pt 5:1–4 / Mt 16:13–19  
Fri. Lenten Weekday:  
Ez 18:21–28 / Mt 5:20–26  
Sat. Lenten Weekday:  
Dt 26:16–19 / Mt 5:43–48